



Performing Arts: Dance

Abs Arabia Style (18 & older)

Body waves to belly rolls, Abs Arabia Style provides overall body toning and abdominal conditioning, with a focus on Middle Eastern dance moves. Wear comfortable exercise attire or your favorite Middle Eastern dance outfit. This exercise-style class is open to all levels. No previous Middle Eastern dance experience necessary.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
244100.TQ	18 & older	9/10-10/29	Tu	7:30pm-8:30pm	\$79/\$99

Belly Dance (18 & older)

Have fun learning traditional Middle Eastern style dance moves, while gaining core strength and control. You'll increase body awareness, muscle tone and flexibility!

Level 1 - Beginning: Learn Middle Eastern dance fundamentals, with an emphasis on technique and finger cymbal basics. This class is perfect for first-time dancers.

Level 2 - Intermediate: Build upon the basics, with a focus on understanding Middle Eastern rhythms, overlays, combinations, transitions and drum solo technique. Prerequisite: One year training at the beginning level.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
244101.TP	1	18 & older	9/10-10/29	Tu	6:30pm-7:30pm	\$79/\$99
244102.TR	2	18 & older	9/10-10/29	Tu	8:30pm-9:30pm	\$79/\$99

Lunch-hour Hula (18 & older)

Spend your lunch-hour in Hawaii! Learn hula basics and ancient Kahiko and modern Auana hula choreography and enjoy traditional Hawaiian music as the instructor accompanies class on gourd drum and ukulele. Hula is a fun, low-impact and spiritually uplifting workout. Wear shorts or stretch pants and T-shirt. Dance is done barefoot.

Instructor: Kanani Densing

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
244140.FP	18 & older	9/6-10/25	F	12:00pm-1:00pm	\$79/\$99

Ballroom Dance (18 & older)

Find out how easy it is to have fun on the dance floor once you know the steps. This fun, non-competitive class makes it simple to learn popular ballroom dances. Leather-soled shoes that will stay firmly on your feet and allow you to spin safely are required. No partner necessary. We'll switch dance partners throughout the lesson.

Level 1 - Beginning: Learn the basics of the Fox Trot, Waltz, Tango, West Coast Swing, Rhumba and Cha-Cha.

Level 2 - Intermediate: Fine tune your dance style and learn moves that will get you noticed on the dance floor.

Instructor: Bud Ayers

Location: Recreation Center Community Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
244301.MP	1	18 & older	9/9-10/28	M	7:30pm-8:30pm	\$79/\$99
244302.MQ	2	18 & older	9/9-10/28	M	8:30pm-9:30pm	\$79/\$99

Night Club Dances (18 & older)

Want to learn dances you could actually use at a night club? Learn to dance to Top 40, hip hop or techno. Students will learn basic steps for the Hustle, Two-step, West Coast Swing and Salsa. Leather-soled shoes that will stay firmly on your feet and allow you to spin safely are required. No partner necessary. We'll switch dance partners throughout the lesson.

NEW CLASS

Instructor: Bud Ayers

Location: Recreation Center Ballroom

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
244311.TP	1	18 & older	9/10-10/29	Tu	7:30pm-8:30pm	\$79/\$99

Salsa Dance (18 & older)

Spice up your life and prepare to ignite the dance floor. You'll learn basic steps and patterns for salsa, one of today's hottest club dances. Leather-soled shoes that will stay firmly on your feet and allow you to spin safely are required. No partner necessary. We'll switch dance partners throughout the lesson.

Instructor: Bud Ayers

Location: Recreation Center Ballroom

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
244361.TQ	1	18 & older	9/10-10/29	Tu	8:30pm-9:30pm	\$79/\$99

Israeli Folk Dance (13years & older)

Enjoy the evening in an energetic and inspiring way. Israeli folk dance in a circle, in a group or with a partner in rhythmic and dynamic movement. The evening starts with a 45-minute lesson, followed by dancing to your requests.

Where: Recreation Center Ballroom

When: Mondays with Loui Tucker, 7:45pm-11:00pm

Cost: \$7 at the door

No dancing 9/2 (Labor Day)

Please call (408) 287-9999 for more information.

