



Art

Painting and Drawing for Kids (5 – 12 years)

Calling all Picassos! This class will encourage students to explore their imagination while learning basic techniques in drawing and painting. Repeat students are welcome. We will have new projects each session. A non-refundable \$15 supply fee will be collected at first class. Wear clothes that can get messy, or bring a smock.

Instructor: Benjamin McEvoy
Location: Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
229621.TK	5 – 7	10/6 – 11/10	Tu	4 p.m. – 5 p.m.	\$71/\$89
229621.TL	8 – 12	10/6 – 11/10	Tu	5:15 p.m. – 6:15 p.m.	\$71/\$89

iPad Art TRY IT! (7 – 14 years)

Learn how to use various art apps developed for the iPad. Students try a wide variety of projects to encourage and inspire their imaginations, including traditional drawing techniques, plein air sketching, animation and abstract art. Participants will finish a portfolio of digital art they can display or share digitally. Download Paper by 53 and Procreate on your iPad by first day of class. Cost for both apps is approximately \$6. Participants must bring an iPad 2 with iOS 8.1 (or newer).

Instructor: Mobile Art Academy
Location: Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
229800.WA	7 – 10	9/9 – 10/28	W	4 p.m. – 5 p.m.	\$104/\$130
229800.WB	11 – 14	9/9 – 10/28	W	5:15 p.m. – 6:15 p.m.	\$104/\$130

Clay Creations (6 – 7 years)

Using basic clay techniques, children will make projects which are fun and easy. Clay, glaze and firing are included in registration fee. Wear clothes that can get messy and/or bring a smock.

Instructor: Rebecca Bui
Location: Creative Arts Center Pottery Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
229911.WA	6 – 7	10/7 – 11/4	W	4:15 p.m. – 5:30 p.m.	\$52/\$66

Intro to Clay (8 – 10 years)

Use your imagination and basic clay techniques to express yourself in clay. Clay, glaze and firing included in registration fee. Wheel throwing will not be taught. Wear clothing that can get messy and/or bring a smock.

Instructor: Rebecca Bui (W), Allison Talamante (Th)
Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
229921.WA	Beg	8 – 10	10/7 – 11/4	W	5:30 p.m. – 7 p.m.	\$63/\$78
229921.WB	Beg	8 – 10	10/8 – 11/12	Th	3:45 p.m. – 5:15 p.m.	\$76/\$94

Columbia Youth Drop-In Gym

Columbia Neighborhood Center, 785 Morse Avenue, Sunnyvale

For Middle & High School Students Only

(All students must show current school ID at check-in.)
 Fee: \$0.50 Resident, \$1 Non-Resident

Basketball*	Soccer*
Fridays: 7 – 10 p.m. Saturdays: 7 – 10 p.m.	Mondays: 7 – 9 p.m.

For more information
 call (408) 730-7334

*Session is cancelled if there are no participants during the first hour of play. Due to liability concerns, we do not allow adults to participate in games against students. Thanks for your cooperation.

Pottery – Parent and Child (7 – 14 years)

Share a creative experience in clay. Working with your child you will learn to hand-build projects out of clay and glaze them using low-fire glazes (wheel throwing and high-fire glazing will not be included). Clay, glazes and firing are included with class registration. Parent may accompany more than one child. No unregistered siblings will be permitted in the studio. Price is per child. Wear clothes that can get messy.

Instructor: Allison Talamante
Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
229931.JA	Beg	7 – 14	10/8 – 11/12	Th	5:30 p.m. – 7 p.m.	\$118/\$148



Pottery – Parent and Child

For Kids Klub Therapeutic Recreation program, see page 35.



Dance

Dance Force Kids

Dance Force youth classes give beginning dancers a great introduction to dance in a low-pressure environment. Classes conclude with an in-class performance for family and friends. Wear dance attire and appropriate shoes. Both ballet and tap shoes are required for Ballet/ Tap. Jazz shoes are required for Jazz class. Gym shoes with light-colored soles can be worn for Hip Hop. For a list of South Bay stores that carry dance shoes, call (408) 730-7373.

Instructor: Dance Force Kids
Location: Theatre Dance Studio

Ballet/Tap (4 – 9 years)

Children learn both ballet and tap steps. Level 2 students must have completed 3 sessions of our Level 1 Ballet/Tap class.

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
214421.JQ	1	4-7	9/17 – 10/22	Th	3:50 p.m. – 4:35 p.m.	\$89/\$111
214421.SF	1	4-7	9/12 – 10/24	Sa	12 p.m. – 12:45 p.m.	\$99/\$124
224423.SG	2	6–9	9/12 – 10/24	Sa	12:50 p.m. – 1:50 p.m.	\$109/\$136

Kids' Hip Hop (6 – 10 years)

Learn the hottest new dance moves seen on your favorite T.V. shows and music videos. All moves are age appropriate. Participants will also create some of their own choreography.

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224331.JS	6–10	9/17 – 10/22	Th	5:30 p.m. – 6:15 p.m.	\$89/\$111

Jazz (6 – 10 years)

Learn Jazz techniques, across the floor, exercise combinations and choreography.

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224440.WS	6–10	9/16 – 10/21	W	5:45 p.m. – 6:30 p.m.	\$89/\$111

For Ballet for ages 10 – 16, see page 17.

Free Legal Clinics

First Saturday of Each Month, 10 a.m. – 12 p.m.
Columbia Neighborhood Center, 785 Morse Ave., Sunnyvale

Volunteer attorneys will provide free 20 – 30 minute legal consultations on various legal matters. No appointments required. The Legal Clinic operates on a first-come, first-served basis. For time-sensitive legal needs, contact probono@southasianbar.org for referral to other resources.

