



Adults

Special Events

Bubble Run 5K (11+)

Runners or walkers ages 11 and up are invited to Sunnyvale's first Bubble Run 5K, sponsored by the Sunnyvale Teen Advisory Committee (TAC). Everyone's a winner in this untimed event, as runners will run through bubbles at stations throughout the race. Runners will receive a souvenir race T-shirt. For more information, email tacinfo@sunnyvale.ca.gov or call (408) 730-7741.

Instructor: Sunnyvale Teen Advisory Board (TAC)

Location: Sunnyvale Baylands Park

Class #	Ages	Date	Day	Time	Fee (Res/NR)
537400.TN	11 – 18	3/21	Sa	9:00 a.m. – 12:00 p.m.	\$8/\$8
537400.AD	19+	3/21	Sa	9:00 a.m. – 12:00 p.m.	\$18/\$18

Aquatics

Standard First Aid (15+)

Obtain your 3-year Standard First Aid certification with successful completion of this 3-hour American Red Cross course. Graduates will be able to access the Emergency Medical System and provide basic care for first aid and sudden illness emergencies until advanced medical help arrives. Participants must successfully complete all required skills and pass a written examination with a score of 80 percent or better in each course section. One-day class fees are nonrefundable and nontransferable.

Instructor: Staff

Location: Senior Center Laurel Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
540470.AA	15+	4/25	Sa	8:00 a.m. – 11:00 a.m.	\$79/\$99

Heart Saver (15+)

This American Heart Association course teaches adult and child CPR and AED use, as well as how to relieve choking on an adult or child. This course teaches skills with AHA's research-proven Practice-While-Watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a CPR/AED to meet job, regulatory or other requirements.

Instructor: Staff

Location: Senior Center Laurel Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
540461.AA	Beg	15+	4/25	Sa	12:00 p.m. – 3:00 p.m.	\$79/\$99

Lifeguard Training (15+)

This class is the American Red Cross course to become a certified lifeguard. It will include training and certification in First-Aid and CPR for the Professional Rescuer. Attendance at all class sessions is mandatory. Participants must be at least 15 years old and pass a skills test on the first day that includes a 300-yard swim, as well as a timed event with a 10lb. brick. Fee includes all books, certification, and a pocket mask. Attendance and participation at all class meetings is required. Participants must bring their pocket mask and book (provided at the first class meeting), swimsuit and towel to each class meeting. Anyone who does not meet the minimum requirements on the first day will be provided with a refund.

Instructor: Staff

Location: Washington Pool

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
540440.LA	15+	3/28 – 4/5	SaSu	8:00 a.m. – 5:00 p.m.	\$270/\$320
540440.LB	15+	4/16 – 4/19	Th-Su	8:00 a.m. – 5:00 p.m.	\$270/\$320

Swim Adult (16+)

This class is open to all participants from first-time swimmers to more advanced swimmers desiring skill and technique coaching.

Instructor: Staff

Location: Washington Pool

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
540420.TA	16+	3/31 – 4/23	TuTh	6:00 p.m. – 6:30 p.m.	\$120/\$150
540420.SA	16+	4/4 – 4/25	Sa	9:15 a.m. – 9:45 a.m.	\$60/\$75

Swim Adult Water Exercise (16+)

Splash into an exciting workout and enjoy the benefits of water exercise! This class is a great way to increase cardiovascular fitness, muscle strength, endurance and flexibility. Relieve stress and have fun while making new friends. Open to all fitness levels. No swimming skills are necessary. Water walkers/joggers welcome. Teens 13-15 may register with a parent or guardian. You also have the option of purchasing a drop-in punch card on-site during any class date and time.

Instructor: Staff

Location: Washington Pool

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
540430.WA	16+	3/30 – 4/24	MWF	5:30 p.m. – 6:30 p.m.	\$120/\$150
540430.WB	16+	4/4 – 4/25	Sa	8:00 a.m. – 9:00 a.m.	\$40/\$50

Water Safety Instruction (16+)

Course designed to train Water Safety Instructor (WSI) candidates to teach the American Red Cross learn to swim programs, and community water safety outreach programs. Water Safety Instructor (WSI) candidates must be 16 years of age, and able to demonstrate six proficient strokes: 25-yards front crawl, 25-yards back crawl, 25-yards elementary backstroke, 25-yards sidestroke, 25-yards breaststroke and 10-yards butterfly. Upon successful completion of the Water Safety Instructor (WSI) course, candidates will receive an American Red Cross Water Safety Instructor certificate valid for two years. Anyone who does not meet the minimum requirements on the first day will be issued a refund.