Square Dancing (18 years & older)

Modern Western square dancing is a fun, friendly, sociable activity for dancers of all ages and ability levels. As an added benefit, an evening of square dancing provides a gentle cardiovascular workout, equivalent to a three-mile walk, to help burn calories and keep bones strong. Keep your memory strong, too, as you learn and practice the 100 internationally recognized square dance calls. Each lesson adds new steps and formations to your repertoire. The first session (7:00-8:30pm) focuses on beginning to mainstream calls for newer dancers. The second session (8:30-10:00pm) adds more challenging calls to plus level. No partner or experience needed. Dress is casual.

Wear comfortable shoes.

FIRST NIGHT IS FREE!

Location: Washington Park Building, 840 W. Washington Ave.

When: Tuesdays, 7:00pm-10:00pm with Sunnyvale Squares (New classes begin the first Tuesday of March and September. First-time dancers must start at the beginning of a class. Returning dancers are welcome to join anytime.

Fee: \$30 per month, purchased by the month at the door
First night FREE for new dancers.

For more information,
please call (408) 744-1021



Tap Dance (14 & older)

Start tapping and your happy feet are sure to send a message to your whole body. You'll leave this class feeling uplifted and rejuvenated, with improved coordination, agility and tapping skills. Tap shoes are required. **Level 1 - Beginning:** Learn and practice basic tap techniques, traveling steps and simple combinations. This class is perfect for adults and teens who have never tapped before and for anyone wanting a review. **Level 2 - Intermediate:** Use your prior tap training in a low-impact tap workout with exciting rhythms and fun routines.

Instructor: Peggy Page

Location: Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
244481.JP	1	14 & older	9/5-10/24	Th	6:30pm-7:30pm	\$79/\$99
244482.JQ	2	14 & older	9/5-10/24	Th	7:30pm-8:30pm	\$79/\$99

Performing Arts: Music



Guitar (12 & older)

Feel like a rockstar in no time, as you learn to play guitar and read guitar music using familiar songs from favorite artists. Bring your own guitar. All types of guitar welcome. Non-refundable materials fee of \$20 due at first class meeting.

Level 1 - Beginning: Start with guitar basics, including chords and how to tune your instrument. No experience necessary.

Level 2 - Intermediate: Increase chord vocabulary, improve timing, finger picking and more. Prerequisite: Guitar 1 or instructor approval.

Instructor: Rick DeShera

Location: Recreation Center Community Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
244831.JP	1	12 & older	9/5-10/24	Th	6:00pm-7:15pm	\$79/\$99
244832.WP	2	12 & older	9/4-10/23	W	6:00pm-7:15pm	\$79/\$99

Piano Keyboard (13 & older)

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with 1/4" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Pay in class with check, exact cash or money order to Noteworthy Music School.

Instructor: Noteworthy Music School

Location: Creative Arts Center Meeting Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
244850.MU	13 & older	9/9-10/28	M*	7:45pm-8:30pm	\$79/\$99
244850.WU	13 & older	9/11-10/30	W*	7:45pm-8:30pm	\$79/\$99

*No class 9/30, 10/2

FOR DANCERS ONLY

(18 years & older)

Lindy Lab, 8:30 – 9 p.m.

Take advantage of our spacious floor and wall mirrors to work on your solo dancing, or bring a friend to practice your moves in an open, collaborative environment. Or, take a short drop-in class from one of our instructors. Lessons are suitable for intermediate to advanced swing dancers, and will cover a new topic each night.

Social Dancing, 9 p.m. – Midnight

Guest DJs provide music for Lindy, Charleston, Balboa, Shag and Blues dance.

Location: Sunnyvale Community Center, Theatre Dance Studio

When: First and Third Fridays of the Month

Admission: \$8 (cash only)

For more information, visit For Dancers Only online at

www.facebook.com/ForDancersOnly,

e-mail ForDancersOnlySB@gmail.com or call us at (408) 657-7836

Special Interest

Driver's Education (14 & older)

Driver's Education is the state required course all students under 18 must take to obtain their instruction permit. This course meets the State of California requirements. Driver Education is a LIFE SKILL class. There is no substitute for the student-teacher interaction, discussion, video analysis, and instant feedback that takes place in the classroom. Upon completion of the course the student will receive a Certificate of Completion of Classroom Driver Education. Students should bring a bag lunch.