Upcoming Clinic Dates
Saturdays, 10 a.m. – 12 p.m.
September 12 • October 3

Provided by the South Asian Bar Association of Northern California (SABA-NC) in collaboration with the City of Sunnyvale. Questions, call (408) 730-7800.

Cooking

All Young Chefs Academy classes welcome children who eat vegetarian and special diets. Please call Young Chefs Academy at (408) 738-CHEF before the first camp class to make special dietary arrangements. A non-refundable \$80 supply fee is due at first class meeting.

Kinder Chefs (4.5 – 6.5 years)

Kinder Chefs will cook up their very own kind of fun, with curriculum and recipes geared for Pre-K and K students. Participants will make two recipes each day and enjoy eating what they have made.

Instructor: Young Chefs Academy
Location: Young Chefs Academy, 1336 S. Mary Avenue, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
227131.WA	Beg	4.5 – 6.5	9/2 – 10/21	W	4 p.m. – 5:30 p.m.	\$160/\$200
227131.JA	Beg	4.5 – 6.5	9/3 – 10/22	Th	4 p.m. – 5:30 p.m.	\$160/\$200
227131.FA	Beg	4.5 – 6.5	9/4 – 10/23	F	4 p.m. – 5:30 p.m.	\$160/\$200



Young Chefs

Young Chefs (7 – 10 years)

Cook new items each week based on a monthly theme. Principles of kitchen safety, proper food handling, basic cooking and baking techniques, food presentation, table setting and table manners will be included. Participants must be able to read a simple recipe.

Instructor: Young Chefs Academy
Location: Young Chefs Academy, 1336 S. Mary Avenue, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
227141.WA	Beg	7 – 10	9/2 – 10/21	W	4 p.m. – 5:30 p.m.	\$160/\$200
227141.JA	Beg	7 – 10	9/3 – 10/22	Th	4 p.m. – 5:30 p.m.	\$160/\$200
227141.FA	Beg	7 – 10	9/4 – 10/23	F	4 p.m. – 5:30 p.m.	\$160/\$200

Gymnastics

We ask family and friends to remain outside the gym during class times to reduce distractions for our students, except for: 1) at least one parent will be asked to stay and observe any environment with only one staff member, 2) parents of new students may stay during the first class, 3) if a staff member asks a parent to stay. We encourage all parents to observe the last class of each session. Thank you for your cooperation.

On average, students take one year to complete a level. We recommend students attend year-round or two days per week to increase the rate of learning.

Gymnastics: Pre-Rec TRY IT!

(5 – 6 years)

This co-ed class prepares students for Rec, our Gymnastics FUNDamentals class. Coaches help students develop basic gymnastics skills on all the big kids' equipment, including balance beam, bars, vault, pommel horse and parallel bars. A skill card is used to keep track of student progress.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
223030.MA	5-6	8/31-10/19	M*	3:30p.m. - 4:25p.m.	\$124/\$155
223030.MB	5-6	8/31-10/19	M*	5:30p.m. - 6:25p.m.	\$124/\$155
223030.MC	5-6	8/31-10/19	M*	6:30p.m. - 7:25p.m.	\$124/\$155
223030.TA	5-6	9/1-10/20	Tu	3:30p.m. - 4:25p.m.	\$141/\$176
223030.TB	5-6	9/1-10/20	Tu	4:30p.m. - 5:25p.m.	\$141/\$176
223030.TC	5-6	9/1-10/20	Tu	6:30p.m. - 7:25p.m.	\$141/\$176
223030.WA	5-6	9/2-10/21	W	3:30p.m. - 4:25p.m.	\$141/\$176
223030.WB	5-6	9/2-10/21	W	5:30p.m. - 6:25p.m.	\$141/\$176
223030.HA	5-6	9/3-10/22	Th	3:30 p.m. - 4:25 p.m.	\$141/\$176
223030.HB	5-6	9/3-10/22	Th	4:30 p.m. - 5:25 p.m.	\$141/\$176
223030.HC	5-6	9/3-10/22	Th	5:30 p.m. - 6:25 p.m.	\$141/\$176
223030.FA	5-6	9/4-10/23	F	3:30 p.m. - 4:25 p.m.	\$141/\$176
223030.FB	5-6	9/4-10/23	F	5:30 p.m. - 6:25 p.m.	\$141/\$176
223030.SA	5-6	9/5-10/24	Sa	9 a.m. - 9:55 a.m.	\$141/\$176
223030.SB	5-6	9/5-10/24	Sa	10 a.m. - 10:55 a.m.	\$141/\$176
223030.SC	5-6	9/5-10/24	Sa	12 p.m. - 12:55 p.m.	\$141/\$176

*No class 9/7



Gymnastics: Pre-Rec

Photo by Varshadeep Parlatthayya

Boys and Girls Rec FUNDamentals

(6 – 16 years)

Boys' classes focus on skills and routines on floor exercise, pommel horse, vault, parallel bars, high bar and trampoline. In addition, coaches help students develop strength and flexibility. Girls' classes focus on skills and routines on vault, uneven bars, balance beam, floor exercises and trampoline. Coaches use skill cards to track student progress, and a signed certificate will show proof of level readiness before moving to intermediate or advanced levels.

