

New Class
starting Aug 1st

U-JAM Fitness®

Mondays
from 6 to 7 p.m.

This class unites world beats with urban flavor and takes you around the world from Hip-Hop to Bollywood. This fun cardio workout features easy to learn dance steps that make you sweat and tones your body.

Columbia Neighborhood Center
785 Morse Ave., Sunnyvale
408-730-7800
CNC.inSunnyvale.com

\$2 per person (cash only)
Children 10 and up allowed with parent.

No childcare is available.
Children will not be allowed to wait in
the gym or lobby.

Let the Music Drive You!



The City of Sunnyvale encourages persons with disabilities to participate in our programs. We will make reasonable efforts to accommodate persons with disabilities in accordance with the Americans with Disabilities Act. If you require special accommodations, contact 408-730-7800, TDD 408-730-7501 at least five days in advance of the program.

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