Instructor: Economic Driving School-2430

Location: Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
235310.OX	14 & older	10/5-10/13	SaSu	8:30am-4:30pm	\$130/\$169

CPR AED Adult Lay Responder (14 & older)

Obtain your 1-year CPR/AED certifications for adults with successful completion of this 3-hour American Red Cross course. Graduates will be able to access the Emergency Medical System and provide basic care for breathing, cardiac emergencies until advanced medical help arrives. Participants must successfully complete all required skills and pass a written examination with a score of 80% or better in each course section. One day class fees are nonrefundable and nontransferable.

Instructor: Staff

Location: Senior Center Sequoia Room

Class #	Age	Date	Day	Time	Fee (Res/NR)
240460.AA	14 & older	9/14	Sa	9:00am-2:00pm	\$75/\$94



This Online Driver's Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, videos, and quizzes will prepare the reader to pass the written DMV test.

The course is very easy to use. You simply log into the web site, enroll, and you can begin immediately! For more information about the course and to register go to:

www.economicdrivingschool.com/online

When registering, complete the question that says: "How did you hear about us?"

Choose Activity Guide. Enter code: 7350

Cost: \$68.50



Standard First Aid (15 & older)

Obtain your 3-year Standard First Aid certification with successful completion of this 3-hour American Red Cross course. Graduates will be able to access the Emergency Medical System and provide basic care for first aid and sudden illness emergencies until advanced medical help arrives. Participants must successfully complete all required skills and pass a written examination with a score of 80% or better in each course section. One day class fees are nonrefundable and nontransferable.

Instructor: Staff

Location: Senior Center Sequoia Room

Class #	Age	Date	Day	Time	Fee (Res/NR)
240470.AA	15 & older	9/14	Sa	3:00pm-6:00pm	\$75/\$94

For Tween Chefs, ages 11-15, see page 13

Aquatics

Adult Lessons (16 & older)

This class is open to all participants from first time swimmers to more advanced swimmers desiring skill and technique coaching.

Instructor: Staff

Location: Washington Park Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
240420.TA	16 & older	9/3-9/26	TuTh	6:00pm-6:30pm	\$112/\$140
240420.SA	16 & older	9/7-9/28	Sa	9:15am-9:45pm	\$42/\$52

Water Exercise (16 & older)

Splash into an exciting workout and enjoy the benefits of water exercise! This class is a great way to increase cardiovascular fitness, muscle strength, endurance, and flexibility. Relieve stress and have fun while making new friends. Open to all fitness levels. No swimming skills are necessary. Water walkers/joggers welcome. **Teens 13-15 may register with a parent or guardian.** You also have the option of purchasing a drop-in punch card on-site during any class date and time. Punch cards are \$90 for 12 workouts.

Instructor: Staff

Location: Washington Park Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
240430.WB	16 & older	9/4-9/27	MWF	5:30pm-6:30pm	\$82/\$103
240430.WA	16 & older	9/7-9/28	Sa	8:00am-9:00am	\$29/\$35

Gymnastics

Gymnastics Co-Ed Young Adult (17 & older)

This is a co-ed recreational class for beginners. No previous experience is required. This class focuses on both men's and women's events and skills, including floor exercise, pommel horse, uneven bars, vault, balance beam, parallel bars and tumble trak. Strength and flexibility development are integral parts of the class.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
243061.WA	Beg	17 & older	9/4-10/23	W	7:30pm-8:25pm	\$133/\$166

Learn To Flip Co-Ed (11-17years)

Learn to Flip is a gymnastics class that concentrates only on the tumbling and trampoline portion of gymnastics.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
233040.MA	11-17yrs	9/9-10/21	M	6:30pm-7:25pm	\$116/\$145
233040.TA	11-17yrs	9/3-10/22	Tu	5:30pm-6:25pm	\$133/\$166
233040.HA	11-17yrs	9/5-10/24	Th	5:30pm-6:25pm	\$133/\$166
233040.SA	11-17yrs	9/7-10/26	Sa	12:00pm-12:55pm	\$133/\$166

Sports & Fitness

Aerobics (16 & older)

Exercise routines choreographed to music. Adventurous exercisers can choose between high and low impact variations of different aerobic moves. The workout also combines floor work with stretching and toning with 1-3 lb weights, if desired. Participants bring weights and a mat. Ages 12-15 may register with a parent. Children under age 12 are not allowed in the classroom or Senior Center while class is in session.

