



## Lifetime Tennis at the Sunnyvale Municipal Tennis Center



**Sunnyvale Municipal Tennis Center • 755 South Mathilda Ave • [www.lifetimetennis.com](http://www.lifetimetennis.com) • (408)735-7285**

The tennis courts at the Sunnyvale Municipal Tennis Center in Las Palmas Park are available on a pay-as-you-play basis. The fee is based on a higher level of service, which includes the ability to reserve court use, provision of a well-stocked pro shop with racket stringing service. For more information about class descriptions, registration, private lessons, and ball machine rental please visit our website at [www.lifetimetennis.com](http://www.lifetimetennis.com). or call us at the phone number listed above. **Office hours are Mon-Fri 8:00am-10:00pm, Sat-Sun 8:00am-8:00pm.**

## Fall Tennis Class Schedule

### Youth Tennis Classes - Fall

#### Little Tennis & Athletic Development (Ages 4-6)

Session is 6 weeks long • Student / teacher ratio is 4:1  
Fee: \$89 Resident, \$98 Non-Resident

All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time (45 Min)	Session I	Code	Session II	Code
Little Tennis (4-6 yr)	MO	3:15-4:00 pm	9/16-10/21	11839	10/28-12/2	11933
Little Tennis (4-6 yr)	TU	3:15-4:00 pm	9/17-10/22	11841	10/29-12/3	11934
Little Tennis (4-6 yr)	WE	3:15-4:00 pm	9/18-10/23	11843	10/30-12/4	11935
Little Tennis (4-6 yr)	TH	3:15-4:00 pm	9/19-10/24	11844	10/31-12/12	11936
Little Tennis (4-6 yr)	SA	8:30-9:15 am	9/21-10/26	11846	11/2-12/7	11937
Little Tennis (4-6 yr)	SA	9:15-10:00 am	9/21-10/26	11847	11/2-12/7	11938
Little Tennis (4-6 yr)	SU	10:00-10:45 am	9/22-10/27	11848	11/3-12/8	11939
Little Tennis (4-6 yr)	SU	10:45-11:30 am	9/22-10/27	11849	11/3-12/8	11940

#### Little Rallies (Ages 5-7)

Session is 6 weeks long • Student / teacher ratio is 4:1  
Fee: \$118 Resident, \$130 Non-Resident

All classes taught at Sunnyvale Tennis Center

\*\*\*Instructor approval needed\*\*\* No Class 10/25, 11/28 & 11/29

Level	Day	Time (1-HR)	Session I	Code	Session II	Code
Little Rally (5-7yr)	SA	11:30-12:30 pm	9/21-10/26	11851	11/2-12/7	11930
Little Rally (5-7yr)	SU	11:30-12:30 pm	9/22-10/27	11853	11/3-12/8	11931
Little Rally(5-7yr)	TH	4:00-5:00 pm	9/19-10/24	11854	10/31-12/12	11932

#### Youth Tennis Lessons-8:1 Ratio (Ages 7-15)

Session is 6 weeks long • Student / teacher ratio is 8:1  
\$109 Resident, \$120 Non Resident

All classes taught at Sunnyvale Tennis Center . No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Beginning (7-10yr)	MO	4:00-5:30 pm	9/16-10/21	11873	10/28-12/2	11950
Adv. Beg. (7-10yr)	MO	4:00-5:30 pm	9/16-10/21	11891	10/28-12/2	11967
Intermed. (7-10yr)	MO	4:00-5:30 pm	9/16-10/21	11904	10/28-12/2	11980
Beginning (11-15yr)	WE	4:00-5:30 pm	9/18-10/23	11877	10/30-12/4	11954
Adv. Beg. (11-15yr)	WE	4:00-5:30 pm	9/18-10/23	11889	10/30-12/4	11965
Intermed. (11-15yr)	WE	4:00-5:30 pm	9/18-10/23	11902	10/30-12/4	11978
Beginning (7-10yr)	FR	4:00-5:30 pm	9/20-11/1	11874	11/8-12/20	11951
Adv. Beg. (7-10yr)	FR	4:00-5:30 pm	9/20-11/1	11890	11/8-12/20	11966
Intermed. (7-10yr)	FR	4:00-5:30 pm	9/20-11/1	11903	11/8-12/20	11979
Beginning (11-15yr)	FR	4:00-5:30 pm	9/20-11/1	11879	11/8-12/20	11955
Adv. Beg. (11-15yr)	FR	4:00-5:30 pm	9/20-11/1	11887	11/8-12/20	11963
Intermed. (11-15yr)	FR	4:00-5:30 pm	9/20-11/1	11900	11/8-12/20	11976
Beginning (7-10yr)	SA	10:00-11:30 am	9/21-10/26	11875	11/2-12/7	11952
Adv. Beg. (7-10yr)	SA	10:00-11:30 am	9/21-10/26	11892	11/2-12/7	11968

**Please register at [www.lifetimetennis.com](http://www.lifetimetennis.com)**

#### Youth Tennis Lessons-8:1 Ratio-Cont. (Ages 7-15)

Session is 6 weeks long • Student / teacher ratio is 8:1

\$109 Resident, \$120 Non-Resident

All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Intermed. (7-10yr)	SA	10:00-11:30 am	9/21-10/26	11905	11/2-12/7	11981
Beginning (11-15yr)	SA	11:30-1:00 pm	9/21-10/26	11880	11/2-12/7	11956
Adv. Beg. (11-15yr)	SA	11:30-1:00 pm	9/21-10/26	11888	11/2-12/7	11964
Intermed. (11-15yr)	SA	11:30-1:00 pm	9/21-10/26	11901	11/2-12/7	11977
Beginning (7-10yr)	SU	8:30-10:00 am	9/22-10/27	11876	11/3-12/8	11953
Adv. Beg. (7-10yr)	SU	8:30-10:00 am	9/22-10/27	11893	11/3-12/8	11969
Intermed. (7-10yr)	SU	8:30-10:00 am	9/22-10/27	11906	11/3-12/8	11982