Instructor: California Sports Center

Location: Indoor Sports Center



Boys and Girls Rec FUNDamentals

Photo by Varshadeep Parlatthayya

Boys' Classes

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
223101.MC	Beg	6-16	8/31-10/19	M*	5:30 p.m. - 6:25 p.m.	\$124/\$155
223101.TA	Beg	6-16	9/1-10/20	Tu	3:30 p.m. - 4:25 p.m.	\$141/\$176
223101.WA	Beg	6-16	9/2-10/21	W	3:30 p.m. - 4:25 p.m.	\$141/\$176
223101.WC	Beg	6-16	9/2-10/21	W	6:30 p.m. - 7:25 p.m.	\$141/\$176
223101.HB	Beg	6-16	9/3-10/22	Th	6:30 p.m. - 7:25 p.m.	\$141/\$176
223101.FA	Beg	6-16	9/4-10/23	F	3:30 p.m. - 4:25 p.m.	\$141/\$176
223101.SA	Beg	6-16	9/5-10/24	Sa	9 a.m. - 9:55 a.m.	\$141/\$176
223101.SB	Beg	6-16	9/5-10/24	Sa	11 a.m. - 11:55 a.m.	\$141/\$176

*No class 9/7

Girls' Classes

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
223201.MA	Beg	6-16	8/31-10/19	M*	3:30 p.m. - 4:25 p.m.	\$124/\$155
223201.MB	Beg	6-16	8/31-10/19	M*	4:30 p.m. - 5:25 p.m.	\$124/\$155
223201.MC	Beg	6-16	8/31-10/19	M*	5:30 p.m. - 6:25 p.m.	\$124/\$155
223201.MD	Beg	6-16	8/31-10/19	M*	6:30 p.m. - 7:25 p.m.	\$124/\$155
223201.TA	Beg	6-16	9/1-10/20	Tu	3:30 p.m. - 4:25 p.m.	\$141/\$176
223201.TB	Beg	6-16	9/1-10/20	Tu	4:30 p.m. - 5:25 p.m.	\$141/\$176
223201.TC	Beg	6-16	9/1-10/20	Tu	5:30 p.m. - 6:30 p.m.	\$141/\$176
223201.TD	Beg	6-16	9/1-10/20	Tu	6:30 p.m. - 7:25 p.m.	\$141/\$176
223201.WA	Beg	6-16	9/2-10/21	W	4:30 p.m. - 5:25 p.m.	\$141/\$176
223201.WB	Beg	6-16	9/2-10/21	W	5:30 p.m. - 6:25 p.m.	\$141/\$176
223201.WC	Beg	6-16	9/2-10/21	W	6:30 p.m. - 7:25 p.m.	\$141/\$176
223201.HA	Beg	6-16	9/3-10/22	Th	3:30 p.m. - 4:25 p.m.	\$141/\$176
223201.HB	Beg	6-16	9/3-10/22	Th	4:30 p.m. - 5:25 p.m.	\$141/\$176
223201.HC	Beg	6-16	9/3-10/22	Th	5:30 p.m. - 6:25 p.m.	\$141/\$176
223201.HD	Beg	6-16	9/3-10/22	Th	6:30 p.m. - 7:25 p.m.	\$141/\$176
223201.FA	Beg	6-16	9/4-10/23	F	3:30 p.m. - 4:25 p.m.	\$141/\$176
223201.FB	Beg	6-16	9/4-10/23	F	4:30 p.m. - 5:25 p.m.	\$141/\$176
223201.FC	Beg	6-16	9/4-10/23	F	5:30 p.m. - 6:25 p.m.	\$141/\$176
223201.SA	Beg	6-16	9/5-10/24	Sa	9 a.m. - 9:55 a.m.	\$141/\$176
223201.SB	Beg	6-16	9/5-10/24	Sa	10 a.m. - 10:55 a.m.	\$141/\$176
223201.SC	Beg	6-16	9/5-10/24	Sa	11 a.m. - 11:55 a.m.	\$141/\$176

*No class 9/7



Winter Camp

Wondering what to do with your child over Winter Break?

There's a Camp for that.

Camp Dates

December 21-23* & December 28-30*

*Some camps may run through 12/24 or 12/31

Registration opens September 30, 2015

For more information

Visit Camps.inSunnyvale.com or call (408) 730-7350.



Wide Variety of Camps for Ages 5+

Special Interest Camps

Performing Arts Camps

Science Camps

Sports Camps

Teen Driver's Education Camps

Boys and Girls Intermediate/Advanced (6 – 16 years)

Congratulations on successfully completing a FUNdamental course! Coaches help boys with more difficult skills on floor exercise, pommel horse, vault, parallel bars, high bar and trampoline, while girls will focus on more difficult skills and routines on vault, uneven bars, balance beam, floor exercises and trampoline. In addition, students continue to work on strength and flexibility and grow as gymnasts. Skill cards are used to track student progress. A signed certificate will show proof of level readiness before moving to advanced level.

Instructor: California Sports Center

Location: Indoor Sports Center

Boys' Classes

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
223103.MA	Int	6 – 16	8/31 – 10/19	M*	4:30 p.m. – 5:25 p.m.	\$124/\$155
223103.TB	Int	6 – 16	9/1 – 10/20	Tu	6:30 p.m. – 7:25 p.m.	\$141/\$176
223103.WB	Int	6 – 16	9/2 – 10/21	W	4:30 p.m. – 5:25 p.m.	\$141/\$176
223103.FA	Int	6 – 16	9/4 – 10/23	F	4:30 p.m. – 5:25 p.m.	\$141/\$176
223103.SA	Int	6 – 16	9/5 – 10/24	Sa	10 a.m. – 10:55 a.m.	\$141/\$176
233104.WA	Adv	6 – 16	9/2 – 10/21	W	4:30 p.m. – 6 p.m.	\$206/\$256