Instructor: Staff

Location: Sunnyvale Middle School Pool

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
540450.AA	16+	4/13 – 4/17	M-F	8:00 a.m. – 5:00 p.m.	\$298/\$348

Dance

Abs Arabia Style TRY IT! (16+)

Body waves to belly rolls, Abs Arabia Style provides overall body toning and abdominal conditioning, with a focus on Middle Eastern dance moves. Wear comfortable fitness attire or your favorite Middle Eastern dance outfit. This exercise-style class is open to all levels. No previous Middle Eastern dance experience necessary.

Instructor: Alcina Nelson
Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
544100.TR	16+	3/3 – 4/21	Tu	7:30 p.m. – 8:30 p.m.	\$79/\$99

Ballet NEW TRY IT! (14+)

Rekindle your passion for ballet, or discover for the first time how its graceful exercises improve your posture, balance, flexibility and lean muscle development. This one-hour class welcomes dancers and non-dancers alike for a fantastic work out that includes barre work, floor barre, stretching and across the floor exercises set to beautiful music. It's perfect for athletes and ballroom dancers who want to improve their performance, and busy professionals who want a lunch-hour break from their desks. Wear ballet attire and ballet slippers. Long hair should be worn up and off the face and neck.

Instructor: Hao Expression
Location: Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
544411.FP	Beg	14+	3/4 – 4/22	W	12:00 p.m. – 1:00 p.m.	\$79/\$99
544411.WP	Beg	14+	3/6 – 4/24	F	12:00 p.m. – 1:00 p.m.	\$79/\$99



Ballroom Dancing

Ballroom Dance TRY IT! (18+)

Find out how easy it is to have fun on the dance floor once you know the steps. This fun, non-competitive class makes it simple to learn popular ballroom dances. Leather-soled shoes that will stay firmly on your feet and allow you to spin safely are required. No partner necessary. We'll switch dance partners throughout the lesson.

Level 1 – Beginning: Learn the basics of the Fox Trot, Waltz, Tango, West Coast Swing, Rhumba and Cha-Cha.

Level 2 – Intermediate: Fine tune your dance style and learn moves that will get you noticed on the dance floor.

Instructor: Bud Ayers
Location: Recreation Center Community Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
544301.MP	1	18+	3/9 – 4/27	M	7:30 p.m. – 8:30 p.m.	\$79/\$99
544302.MQ	2	18+	3/9 – 4/27	M	8:30 p.m. – 9:30 p.m.	\$79/\$99

For Dancers Only (18 years & older)

Lindy Lab 8:30 – 9 p.m.
 Take advantage of our spacious floor and wall mirrors to work on your solo dancing, or bring a friend to practice your moves in an open, collaborative environment. Or, take a short drop-in class from one of our instructors. Lessons are suitable for intermediate to advanced swing dancers, and will cover a new topic each night.

Social Dancing 9 p.m. – Midnight
 Guest DJs provide music for Lindy, Charleston, Balboa, Shag and Blues dance.

Location: Sunnyvale Community Center, Theatre Dance Studio
When: First and Third Fridays of the Month
Admission: \$8 (cash only)

For more information,
 visit For Dancers Only online at www.facebook.com/ForDancersOnly,
 e-mail ForDancersOnlySB@gmail.com, or call us at (408) 657-7836

Israeli Folk Dance (13 years & older)

Enjoy the evening in an energetic and inspiring way. Israeli folk dance in a circle, in a group or with a partner in rhythmic and dynamic movement. The evening starts with a 45-minute lesson, followed by dancing to your requests.

Where: Recreation Center Ballroom
When: Mondays with Loui Tucker, 7:45 – 11 p.m.
Cost: \$7 at the door

For more information,
 call (408) 287-9999

Sunnyvale Bluegrass Jam Ages 18* & Up

Join fellow bluegrass musicians and singers for an old-time jam session, facilitated by Bill Boiko.