#### Youth Tennis Lessons-4:1 Ratio (Ages 7-15)

Session is 6 weeks long • Student / teacher ratio is 4:1

\$181 Resident, \$199 Non-Resident

All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Beginning (11-15yr)	TU	4:00-5:30 pm	9/17-10/22	11862	10/29-12/3	11946
Adv. Beg. (11-15yr)	TU	4:00-5:30 pm	9/17-10/22	11884	10/29-12/3	11960
Intermed. (11-15yr)	TU	4:00-5:30 pm	9/17-10/22	11897	10/29-12/3	11973
Beginning (7-10yr)	TH	4:00-5:30 pm	9/19-10/24	11866	10/31-12/12	11948
Adv. Beg. (7-10yr)	TH	4:00-5:30 pm	9/19-10/24	11885	10/31-12/12	11961
Intermed. (7-10yr)	TH	4:00-5:30 pm	9/19-10/24	11898	10/31-12/12	11974
Beginning (11-15yr)	SA	2:00-3:30 pm	9/21-10/26	11864	11/2-12/7	11947
Adv. Beg. (11-15yr)	SA	2:00-3:30 pm	9/21-10/26	11883	11/2-12/7	11959
Intermed. (11-15yr)	SA	2:00-3:30 pm	9/21-10/26	11896	11/2-12/7	11972

#### Junior Development Teams (Ages 10-17)

Session is 12 weeks long • Student / teacher ratio is 8:1 (6:1 Gold Team)

\$298 Resident, \$328 Non-Resident (\$397 Resident,

\$437 Non-Resident Gold Team)

All classes taught at Sunnyvale Tennis Center.

No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session	Code
Intro to Bronze & Bronze (10-17 yr)	MO	4:00-6:00 pm	9/16-12/2	11907
Silver (10-17 yr)	WE	6:30-8:30 pm	9/18-12/4	11913
Gold (10-17 yr)	TH	6:30-8:30 pm	9/19-12/12	11914
Intro to Bronze & Bronze (10-17 yr)	FR	6:30-8:30 pm	9/20-12/20	11909
Silver (10-17 yr)	FR	6:30-8:30 pm	9/20-12/20	11910
Intro to Bronze & Bronze (10-17 yr)	SA	2:00-4:00 pm	9/21-12/7	11908
Silver (10-17 yr)	SA	4:00-6:00 pm	9/21-12/7	11911
Match Play (10-17yr)	SU	4:00-5:30 pm	9/22-12/8	12006

(\*\*\*Must be Junior Team Member to participate in Match Play.

Class fee is \$100 for resident and \$110 non-resident for 12 weeks\*\*\*)

**Register online at [lifetimetennis.com](http://lifetimetennis.com) or in the office at  
755 South Mathilda Ave, Sunnyvale.  
2 fall sessions run for 6 weeks each.  
For additional information please call 408-735-7285**



### 10 and Under Tournament Training (Ages 7-10)

Session is 6 weeks long • Student / teacher ratio is 6:1  
 \$149 Resident, \$164 Non-Resident  
 All classes taught at Sunnyvale Tennis Center  
 This program is by \*\*\*INVITATION ONLY\*\*\*  
 For additional details please visit [www.lifetimetennis.com](http://www.lifetimetennis.com)

### Fall Junior Camps (Ages 4-6 & 7-15)

Improvement / Match Play Camps (7-15) Little Tennis Camp (4-6)  
 Student / teacher ratio is 8:1 for Improvement and Match Play camps  
 Student / teacher ratio is 4:1 for Little Tennis and Little Rallyers camps  
 Session fee: Improvement and Match Play, \$156 resident / \$176 non-resident.  
 Session fee: Little Tennis and Little Rallyers, \$121 resident / \$132 non-resident  
 All classes taught at Sunnyvale Tennis Center

### Dec. 23rd-27th (no camp Christmas Day)

Little Tennis & Little Rallyers M-F 9-10:30 am **Code 12048**  
 Improvement & Match Play (7-15 yr) M-F 9 am-12 pm **12053**  
 Improvement & Match Play (7-15 yr) M-F 12:30-3:30 pm **12055**

### Dec. 30th-Jan. 3rd (no camp New Years Day)

Little Tennis & Little Rallyers M-F 9-10:30 am **Code 12049**  
 Improvement & Match Play (7-15 yr) M-F 9 am-12 pm **12054**  
 Improvement & Match Play (7-15 yr) M-F 12:30-3:30 pm **12056**

## Adult Tennis Classes - Fall

### Adult Tennis Lessons (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 8:1  
 \$109 Resident, \$120 Non-Resident  
 All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Beginning	MO	6:30-8:00 pm	9/16-10/21	12011	10/28-12/2	12058
Adv. Beginning	MO	8:00-9:30 pm	9/16-10/21	12016	10/28-12/2	12065
Intermediate	MO	8:00-9:30 pm	9/16-10/21	12021	10/28-12/2	12072
Beginning	TU	8:00-9:30 am	9/17-10/22	12012	10/29-12/3	12059
Adv. Beginning	WE	8:00-9:30 am	9/18-10/23	12017	10/30-12/4	12066
Beginning	WE	6:30-8:00 pm	9/18-10/23	12013	10/30-12/4	12060
Adv. Beginning	WE	8:00-9:30 pm	9/18-10/23	12018	10/30-12/4	12067
Intermediate	WE	8:00-9:30 pm	9/18-10/23	12022	10/30-12/4	12074
Beginning	SA	8:30-10:00 am	9/21-10/26	12014	11/2-12/7	12062
Adv. Beginning	SA	10:00-11:30 am	9/21-10/26	12019	11/2-12/7	12068
Intermediate	SA	11:30-1:00 pm	9/21-10/26	12023	11/2-12/7	12075
Beginning	SU	8:30-10:00 am	9/22-10/27	12015	11/3-12/8	12063
Adv. Beginning	SU	10:00-11:30 am	9/22-10/27	12020	11/3-12/8	12070
Intermediate	SU	11:30-1:00 pm	9/22-10/27	12024	11/3-12/8	12076