Instructor: Christine Sabooni

Location: Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248160.MA	16 & older	9/4-10/30	MW*	7:00pm-8:30pm	\$98/\$123

*No class 9/18, 10/16

Baby Boot Camp (18 & older)

Get an all-body workout, including cardiovascular drills, strength training, and exercises designed to restore your core- all while being with your baby! Prenatal women must have a doctor's note and post-partum moms (at least 6-8 weeks) must have their doctor's verbal consent to participate. Exercise kits are required for first time users and can be purchased from the instructor for \$49.

Instructor: Bay Area Baby Boot Camp

Location: Raynor Park Building

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
248151.TA	Beg	18 & older	9/3-9/24	Tu	9:30am-10:30am	\$48/\$60
248151.TB	Beg	18 & older	10/1-10/29	Tu	9:30am-10:30am	\$60/\$75
248151.RA	Beg	18 & older	9/5-9/26	Th	9:30am-10:30am	\$48/\$60
248151.RB	Beg	18 & older	10/3-10/31	Th	9:30am-10:30am	\$60/\$75

Badminton (14 & older)

Class is structured to review fundamentals and provide play opportunity. Beginners need no previous experience. Racquet and shuttlecocks are required.

Instructor: Terence Chua

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248000.TA	14 & older	9/3-10/29	Tu	7:00pm-9:00pm	\$72/\$90

TEEN ADVISORY COMMITTEE

APPLICATIONS DUE BY SEPTEMBER 6!

We are looking for high school teens interested in volunteering with the Community Services Division to plan events, programs and volunteer opportunities for high school teens. You must be a Sunnyvale Resident and enrolled in grades 9-12 to apply. You do **not** have to attend a Sunnyvale high school to be eligible. Call (408) 730-7472 for details. NT



Hypnotize Yourself Slim! (18 & older)

Diets don't work. Gyms help - if old eating habits don't turn new muscle into fat. Use hypnosis and **end the self sabotage** for good. You'll **discover how to stop nibbling** & binges before they start and enjoy many of the benefits of private hypnosis... at a fraction of the cost. Class CD cultivates healthy living & self-love so slimming & loving life become one. Last class before the Holidays so **register now**. A \$45 materials fee gives you 15 daily email tips, 4 hypnosis sessions on CD, 7 handouts PLUS 1 personalized audio!

Instructor: Eric Rosen, CHt

Location: Recreation Center Neighborhood Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248250.TA	18 & older	10/8-10/22	Tu	6:30pm-9:00pm	\$69/\$86

Kidz Love Soccer Women's Adult (21 & older)

Soccer Training for Women

Whether you've been away from the game or always wanted to learn, come join us as we re-introduce you to soccer and see why it is the world's most popular sport. Brush up on your technique or get prepared to join a local soccer league. Our fun program is designed to build your skill set and increase overall fitness. Each class includes work on technique, ball skills and game awareness.

Kidz Love Soccer class status hotline (888) 372-5803

Instructor: Kidz Love Soccer

Location: Cupertino Middle School

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248650.TA	21 & older	9/17-10/22	Tu	7:00pm-8:00pm	\$79/\$99

Lunch-hour Pilates (18 & older)

Work out on your lunch-hour, but skip the sweat with this gentle, effective mat class! Strengthen and tone with controlled breathing/movement exercises focused on core muscles. Pilates emphasizes body mechanics, alignment and form to improve flexibility, balance and posture. Class uses rings, bands and balls for added challenge. Yoga mat required. Class is not suitable for pregnant women or people with acute mobility, joint or bone density problems.

Instructor: Sarah Graves

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248920.TP	18 & older	9/3-10/29	Tu**	12:00pm-1:00pm	\$79/\$99
248920.JP	18 & older	9/5-10/31	Th*	12:00pm-1:00pm	\$79/\$99

*No class 10/10

** No class 10/15

Meditation & Visualization (16 & older)

Learn easy methods to quiet the mind. By watching your thoughts you can find a peaceful place inside of yourself. Breathing techniques, listening skills and visualization will be taught to help you cope with the outside world. Experience your true self. Please bring a mat or blanket and wear comfortable clothing.