Day/Time: Third Sunday of the month, 1 – 4:30 p.m.

Location: Creative Arts Center Meeting Room

Fee: \$5 per person at the door

* Ages 13-17 okay with parent or guardian.

For more information,
 call (408) 730-7334 or visit Arts.inSunnyvale.com

**Square Dancing TRY IT!****(18 years & older)**

Modern Western square dancing is a fun, friendly, sociable activity for dancers of all ages and ability levels. An evening of square dancing provides a gentle cardiovascular workout, equivalent to a three-mile walk and keeps your memory strong, too, as you learn and practice the 100 internationally recognized square dance calls. Each lesson (7 – 8:30 p.m.) focuses on beginning to mainstream calls for newer dancers. The second session (8:30 – 10:00 p.m.) adds more challenging calls to plus level. No partner or experience needed. Dress is casual. Wear comfortable shoes.

Location: Murphy Park Building, 250 N. Sunnyvale Ave.

When: Tuesdays, 7:00 – 10:00 p.m.

(New classes begin the first Tuesday of March. First-time dancers must start at the beginning of a class. Returning dancers are welcome to join anytime.)

Fee: \$30 per month, purchased by the month at the door

For more information,
call (408) 744-1021

Belly Dance TRY IT!**(16+)**

Have fun learning traditional Middle Eastern style dance moves, while gaining core strength and control. You'll increase body awareness, muscle tone and flexibility!

Level 1 – Beginning: Learn Middle Eastern dance fundamentals, with an emphasis on technique and finger cymbal basics. This class is perfect for first-time dancers.

Level 2 – Intermediate: Build upon the basics, with a focus on understanding Middle Eastern rhythms, overlays, combinations, transitions and drum solo technique. Prerequisite: 1 year training at the beginning level.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
544101.TP	1	16+	3/3 – 4/21	Tu	6:30 p.m. – 7:30 p.m.	\$79/\$99
544102.TQ	2	16+	3/3 – 4/21	Tu	8:30 p.m. – 9:30 p.m.	\$79/\$99

Hula TRY IT!**(18+)**

Spend an hour in Hawaii! Learn hula basics and ancient Kahiko and modern Auana hula choreography and enjoy traditional Hawaiian music as the instructor accompanies class on gourd drum and ukulele. Hula is a fun, low-impact and spiritually uplifting workout. Wear shorts or stretch pants and T-shirt. Dance is done barefoot.

Instructor: Kanani Densing

Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
544140.FP	18+	3/6 – 4/24	F	2:00 p.m. – 3:00 p.m.	\$79/\$99



Hula Dancing

Photo by Varshadeep Parlathayya

Indiance Work Out TRY IT!**(18+)**

Does your body move to the beat of Bollywood and Kollywood music? Enjoy a solid hour of dance to chart-topping, foot-tapping rhythms from India. Indiance is not just one style. It's a collage of many dance styles combining hip-shaking, light bulb twisting moves with elements of modern, jazz, hip hop, salsa and lyrical dance. Get ready for an hour of cardio that will help you shed fat and keep you smiling.

Instructor: Janani Narayanan

Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
544160.TA	18+	3/3 – 4/28	Tu*	10:30 a.m. – 11:30 a.m.	\$69/\$86
544160.JA	18+	3/5 – 4/30	Th*	10:30 a.m. – 11:30 a.m.	\$69/\$86

*No class 4/7, 4/9

Tap Dance TRY IT!**(14+)**

Start tapping and your happy feet are sure to send a message to your whole body. You'll leave this class feeling uplifted and rejuvenated, with improved coordination, agility and tapping skills. Tap shoes are required.

Level 1 – Advanced Beginning: Learn and practice basic tap routines. This fun, fast-paced class is ideal for former tappers who need a review and those with some prior experience who are ready to dive into learning new routines.

Level 2 – Intermediate: Use your prior tap training in a low-impact tap workout with exciting rhythms and more challenging routines.

Instructor: Peggy Page

Location: Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
544481.JP	Beg	14+	3/5 – 4/23	Th	6:30 p.m. – 7:30 p.m.	\$79/\$99
544481.JQ	Beg	14+	3/5 – 4/23	Th	7:30 p.m. – 8:30 p.m.	\$79/\$99

Music**Piano Keyboard Adult****(13+)**

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with ¼" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Pre-order non-refundable book for \$22 online at www.noteworthy-music-school.org and pick up at first class. Or purchase book on first day only with cash or check payable to Noteworthy Music School.

