



WINTER BREAK CAMP

LEGO® Engineering FUNDamentals (6 – 10 years)

Power up your engineering skills with tens of thousands of LEGOs®! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars and the battle track. Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor challenges new and returning students to engineer at the next level.

Instructor: Play-Well TEKnologies Staff
Location: Recreation Center Neighborhood Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
321360.1P	6 – 10	12/19 – 12/22	M – Th	9 a.m. – 12 p.m.	\$148/\$185



LEGO® Engineering FUNDamentals

ART

Clay Creations (6 – 12 years)

Children will have fun exploring the fundamentals of ceramics. Clay, glaze and firing are included in registration fee. Wear clothes that can get messy or bring a smock.

Instructor: TBA (M), Rebecca Bui (W), TBA (Th)
Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
229911.MA	Beg	6 – 7	09/12 – 10/24	M	4 p.m. – 5 p.m.	\$58/\$73
229911.WA	Beg	6 – 7	09/14 – 10/26	W	4:15 p.m. – 5:30 p.m.	\$72/\$90
329911.MA	Beg	6 – 7	10/31 – 12/12	M*	4 p.m. – 5 p.m.	\$58/\$73
329911.WA	Beg	6 – 7	11/02 – 12/14	W*	4:15 p.m. – 5:30 p.m.	\$62/\$78
229911.WB	Beg	8 – 10	09/14 – 10/26	W	5:30 p.m. – 7 p.m.	\$89/\$111
329911.WB	Beg	8 – 10	11/02 – 12/14	W*	5:30 p.m. – 7 p.m.	\$76/\$95
229911.MB	Beg	8 – 12	09/12 – 10/24	M	5 p.m. – 6:30 p.m.	\$89/\$111
229911.JA	Beg	8 – 12	09/15 – 10/27	Th	4 p.m. – 5:30 p.m.	\$89/\$111
329911.MB	Beg	8 – 12	10/31 – 12/12	M	5 p.m. – 6:30 p.m.	\$89/\$111
329911.JA	Beg	8 – 12	11/03 – 12/15	Th*	4 p.m. – 5:30 p.m.	\$76/\$95

*No class 11/23, 11/24, 11/25

Painting and Drawing for Kids (5 – 12 years)

Calling all Picassos! This class encourages students to explore their imagination, while learning basic techniques in drawing and painting. Returning students are welcome, with new projects being introduced each session. Wear clothes that can get messy or bring a smock.

Instructor: TBA
Location: Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
229621.TM	Beg	5 – 7	10/18 – 12/06	Tu*	4 p.m. – 5 p.m.	\$71/\$89
229621.TN	Beg	8 – 12	10/18 – 12/06	Tu*	5:15 p.m. – 6:15 p.m.	\$71/\$89

*No class 11/22



Painting and Drawing for Kids

Pottery – Parent and Child (7 – 14 years)

Share a creative experience in clay. Working together, parents and children learn to hand-build projects out of clay and glaze them using low-fire glazes (wheel throwing and high-fire glazing are not included). Clay, glazes, and firing are included with class registration. Parent may accompany more than one child. No unregistered siblings are permitted in the studio. Price is per child. Wear clothes that can get messy or bring a smock.

Instructor: TBA
Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
229931.JA	Beg	7 – 14	09/15 – 10/27	Th	5:30 p.m. – 7 p.m.	\$138/\$173
329931.JA	Beg	7 – 14	11/03 – 12/15	Th*	5:30 p.m. – 7 p.m.	\$118/\$148

*No class 11/24

NEW

New Program Offering

TRY IT!

Try It Free on the First Day of Class

FREE

No Fees

\$\$

Supply Fee Due on First Day

Free T-Shirt per Session

Recreational Swim

Travels Offsite

Performance on Final Day

Parent/Guardian Participation Required

GYMNASTICS

We ask family and friends to remain outside the gym during class times to reduce distractions for our students, except for: 1) at least one parent will be asked to stay and observe any environment with only one staff member, 2) parents of new students may stay during the first class, 3) if a staff member asks a parent to stay. We encourage all parents to observe the last class of each session. Thank you for your cooperation. On average, students take one year to complete a level. We recommend students attend year-round or two days per week to increase the rate of learning.

Gymnastics: Pre-Rec **TRY IT!** (5 – 6 years)

This co-ed class prepares students for Rec, the Gymnastics FUNDamentals class. Coaches help students develop basic gymnastics skills on all the big kids' equipment, including balance beam, bars, vault, pommel horse and parallel bars. Instructors utilize a skill card to track student progress.