*No class 9/7

Girls' Classes

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
223203.MA	Int	6 – 16	8/31 – 10/19	M*	3:30 p.m. – 4:25 p.m.	\$124/\$155
223203.MB	Int	6 – 16	8/31 – 10/19	M*	4:30 p.m. – 5:25 p.m.	\$124/\$155
223203.MC	Int	6 – 16	8/31 – 10/19	M*	5:30 p.m. – 6:25 p.m.	\$124/\$155
223203.MD	Int	6 – 16	8/31 – 10/19	M*	6:30 p.m. – 7:25 p.m.	\$124/\$155
223203.TA	Int	6 – 16	9/1 – 10/20	Tu	3:30 p.m. – 4:25 p.m.	\$141/\$176
223203.TB	Int	6 – 16	9/1 – 10/20	Tu	5:30 p.m. – 6:25 p.m.	\$141/\$176
223203.WA	Int	6 – 16	9/2 – 10/21	W	3:30 p.m. – 4:25 p.m.	\$141/\$176
223203.WB	Int	6 – 16	9/2 – 10/21	W	4:30 p.m. – 5:25 p.m.	\$141/\$176
223203.WC	Int	6 – 16	9/2 – 10/21	W	5:30 p.m. – 6:25 p.m.	\$141/\$176
223203.WD	Int	6 – 16	9/2 – 10/21	W	6:30 p.m. – 7:25 p.m.	\$141/\$176
223203.HA	Int	6 – 16	9/3 – 10/22	Th	3:30 p.m. – 4:25 p.m.	\$141/\$176
223203.HB	Int	6 – 16	9/3 – 10/22	Th	4:30 p.m. – 5:25 p.m.	\$141/\$176
223203.HC	Int	6 – 16	9/3 – 10/22	Th	5:30 p.m. – 6:25 p.m.	\$141/\$176
223203.HD	Int	6 – 16	9/3 – 10/22	Th	6:30 p.m. – 7:25 p.m.	\$141/\$176
223203.FA	Int	6 – 16	9/4 – 10/23	F	3:30 p.m. – 4:25 p.m.	\$141/\$176
223203.FB	Int	6 – 16	9/4 – 10/23	F	4:30 p.m. – 5:25 p.m.	\$141/\$176
223203.FC	Int	6 – 16	9/4 – 10/23	F	5:30 p.m. – 6:25 p.m.	\$141/\$176
223203.SA	Int	6 – 16	9/5 – 10/24	Sa	10 a.m. – 10:55 a.m.	\$141/\$176
223203.SB	Int	6 – 16	9/5 – 10/24	Sa	11 a.m. – 11:55 a.m.	\$141/\$176
223203.SC	Int	6 – 16	9/5 – 10/24	Sa	12 p.m. – 12:55 p.m.	\$141/\$176
233204.TA	Adv	6 – 16	9/1 – 10/20	Tu	4:30 p.m. – 6 p.m.	\$206/\$256
233204.TB	Adv	6 – 16	9/1 – 10/20	Tu	6:30 p.m. – 8 p.m.	\$206/\$256
233204.WB	Adv	6 – 16	9/2 – 10/21	W	6:30 p.m. – 8 p.m.	\$206/\$256
233204.HB	Adv	6 – 16	9/3 – 10/22	Th	6:30 p.m. – 8 p.m.	\$206/\$256
233204.SA	Adv	6 – 16	9/5 – 10/24	Sa	12 p.m. – 1:30 p.m.	\$206/\$256

*No class 9/7

Tumbling & Trampoline TRY IT! (6 – 17 years)

This is a gymnastics class designed for children who would like to concentrate only on the tumbling and trampoline portion of gymnastics.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
223040.MA	6 – 10	8/31 – 10/19	M*	4:30 p.m. – 5:25 p.m.	\$124/\$155
223040.TA	6 – 10	9/1 – 10/20	Tu	4:30 p.m. – 5:25 p.m.	\$141/\$176
223040.WA	6 – 10	9/2 – 10/21	W	5:30 p.m. – 6:25 p.m.	\$141/\$176
223040.HA	6 – 10	9/3 – 10/22	Th	4:30 p.m. – 5:25 p.m.	\$141/\$176
223040.SA	6 – 10	9/5 – 10/24	Sa	12 p.m. – 12:55 p.m.	\$141/\$176
233040.MA	11 – 17	8/31 – 10/19	M*	6:30 p.m. – 7:25 p.m.	\$124/\$155
233040.TA	11 – 17	9/1 – 10/20	Tu	5:30 p.m. – 6:25 p.m.	\$141/\$176
233040.HA	11 – 17	9/3 – 10/22	Th	5:30 p.m. – 6:25 p.m.	\$141/\$176
233040.SA	11 – 17	9/5 – 10/24	Sa	1 p.m. – 1:55 p.m.	\$141/\$176

*No class 9/7

Tumbling for Cheer TRY IT! (6 – 16 years)

Our introduction to cheerleading combines gymnastics tumbling skills, jumps, group formation, stunts and high-energy choreographed dance. Participants perform for parents on the last day of the session.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
223050.FA	6 – 16	9/4 – 10/23	F	4:30 p.m. – 5:25 p.m.	\$141/\$176

Magic

Balloon Twisting (7 – 12 years)

Balloon sculptors are always popular at parties! Learn a simple three-step method for making one-balloon animals, like giraffes, cats and horses. Practice twisting and decorating several animal sculptures to take home. Non-refundable materials fee of \$3 due at workshop. One-day classes are non-refundable and non-transferable.

Instructor: Larry Wertman

Location: Creative Arts Center Program Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
224679.5P	7 – 12	10/7 – 10/7	W	3:45 p.m. – 5:15 p.m.	\$21/\$26

Halloween Magic (7 – 11 years)

Turn an ordinary evening into magic with the wave of a wand. Learn to perform simple “self-working” magic tricks with your child. Wertman the Wizard will also entertain the class with a few tricks of his own. No unregistered siblings in the classroom. Non-refundable materials fee of \$5 due at workshop. One-day classes are non-refundable and non-transferable.