Instructor: Robin Pickel

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248780.SC	16 & older	9/7-10/26	Sa	11:15am-12:00pm	\$76/\$95

Strength Training (18 & older)

Feel stronger, healthier and more vital. Strengthen your bones and improve balance, coordination and mobility-all through the proper use of fitness machines, medicine balls, kettle weights and bosu. You'll warm up, rotate through various exercise stations and then cool down. Classes will have a maximum of 8 students to better meet your individual fitness goals.

Instructor: Suzanne Luft

Location: Senior Center Aspen Fit Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
246300.AA	18 & older	9/23-11/4	M*	7:00pm-8:00pm	\$47/\$59
246300.BA	18 & older	9/24-11/5	Tu**	7:00pm-8:00pm	\$47/\$59

*No class 9/2, 9/30

**No class 10/1

Personal Training Program (18 & older)

We are offering one-hour long, personalized fitness training sessions. Our certified and knowledgeable trainers will design a fitness program based on your personal exercise and wellness needs. Our programs can accommodate all fitness and ability levels.

# of Sessions	One Person Rates*		Two-Person Rates*	
	Residents	Non-Residents	Residents	Non-Residents
1	\$65	\$81	\$100	\$125
3	\$185	\$231	\$255	\$305
5	\$275	\$325	\$375	\$425

To schedule your personalized training session, please call (408) 730-7360

*Current Senior Center members receive a \$5 discount.

Teen & Adult

Tai Chi Chuan (14 & older)

Exercise your body and mind with the slow motion, continuous movements of this traditional Chinese martial art. Regular practice can improve balance, flexibility and strength. Because the movements require mental focus, it also serves as a stress reducing meditation. This is a mixed-level class. First part of the class will focus on fundamentals to help beginners master authentic Yang-Style 8- and 28-form short routines. Second part allows practice time for beginners, while Intermediate/Advanced students learn more challenging techniques with and without partners and work on 85-form long routine. Advanced students will also practice traditional sword and saber long routines.

Instructor: Larry Young

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248910.WP	14 & older	9/11-10/30	W	7:00pm-8:30pm	\$89/\$111

Volleyball - Int/Adv (16 & older)

Emphasis will be on improvement and consistency of all volleyball skills. Fun game-like drills, using the nets, maximizing ball contacts, and opportunity for feedback. Class will include team play, with six person teams practicing the 6-2 offensive system. Students should be able to serve, pass, set, spike, block, and dig the ball with some consistency. This is not a class for beginners.

Instructor: Tom Jack

Location: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
248702.MA	Int/Adv	16 & older	9/9-10/28	M*	8:00pm-10:00pm	\$66/\$83

*No class 9/30, 10/21



Yoga for Fitness (16 & older)

Open to men and women wishing to develop flexibility and body control via stretching routines and posture. Foam rubber mat is recommended.

Instructor: Betty Strain

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248750.FA	16 & older	9/13-11/1	F	9:30am-11:00am	\$76/\$95

Location: Senior Center Orchard Pavilion

248750.RA	16 & older	9/12-10/31	Th	6:30pm-8:00pm	\$76/\$95
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Yoga for Wellness (16 & older)

Stressed out? Need to relax? This class taught by a certified Iyengar instructor will have lasting benefits in your life. The practice of Yoga will improve your overall health and release tension and stress. No experience necessary- all levels welcome. Please bring a yoga mat and two towels or a firm blanket.

Age 12-15 may register with a parent.

Instructor: Baerbel Schuhmacher

Location: Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248770.TA	16 & older	9/10-10/29	Tu*	6:00pm-7:30pm	\$75/\$94

*No class 10/22

Yoga Lite (HATHA) (16 & older)

Improve your balance, flexibility and mental focus. Mudra, Asanas and deep breathing techniques will teach you to handle life in an easy relaxed way. Techniques are 5,000 years old and work for all ages and levels. Come start the day in a good mood! Wear loose clothes and bring a mat.