Instructor: California Sports Center**Location:** Indoor Sports Center Gymnastics Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
223030.MA	5-6	08/29-10/17	M*	3:30 p.m. - 4:25 p.m.	\$128/\$160
223030.MB	5-6	08/29-10/17	M*	5:30 p.m. - 6:25 p.m.	\$128/\$160
223030.MC	5-6	08/29-10/17	M*	6:30 p.m. - 7:25 p.m.	\$128/\$160
223030.TA	5-6	08/30-10/18	Tu	3:30 p.m. - 4:25 p.m.	\$145/\$181
223030.TB	5-6	08/30-10/18	Tu	4:30 p.m. - 5:25 p.m.	\$145/\$181
223030.TC	5-6	08/30-10/18	Tu	6:30 p.m. - 7:25 p.m.	\$145/\$181
223030.WA	5-6	08/31-10/19	W	3:30 p.m. - 4:25 p.m.	\$145/\$181
223030.WB	5-6	08/31-10/19	W	5:30 p.m. - 6:25 p.m.	\$145/\$181
223030.HA	5-6	09/01-10/20	Th	3:30 p.m. - 4:25 p.m.	\$145/\$181
223030.HB	5-6	09/01-10/20	Th	4:30 p.m. - 5:25 p.m.	\$145/\$181
223030.HC	5-6	09/01-10/20	Th	5:30 p.m. - 6:25 p.m.	\$145/\$181
223030.FA	5-6	09/02-10/21	F	3:30 p.m. - 4:25 p.m.	\$145/\$181
223030.FB	5-6	09/02-10/21	F	5:30 p.m. - 6:25 p.m.	\$145/\$181
223030.SA	5-6	09/03-10/22	Sa	9 a.m. - 9:55 a.m.	\$145/\$181
223030.SB	5-6	09/03-10/22	Sa	10 a.m. - 10:55 a.m.	\$145/\$181
223030.SC	5-6	09/03-10/22	Sa	12 p.m. - 12:55 p.m.	\$145/\$181
323030.MA	5-6	10/24-12/12	M	3:30 p.m. - 4:25 p.m.	\$145/\$181
323030.MB	5-6	10/24-12/12	M	5:30 p.m. - 6:25 p.m.	\$145/\$181
323030.MC	5-6	10/24-12/12	M	6:30 p.m. - 7:25 p.m.	\$145/\$181
323030.TA	5-6	10/25-12/13	Tu	3:30 p.m. - 4:25 p.m.	\$145/\$181
323030.TB	5-6	10/25-12/13	Tu	4:30 p.m. - 5:25 p.m.	\$145/\$181
323030.TC	5-6	10/25-12/13	Tu	6:30 p.m. - 7:25 p.m.	\$145/\$181
323030.WA	5-6	10/26-12/14	W	3:30 p.m. - 4:25 p.m.	\$145/\$181
323030.WB	5-6	10/26-12/14	W	5:30 p.m. - 6:25 p.m.	\$145/\$181
323030.HA	5-6	10/27-12/15	Th*	3:30 p.m. - 4:25 p.m.	\$128/\$160
323030.HB	5-6	10/27-12/15	Th*	4:30 p.m. - 5:25 p.m.	\$128/\$160
323030.HC	5-6	10/27-12/15	Th*	5:30 p.m. - 6:25 p.m.	\$128/\$160
323030.FA	5-6	10/28-12/16	F*	3:30 p.m. - 4:25 p.m.	\$128/\$160
323030.FB	5-6	10/28-12/16	F*	5:30 p.m. - 6:25 p.m.	\$128/\$160
323030.SA	5-6	10/29-12/17	Sa*	9 a.m. - 9:55 a.m.	\$128/\$160
323030.SB	5-6	10/29-12/17	Sa*	10 a.m. - 10:55 a.m.	\$128/\$160
323030.SC	5-6	10/29-12/17	Sa*	12 p.m. - 12:55 p.m.	\$128/\$160

*No class 09/05, 11/24, 11/25, 11/26



Photo by Khadeeja Saleem

Gymnastics: Pre-Rec



Photo by Varshadeep Parlatthaya

Gymnastics: Pre-Rec



Boys and Girls Rec FUNDamentals (6 – 16 years)

Boys' classes focus on skill and routine development for the floor exercise, pommel horse, vault, parallel bars, high bar and trampoline. Girls' classes focus on skill and routine development for the vault, uneven bars, balance beam, floor exercises and trampoline.

Instructor: California Sports Center

Location: Indoor Sports Center Gymnastics Room

Boys' Classes

Table with 7 columns: Class #, Level, Age, Dates, Day, Time, Fee (Res/NR). Lists various class options for boys' fundamentals.

*No class 09/05, 11/24, 11/25, 11/26



Photo by Varshadeep Parlatthayya

Boys and Girls Rec FUNDamentals



Photo by Khadeeja Saleem

Boys and Girls Rec FUNDamentals

Girls' Classes

Table with 7 columns: Class #, Level, Age, Dates, Day, Time, Fee (Res/NR). Lists various class options for girls' fundamentals.

*No class 09/05, 11/24, 11/25, 11/26

NEW
New Program
Offering

TRY IT!
Try It Free on the
First Day of Class

FREE
No Fees

\$\$
Supply Fee Due
on First Day

T
Free T-Shirt
per Session

S
Recreational
Swim

T
Travels
Offsite

C
Performance
on Final Day

H
Parent/Guardian
Participation Required



Photo by Varshadeep Parlatthaya

Boys and Girls Rec FUNDamentals

Boys and Girls Intermediate/Advanced (6 – 16 years)

Congratulations on successfully completing the FUNDamentals course! Coaches help boys progress with more difficult skills on floor exercise, pommel horse, vault, parallel bars, high bar and trampoline. Girls focus on a more difficult progression of skills and routines for vault, uneven bars, balance beam, floor exercises and trampoline. In addition, students continue to work on strength and flexibility and grow as gymnasts.

Instructor: California Sports Center

Location: Indoor Sports Center Gymnastics Room

Boys' Classes

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
223103.TB	Int/Adv	6-16	08/30-10/18	Tu	6:30 p.m. - 7:25 p.m.	\$145/\$181
223103.WB	Int/Adv	6-16	08/31-10/19	W	4:30 p.m. - 5:25 p.m.	\$145/\$181
223103.SA	Int/Adv	6-16	09/03-10/22	Sa	10 a.m. - 10:55 a.m.	\$145/\$181
323103.TB	Int/Adv	6-16	10/25-12/13	Tu	6:30 p.m. - 7:25 p.m.	\$145/\$181
323103.WB	Int/Adv	6-16	10/26-12/14	W	4:30 p.m. - 5:25 p.m.	\$145/\$181
323103.SA	Int/Adv	6-16	10/29-12/17	Sa*	10 a.m. - 10:55 a.m.	\$128/\$160

*No class 11/26

Girls' Classes

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
223203.MA	Int	6-16	08/29-10/17	M*	3:30 p.m. - 4:25 p.m.	\$128/\$160
223203.MB	Int	6-16	08/29-10/17	M*	4:30 p.m. - 5:25 p.m.	\$128/\$160
223203.MC	Int	6-16	08/29-10/17	M*	5:30 p.m. - 6:25 p.m.	\$128/\$160
223203.MD	Int	6-16	08/29-10/17	M*	6:30 p.m. - 7:25 p.m.	\$128/\$160
223203.TA	Int	6-16	08/30-10/18	Tu	3:30 p.m. - 4:25 p.m.	\$145/\$181
223203.TC	Int	6-16	08/30-10/18	Tu	5:30 p.m. - 6:25 p.m.	\$145/\$181
223203.WA	Int	6-16	08/31-10/19	W	3:30 p.m. - 4:25 p.m.	\$145/\$181