### Adult Specialty Classes (Ages 16+)

#### Academy-USTA Prep

Session is 6 weeks long • Student / teacher ratio is 6:1  
 \$145 Resident, \$160 Non-Resident  
 All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Academy NTRP 3.0+	TU	9:00-10:30am	9/17-10/22	12025	10/29-12/3	12080
Academy NTRP 3.0+	TH	9:00-10:30am	9/19-10/24	12026	10/31-12/12	12081
Academy NTRP 2.5-3.0	TU	6:30-8:00 pm	9/17-10/22	12027	10/29-12/3	12082
Academy NTRP 3.5-4.0	TH	6:30-8:00 pm	9/19-10/24	12028	10/31-12/12	12083
Academy NTRP 2.5-3.0	SU	8:30-10:00 am	9/22-10/27	12029	11/3-12/8	12085
Academy NTRP 3.5-4.0	SU	10:00-11:30 am	9/22-10/27	12030	11/3-12/8	12084

### Adult Drill Classes

Session is 6 weeks long • Student / teacher ratio is 6:1  
 \$96 Resident, \$106 Non-Resident  
 All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Ladies Adv. Drill	TU	7:00- 8:00 pm	9/17-10/22	12031	10/29-12/3	12086
Men's Adv. Drill	TU	8:00- 9:00 pm	9/17-10/22	12032	10/29-12/3	12087

### Adult Day Camps (Ages 16+)

Each camp is 3-hours long • Student / teacher ratio is 6:1  
 \$45 Resident, \$50 Non-Resident  
 All camps taught at Sunnyvale Tennis Center  
 Various levels from beginning to advanced  
 Please visit [www.lifetimetennis.com](http://www.lifetimetennis.com) for dates, times and additional details.

### Cardio Classes (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 6:1  
 \$73 Resident, \$80 Non-Resident  
 All classes taught at Sunnyvale Tennis Center. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Cardio	TU	6:30- 7:15 pm	9/17-10/22	12033	10/29-12/3	12088
Cardio	TH	6:30- 7:15 pm	9/19-10/24	12034	10/31-12/12	12089

### Ponderosa Park Tennis Classes (Ages 9-16)

Session is 6 weeks long • Student / teacher ratio is 8:1  
 \$129 Resident, \$142 Non Resident  
 All classes taught at Ponderosa Park  
 Classes meet twice a week. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Beginning	MO & WE	3:30-4:30 pm	9/16-10/23	12035	10/28-12/4	12090
Adv Beg.	MO & WE	4:30-5:30 pm	9/16-10/23	12036	10/28-12/4	12091

### Serra Park Tennis Classes (Ages 7-16)

Session is 6 weeks long  
 Little Tennis Classes \$89 Resident \$98 Non-Resident (4:1 ratio)  
 Youth Classes \$109 Resident, \$120 Non Resident (8:1 ratio)  
 All classes taught at Serra Park. No Class 10/25, 11/28 & 11/29

Level	Day	Time	Session I	Code	Session II	Code
Little Tennis (5-6 yr)	SAT	8:15-9:00 am	9/21-10/26	12039	11/2-12/7	12092
Beginning (7-8 yr)	SAT	9:00-10:30 am	9/21-10/26	12040	11/2-12/7	12093
Beginning (9-16 yr)	SAT	10:30-12:00 pm	9/21-10/26	12041	11/2-12/7	12094
Adv. Beg. (9-16 yr)	SAT	12:00-1:30 pm	9/21-10/26	12042	11/2-12/7	12095
Intermediate. (9-16 yr)	SAT	1:30-3:00 pm	9/21-10/26	12044	11/2-12/7	12096

Fall 2013

Tennis Descriptions

**YOUTH TENNIS (4-17 years old) – Community Tennis Programs**

#### LITTLE TENNIS & ATHLETIC DEVELOPMENT PROGRAM (4-6 years old)

This specialized program is designed to stimulate, challenge and appeal to children 4 to 6 years old. Our expert instructors will guide the students through fun games and exercises designed to build a solid foundation of tennis technique and motor skills. Students and parents alike will be impressed by the dynamic lesson plans and enthusiastic coaching provided throughout the session. Equipment can be purchased in the Sunnyvale Tennis Center Pro Shop.

#### LITTLE RALLYERS (5-7 years old)

The Lifetime Tennis Elite Future Stars program is for promising young players that demonstrate the skills necessary to become future tournament players. This program is designed to give our future stars rigorous training in technique, footwork, and rallying skills. Registration with instructor approval only. For details please contact our Tennis Director.

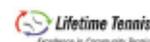
#### BEGINNING, ADV. BEGINNING & INTERMEDIATE LEVELS (7-15 years old)

This 3 tiered introduction program is designed to develop early tennis skills that include stage 1, 2 & 3 balls, ground strokes (stationary & moving), serving (1/2 & full motion), volleys, overheads, and basic vocabulary. Students are grouped by age and ability levels the 1st day of class. Class goal: to maintain "full court" rallies and serve 1 of 3 balls into correct service box while using proper technique. Graduates are encouraged to join the Bronze, Silver & Gold program.

#### INTRO TO BRONZE, BRONZE, SILVER & GOLD LEVELS (10-17 years old)

For students who graduated from the Beginning, Advanced or Intermediate programs can fulfill the program requirements. Students will learn topspin, under spin sidespin; add & reduce the power to shots, and develop specialty shots. Program drills enhance quickness, balance and racquet control for improved consistency and accuracy. Class goal: Develop foundation to become a well-rounded tennis player, successfully play singles & doubles matches, and to play in local tennis leagues, school teams or tournaments.

[www.lifetimetennis.com](http://www.lifetimetennis.com)





## Sunnyvale Swim Complex at Fremont High School

1283 Sunnyvale-Saratoga Road • Sunnyvale, CA 94087

(408) 732-2257 www.calsportscenter.com

The California Sports Center is proud to offer our 12<sup>th</sup> year of aquatics programs for swimmers of all ages and abilities. The Sunnyvale Swim Complex at Fremont High is an outdoor Olympic size 50 meter by 25 yard pool-which includes a pool house with locker rooms separate from the high school, a training room for community classes, and other amenities. The water temperature maintains between 78-82 degrees.



### Swim Lessons

Daily

Designed for children of all ages and abilities - as well as adults - our swim level progressions allow swimmers to develop skills at a fun and comfortable pace. Classes are 30 minutes in length, and taught in semi-private (3:1 student to instructor ratio) or group (6:1 ratio) format.