Instructor: Robin Pickel

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248760.WA	16 & older	9/4-10/30	W	8:30am-10:00am	\$86/\$108
248760.SB	16 & older	9/7-10/26	Sa	9:30am-11:00am	\$76/\$95

Zumba (18 & older)

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-party

Instructor: Gwen Gillespie (Tue), Ley Howell (Sat)

Location: Recreation Center Ballroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248790.TA	18 & older	9/3-10/29	Tu	9:00am-10:00am	\$81/\$101

Location: Senior Center Orchard Pavilion

248790.SA	18 & older	9/7-10/26	Sa*	9:00am-10:00am	\$63/\$79
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*No class 9/14

Zumba Toning (18 & older)

When it comes to body sculpting, Zumba Toning raises the bar (or rather, the Toning Stick). It combines targeted body sculpting exercises and high energy cardio work with Latin infused Zumba moves to create a calorie torching, strength training dance fitness party. Students learn to use lightweight, maraca like Toning Sticks to enhance rhythm and tone all their target zones, including arms, abs, glutes, and thighs.

Instructor: Gwen Gillespie

Location: Recreation Center Ballroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
248791.HB	18 & older	9/5-10/31	Th	6:00pm-7:00pm	\$81/\$101

Zumba Gold (50 & older) see page 29

Visual Arts/Pottery

Figure Drawing & Painting (18 & older)

Explore depth and dimension through drawing and painting the figure. Study space and movement of the picture plane while combining analytical thought and imagination. Brief demonstrations will be given at the beginning of each class. Long and short poses with a live model will be included. Participants must be 18 years old. Supply list will appear on your receipt. Model's fees will be split between class participants (\$50-\$80) and will be due at first class.

Instructor: Rebecca Bui

Location: Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
249944.WA	4	18 & older	9/9-10/28	M	7:00pm-10:00pm	\$118/\$148

Glass Fusing-Beg (16 & older)

Learn how easy and fun it is to make beautiful fused art glass! You'll be introduced to the glass fusing process by melting layers of glass in a kiln to create small coasters, tiles, pendants, wall art and more. Topics will include: safety, how to select and cut glass, use of basic glass fusing tools, kiln shelf preparation, and firing techniques. You do not need to be an artist to learn this fun art form. Intermediate students are welcome and can expand on existing glass fusing skills. Design help is always available. Classes will begin with a short lecture on intermediate and/or advanced topics with samples. Please wear closed toed shoes. A non-refundable \$65 supply fee will be collected at first class.

Instructor: Crystal Ouzillou

Location: Creative Arts Center Art Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
249311.MA	Beg	16 & older	9/9-9/23	M	9:00am-12:00pm	\$68/\$85
249311.MC	Beg	16 & older	10/7-10/21	M	9:00am-12:00pm	\$68/\$85
249311.WC	Beg	16 & older	10/2-10/16	W	7:00pm-10:00pm	\$68/\$85

Basic Digital Photography (15 & older)

Take better pictures with your digital camera. Topics will include basic operation of your camera, basic rules of lighting, composition and exposure, composing pictures in difficult conditions, and dealing with parallax. Class will include assignments and constructive critiques. Bring a digital camera to first class. Camera manual is helpful, but not required.

Instructor: Richard Fox

Location: Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
249511.WA	Beg	15-99yrs	9/4-10/23	W	7:00pm-9:00pm	\$76/\$95

Basic Photoshop for Photographers (15 & older)

Turn your digital images into photographs using Photoshop tools and tricks. Digital workflow used by professionals will be taught. Improve contrast, sharpness and color. Students are urged to bring a laptop with Photoshop CS 4/5 or Photoshop elements. Students who do not bring a laptop to class may still participate.

Instructor: Richard Fox

Location: Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
249550.TA	15-99yrs	9/3-10/22	Tu	7:00pm-9:00pm	\$76/\$95



Pottery: Parent & Teen - Beg (13-18years)

Learn beginning pottery techniques while spending time with your teen. Techniques in hand building, wheel throwing and high fire glazing will be taught. Clay must be purchased in class for \$31 per 25lb bag. Glazes and firing are included in class price. Parent may accompany more than one child. Price is per child. No unregistered siblings will be permitted in the studio.