223203.WB	Int	6-16	08/31-10/19	W	4:30 p.m. - 5:25 p.m.	\$145/\$181
223203.WC	Int	6-16	08/31-10/19	W	5:30 p.m. - 6:25 p.m.	\$145/\$181
223203.WD	Int	6-16	08/31-10/19	W	6:30 p.m. - 7:25 p.m.	\$145/\$181
223203.HA	Int	6-16	09/01-10/20	Th	3:30 p.m. - 4:25 p.m.	\$145/\$181
223203.HC	Int	6-16	09/01-10/20	Th	5:30 p.m. - 6:25 p.m.	\$145/\$181
223203.HD	Int	6-16	09/01-10/20	Th	6:30 p.m. - 7:25 p.m.	\$145/\$181
223203.FA	Int	6-16	09/02-10/21	F	3:30 p.m. - 4:25 p.m.	\$145/\$181
223203.FB	Int	6-16	09/02-10/21	F	4:30 p.m. - 5:25 p.m.	\$145/\$181
223203.FC	Int	6-16	09/02-10/21	F	5:30 p.m. - 6:25 p.m.	\$145/\$181
223203.SA	Int	6-16	09/03-10/22	Sa	10 a.m. - 10:55 a.m.	\$145/\$181
223203.SB	Int	6-16	09/03-10/22	Sa	11 a.m. - 11:55 a.m.	\$145/\$181
323203.MA	Int	6-16	10/24-12/12	M	3:30 p.m. - 4:25 p.m.	\$145/\$181
323203.MB	Int	6-16	10/24-12/12	M	4:30 p.m. - 5:25 p.m.	\$145/\$181
323203.MC	Int	6-16	10/24-12/12	M	5:30 p.m. - 6:25 p.m.	\$145/\$181
323203.MD	Int	6-16	10/24-12/12	M	6:30 p.m. - 7:25 p.m.	\$145/\$181
323203.TA	Int	6-16	10/25-12/13	Tu	3:30 p.m. - 4:25 p.m.	\$145/\$181
323203.TB	Int	6-16	10/25-12/13	Tu	5:30 p.m. - 6:25 p.m.	\$145/\$181
323203.WA	Int	6-16	10/26-12/14	W	3:30 p.m. - 4:25 p.m.	\$145/\$181
323203.WB	Int	6-16	10/26-12/14	W	4:30 p.m. - 5:25 p.m.	\$145/\$181
323203.WC	Int	6-16	10/26-12/14	W	5:30 p.m. - 6:25 p.m.	\$145/\$181
323203.WD	Int	6-16	10/26-12/14	W	6:30 p.m. - 7:25 p.m.	\$145/\$181
323203.HA	Int	6-16	10/27-12/15	Th*	3:30 p.m. - 4:25 p.m.	\$128/\$160
323203.HC	Int	6-16	10/27-12/15	Th*	5:30 p.m. - 6:25 p.m.	\$128/\$160
323203.HD	Int	6-16	10/27-12/15	Th*	6:30 p.m. - 7:25 p.m.	\$128/\$160
323203.FB	Int	6-16	10/28-12/16	F*	4:30 p.m. - 5:25 p.m.	\$128/\$160
323203.FC	Int	6-16	10/28-12/16	F*	5:30 p.m. - 6:25 p.m.	\$128/\$160
323203.SA	Int	6-16	10/29-12/17	Sa*	10 a.m. - 10:55 a.m.	\$128/\$160
323203.SB	Int	6-16	10/29-12/17	Sa*	11 a.m. - 11:55 a.m.	\$128/\$160

*No class 09/05, 11/24, 11/25, 11/26

233204.TA	Adv	6-16	08/30-10/18	Tu	4:30 p.m. - 6 p.m.	\$212/\$262
233204.TB	Adv	6-16	08/30-10/18	Tu	6:30 p.m. - 8 p.m.	\$212/\$262
233204.WB	Adv	6-16	08/31-10/19	W	6:30 p.m. - 8 p.m.	\$212/\$262
233204.HB	Adv	6-16	09/01-10/20	Th	6:30 p.m. - 8 p.m.	\$212/\$262
233204.SA	Adv	6-16	09/03-10/22	Sa	12 p.m. - 1:30 p.m.	\$212/\$262
333204.TA	Adv	6-16	10/25-12/13	Tu	4:30 p.m. - 6 p.m.	\$212/\$262
333204.TB	Adv	6-16	10/25-12/13	Tu	6:30 p.m. - 8 p.m.	\$212/\$262
333204.WB	Adv	6-16	10/26-12/14	W	6:30 p.m. - 8 p.m.	\$212/\$262
333204.HB	Adv	6-16	10/27-12/15	Th*	6:30 p.m. - 8 p.m.	\$186/\$233
333204.SA	Adv	6-16	10/29-12/17	Sa*	12 p.m. - 1:30 p.m.	\$186/\$233

*No class 11/24, 11/26



Boys and Girls Rec FUNDamentals

Youth



Tumbling for Cheer TRY IT! (6 – 16 years)

An introduction to cheerleading that mixes gymnastics tumbling skills, jumps, group formation, stunts and high-energy choreographed dance.

Instructor: California Sports Center

Location: Indoor Sports Center Gymnastics Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
223050.FA	6 – 16	09/02 – 10/21	F	4:30 p.m. – 5:25 p.m.	\$145/\$181
323050.FA	6 – 16	10/28 – 12/16	F*	4:30 p.m. – 5:25 p.m.	\$128/\$160

*No class 11/25



Tumbling for Cheer

Tumbling & Trampoline TRY IT! (6 – 17 years)

This is a gymnastics class designed for children who would like to concentrate specifically on the tumbling and trampoline portion of gymnastics.

Instructor: California Sports Center

Location: Indoor Sports Center Gymnastics Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
223040.MA	6 – 10	08/29 – 10/17	M*	4:30 p.m. – 5:25 p.m.	\$128/\$160
223040.WA	6 – 10	08/31 – 10/19	W	5:30 p.m. – 6:25 p.m.	\$145/\$181
223040.HA	6 – 10	09/01 – 10/20	Th	4:30 p.m. – 5:25 p.m.	\$145/\$181
223040.SA	6 – 10	09/03 – 10/22	Sa	12 p.m. – 12:55 p.m.	\$145/\$181
323040.MA	6 – 10	10/24 – 12/12	M	4:30 p.m. – 5:25 p.m.	\$145/\$181
323040.WA	6 – 10	10/26 – 12/14	W	5:30 p.m. – 6:25 p.m.	\$145/\$181
323040.HA	6 – 10	10/27 – 12/15	Th*	4:30 p.m. – 5:25 p.m.	\$128/\$160
323040.SA	6 – 10	10/29 – 12/17	Sa*	12 p.m. – 12:55 p.m.	\$128/\$160
233040.TA	11 – 17	08/30 – 10/18	Tu	5:30 p.m. – 6:25 p.m.	\$145/\$181
233040.HA	11 – 17	09/01 – 10/20	Th	5:30 p.m. – 6:25 p.m.	\$145/\$181
333040.TA	11 – 17	10/25 – 12/13	Tu	5:30 p.m. – 6:25 p.m.	\$145/\$181
333040.HA	11 – 17	10/27 – 12/15	Th*	5:30 p.m. – 6:25 p.m.	\$128/\$160

*No class 09/05, 11/24, 11/26

DANCE

Classes by Dance Force Kids

Dance Force youth classes give beginning dancers a great introduction to dance in a low-pressure environment. Wear dance attire and appropriate shoes. Both ballet and tap shoes are required for Ballet/Tap classes. Gym shoes with light-colored soles can be worn for Hip Hop. For a list of South Bay stores that carry dance shoes, call 408-730-7373.