#### Fall swim lessons begin September 3.

Fall swim lessons are taught in four week sessions. Weekday classes are available 3:00-7:00pm. Morning lessons are available Mon-Fri as well as weekends. Multiple age and skill-based swim levels are offered. Spaces fill up quickly!!!

### Parent-Tot Lessons

Weekends

This parent and child class is designed to ease infants and toddlers (ages 3 & under) into the water in preparation for independent lessons. A parent is required to assist in the water.

### Pre-Comp

Mon-Fri

These programs are for swimmers looking to develop their competitive swimming skills and increase physical fitness. Students must be able to swim 50 yards of each of the four competitive strokes.

### Springboard Diving

Sat/Sun

Recreational diving classes are available for beginner and intermediate divers. Instruction includes approach, dives and more.

### Youth Water Polo

Mon/Th/Sat

Youth Water Polo is a co-ed developmental program for swimmers age 10 & up, focusing on both individual and team skills. No experience is required to participate. Participants must be able to swim 200 yards & tread water for 2 minutes.

\*CSC also offers seasonal programs for high school water polo players. Check our website for additional info.

### Adult Lap Swim

Daily

We are the City of Sunnyvale's designated lap swim center. Adults and FUHSD high school students with ID are welcome to participate. Lap swims are available throughout the year.



Mon/Wed/Fri	6-8 am / *10:30 am-1:30 pm/6-8 pm
Tu/Th	6-8am / 11:30am-1:30pm / 6-8pm
Saturday	8:00-11:00 am
Sunday	8:00 am-1:00 pm
	*10:30am-1:30pm offered this fall on a trial basis.

Daily drop-in rates, 12 swim punch cards, and monthly passes and senior rates are available for Sunnyvale residents and non-residents.

### Adult Fitness Programs

#### CSC Masters – Sunnyvale

Weekdays

Our Masters program is for swimmers 18 years and older who desire a coached/structured workout. Workouts are tailored for a full range of levels and abilities.

Mon-Fri	8-9am
Mon-Fri	12-1pm

\*T/Th morning workouts available in September. These may be extended if attendance allows.

#### Intro to Masters

7:15-8:15 am

Tu/Th

The program is an introduction to organized master's swim workouts. This includes conditioning, stroke improvement and workout structure.

#### Fall Open Swims

1:30-3:30 pm

Sat/Sun

We will offer open swim during September. Open swim is open to swimmers of all ages. *Note that the pool will be shared with other programs.*

#### Water Fitness

10:15-11:15 am

M/W/F

This class is an in-depth water aerobics class focusing on cardio fitness, flexibility, endurance, abdominal strengthening and overall total body fitness.

Programs are subject to change. For Pricing and Registration Information Call (408) 732-2257; email: [swiminfo@calsportscenter.com](mailto:swiminfo@calsportscenter.com)

[www.calsportscenter.com](http://www.calsportscenter.com)



## Therapeutic Recreation

Mission is to enhance the quality of life of individuals with disabilities through meaningful programs. Our goals are to:

- Provide recreation opportunities in a safe, caring and fun environment.
- Create self confidence through exposure to new recreation opportunities.
- Plan and implement activities and programs to enhance motor skills, social interactions, positive self expression and foster independence.

To register or receive a brochure, call (408) 730-7360.

## Fall Programs

### Saturday of Experience (18 years and older)

Join us for a morning of activities that include exercises, arts , music, outing and more! Our new location is the Recreation Center, 550 East Remington Drive, Sunnyvale 94087.

Saturdays from 10 am to 12:30 pm

### Bowling (18 years and older)

Join your friends for an afternoon of bowling at Homestead Lanes. Work on your bowling skills, while building sportsmanship teamwork and making new friends.

Thursdays, 3:30 – 5 pm

### CO-OP Dances (18 Years and Older)

Dances are sponsored by the Cities of San Jose, Santa Clara and Sunnyvale. Call (408) 730-7360 for more info.

### Santa Clara County Special Olympics:

Provides year round athletic training and competition. Call (408) 392-0170 for more info.

### AYSO (American Youth Soccer Organization)

provides soccer programs for children with disabilities, ages 4-19 years, at no cost. Call (408) 739-ASYO for info.

## Community Organizations

All of the organizations listed here provide recreational opportunities for persons with specific interests. If you have a particular interest in any of the wide variety of activities presented below, you are invited to contact the organization’s representative at the phone number shown and obtain information on becoming a member..

Community Groups	Phone
Friends of the Sunnyvale Library	(408) 982-6657
Nova Vista Symphony	(408) 624-1492
Belle Swingers Square Dance Club	(408) 739-3977
Sunnyvale Art Club	sunnyvaleartclub.org
Sunnyvale Community Players	(408) 859-6871
Sunnyvale Garden Club	(408) 738-1942
Sunnyvale Historical Society & Museum	(408) 749-0220
Sunnyvale Photographic Club	sunnyvalephoto.com
Sunnyvale Singers	(408) 718-9666
Sunnyvale Squares	(408) 744-1021
Sustainable Community Gardens	(408) 735-8154

### Senior Clubs

Bayview Senior Citizens	(408) 736-4453
California Grandmothers' Club	(408) 409-9769
Chinese Senior Club of Santa Clara Valley	(408) 731-0776
Sunnyvale Senior Citizens	(408) 736-3119
Unique Boutique	(408) 733-8459

### Sports Clubs

Sunnyvale Lawn Bowls Club	(408) 736-4739
Sunnyvale Swim Club	(408) 248-8979

### Youth Sports Leagues

#### Baseball/Softball

Lakewood Pony Baseball	lakewoodponybaseball@yahoo.com
Metro Little League	www.sunnyvalemetrol.org
National Little League	(408) 720-1809
Serra Little League	serralittleleague.com
Sunnyvale Girls Softball League	(408) 380-1210
Southern Little League	www.sssl.org