Instructor: Noteworthy Music School

Location: Creative Arts Center Meeting Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
544850.MT	13+	3/9 – 4/27	M	6:45 p.m. – 7:30 p.m.	\$99/\$124

Sports & Fitness

Aerobics (16+)

Exercise routines choreographed to music. Adventurous exercisers can choose between high and low impact variations of different aerobic moves. The workout also combines floor work with stretching and toning with 1 – 3 lb weights, if desired. Participants bring weights and a mat. Ages 12-15 may register with a parent. Children under age 12 are not allowed in the classroom or Senior Center while class is in session.

Instructor: Christine Sabooni
Location: Senior Center Orchard Pavilion

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548160.MA	16+	3/2 – 4/20	M	7:00 p.m. – 8:30 p.m.	\$60/\$75
548160.WA	16+	3/4 – 4/22	W	7:00 p.m. – 8:30 p.m.	\$60/\$75

Badminton (14+)

Class is structured to review fundamentals and provide play opportunity. Beginners need no previous experience. Racquet and shuttlecocks are required.

Instructor: Terence Chua
Location: Indoor Sports Center Gym

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548000.TA	14+	3/3 – 4/28	Tu	7:00 p.m. – 9:00 p.m.	\$77/\$96



Lunch-Hour Pilates

Lunch-Hour Pilates TRY IT! (18+)

Work out during your lunch hour with this effective mat class. Strengthen and tone with controlled breathing/movement exercises focused on core muscles. Pilates emphasizes body mechanics, alignment and form to improve flexibility, balance and posture. Class uses rings, bands and balls for added challenge. Yoga mat required. Class is not suitable for pregnant women or people with acute mobility, joint or bone density problems.

Instructor: Sarah Graves
Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548920.TP	18+	3/3 – 4/28	Tu*	12:00 p.m. – 1:00 p.m.	\$90/\$113
548920.JP	18+	3/5 – 4/30	Th*	12:00 p.m. – 1:00 p.m.	\$90/\$113

*No class 3/31, 4/2

Meditation/Visualization (16+)

Learn easy methods to quiet the mind. By watching your thoughts you can find a peaceful place inside of yourself. Breathing techniques, listening skills and visualization will be taught to help you cope with the outside world. Experience your true self. Please bring a mat or blanket and wear comfortable clothing.

Instructor: Robin Pickel
Location: Recreation Center Boardroom

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548780.SC	16+	3/7 – 4/25	Sa	11:15 a.m. – 12:00 p.m.	\$80/\$100



Personal Training Program

Personal Training Program (18+)

We are offering one-hour long, personalized fitness training sessions. Our certified and knowledgeable trainers will design a fitness program based on your personal exercise and wellness needs. Our programs can accommodate all fitness and ability levels. Reminder: For your safety, always check with your physician before starting a new exercise program.

Location: Senior Center Fitness Room

# of Sessions	One Person Rates*		Two-Person Rates*	
	Residents	Non-Residents	Residents	Non-Residents
1	\$65	\$81	\$100	\$125
3	\$185	\$231	\$255	\$305
5	\$275	\$325	\$375	\$425

To schedule your personalized training session, please call (408) 730-7360

*Current Senior Center members receive a \$5 discount.

Strength Training TRY IT! (18+)

Feel stronger, healthier and more vital. Strengthen your bones and improve balance, coordination and mobility-all through the proper use of fitness machines, medicine balls, kettle weights and bosu. You'll warm up, rotate through various exercise stations and then cool down. Classes will have a maximum of 10 students to better meet your individual fitness goals.

Instructor: Suzanne Luft
Location: Senior Center Aspen Fit Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
546300.AA	18+	3/23 – 5/11	M	7:00 p.m. – 8:00 p.m.	\$69/\$86
546300.BA	18+	3/24 – 5/12	Tu	7:00 p.m. – 8:00 p.m.	\$69/\$86



Adult Drop-In Gym

Sunnyvale Indoor Sports Center • 550 E. Remington Drive

BADMINTON

Tuesday thru Friday: 11:30 a.m. – 1:30 p.m.