Instructor: Dance Force Kids

Location: Theatre Dance Studio

Combo Hip Hop/Jazz/Ballet (6 – 10 years)

This action packed class includes hip hop, jazz and ballet. Learn basic moves in each style while dancing to popular kids music. Make new friends while learning in this relaxed and creative environment.

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224310.SG	6 – 10	09/10 – 10/15	Sa	12:50 p.m. – 1:35 p.m.	\$79/\$99
324310.SG	6 – 10	10/29 – 12/03	Sa*	12:50 p.m. – 1:35 p.m.	\$69/\$86

*No class 11/26

Kids' Hip Hop (4 – 10 years)

Learn the hottest new dance moves seen on your favorite TV shows and music videos. All moves and music are age appropriate. Students create some of their own choreography.

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224330.WQ	4 – 7	09/07 – 10/12	W	4:55 p.m. – 5:40 p.m.	\$79/\$99
324330.WQ	4 – 7	10/26 – 12/07	W*	4:55 p.m. – 5:40 p.m.	\$79/\$99
224330.WR	6 – 10	09/07 – 10/12	W	5:45 p.m. – 6:30 p.m.	\$79/\$99
324330.WR	6 – 10	10/26 – 12/07	W*	5:45 p.m. – 6:30 p.m.	\$79/\$99

*No class 11/23



Kids' Hip Hop

NEW
New Program Offering

TRY IT!
Try It Free on the First Day of Class

FREE
No Fees

\$\$
Supply Fee Due on First Day

T-shirt
Free T-Shirt per Session

Swim
Recreational Swim

Travels
Travels Offsite

Performance
Performance on Final Day

Parent/Guardian
Participation Required

Ballet/Tap  (6 – 9 years)

Learn ballet steps, tap combinations and dance terminology in this combination class. Props and fun music are incorporated. Level 2 students must have completed three sessions of Level 1 Ballet/Tap.

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224423.JS	2	6 – 9	09/08 – 10/13	Th	6 p.m. – 6:45 p.m.	\$79/\$99
324423.JS	2	6 – 9	10/27 – 12/08	Th*	6 p.m. – 6:45 p.m.	\$79/\$99

*No class 11/24

MAGIC

Balloon Twisting **\$3** (7 – 11 years)

Balloon sculptors are always popular at parties! Learn a simple three-step method for making one-balloon animals, like giraffes, cats and horses. Practice twisting and decorating several animal sculptures to take home. One-day classes are non-refundable and non-transferable.

Instructor: Larry Wertman

Location: Creative Arts Center Program Room

Class #	Age	Date	Day	Time	Fee (Res/NR)
324679.FP	7 – 11	11/04	F	3:45 p.m. – 5:15 p.m.	\$29/\$36



Photo by Varshadeep Parlathayya

Balloon Twisting

Evening of Magic  **\$6** (7 – 11 years)

Turn an ordinary evening into magic with the wave of a wand. Learn to perform simple “self-working” magic tricks with your child. Wertman the Wizard will also entertain the class with a few tricks of his own. No unregistered siblings in the classroom. One day classes are non-refundable and non-transferable.

Instructor: Larry Wertman

Location: Creative Arts Center Program Room

Class #	Age	Date	Day	Time	Fee (Res/NR)
324670.FQ	7 – 11	11/04	F	6:45 p.m. – 8:30 p.m.	\$31/\$39

Math Magic **\$4** (7 – 11 years)

Amaze people with math magic tricks. Use math skills in a fun way, and learn presentation skills that will transform a number puzzle or game into a real magic trick. A math-related mind reading trick is also included. Participants will receive a magic wand and will take home at least one manufactured and one student-made trick. One-day classes are non-refundable and non-transferable.

Instructor: Larry Wertman

Location: Creative Arts Center Program Room

Class #	Age	Date	Day	Time	Fee (Res/NR)
224678.WQ	7 – 11	10/19	W	3:30 p.m. – 5 p.m.	\$29/\$36

PERFORMING ARTS

Movement-based Acting **TRY IT!** **\$20** (8 – 18 years)

Acting uses your whole body! This process-oriented class employs Anna Halprin’s Tamaipa Life-Art technique, similar to method acting, to help young actors discover and convey a character’s emotions. Class begins with a warmup and meditative centering, incorporating modern dance, acting exercises, drawing, word play and other creative activities. Class is suitable for those with little or no performing experience. Wear comfortable clothes, easily removable shoes and tie long hair back.

Instructor: Hao Expression

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
224611.MP	8 – 10	09/12 – 12/12	M*	4 p.m. – 4:45 p.m.	\$109/\$136
224611.MQ	10 – 12	09/12 – 12/12	M*	5 p.m. – 6 p.m.	\$149/\$186
234611.FP	12 – 18	09/09 – 12/09	F*	4 p.m. – 5:30 p.m.	\$179/\$224

*No class 11/11, 11/21, 11/25



Guitar

Guitar **\$9** (6 – 12 years)

Learn basic guitar skills including chords, scales and music reading. Bring your own guitar and pick. Workbooks may be purchased in class. See registration receipt for details.

Level 1 – Beginning: Students with no previous experience learn the basics of guitar in a small group setting. Students must attend first class meeting.

Level 2 – Continuing: Students who have completed a beginning session or have prior guitar experience continue their studies with weekly, one-on-one coaching from an instructor.