Instructor: Larry Wertman

Location: Creative Arts Center Program Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224670.6P	7 – 11	10/9 – 10/9	F	6:45 p.m. – 8:30 p.m.	\$31/\$39

Math Magic (7 – 11 years)

Amaze people with math magic tricks. Use math skills in a fun way, and learn presentation skills that will transform a number puzzle or game into a real magic trick. A math-related mind reading trick is also included. Participants will receive a

magic wand and will take home at least one manufactured and one student-made trick. A non-refundable materials fee of \$3 is due to instructor at the class. One-day classes are non-refundable and non-transferable.

Instructor: Larry Wertman

Location: Creative Arts Center Program Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224678.5P	7 – 11	10/14	W	3:45 p.m. – 5 p.m.	\$21/\$26

Performing Arts

Movement-based Acting TRY IT! (8 – 16 years)

Acting uses your whole body! This process-oriented class employs Anna Halprin’s Tamalpa Life-Art technique, similar to method acting, to help young actors discover and convey a character’s emotions. Class begins with a warm up and meditative centering and incorporates modern dance, acting exercises, drawing, word play and other creative activities. Wear comfortable clothes and dance shoes. Non-refundable materials fee of \$10 is due at first class meeting.

Level 1 – Beginning: Class is suitable for those with little or no performing experience.

Level 2 – Intermediate: Class is designed for performers who have participated in a community or school stage production and taken at least one year of dance or acting classes.

Instructor: Hao Expression

Location: Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224601.MP	1	8 – 10	9/14 – 10/26	M	4 p.m. – 5 p.m.	\$79/\$99
224602.FP	2	10 – 16	9/11 – 10/23	F	4 p.m. – 5:30 p.m.	\$105/\$131

Drum Kids/Drum Squad TRY IT! (5 – 8 years)

Play drums from around the world, as well as found percussion objects like brooms and plastic buckets. Beginners will have fun and be inspired by creative, expressive and rhythmic activities. The 5- to 6-year-old Drum Kids class introduces different types of drums. The 7- to 8-year-old Drum Squad class emphasizes beat and rhythm control to develop motor and communication skills. Instruments used in class vary each term.

Instructor: Groove Academy of Drumming

Location: Groove School of Percussion, 1795 Space Park Drive, Santa Clara

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224861.MP	5 – 6	9/28 – 11/23	M*	4:45 p.m. – 5:15 p.m.	\$129/\$161
224862.MP	7 – 8	9/28 – 11/23	M*	5:30 p.m. – 6 p.m.	\$129/\$161

*No class 10/12

Drum Set Class TRY IT! (6 – 13 years)

Have you ever looked at a drum set and thought it would be too difficult to learn how to play? Well it’s a blast and not as hard as it seems. In this class your focus will be on developing the tools needed to groove and musically move around the instrument while you play with other drummers and a guitar player. You will learn how to play songs the very first day of class and have fun all session learning and playing the drum set.

Instructor: Groove Academy of Drumming

Location: Groove School of Percussion, 1795 Space Park Drive, Santa Clara

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224869.MP	6 – 7	9/28 – 11/23	M*	4:30 p.m. – 5 p.m.	\$129/\$161
224869.MQ	8 – 10	9/28 – 11/23	M*	5:15 p.m. – 6 p.m.	\$129/\$161
224869.MR	11 – 13	9/28 – 11/23	M*	6:15 p.m. – 7 p.m.	\$129/\$161

*No class 10/12

YOUTH

**Guitar**

(6 – 12 years)

Learn basic guitar skills, including chords, scales and music reading. Bring your own guitar and pick. Students must attend first class meeting.

Level 1 – Beginning: Students with no previous experience learn the basics of guitar in a group setting. Pre-order non-refundable book for \$12 online at www.noteworthymusicsschool.org, and pick up at first class. Or purchase book on first day only with cash or check payable to Noteworthy Music School.

Level 2 – Intermediate: Students who have completed a level 1 session or have prior guitar experience continue their studies with weekly one-on-one coaching from teacher.

Instructor: Noteworthy Music School

Location: Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224831.TP	1	6–12	9/8–10/27	Tu	3:30 p.m. – 4:15 p.m.	\$99/\$124
224831.FQ	1	6–12	9/11–10/30	F	5:15 p.m. – 6 p.m.	\$99/\$124
224831.FS	1	6–12	9/11–10/30	F	6:45 p.m. – 7:30 p.m.	\$99/\$124
224832.TQ	2	6–12	9/8–10/27	Tu	4:15 p.m. – 5 p.m.	\$99/\$124
224832.FP	2	6–12	9/11–10/30	F	4:30 p.m. – 5:15 p.m.	\$99/\$124
224832.FR	2	6–12	9/11–10/30	F	6 p.m. – 6:45 p.m.	\$99/\$124

Melody's Group Violin

(6 – 10 years)

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. Class concludes with a violin recital. Non-refundable materials fee of \$45 is due to instructor at first class meeting; materials fee includes six-week violin rental. Parents are required to attend weekly with their children.

Instructor: Melody Academy of Music

Location: Melody Academy of Music, 1299 Waterlily Way #10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224871.JP	Beg	6–10	9/10–10/15	Th	5:30 p.m. – 6:15 p.m.	\$147/\$184
224871.SU	Beg	6–10	9/13–10/18	Su	5 p.m. – 5:45 p.m.	\$147/\$184

Piano Keyboard 1

(6 – 12 years)

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with ¼" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Students must attend first class meeting.

Level 1 – Beginning: Students with no previous experience learn the basics of piano in a group setting. Pre-order non-refundable book for \$8 online at www.noteworthymusicsschool.org and pick up at first class. Or purchase book on first day only with cash or check payable to Noteworthy Music School.

Level 2 – Intermediate: Students who have completed a level 1 session or have prior piano experience continue their studies with weekly one-on-one coaching from teacher.