#### Football

POP Warner Football	(408) 799-8860
POP Warner Cheerleading	(408) 505-3566

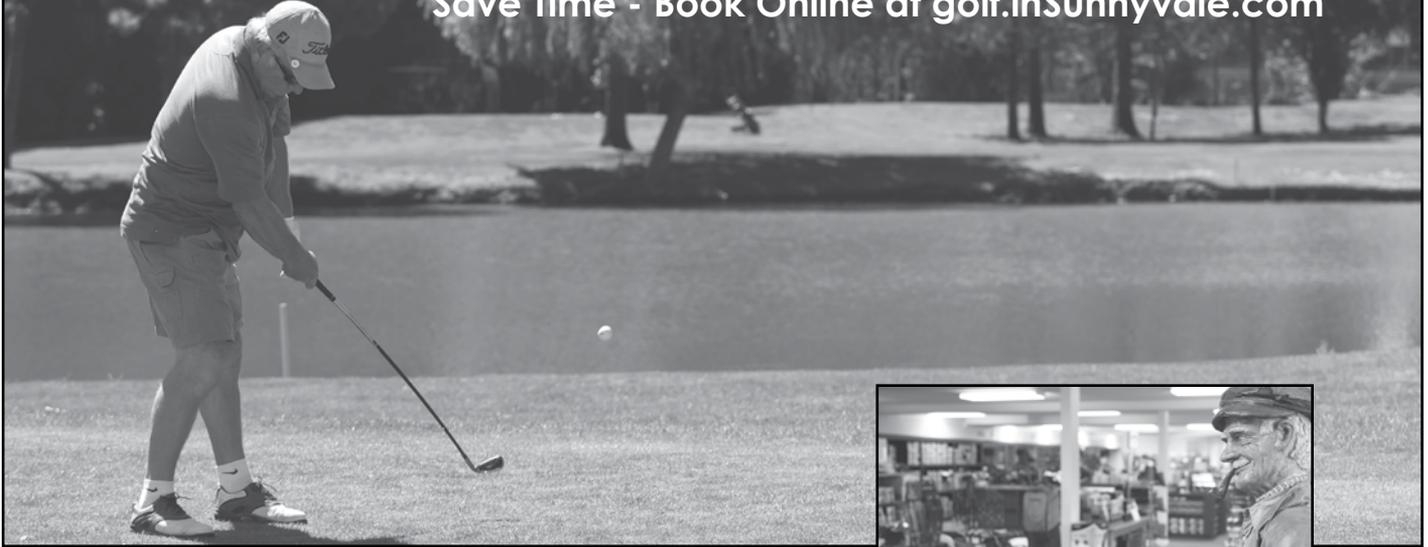
#### Soccer

American Youth Soccer Organization	(408) 739-AYSO (2976)
Sunnyvale Alliance Soccer	(408) 372-7210



# GOLF in SUNNYVALE

Save Time - Book Online at [golf.inSunnyvale.com](http://golf.inSunnyvale.com)



## Sunnyvale Golf Course

605 Macara Lane  
(408) 738-3666

Sunnyvale Golf Course is a par 70 regulation 18-hole course with numerous bunkers, dog legs and water holes. Sunnyvale is a well-manicured test of the player's skill stretching out to 6,255 yards.

## Sunken Gardens Golf Course

1010 S. Wolfe Road  
(408) 739-6588

Sunken Gardens Golf Course is a 9-hole, 1,502 yard executive course. Sunken Gardens is ideal for the beginning golfer, and offers ample practice facilities and shorter length holes.

The driving range is open 364 days a year from 7:00am-9:00pm (except Wed's closings are at 7pm and Thur's openings are at 9:30am). Eighteen (18) range stalls are available to the public for practice, warm-up before play, or for exercise/therapy. Golf clubs, if needed, are available at no extra charge. Please note that the range is well lit for evening practice.

**Green Fees:** Please call appropriate golf shop for current green fee and discount play card rates.

**Monthly Discount Cards** offer unlimited play Monday through Thursday for each calendar month (excluding holidays).

**Sunnyvale Advantage Card** for any Sunnyvale resident.

**Golf Discount Card** for any golfer 16 years and under; 60 years and over or disabled.

## Reservations

**Weekdays** — Sunnyvale residents may place reservations for weekday play beginning seven (7) days in advance in person when the pro shop opens for the day until 6:30am. All golfers may place phone reservations after 6:30am seven (7) days in advance.

**Weekends & Holidays** — Sunnyvale residents may place reservations for weekend/holiday play beginning Monday prior to the weekend/holiday in person from 6:00am to 6:30am. All golfers may place phone reservations beginning 6:30am on that same Monday.

## Golf Merchandise

Golf shops at Sunnyvale and Sunken Gardens golf courses carry a large inventory of gear from leading golf manufacturers: Titleist, Callaway, Taylor Made, Foot-Joy, Nike, Sun Mountain, Cleveland Golf, Ashworth, Adidas, Bridgestone, ProActive and many others.

20% OFF 20% OFF 20% OFF 20% OFF

# 20% OFF SALE!!!

Bring in this coupon for 20% off your next Sunnyvale Golf Shop or Sunken Gardens Golf Shop merchandise purchase!!!

- Coupon must be presented at time of purchase
- One coupon per purchase allowed (coupon must be an original clipped from an Activity Guide—no copies accepted)
- Valid for in-stock merchandise
- Cannot be combined with other offers
- Expires 12/31/2013

20% OFF 20% OFF 20% OFF 20% OFF



## Golf Lessons

Please call the Sunken Gardens Golf Shop, (408) 739-6588 for private lesson or class registration information!

## New Restaurants at Both Golf Courses Are Now Open!

Vista Restaurants, operating at both Sunken Gardens and Sunnyvale Golf courses, provide food and drinks and have plenty of event space available. Vista Restaurants welcome meetings, parties, weddings, and banquets. For more information, contact Kristy Park @ 408-314-6193 or [kristypark@pga.com](mailto:kristypark@pga.com).