Instructor: Tom Gewecke (W), Mark Shriver (F)

Location: Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224831.WP	1	6 – 12	09/07 – 10/19	W	4 p.m. – 4:45 p.m.	\$89/\$111
224831.FP	1	6 – 12	09/09 – 10/28	F	3:30 p.m. – 4:15 p.m.	\$99/\$124
224831.FR	1	6 – 12	09/09 – 10/28	F	5 p.m. – 5:45 p.m.	\$99/\$124
324831.WP	1	6 – 12	11/02 – 12/14	W*	4 p.m. – 4:45 p.m.	\$79/\$99
324831.FP	1	6 – 12	11/04 – 12/16	F*	3:30 p.m. – 4:15 p.m.	\$69/\$86
324831.FR	1	6 – 12	11/04 – 12/16	F*	5 p.m. – 5:45 p.m.	\$69/\$86
224832.WQ	2	6 – 12	09/07 – 10/19	W	4:45 p.m. – 5:30 p.m.	\$89/\$111
224832.FQ	2	6 – 12	09/09 – 10/28	F	4:15 p.m. – 5 p.m.	\$99/\$124
224832.FS	2	6 – 12	09/09 – 10/28	F	5:45 p.m. – 6:30 p.m.	\$99/\$124
224832.FT	2	6 – 12	09/09 – 10/28	F	6:45 p.m. – 7 p.m.	\$99/\$124
324832.WQ	2	6 – 12	11/02 – 12/14	W*	4:45 p.m. – 5:30 p.m.	\$79/\$99
324832.FQ	2	6 – 12	11/04 – 12/16	F*	4:15 p.m. – 5 p.m.	\$69/\$86
324832.FS	2	6 – 12	11/04 – 12/16	F*	5:45 p.m. – 6:30 p.m.	\$69/\$86
324832.FT	2	6 – 12	11/04 – 12/16	F*	6:45 p.m. – 7 p.m.	\$69/\$86

*No class 11/11, 11/23, 11/25

**Melody's Group Flute**

(7 – 12 years)

Learn to play the flute! Students learn music fundamentals, such as note reading, rhythm, music theory and basic flute playing. Please bring your own flute.

Instructor: Melody Academy of Music

Location: Melody Academy of Music, 1299 Waterlily Way #10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224899.MP	Beg	7 – 12	09/12 – 10/17	M	6 p.m. – 6:45 p.m.	\$168/\$210
324899.MQ	Beg	7 – 12	11/14 – 12/19	M	6:30 p.m. – 7:15 p.m.	\$168/\$210

Melody's Group Violin

\$45

(6 – 10 years)

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. Materials fee includes six-week violin rental or bring your own violin and pay a reduced materials fee.

Instructor: Melody Academy of Music

Location: Melody Academy of Music, 1299 Waterlily Way #10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
324871.JP	Beg	6 – 10	12/08 – 01/12	Th	5:30 p.m. – 6:15 p.m.	\$168/\$210
224871.SP	Beg	6 – 10	09/17 – 10/22	Sa	4 p.m. – 4:45 p.m.	\$168/\$210
324871.SU	Beg	6 – 10	11/06 – 12/11	Su	12 p.m. – 12:45 p.m.	\$168/\$210

Piano Keyboard

\$9

(6 – 12 years)

Work at your own pace to learn basic piano skills such as rhythm, music theory, sight-reading and composition. Each student has a keyboard for use in class. Bring headphones with ¼" adapter to class. Access to a piano or keyboard for practice between lessons is essential for progress. Workbook may be purchased on first class day. See registration receipt for details.

Level 1 – Beginning: Students with no previous experience learn the basics of piano in a group setting. Students must attend first class. No late registrations are accepted.

Level 2 – Continuing: Students who have completed the beginning level or who have prior piano experience continue their studies with weekly, one-on-one coaching from teacher.

Instructor: Debby Macchione (M), Tom Gewecke (Tu)

Location: Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224851.MP	1	6 – 12	09/12 – 10/31	M*	4:15 p.m. – 5 p.m.	\$89/\$111
224851.TQ	1	6 – 12	09/06 – 10/18	Tu	4:45 p.m. – 5:30 p.m.	\$89/\$111
324851.MP	1	6 – 12	11/07 – 12/12	M	4:15 p.m. – 5 p.m.	\$79/\$99
324851.TQ	1	6 – 12	11/01 – 12/13	Tu	4:45 p.m. – 5:30 p.m.	\$89/\$111
224852.MQ	2	6 – 12	09/12 – 10/31	M*	5 p.m. – 5:45 p.m.	\$89/\$111
224852.MR	2	6 – 12	09/12 – 10/31	M*	5:45 p.m. – 6:30 p.m.	\$89/\$111
224852.TP	2	6 – 12	09/06 – 10/18	Tu	4 p.m. – 4:45 p.m.	\$89/\$111
224852.TR	2	6 – 12	09/06 – 10/18	Tu	5:30 p.m. – 6:15 p.m.	\$89/\$111
324852.MQ	2	6 – 12	11/07 – 12/12	M	5 p.m. – 5:45 p.m.	\$79/\$99
324852.MR	2	6 – 12	11/07 – 12/12	M	5:45 p.m. – 6:30 p.m.	\$79/\$99
324852.TP	2	6 – 12	11/01 – 12/13	Tu	4 p.m. – 4:45 p.m.	\$89/\$111
324852.TR	2	6 – 12	11/01 – 12/13	Tu	5:30 – 6:15 p.m.	\$89/\$111

*No class 10/10

Melody's Group Piano

\$45



(4 – 7 years)

Children develop piano keyboard skills and general music ability including singing, ear-training, music theory, rhythm and sight-reading through a variety of activities. Older children also try composition. Children should have access to a keyboard or piano to practice between lessons.

Instructor: Melody Academy of Music

Location: Melody Academy of Music, 1299 Waterlily Way #10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
224901.SA	Beg	4 – 5	09/17 – 10/22	Sa	10 a.m. – 10:45 a.m.	\$168/\$210
224901.FP	Beg	4 – 5	10/14 – 11/18	F	3 p.m. – 3:45 p.m.	\$168/\$210
224901.SB	Beg	4 – 5	11/05 – 12/10	Sa	9:45 a.m. – 10:30 a.m.	\$168/\$210
324901.SU	Beg	4 – 5	11/06 – 12/11	Su	10 a.m. – 10:45 a.m.	\$168/\$210
324901.WP	Beg	4 – 5	12/07 – 01/11	W	4 p.m. – 4:45 p.m.	\$168/\$210
224901.SC	Beg	5 – 7	09/17 – 10/22	Sa	11 a.m. – 11:45 a.m.	\$168/\$210
224901.FQ	Beg	5 – 7	10/14 – 11/18	F	4 p.m. – 4:45 p.m.	\$168/\$210
224901.SD	Beg	5 – 7	11/05 – 12/10	Sa	8:45 a.m. – 9:30 a.m.	\$168/\$210
324901.SV	Beg	5 – 7	11/06 – 12/11	Su	11 a.m. – 11:45 a.m.	\$168/\$210
324901.WQ	Beg	5 – 7	12/07 – 01/11	W	5 p.m. – 5:45 p.m.	\$168/\$210



Melody's Group Piano

SPORTS AND FITNESS**Skyhawks Basketball**

(6 – 12 years)

Are you just starting out in basketball, getting ready to play in a league or trying out for your school team? This class breaks down basketball into fundamental skills that athletes of all skill levels need to succeed. Coaches lead athletes through game-speed drills and exercises, focusing on ball handling, passing, shooting, defense, rebounding and having fun. Wear athletic clothing and shoes and bring snacks and a water bottle.