Instructor: Noteworthy Music School

Location: Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224851.MQ	1	6–12	9/14–10/26	M	4:15 p.m. – 5 p.m.	\$79/\$99
224851.WQ	1	6–12	9/9–10/28	W	4:15 p.m. – 5 p.m.	\$99/\$124
224851.WS	1	6–12	9/9–10/28	W	6 p.m. – 6:45 p.m.	\$99/\$124
224852.MR	2	6–12	9/14–10/26	M	5 p.m. – 5:45 p.m.	\$79/\$99
224852.MS	2	6–12	9/14–10/26	M	5:45 p.m. – 6:30 p.m.	\$79/\$99
224852.WR	2	6–12	9/9–10/28	W	5 p.m. – 5:45 p.m.	\$99/\$124
224852.WT	2	6–12	9/9–10/28	W	6:45 p.m. – 7:30 p.m.	\$99/\$124
224852.FR	2	6–12	9/11–10/30	F	3:30 p.m. – 4:15 p.m.	\$99/\$124

Melody's Group Piano

(4 – 7 years)

Children develop piano keyboard skills and general music ability, including singing, ear-training, music theory, rhythm and sight-reading through a variety of activities. Older children also try composition. Class concludes with a piano recital. Non-refundable materials fee of \$45 due at first class meeting. Parents are required to attend weekly with their children. Children should have access to a keyboard or piano to practice between lessons.

Instructor: Melody Academy of Music

Location: Melody Academy of Music, 1299 Waterlily Way #10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224901.JP	Beg	4–5	9/10–10/15	Th	3:30 p.m. – 4:15 p.m.	\$147/\$184
224901.SU	Beg	4–5	9/13–10/18	Su	12 p.m. – 12:45 p.m.	\$147/\$184
224901.MP	Beg	4–5	10/5–11/9	M	4 p.m. – 4:45 p.m.	\$147/\$184
224901.JQ	Beg	5–7	9/10–10/15	Th	4:30 p.m. – 5:15 p.m.	\$147/\$184
224901.SV	Beg	5–7	9/13–10/18	Su	2 p.m. – 2:45 p.m.	\$147/\$184
224901.MQ	Beg	5–7	10/5–11/9	M	5 p.m. – 5:45 p.m.	\$147/\$184

Sports and Fitness**Ice Skating**

(5 – 14 years)

This introductory class will include forward and backward marching and skating, falling and getting up and stopping. No intermediate or advanced techniques will be taught. Each week participants will receive 30 minutes of instruction and a voucher for practice time redeemable during public skating hours. Schedule will appear on your receipt or visit www.icecenter.net for days and times. Skate rental is included. Be sure to dress warmly, wear gloves and thick socks. Registration will not be accepted after the first class has met. No exceptions will be made.

Instructor: Ice Center Staff

Location: Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
227411.MA	Beg	5–7	9/7–10/12	M	5 p.m. – 5:30 p.m.	\$82/\$103
227411.MC	Beg	5–7	10/19–11/23	M	5 p.m. – 5:30 p.m.	\$82/\$103
227411.MB	Beg	8–14	9/7–10/12	M	5 p.m. – 5:30 p.m.	\$82/\$103
227411.MD	Beg	8–14	10/19–11/23	M	5 p.m. – 5:30 p.m.	\$82/\$103

Intro to Hockey Skating

(6 – 14 years)

Students will learn to skate in a controlled manner that is necessary to be a hockey player. Balance, use of blade edges, forward and backward skating, crossovers, stopping and stick handling will be emphasized. Each week participants will receive 30 minutes of instruction and a voucher for practice time redeemable during public skating hours. Schedule will appear on your receipt or visit www.icecenter.net for days and times. Students must provide a stick and helmet with full cage by the first class. Skate rental will be included. Beginning skating skills are required. Registrations will not be accepted after the first class has met. No exceptions will be made.

Instructor: Ice Center Staff

Location: Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
227431.TA	Beg	6–14	9/8–10/13	Tu	4 p.m. – 4:30 p.m.	\$82/\$103
227431.TB	Beg	6–14	10/20–11/24	Tu	4 p.m. – 4:30 p.m.	\$82/\$103



= T-shirt/jersey included.

Rock Climbing (5 – 13 years)

Perfect for the novice and advanced beginner climber, this five-session program teaches basic rock climbing techniques. Participants climb with campers their own age. Bring a bicycle helmet to wear while climbing. Parent or legal guardian must sign a Planet Granite waiver at the first class, or go to www.planetgranite.com to complete the waiver to send with your child to the first class with a copy of your driver's license.

Instructor: Planet Granite Staff

Location: Planet Granite

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
227451.WA	Beg	5 – 13	8/26 – 9/23	W	4 p.m. – 6 p.m.	\$146/\$183
227451.FA	Beg	5 – 13	8/28 – 9/25	F	4 p.m. – 6 p.m.	\$146/\$183
227451.WC	Beg	5 – 13	9/30 – 10/28	W	4 p.m. – 6 p.m.	\$146/\$183
227451.FC	Beg	5 – 13	10/2 – 10/30	F	4 p.m. – 6 p.m.	\$146/\$183



Rock Climbing

Photo courtesy Planet Granite

Skyhawks Basketball (6 – 12 years)

Are you just starting out in basketball? Getting ready to play in a basketball league? Trying out for your school team? Come get ready for the season with Skyhawks basketball! Skyhawks Sports basketball breaks down this exhilarating sport into fundamental skills that all athletes, no matter their skill level, need to succeed. Coaches will lead the athletes through game-speed drills and exercises, focusing on ball handling, passing, shooting, defense and rebounding. Having fun while developing a refined player who knows how to combine these skills is the goal of every Skyhawks Sports program. Bring appropriate clothing, athletic shoes and water bottle.