*Saturday: 3:30 – 5:30 p.m. and 5:45 – 7:45 p.m.

*Sunday: 12:30 – 2:30 p.m. and 2:45 – 4:45 p.m.

*Separate fee is charged for each time session. If you wish to play entire afternoon, you must pay fees for both sessions.

VOLLEYBALL

Tuesday: 5:00 – 7:00 p.m.

Must be at least 16 years of age or older to participate unless supervised by parent or legal guardian (Badminton only) Individual drop-in fee (per visit): \$5 Resident, \$6 Non-Resident Spectators must also pay the fee

Discount Passes Available

Sunnyvale Resident: 10-visit pass \$40

Non-Resident: 10-visit pass \$50

Fee includes use of showers & locker room.

For more information, call (408) 730-7334

Adult Sports Leagues

The City of Sunnyvale offers leagues in each of the sports below for teams interested in playing other teams.

BASKETBALL 10-week season + playoffs

Winter: early January through late March

Spring/Summer: early April through late June

Fall: early September through early December

VOLLEYBALL 8-week season + playoffs

Winter: early January through mid-March

Spring: late March through early June

Summer: late June through late August

Fall: late September through mid-November.

Registration is for teams only. Individuals can call to be placed on a waiting list for players looking for a team.

For more information, call (408) 730-7334

Volleyball – Intermediate/Advanced (16+)

Emphasis will be on improvement and consistency of all volleyball skills. Fun game-like drills, using the nets, maximizing ball contacts, and opportunity for feedback. Class will include team play, with six person teams practicing the 6-2 offensive system. Students should be able to serve, pass, set, spike, block, and dig the ball with some consistency. This is not a class for beginners.

Instructor: TBD

Location: Indoor Sports Center Gym

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
548702.MA	Int/Adv	16+	3/2 – 4/27	M*	8:00 p.m. – 10:00 p.m.	\$86/\$108

*No class 3/16, 4/6

Tai Chi Chuan TRY IT! (14+)

Exercise your body and mind with the slow motion, continuous movements of this traditional Chinese martial art. Regular practice can improve balance, flexibility and strength. Because the movements require mental focus, it also serves as a stress reducing meditation. This is a mixed level class. First part of the class will focus on fundamentals to help beginners master authentic Yang-style 8- and 28-form short routines. Second part allows practice time for beginners while Intermediate/Advanced students learn more challenging techniques with and without partners and work on the 85-form long routine. Advanced students will also practice traditional sword and saber long routines.

Instructor: Larry Young

Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548910.WP	14+	3/4 – 4/22	W	7:00 p.m. – 8:30 p.m.	\$90/\$113

Adults



Badminton



Volleyball

Yoga for Fitness (16+)

Open to men and women wishing to develop flexibility and body control via stretching routines and posture. Foam rubber mat is recommended.

Instructor: Betty Strain

Location: Senior Center Orchard Pavilion

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548750.RA	16+	3/5 – 4/23	Th	6:30 p.m. – 8:00 p.m.	\$80/\$100

Location: Recreation Center Community Room

548750.FA	16+	3/6 – 4/24	F	9:30 a.m. – 11:00 a.m.	\$80/\$100
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Yoga for Fitness

Photos by Varshadeep Parlatayya

Yoga for Wellness (16+)

Stressed out? Need to relax? This class taught by a certified Iyengar instructor will have lasting benefits in your life. The practice of Yoga will improve your overall health and release tension and stress. No experience necessary- all levels welcome. Please bring a yoga mat and at least two firm yoga blankets or two large towels. Age 12-15 may register with a parent.

Instructor: Lori Neumann

Location: Senior Center Orchard Pavilion

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548770.TA	16+	3/3 – 4/21	Tu	6:00 p.m. – 7:30 p.m.	\$90/\$113



Yoga for Fitness

See A Show In Sunnyvale!

Unless otherwise noted, all performances are at Sunnyvale Theatre, 550 E. Remington Drive, Sunnyvale. Tickets can be purchased by phone, (408) 733-6611 or in person at the Box Office two hours prior to the show or Monday through Friday, 4:30 – 6:30 p.m.