Instructor: Skyhawks Sports Academy

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228050.WA	6 – 12	09/21 – 10/26	W	3:30 p.m. – 4:45 p.m.	\$159/\$199
328050.WA	6 – 12	11/02 – 12/14	W*	3:30 p.m. – 4:45 p.m.	\$159/\$199

*No class 11/23

NEW
New Program
Offering

TRY IT!
Try It Free on the
First Day of Class

FREE
No Fees

\$\$
Supply Fee Due
on First Day

T
Free T-Shirt
per Session

S
Recreational
Swim

T
Travels
Offsite

C
Performance
on Final Day

H
Parent/Guardian
Participation Required

Skyhawks Basketball Clinic (5 – 12 years)

This instructional league and clinic emphasizes individual skill development, teamwork, character building and fun! Children are placed in teams by age and skill level. Teams have hour-long time slots to practice and play a game. First week is skill evaluation; following weeks are practice and games. Specific game times are decided when teams are formed and rotate between 1 and 4:30 p.m. Wear athletic clothing and shoes and bring snacks and a water bottle.

Instructor: Skyhawks Sports Academy

Location: Columbia Neighborhood Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228051.SA	5 – 6	09/18 – 10/23	Su	1 p.m. – 4:30 p.m.	\$169/\$211
328052.SA	5 – 6	10/30 – 12/11	Su*	1 p.m. – 4:30 p.m.	\$169/\$211
228051.SB	7 – 8	09/18 – 10/23	Su	1 p.m. – 4:30 p.m.	\$169/\$211
328052.SB	7 – 8	10/30 – 12/11	Su*	1 p.m. – 4:30 p.m.	\$169/\$211
228051.SC	9 – 12	09/18 – 10/23	Su	1 p.m. – 4:30 p.m.	\$169/\$211
328052.SC	9 – 12	10/30 – 12/11	Su*	1 p.m. – 4:30 p.m.	\$169/\$211

*No class 11/27

Martial Sport Fencing (7 – 14 years)

Learn basic proficiency, etiquette and terminology in a safe form of fencing. Foundations of footwork, stances, timing and offensive and defensive skills are covered. Protective gear and uniform are required after first class and can be purchased from instructor.

Instructor: Chris Hung

Location: Sylvan Plaza, 820 E. El Camino Real Unit G, Mountain View

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228410.SA	7 – 14	09/03 – 10/15	Sa	1:30 p.m. – 2:30 p.m.	\$121/\$151
328410.SA	7 – 14	10/29 – 12/17	Sa*	1:30 p.m. – 2:30 p.m.	\$121/\$151

*No class 11/26

Skyhawks Fitness Fun (8 – 14 years)

Skyhawks Fitness Fun is a comprehensive exercise program for young athletes, focusing on a variety of exercises and the techniques to properly execute them in a fun and positive environment. Campers are exposed to a new training program each session such as Strength Training, Flexibility, HIIT, Circuit Training and Speed & Agility. Geared for young athletes and their growing bodies, learn the benefits of each type of exercise program and living a healthy, physically active lifestyle overall. Wear athletic clothing and shoes and bring a water bottle.

Instructor: Skyhawks Sports Academy

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee
228561.MA	8 – 14	09/19 – 10/24	M	3:30 p.m. – 4:45 p.m.	\$159/\$199
328561.MA	8 – 14	10/31 – 12/12	M*	3:30 p.m. – 4:45 p.m.	\$159/\$199

*No class 11/21

Intro to Hockey Skating (6 – 14 years)

Students learn to skate in a controlled manner that is necessary to be a hockey player with an emphasis on balance, use of blade edges, forward and backward skating, crossovers, stopping and stick handling. Each week, students receive thirty-minutes of instruction and a voucher for practice time redeemable during public skating hours. Schedule appears on your receipt or visit icecenter.net for days and times. Students must provide a stick and helmet with full cage by the first class. Skate rental is included. Beginning skating skills are required. Registration is not accepted after the first class has met. No exceptions will be made.

Instructor: Ice Center Staff

Location: Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228431.WA	Beg	6 – 14	09/14 – 10/19	W	4 p.m. – 4:30 p.m.	\$82/\$103
328431.WA	Beg	6 – 14	10/26 – 11/30	W	4 p.m. – 4:30 p.m.	\$82/\$103

Ice Skating (5 – 14 years)

This introductory class focuses on developing the skill of beginners including forward and backward marching and skating, safe falling, getting up and stopping. No intermediate or advanced techniques are taught. Each week, participants receive thirty-minutes of instruction and a voucher for practice time. Schedule appears on registration receipt or visit icecenter.net for days and times. Skate rental is included in class price. Dress warmly, wear gloves and thick socks. Registration is not accepted after the first class has met. No exceptions will be made.

Instructor: Ice Center Staff

Location: Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228411.MA	Beg	5 – 7	09/12 – 10/17	M	5 p.m. – 5:30 p.m.	\$82/\$103
328411.MA	Beg	5 – 7	10/24 – 12/05	M*	5 p.m. – 5:30 p.m.	\$82/\$103
228411.MB	Beg	8 – 14	09/12 – 10/17	M	5 p.m. – 5:30 p.m.	\$112/\$140
328411.MB	Beg	8 – 14	10/24 – 12/05	M*	5 p.m. – 5:30 p.m.	\$112/\$140

*No class 10/31

Chang Tai Do Karate \$100 (4 – 7 years)

Be introduced to proper stretching, basic blocks, punches, kicks, strikes and how to defend off an attacker. Children's natural curiosity and playfulness combined with basic karate drills help develop coordination, mental focus, discipline, respect and self-confidence, while releasing energy and preparing students for future, more structured classes. Class is suitable for white belts up to two stripes. Supply fee for uniform, equipment and testing after the first class. Uniforms and testing fees vary for returning students.