Instructor: Skyhawks Sports Academy

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228050.WA	6 – 12	9/23 – 10/28	W	3:30 p.m. – 4:45 p.m.	\$159/\$199



Whether you are volunteering to coach your child's SYBL basketball team or cheering from the sidelines, being involved in your child's activities reinforces your love and supports their unique physical and emotional needs. **(Asset #1)**

41Assets.inSunnyvale.com



Photo by Alfred Leung

SUNNYVALE YOUTH BASKETBALL LEAGUE



Online registration begins August 10, 2015 at 12 midnight



This league is operated by the City of Sunnyvale. Sign-ups will be taken on a first-come, first-served basis, so don't wait until the last minute. Space is limited.

**Boys and Girls (K – 8th grade)
Play runs January – March 2016**

Teams are organized by grade level. We cannot guarantee special requests for team assignments, practice nights, locations or coaches. Teams fill up quickly. Sign up early so you don't miss out.

For more information SYBL.inSunnyvale.com

Skyhawks Basketball League/Clinic **NEW** (5 – 12)

This program emphasizes individual skill development, teamwork, character building and fun. Participants are placed in teams by age and skill level. Teams have 60-minute time-slots, which include practice, followed by a game. First week is skill evaluation; following weeks are practice and games. Specific game times will be decided once teams are formed, but will take place between 1-4:30 p.m. All participants receive a jersey. Participants should bring appropriate clothing, athletic shoes, snacks and water bottle.

Instructor: Skyhawks Sports Academy

Location: Columbia Neighborhood Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228051.SA	Beg	5 – 12	9/20 – 10/25	Su	1 p.m. – 4:30 p.m.	\$169/\$211

**Skyhawks Volleyball**

(8 – 14 years)

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled program. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginner to intermediate player. Skyhawks volleyball staff will develop fundamental skills through game-speed drills and daily scrimmages aimed at developing each individual player. Participants should bring appropriate clothing, athletic shoes, snacks and water bottle.

Instructor: Skyhawks Sports Academy**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228053.FA	8 – 14	9/25 – 10/30	F	3:30 p.m. – 4:45 p.m.	\$159/\$199

Chang Tai Do Karate

(4 – 7 years)

Participants are introduced to proper stretching, basic blocks, punches, kicks, strikes and how to fend off an attacker. Children's natural curiosity and playfulness combined with basic Karate drills will help develop coordination, mental focus and alertness. Karate is a great way to learn discipline, respect, self-confidence, help release energy and prepare students for future, more structured classes. This class is for white belts, up to two stripes. Equipment for non-beginners and testing are an additional fee of \$25. Uniform is required after first class and can be purchased from instructor for \$35, size 3-, \$45, size 4+.

Instructor: Chang Tai Do Staff**Location:** Las Palmas Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228451.SA	Beg	4 – 7	9/6 – 10/18	Su	1 p.m. – 2 p.m.	\$112/\$140

Location: Ponderosa Park

228451.FA	Beg	4 – 7	9/11 – 10/23	F	5:30 p.m. – 6:30 p.m.	\$112/\$140
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Chang Tai Do Karate for Families

(8+ years)

Beginner: Students will learn proper stretching, basic blocks, punches, kicks, self-defense and forms (Kata) while being introduced to the history and terminology of Chang Tai Do Karate. Returning students will also learn sparring. Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance and skills to defend oneself. This is a great opportunity for family and friends to get in shape, reduce stress and spend quality time together. This level is for white and yellow belt students.

Intermediate/Advanced: Students will be drilled on blocks, punches, kicks, self-defense, forms (Kata), sparring (Kumite and Escrima Sticks) as well as combination techniques. Stretching time will not be extensive. Students will be responsible for stretching before class to avoid injury. This level is for students who have earned an orange belt and above.

Uniforms are required after first class for both levels and can be purchased from instructor for \$35, size 3-, \$45, size 4+. Equipment for non-beginners and testing are an additional fee of \$25.

Instructor: Chang Tai Do Staff**Location:** Las Palmas Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228461.SA	Beg	8+	9/6 – 10/18	Su	2 p.m. – 4 p.m.	\$149/\$186
228462.SA	Int/Adv	8+	9/6 – 10/18	Su	4 p.m. – 6 p.m.	\$149/\$186

Location: Ponderosa Park

228461.TA	Beg	8+	9/8 – 10/23	TuF	6:30 p.m. – 7:30 p.m.	\$149/\$186
228462.TA	Int/Adv	8+	9/8 – 10/23	TuF	7:30 p.m. – 8:30 p.m.	\$149/\$186

 = T-shirt/jersey included.
Martial Sports Fencing

(7 – 14 years)

Students will learn basic proficiency, etiquette and terminology in a safe form of fencing based on techniques similar to Japanese and European fencing. Foundations of footwork, stances, timing and offensive and defensive parrying will be covered. Students will participate in games and bouts with classmates. Protective gear and uniform are required after first class.

Instructor: Chris Hung**Location:** Sylvan Plaza, 820 E. El Camino Real Unit G, Mountain View

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228410.SA	7 – 14	9/5 – 10/17	Sa	1:30 p.m. – 2:30 p.m.	\$121/\$151

Tigers Taekwondo

(7 – 14 years)

Tiger's main training emphasis is on motor skills and coordination, learning focus drills such as directions, task completion and learning basic/intermediate kicking and punching concepts. Uniform, equipment and testing are an additional fee. Tiger uniform is required after first class and can be purchased from the instructor for \$49.