Instructor: TBD

Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
239933.WA	Beg	13-18yrs	10/2-11/6	W	7:30pm-9:30pm	\$157/\$196

Pottery: Parent & Teen - Adv (13-18years)

Learn advanced pottery skills while working side by side with your teen. Techniques in hand building, wheel throwing and high fire glazing will be taught. **Previous clay experience required.** Clay must be purchased in class for \$31 per 25lb bag. Glazing and firing are included in class price. Parent may accompany more than one child. No unregistered siblings will be permitted in the studio. Price is per child. Wear clothes that can get messy.

Instructor: Susan Worley

Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
229932.FA	Int/Adv	13-18yrs	9/6-10/18	F*	6:30pm-8:30pm	\$157/\$196

*No class 9/27

Watercolor - Beg/Int (18 & older)

Learn water color basics in a relaxed setting. Have fun trying out still life, landscape and the figure. See how famous artists have used this versatile medium to enhance their lives. Class time includes demonstrations and slide lectures. Supply list will appear on your receipt (approx. \$45). Supplies should be purchased by second class meeting. Supplies for first class will be provided.

Instructor: Karen Haas

Location: Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
249641.JA	Beg/Int	18 & older	9/12-10/17	Th	10:00am-12:00pm	\$66/\$83

Open Painting Studio (18yrs & older)

Set aside time to paint each week and join fellow artists for a morning of creativity and collaboration. The Sunnyvale Community Center invites painters of all skill levels to work in our spacious, well-lit painting studio. All painting and drawing mediums are welcome. No formal instruction is provided. Lots of table space, natural light, painting easels and camaraderie available.

Location: Paint Room in Creative Arts Center
Sunnyvale Community Center
550 E. Remington Drive
Sunnyvale, CA 94087

Fee: \$5 (Payable at door). Drop-ins welcome.

KD

Day: Mondays, 9am-noon

Please call (408) 730-7758 for more information.



Teen & Adult

Sunnyvale Bluegrass Jam

(Ages 18 & up, 13-17 okay with parent or guardian). Facilitated by Paul Carignan and Sue Newberry. Join fellow bluegrass musicians and singers for an old-time jam session.

Third Sunday of the Month, 1-5 p.m.

in the Creative Arts Center Meeting Room

Cost: \$5 per person at the door

More Info: Arts.inSunnyvale.com

or (408) 730-7725

Want to TRY*IT?

If a class you are interested in has the Try*It alongside the class listing in the Activity Guide, you are welcome to drop in to the first class meeting and try it free of charge, if space is available at the start of class.

Terms & Conditions: Try*It is only available for the first class meeting of the term and only to new students. Try*It customers who would like to continue with the class must register at full price prior to the second class meeting and bring their receipt to the second class as proof of registration. Try*It is currently only available for certain, designated Teen & Adult classes. Adult Try*It students and parents/guardians of Minor Try*It Students must sign the class liability waiver before the student will be permitted to participate. Minors unaccompanied by their parent or guardian will not be permitted to participate. Please note, trying a class does not assure you a spot in the class. The class may fill up before you decide to register.



The Sunnyvale Pottery Studio

For more than 40 years, the Sunnyvale Pottery Studio has been the South Bay's premiere workspace for potters. Amid the beautiful setting of the Sunnyvale Community Center, it offers classes and open studio workspace, overseen by a staff of professional potters and kiln technicians. For more information, please call (408) 730-7758 or email kdance@sunnyvale.ca.gov

Private and group lessons.
Mondays and Thursdays 11 am - 2 pm.
\$65 per hour, per person*
Call (408) 730-7345 to schedule
an appointment

*Group rate for 3-6 people is \$45 per person



Been a while since you've worked in clay? Here's your chance to get throwing again! Come experience our clay studio for FREE.

GIVE IT A WHIRL!



Terms & Conditions: No Reservation necessary. Ages 16 & up. Experienced potters only. No formal instruction will be provided. Clay must be purchased in the studio. \$6.00/ 5lbs of clay. Bisque firing included. No glazing. Refer to the Open Studio Schedule for available days and times.

Open to potters who have not attended Open Studio in more than a year or first-time studio users.

For more information, contact: Visual Arts
Coordinator at kdance@sunnyvale.ca.gov
or 408.730.7758.