Instructor: Chang Tai Do Staff

Location: Las Palmas Park Building

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228451.SA	Beg	4 – 7	09/04 – 10/16	Su	1 p.m. – 2 p.m.	\$112/\$140
228451.FA	Beg	4 – 7	09/09 – 10/21	F	5:30 p.m. – 6:30 p.m.	\$112/\$140
328451.SA	Beg	4 – 7	11/06 – 12/18	Su	1 p.m. – 2 p.m.	\$112/\$140
328451.FA	Beg	4 – 7	11/11 – 12/23	F	5:30 p.m. – 6:30 p.m.	\$112/\$140



Photo by Alfred Leung

Chang Tai Do Karate



Chang Tai Do Karate for Families \$100 (8+)

Get in shape, reduce stress and spend quality time with family and friends. Uniforms are required after the first class for both levels. Supply fee for uniform, equipment and testing due after first class. Uniforms and testing fees vary for upper levels. Call 408-507-2139 for more information.

Beginning: Students learn proper stretching, basic blocks, punches, kicks, self-defense and forms (Kata). Returning students also learn sparring. Class is suitable for white and yellow belts.

Intermediate/Advanced: Students are drilled on blocks, punches, kicks, self-defense, forms (Kata), sparring (Kumite and Escrima Sticks), as well as combination techniques. Stretching time is not extensive. Students are responsible for stretching before class to avoid injury. Class is suitable for orange belts and above.

Instructor: Chang Tai Do Staff

Location: Las Palmas Park Building

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228461.SA	Beg	8+	09/04 – 10/16	Su	2 p.m. – 4 p.m.	\$149/\$186
228461.TA	Beg	8+	09/06 – 10/21	TuF	6:30 p.m. – 7:30 p.m.	\$149/\$186
328461.SB	Beg	8+	11/06 – 12/18	Su	2 p.m. – 4 p.m.	\$149/\$186
328461.TB	Beg	8+	11/08 – 12/23	TuF	6:30 p.m. – 7:30 p.m.	\$149/\$186
228462.SA	Int/Adv	8+	09/04 – 10/16	Su	4 p.m. – 6 p.m.	\$149/\$186
328462.SC	Int/Adv	8+	11/06 – 12/18	Su	4 p.m. – 6 p.m.	\$149/\$186
328462.TC	Int/Adv	8+	11/08 – 12/23	TuF	7:30 p.m. – 8:30 p.m.	\$149/\$186
228462.TA	Int/Adv	8+	09/06 – 10/21	TuF	7:30 p.m. – 8:30 p.m.	\$149/\$186



Photo by Alfred Leung

Chang Tai Do Karate for Families

Rock Climbing (5 – 13 years)

Perfect for the beginning and novice climber, this program teaches basic rock climbing techniques. Participants climb with other children their own age. Bring a bicycle helmet to wear while climbing. At the first class, parent/legal guardian must sign a Planet Granite waiver, or have your child bring the completed waiver (downloadable at planetgranite.com) and a copy of your driver's license.

Instructor: Planet Granite Staff

Location: Planet Granite, 815 Stewart Drive, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
227451.WA	Beg	5 – 8	08/24 – 09/21	W	4 p.m. – 6 p.m.	\$146/\$183
227451.WB	Beg	5 – 8	09/28 – 10/26	W	4 p.m. – 6 p.m.	\$146/\$183
327451.WA	Beg	5 – 8	11/02 – 12/07	W*	4 p.m. – 6 p.m.	\$146/\$183
227451.FA	Beg	9 – 13	08/26 – 09/23	F	4 p.m. – 6 p.m.	\$146/\$183
227451.FB	Beg	9 – 13	09/30 – 10/28	F	4 p.m. – 6 p.m.	\$146/\$183
327451.FA	Beg	9 – 13	11/04 – 12/09	F*	4 p.m. – 6 p.m.	\$146/\$183

*No class 11/23, 11/25



Photo by Planet Granite

Rock Climbing

Futsal Kingz Indoor Soccer (5 – 12 years)

Futsal is a fun, fast-paced 5x5 soccer game, played indoors within the lines of a basketball court (no walls), using a small, size three and low-bounce ball. Players participate in fun, educational games. Classes focus on increasing balance, coordination and fundamental futsal skills. Staff use creative, fun activities to help kids cooperate in a group setting and build self-esteem in a fun, low-pressure environment.

Instructor: Futsal Kingz

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228661.RA	5 – 6	09/08 – 10/27	Th	3:45 p.m. – 4:45 p.m.	\$118/\$148
328661.RA	5 – 6	11/03 – 12/15	Th*	3:45 p.m. – 4:45 p.m.	\$89/\$111
228661.RB	7 – 12	09/08 – 10/27	Th	3:45 p.m. – 4:45 p.m.	\$118/\$148
328661.RB	7 – 12	11/03 – 12/15	Th*	3:45 p.m. – 4:45 p.m.	\$89/\$111

*No class 11/24

NEW
New Program
Offering

TRY IT!
Try It Free on the
First Day of Class

FREE
No Fees

\$\$
Supply Fee Due
on First Day

T
Free T-Shirt
per Session

S
Recreational
Swim

T
Travels
Offsite

C
Performance
on Final Day

H
Parent/Guardian
Participation Required

Kidz Love Soccer (5 – 6 years)

These classes offer a non-competitive environment for children to learn and play the “world’s most popular sport!” children learn age-appropriate skills including dribbling, passing, receiving, shooting and team tactics. Small-sided soccer games are played at every class. Shin guards are required after the first meeting. During questionable weather, call 888-372-5803 30 minutes before class begins (or by 6 p.m.) for an update.