Instructor: Chris Hung**Location:** Cala Center Dojang, 1111 W. El Camino Real #117, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228501.MA	Beg	7 – 14	9/14 – 10/19	M	3:30 p.m. – 4:15 p.m.	\$96/\$120
228501.WA	Beg	7 – 14	9/2 – 10/14	W	3:30 p.m. – 4:15 p.m.	\$112/\$140
228501.FA	Beg	7 – 14	9/4 – 10/16	F	4:15 p.m. – 5 p.m.	\$112/\$140
228501.SA	Beg	7 – 14	9/5 – 10/17	Sa	9:15 a.m. – 10 a.m.	\$112/\$140



Chang Tai Do Karate

Photo by Alfred Leung

Futsal Kingz Indoor Soccer

(5 – 12 years)

Futsal is a fun, fast-paced 5-on-5 soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3, low-bounce ball. Players participate in fun educational games. Classes focus on increasing balance, coordination and fundamental futsal skills. We use creative fun activities to help kids to cooperate in a group setting and build self-esteem in our fun low-pressure environment.

Instructor: Futsal Kingz**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228661.RA	Beg	5 – 6	9/10 – 10/29	Th	3:45 p.m. – 4:45 p.m.	\$118/\$148
228661.RB	Beg	7 – 12	9/10 – 10/29	Th	3:45 p.m. – 4:45 p.m.	\$118/\$148

Kidz Love Soccer  (5 – 6 years)

These classes offer a non-competitive environment for children to learn and play the “World’s Most Popular Sport.” Children will learn different skills according to age: dribbling, passing, receiving, shooting and team tactics. Small-sided soccer games will be played at every class. Shin guards are required after the first meeting. Note: During questionable weather, please call 1 (888) 372-5803 one half-hour before class begins, or by 6 p.m. for an update.

Instructor: Kidz Love Soccer

Location: Cupertino Middle School

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228660.TB	5 – 6	9/15 – 10/20	Tu	7 p.m. – 7:45 p.m.	\$80/\$100

Location: Las Palmas Park

228660.TA	5 – 6	9/15 – 10/20	Tu	3:45 p.m. – 4:30 p.m.	\$80/\$100
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Location: Ponderosa Park

228660.RA	5 – 6	9/17 – 10/22	Th	3:45 p.m. – 4:30 p.m.	\$80/\$100
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Location: Serra Park

228660.WA	5 – 6	9/16 – 10/21	W	3:45 p.m. – 4:30 p.m.	\$80/\$100
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Location: Sunnyvale Middle School

228660.SA	5 – 6	9/19 – 10/24	Sa	9:30 a.m. – 10:15 a.m.	\$80/\$100
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228660.SB	5 – 6	9/19 – 10/24	Sa	10:15 a.m. – 11 a.m.	\$80/\$100
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Kidz Love Soccer

Photo by Alfred Leung

KLS Skillz and Scrimmages  (7 – 10 years)

Kids will enjoy advanced skill building with dribbling, passing and shooting in a team – play format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level, but are still suitable for beginners to enjoy the “World’s Most Popular Sport!” Each participant will receive a soccer jersey. During questionable weather, please call 1 (888) 372-5803 one half-hour before class begins, or by 6 p.m., for an update.

Instructor: Kidz Love Soccer

Location: Ponderosa Park

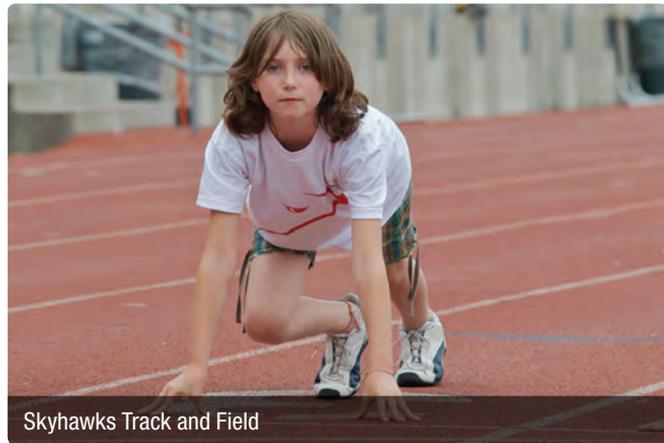
Class #	Age	Dates	Day	Time	Fee (Res/NR)
228670.RA	7 – 10	9/17 – 10/22	Th	4:30 p.m. – 5:15 p.m.	\$80/\$100

Location: Serra Park

228670.WA	7 – 10	9/16 – 10/21	W	4:30 p.m. – 5:15 p.m.	\$80/\$100
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Location: Sunnyvale Middle School

228670.SA	7 – 10	9/19 – 10/24	Sa	11:35 a.m. – 12:20 p.m.	\$80/\$100
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Skyhawks Track and Field

Photo courtesy Skyhawk Sports Academy

Skyhawks Track and Field (6 – 12 years)

This class introduces young athletes to many Olympic-style events in this history-rich sport that combines technical development, fundamental techniques with safety and a major focus on fun. Using special equipment, our professional staff prepares athletes for a future in cross-country, track and field events, distance running, while inspiring a love for running. The fundamentals of body positioning, stride, proper stretching and cool-down techniques are also covered. At the end of the session, participant will put it all together for one fun-filled day at the Skyhawks track meet. Bring appropriate clothing, two snacks, a water bottle, running shoes and sunscreen.

Instructor: Skyhawks Sports Academy

Location: Sunnyvale Middle School

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228910.SA	6 – 12	9/20 – 10/25	Su	10:30am-12 p.m.	\$159/\$199

Yoga Lite Parent & Child **TRY IT!** (5+ years)

Revitalize and come alive with your child through postures, breathing techniques, and relaxation. Learn practical methods to keep yourself healthy and full of good energy. Fee per pair.

Instructor: Robin Pickel

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228750.SA	5+	9/5 – 10/31	Sa	8:30 a.m. – 9:25 a.m.	\$90/\$113



Yoga Lite Parent & Child