Creative Arts Center Pottery Studio
Sunnyvale Community Center
550 E. Remington Drive, Sunnyvale

Open Pottery Studio (16yrs & older)

For intermediate and advanced potters. No formal instruction will be provided, but technical assistance is available. Open studio passes, good for one 4-hour block, may be purchased in the studio. Prorating for unused hours will not be available and passes expire at the end of each 12-week session. Children under the age of 16 may participate if accompanied by an adult.

Location: Pottery Room in Creative Arts Center

Session: 8/12-9/21, 9/30-11/9 (studio closed 9/2, 9/23-9/28)

Fee* (Res/NR): \$28/\$34 per 4-hour pass

Day: M 10am-2pm, Tu 10am-10pm; F 2-6pm; Sa 9:30am-1:30pm

Glazing and firing is included in pass price • Clay must be purchased in class/open studio, \$25 per 25 lb bag (\$31 per 25 lb bag after 9/21) • No refunds, transfers, or credits for passes • Lost passes will not be credited • Kiln use is for group firing. Works over 20" x 20" x 24" or pieces that cannot fit in a group firing will not be accepted for firing • No outside firing accepted • No dangling jewelry, open-toed shoes or children allowed. **CLAY PICK-UPS:** Pick-ups may be made during open studio hours only. (Pick-ups will not be permitted during scheduled class times.) No trimming or "quick glazing" will be allowed unless an Open Studio pass is presented. Allow 3-4 weeks for firing. Large or irregularly shaped pieces will be held and fired during maintenance closures in the studio (approximately every 12 weeks).

Please call (408) 730-7758 for more information.

*Fees are subject to change.



Now offering Iceberg, Yellow Salt and Oil Spot glazes; ShinoTrap glaze and firing!

Pottery (16 & older)

Throw your soul into your art, and learn to make beautiful and functional pottery. Our master potters provide individual coaching, whatever your skill level! Beginners will learn basic hand, wheel throwing and glazing techniques, while more experienced potters learn advanced techniques while working on individual projects. Clay must be purchased in studio for \$31 per 25lb bag. Beginning tool kits may be purchased in class for \$25. Firing and glazing are included in class price. Participants will also receive a free Open Studio pass with their first three registrations.

Instructor: Danny Sheu

Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
249911.MB	Beg	16 & older	9/30-11/4	M	7:00pm-10:00pm	\$171/\$214
249911.WA	Beg	16 & older	10/2-11/6	W	9:00am-12:00pm	\$171/\$214
249911.JA	Beg	16 & older	10/3-11/7	Th	10:00am-1:00pm	\$171/\$214
249911.JB	Beg	16 & older	10/3-11/7	Th	7:00pm-10:00pm	\$171/\$214
249911.FA	Beg	16 & older	10/4-11/8	F	10:00am-1:00pm	\$171/\$214
249911.SA	Beg	16 & older	10/5-11/9	Sa	1:30pm-4:30pm	\$171/\$214

NEW! SEPTEMBER DEMOS



Learn advanced pottery techniques by watching master potters at work. The Sunnyvale Pottery Studio is now offering free in-studio demonstrations by award-winning potters Danny Sheu and Hsin Lin on Monday mornings in September, beginning at 11 a.m. Stay after to practice the techniques demonstrated that day during Open Studio time.



No charge for studio use immediately following the demo. However, all clay must be purchased in studio, \$6 per 5lbs of clay. Open to ages 16 and up.



Sept 9: Covered jar

Sept 16: Sodium Silicate technique

Sept 23: Chattering technique

For more information, contact: Visual Arts Coordinator at kdance@sunnyvale.ca.gov or 408.730.7758.

Creative Arts Center Pottery Studio
Sunnyvale Community Center
550 E. Remington Drive, Sunnyvale

The City of Sunnyvale encourages persons with disabilities to participate in any of our Recreation programs. We will make reasonable efforts to accommodate persons with disabilities in the provision of City services, programs or activities in accordance with the Americans with Disabilities Act. If you require special accommodations to participate in this class, please call the Visual Arts Coordinator at (408) 730-7758, TDD (408) 730-7501 at least five days before the first class meeting.



Teen & Adult