*The Vista Restaurant at the Sunnyvale Golf Course*

## Play Golf America!

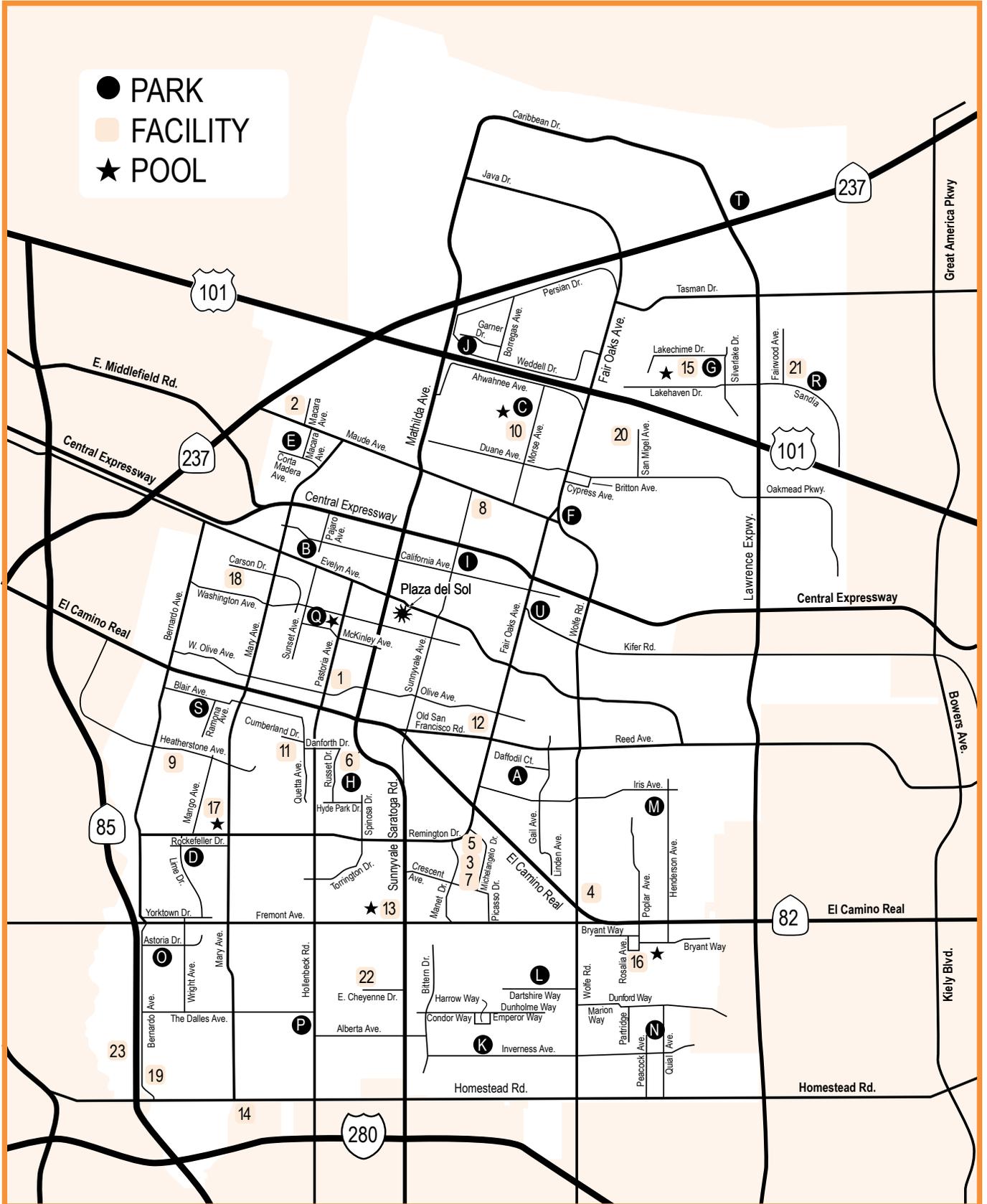
The City of Sunnyvale is proud to continue our junior development program

### **KIDS PLAY FREE**

- One free junior round with one paid adult green fee or monthly golf card registration.
- Junior must be 16 or under.
- No limitations; 7 days/week, all day.
- Sunnyvale Golf Course.
- Sunken Gardens Golf Course.
- Reservations suggested.



This is a great opportunity to spend time with your kids and to introduce them to golf, "The game for a lifetime." Please join us this winter on the links!





For more information on park amenities, please go to <http://sunnyvale.ca.gov/Departments/CommunityServices/Parks.aspx>