Instructor: Kidz Love Soccer

Location: Cupertino Middle School

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228660.TB	5 – 6	09/13 – 10/18	Tu	7 p.m. – 7:45 p.m.	\$80/\$100
328660.TB	5 – 6	11/08 – 12/06	Tu	7 p.m. – 7:45 p.m.	\$70/\$88

Location: Las Palmas Park

228660.TA	5 – 6	09/13 – 10/18	Tu	3:45 p.m. – 4:30 p.m.	\$80/\$100
328660.TA	5 – 6	11/08 – 12/06	Tu	3:45 p.m. – 4:30 p.m.	\$70/\$88

Location: Ponderosa Park

228660.RA	5 – 6	09/15 – 10/20	Th	3:30 p.m. – 4:15 p.m.	\$80/\$100
328660.RA	5 – 6	11/10 – 12/15	Th*	3:05 p.m. – 3:50 p.m.	\$70/\$88

Location: Serra Park

228660.WA	5 – 6	09/14 – 10/19	W	3:45 p.m. – 4:30 p.m.	\$80/\$100
328660.WA	5 – 6	11/09 – 12/07	W	3:40 p.m. – 4:25 p.m.	\$70/\$88

Location: Sunnyvale Middle School

228660.SA	5 – 6	09/17 – 10/22	Sa	9:30 a.m. – 10:15 a.m.	\$80/\$100
328660.SA	5 – 6	11/12 – 12/17	Sa*	9:30 a.m. – 10:15 a.m.	\$70/\$88

*No class 11/24, 11/26

Kidz Love Soccer Skillz and Scrimmages (7 – 10 years)

Kids enjoy advanced skill building with dribbling, passing and shooting in a team play format. In each class, participants play games to build individual skills and play small-sided scrimmages to emphasize application of finer technical points. This is the perfect bridge from beginning soccer classes for those who are aspiring to the next level, but is still suitable for beginners to enjoy the “World’s Most Popular Sport!” During questionable weather, call 888-372-5803 30 minutes before class begins (or by 6 p.m.) before class begins for an update.

Instructor: Kidz Love Soccer

Location: Ponderosa Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228670.RA	7 – 10	09/15 – 10/20	Th	4:15 p.m. – 5 p.m.	\$80/\$100
328670.RA	7 – 10	11/10 – 12/15	Th*	3:50 p.m. – 4:35 p.m.	\$70/\$88

Location: Serra Park

228670.WA	7 – 10	09/14 – 10/19	W	4:30 p.m. – 5:15 p.m.	\$80/\$100
328670.WA	7 – 10	11/09 – 12/07	W	4:25 p.m. – 5:10 p.m.	\$70/\$88

Location: Sunnyvale Middle School

228670.SA	7 – 10	09/17 – 10/22	Sa	10:50 a.m. – 11:35 a.m.	\$80/\$100
328670.SA	7 – 10	11/12 – 12/17	Sa*	10:50 a.m. – 11:35 a.m.	\$70/\$88

*No class 11/24, 11/26

Youth

SUNNYVALE YOUTH BASKETBALL LEAGUE



Online registration begins August 8 at midnight

 This league is operated by the City of Sunnyvale. Sign-ups are taken on a first-come, first-served basis, so don't wait until the last minute. Space is limited. Registration closes on November 11.

**Boys and Girls (K – 8th grade)
Play runs January – March 2017**

Teams are organized by grade level. We cannot guarantee special requests for team assignments, practice nights, locations or coaches. Teams fill up quickly. Sign up early, so you don't miss out.

For more information SYBL.inSunnyvale.com





Tigers Taekwondo \$45

(7 – 14 years)

The Tigers' training emphasis is on motor skills and coordination, through focus drills such as directions, task completion and basic/intermediate kicking and punching concepts. Uniform, equipment and testing are an additional fee. Tiger uniform required after first class and can be purchased from the instructor.

Instructor: Chris Hung

Location: Cala Center Dojang, 1111 W. El Camino Real #117, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
228501.FA	Beg	7-14	09/02-10/14	F	4:15 p.m. - 5 p.m.	\$112/\$140
228501.SA	Beg	7-14	09/03-10/15	Sa	9:15 a.m. - 10 a.m.	\$112/\$140
228501.WA	Beg	7-14	09/07-10/19	W	3:30 p.m. - 4:15 p.m.	\$112/\$140
228501.MA	Beg	7-14	09/12-10/24	M	3:30 p.m. - 4:15 p.m.	\$112/\$140
328501.FB	Beg	7-14	10/28-12/16	F*	4:15 p.m. - 5 p.m.	\$112/\$140
328501.SB	Beg	7-14	10/29-12/17	Sa*	9:15 a.m. - 10 a.m.	\$112/\$140
328501.MB	Beg	7-14	10/31-12/12	M	3:30 p.m. - 4:15 p.m.	\$112/\$140
328501.WB	Beg	7-14	11/02-12/14	W	3:30 p.m. - 4:15 p.m.	\$112/\$140

*No class 11/25, 11/26

Skyhawks Volleyball

(8 – 14 years)

The energy and excitement of this great team sport is combined into one fun-filled program. All aspects of the game are taught through game-based drills and daily scrimmage that focus on passing, setting, hitting and serving. This coed program is designed for the beginning to intermediate player and incorporates essential life-lessons such as teamwork and sportsmanship. Aimed at developing the whole player, staff assists each athlete in developing the fundamental skills of the game. Wear athletic clothing and shoes and bring snacks and a water bottle.

Instructor: Skyhawks Sports Academy

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228053.FA	8-14	09/23-10/28	F	3:30 p.m. - 4:45 p.m.	\$159/\$199
328053.FA	8-14	11/04-12/16	F*	3:30 p.m. - 4:45 p.m.	\$159/\$199

*No class 11/25



Skyhawks Volleyball

Yoga Lite Parent & Child

(5+)

Revitalize and come alive with your child through postures, breathing techniques, and relaxation. Learn practical methods to keep yourself healthy and full of good energy. Registration includes one parent/guardian and one child.

Instructor: Robin Pickel

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
228750.SA	5+	09/03-10/29	Sa	8:30 a.m. - 9:25am	\$93/\$116
328750.SA	5+	11/05-12/17	Sa	8:30 a.m. - 9:25am	\$72/\$90



Yoga Lite Parent & Child

Columbia Youth Drop-In Gym

Columbia Neighborhood Center, 785 Morse Ave., Sunnyvale

For Middle and High School Students Only

(All students must show current school ID at check-in.)

Fee: \$0.50 Resident, \$1 Non-Resident

Basketball

Fridays: 7 - 10 p.m.

Soccer

Mondays: 7 - 9 p.m.

Saturdays: 7 - 10 p.m.

For more information

call 408-730-7334

Session is cancelled if there are no participants during the first hour of play. Due to liability concerns, we do not allow adults to participate in games against students. Thank you for your cooperation.