Sunnyvale Parks	Map Loc.	Acres	Ball Field	Basket-ball	Rec. Bldg.	Multi-Use Field	Picnic Area	Play-ground	Rest-rooms	Tennis	Volley-ball	Special Features
<b>Baylands</b> , 999 E. Caribbean Drive	<b>T</b>	177.0				1/0	✓ <u>U</u>	4/0	✓			Nature Trails, Amphitheater
<b>Braly</b> , 704 Daffodil Court	<b>A</b>	5.6	1/0		✓	1/0	✓ <u>U</u>	1/0	✓	0/2	1/0	Sand Volleyball Ct., Lagoon, Water Play
<b>Cannery</b> , 900 W. California Ave.	<b>B</b>	.7					✓	1/0				
<b>Columbia</b> , 739 Morse Ave.	<b>C</b>	14.7	1*0	2/0		2/0	✓	2/0	✓	0/2		Par course, Swim
<b>De Anza</b> , 1150 Lime Drive	<b>D</b>	9.4	2/0	1*0	✓	1/0	✓ <u>U</u>	1/0	✓			Roller Skating Rink, Handball/Racquetball Ct.
<b>Encinal</b> , 999 Corte Madera Ave.	<b>E</b>	4.2	1/0	0/1/2		1/0	✓	2/0	✓	0/2	0/1	1/4-mile Par course, Sand Volleyball Ct.
<b>Fair Oaks</b> , 540 N. Fair Oaks Ave.	<b>F</b>	15.3	0/2	0/3	✓	0/1	✓	1/0	✓		1/0	Skate Park, Sand Volleyball Ct.
<b>Fairwood</b> , 1255 Sandia Ave.	<b>R</b>	1.9				1*0	✓ <u>U</u>	1/0	✓	0/2*	0/2	JWC Greenbelt, Par course, Sand Volleyball Ct.
<b>Greenwood Manor</b> , Ramona & Blair Ave.	<b>S</b>	.4						1/0				
<b>Lakewood</b> , 834 Lakechime Drive	<b>G</b>	10.7	1/1	0/1	✓	1/0	✓ <u>U</u>	2/0	✓	0/2		Skate Park, Water Play, Handball Cts.
<b>Las Palmas</b> , 850 Russet Drive	<b>H</b>	24.3	1/0		✓	1/0	✓ <u>U</u>	1/0	✓	0/16		Dog Park, Water Play
<b>Murphy</b> , 250 N. Sunnyvale Ave.	<b>I</b>	5.4			✓		✓	1/0	✓			Amphitheater, Lawn Bowling Green
<b>Orchard Gardens</b> , 238 Garner Ave.	<b>J</b>	2.6		1/0	✓		✓	1/0	✓	2/0		JWC Greenbelt
<b>Ortega</b> , 636 Harrow Way	<b>K</b>	18.0	1/2*	0/1	✓	1/0	✓ <u>U</u>	1/0	✓	0/2		Water Play, Cricket Pitch
<b>Panama</b> , 755 Dartshire Way	<b>L</b>	4.9	1/0			1/0	✓		✓			
<b>Ponderosa</b> , 811 Henderson Ave.	<b>M</b>	9.1	1/0	0/1	✓	1/0	✓	1/0	✓	0/2	1/0	Sand Volleyball Ct., Bocce Ball Ct.
<b>Raynor</b> , 1565 Quail Ave.	<b>N</b>	14.7	2/0		✓	1/0	✓ <u>U</u>	1/0	✓			Roller Skating Rink
<b>San Antonio</b> , 1026 Astoria Drive	<b>O</b>	5.8	1/0			2/0			✓			
<b>Serra</b> , 730 The Dalles	<b>P</b>	11.5	2/0		✓	1/0	✓ <u>U</u>	1/0	✓	0/4		Roller Skating Rink, Water Play
<b>Victory Village</b> , Fair Oaks at Kifer	<b>U</b>	1.0					✓	1/0				Picnic Tables Only, Fenced Tots Playground
<b>Washington</b> , 840 W. Washington Ave.	<b>Q</b>	11.8	1/1	0/2	✓	1/0	✓ <u>U</u>	2/0	✓	0/2		Handball, Swim

**Park and Restroom Hours: 6am – 9pm • Tennis Lights stay on until 10pm • See the facilities map on page 44 for locations**  
**Call (408) 730-7751 for Information and Reservations, (408) 730-7506 for Maintenance.**

**#/# = number of unlighted facilities / number of lighted facilities; \* = on adjacent School property**

**U = electrical outlets (110 volts) available in certain picnic areas**

Map	Facility
1	<b>Sunnyvale Library</b> , 665 W. Olive Ave., (408) 730-7300
2	<b>Sunnyvale Municipal Golf Course</b> , 605 Macara Lane (408) 738-3666
3	<b>Senior Center</b> , 550 E. Remington Drive, (408) 730-7360
4	<b>Sunken Gardens Golf Course</b> , 1010 S. Wolfe Rd., (408) 739-6588
5	<b>Community Center</b> , 550 E. Remington Drive, (408) 730-7350
6	<b>Tennis Center</b> , 755 S. Mathilda Ave., (408) 735-7285
7	<b>Heritage Park Museum</b> , 550 E. Remington Drive, (408) 749-0220
8	<b>Bishop School</b> , 450 N. Sunnyvale Ave.
9	<b>Cherry Chase School</b> , 1138 Heatherstone Way
10	<b>Columbia Middle School</b> , 739 Morse Ave. <b>Columbia Neighborhood Center</b> , 785 Morse Ave.
11	<b>Cumberland Elementary School</b> , 824 Cumberland Drive
12	<b>Ellis School</b> , 550 E. Olive Ave.
13	<b>Fremont High and Fremont Pool</b> , 1279 Sunnyvale-Saratoga Rd.
14	<b>Homestead High</b> , 21370 Homestead Rd.
15	<b>Lakewood School</b> , 750 Lakechime Drive
16	<b>Peterson Middle School</b> , 1380 Rosalia Ave.
17	<b>Sunnyvale Middle School &amp; Park, Pool</b> , 1080 Mango Ave.
18	<b>Vargas School</b> , 1054 Carson Drive
19	<b>Cupertino Middle School</b> , 1650 S Bernardo Ave.
20	<b>San Miguel</b> , 777 San Miguel Ave.
21	<b>Fairwood School</b> , 1110 Fairwood Ave.
22	<b>Nimitz Elementary</b> , 545 E. Cheyenne Drive
23	<b>West Valley Elementary</b> , 1635 Belleville Way
☼	<b>Plaza del Sol</b> , 200 W. Evelyn Ave., (408) 730-7335



*Did you know? Sunnyvale is home to 22 beautiful parks with features ranging from water play, picnic areas and play grounds to roller skating, tennis courts and lawn bowling.*



### Registration Checklist/Information

- Make sure your registration form is signed.
- Include payment: check, money order, VISA or Mastercard credit card
- Make checks payable to: **City of Sunnyvale**  
*There is a charge of \$30 for returned checks.*
- Age level in course descriptions indicates participants must be that age by starting date of the class.
- Telephone service for the deaf: To obtain general City information, call TDD (408) 730-7501.
- Class registration will be accepted until the second class meeting, provided openings are available.
- For general registration information, please call (408) 730-7350.



#### Online



- For online registration, please visit: [RecreationClasses.inSunnyvale.com](http://RecreationClasses.inSunnyvale.com)  
Note: not available for "older adult" and some adult classes at this time.

#### Mail In



- Mail registration to:  
City of Sunnyvale,  
Community Services Division, "Registration"  
P.O. Box 3707  
Sunnyvale, CA 94088-3707
- Confirmation will be sent by mail.
- Fax registration to (408) 730-7754.

#### Fax In



- Payment by fax can be made only by Visa or Mastercard
- Please include your credit card information.
- Confirmation will be sent by mail.

#### Walk In



- **Monday - Friday:**  
**Recreation Center from 9am-6pm; Senior Center from 9am-5pm**
- Our office is located at 550 East Remington Dr., Sunnyvale.

For additional registration information, call (408) 730-7341

**SUNNYVALE RESIDENT RATES:** A participant must be a City of Sunnyvale resident in order to receive Sunnyvale resident rates. One form of current California picture identification or utility bill, with customer's name and Sunnyvale address, is required in order to qualify for Sunnyvale resident benefits. If your picture identification or utility bill does not have your current Sunnyvale address, then you will need to show two forms of identification with your current Sunnyvale address.

### Additionally ...

#### WAITING LISTS

During mail-in registration, when a class becomes full, your name will automatically be placed on a waiting list. If space in a class opens, we will notify you by telephone. In the event we cannot place you, your check will be returned to you. If you are paying for multiple classes with one check, you will receive a refund check from the City within approximately 4 weeks.

#### CANCELLATIONS

The Department of Library and Community Services—Community Services Division may cancel a class or activity when the minimum number of participants is not met. Please register early to avoid class cancellations. If a class or activity is canceled, you will be notified by phone and given the option to transfer to another class or receive a full refund. Please note, refunds can take up to four weeks to process.

#### REFUND/TRANSFER POLICY

A \$10 processing fee per transaction will apply for all refunds. A \$5 processing fee per transaction will apply for all transfers. No refunds or transfers will be granted after the second class meeting. Some restrictions may apply.

Participants may request a refund or transfer prior to the second class meeting for most classes unless otherwise noted in the class description.

Refunds and transfers will not be issued for one- or two-day classes and activities, trips, theater tickets, golf activities, food services or sports leagues.

Refunds may be requested by phone, fax (408-730-7754), or in person. If submitting via fax or in person; be prepared to present a receipt. If submitting by phone; be prepared to share info from your receipt. Receipts can be printed online.

Refunds will be issued in the form of a check, credit card or coupon, depending on the original method of payment. Cash payments will be refunded by check.

The Department of Library and Community Services—Community Services Division is dedicated to providing you with high quality recreation services. Our trained staff is happy to assist you in finding a class or activity to meet your needs.

#### FEE WAIVER ASSISTANCE FOR YOUTH PROGRAMS

Eligible Sunnyvale residents may apply to waive, or offset, the expense of Community Services Division registration fees for youth (age 17 and under) of up to \$234 per eligible family member, per Fiscal Year (July 1 – June 30). This includes, but is not limited to, youth recreation classes and after school programs sponsored by the City. The program does not fund special events or participation in non-profit youth sports organizations. Program resources are limited and subject to availability of funds. Applicants may apply by bringing proof of residency and letter confirming participation in the free School lunch program with the fee waiver application to the Community Center. Please allow 30 (thirty) days for a response to your application.

For more information call (408) 730-7350.

#### GOLF/TENNIS REGISTRATION:

For golf registration please see p.42- 43, and for tennis registration please see p.36-39. For additional information or to be placed on the tennis mailing list, please call the Tennis Center at (408) 735-7285.

Follow us on Twitter @SunnyvaleRec

To sign up for e-newsletter: <http://tinyurl.com/3mbgaul>

*The City of Sunnyvale encourages persons with disabilities to participate in our recreation programs. We will make reasonable efforts to accommodate persons with disabilities in accordance with the Americans with Disabilities Act. If you require special accommodations, please let us know when you register, TDD (408) 730-7501.*



Please **PRINT** your information:

Today's Date: \_\_\_\_\_

Participant's Last Name: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_

Work Phone: ( ) \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Please send me e-mail updates about Recreation classes and programs

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: ( ) \_\_\_\_\_

Each adult participant must sign below. In addition, the signature of a parent or legal guardian is required for youth registrations.

**WAIVER OF LIABILITY & PHOTO RELEASE:** In consideration of participation in a class or activity offered by the City of Sunnyvale Department of Library and Community Services—Community Services Division, I, the undersigned for myself and/or as the parent/guardian of the Minor named above, agree to indemnify and hold the City of Sunnyvale harmless and hereby waive, release and discharge any and all claims for damage, for death, personal injury, bodily injury or property damage which I and/or the Minor may have or which hereinafter may accrue to me and/or the Minor against the City of Sunnyvale, its City Council, employees, agents, volunteers, independent contractors, and instructors from and against any liability arising out of or connected in any way with my and/or the Minor's participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above.

I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of me and/or the above named Minor and to release and to hold harmless all of the persons or entities mentioned above whom (through negligence or carelessness) might otherwise be liable to me and/or the above named Minor (or my/our heirs or assignees) for damages. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on my/our heirs and assigns.

I have read and agree to the registration and program policies. Further, I agree to allow use of my image and/or that of the named minor, which may be captured through video, photo, digital camera or other media, for City of Sunnyvale promotional materials and publications. By my signature below, I acknowledge that I have read this document and understand its contents.

Check the appropriate box(es) and sign:  Participant (over 18)  Parent  Legal Guardian

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

My check is attached, made payable to: City of Sunnyvale. (NOTE: \$30 charge on all returned checks.)

Charge my:  Mastercard  Visa



Name of card holder \_\_\_\_\_

Signature \_\_\_\_\_ 3-Digit Security Code (on back of card) \_\_\_\_\_

Card No. |\_\_|\_\_|\_\_|\_\_|\_\_|\_\_| - |\_\_|\_\_|\_\_|\_\_|\_\_|\_\_| - |\_\_|\_\_|\_\_|\_\_|\_\_|\_\_| Expiration (MM/YY): \_\_\_\_ / \_\_\_\_

**AVOID FRAUD!** The City of Sunnyvale will never ask for your social security number when processing a City registration or reservation transaction. Please don't give it out.

**SPECIAL NEEDS:** Do you or your child have any special needs for this class or activity that we should know about?

First Name	Birth Date (if under 18yrs)	Class Name	T-Shirt*	Class # (example: 123456.MC)		Class Fee
				1st Choice	2nd Choice	

Tax deductible donation toward City Recreation Programs \_\_\_\_\_

\*T-shirt Size for select classes only; see class description. Sizes available are Youth: YXS, YS, YM, YL or Adult: AS, AM, AL, AXL

Total Fees

For office use only Receipt #: \_\_\_\_\_ Initial: \_\_\_\_\_