Evenings of Cultural Arts

(408) 733-6611 or Arts.inSunnyvale.com

James Garner's Tribute to Johnny Cash	2/14
Golden Bough	3/14
Houston Jones	5/2

All shows at 8 pm • Tickets \$29 general • \$23 students/seniors 60+

California Theatre Center

(408) 245-2978 or www.ctcinc.org

FAMILY SERIES	
King of the Golden River	2/14
Brave Iren	2/28, 3/14, 3/21
The Emperor's New Clothes	3/7, 4/4
Charlotte's Web	3/28, 5/2, 5/9

Saturdays 11:00 a.m. , plus selected weekend days at 2 p.m. and Fridays at 7 p.m.

Single-ticket \$13 • At-the-door tickets \$15
Saturdays • Tickets on sale in advance by phone (408) 245-2978 and at the door 30 minutes prior to show

Sunnyvale Community Players

(408) 733-6611 or www.sunnyvaleplayers.org

The Little Mermaid (Jr. Production)	2/20-3/8
The Mystery of Edward Dood	4/3 – 4/26

Friday & Saturday 8 pm; Sunday 2:30 pm (Jr. Production, 1 p.m. and 4 p.m.); Thursdays 7:30 pm

Tickets \$27 general (\$19 Jr. Show); \$21 students/seniors/Thursdays all seats (\$16 Jr. Show); children 5 and under \$11 (\$9 Jr. Show). A \$3 administrative fee is added on all tickets.

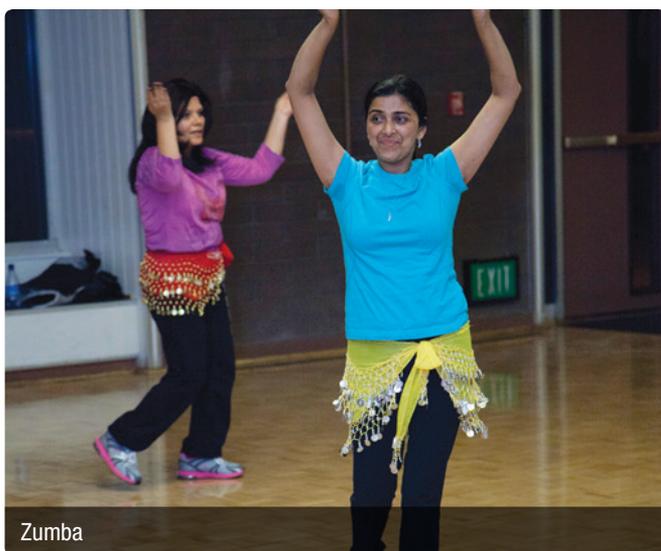
**Yoga Lite (Hatha)**

(16+)

Improve your balance, flexibility and mental focus. Mudra, Asanas and deep breathing techniques will teach you to handle life in an easy relaxed way. Techniques are 5,000 years old and work for all ages and levels. Come start the day in a good mood! Wear loose clothes and bring a mat.

Instructor: Robin Pickel**Location:** Recreation Center Community Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548760.WA	16+	3/4 – 4/29	W	8:30 a.m. – 10:00 a.m.	\$90/\$113
548760.SB	16+	3/7 – 4/25	Sa	9:30 a.m. – 11:00 a.m.	\$80/\$100



Zumba

Zumba

(18+)

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party.

Instructor: TBA**Location:** Recreation Center Ballroom

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
548790.TA	18+	3/3 – 4/28	Tu	9:00 a.m. – 10:00 a.m.	\$86/\$108

For Zumba Gold for ages 50+, see page page 45.

Visual Arts & Pottery**iPad Art NEW**

(16+)

Learn how to use Paper by 53 and Procreate to create original wall art, cards and story illustrations using your iPad or Tablet. Apps must be downloaded by first class meeting. Cost for both apps is approximately \$12.00. iPad or tablet is required for class.

Instructor: Caroline Mustard**Location:** Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
549800.WA	16+	3/11-4/15	W	10:00am-11:30am	\$119/\$149



iPad Art

Glass Fusing – Beginning

(16+)

Learn how easy and fun it is to make beautiful fused art glass! You'll be introduced to the glass fusing process by melting layers of glass in a kiln to create small coasters, tiles, pendants, wall art and more. Topics will include: safety, how to select and cut glass, use of basic glass fusing tools, kiln shelf preparation, and firing techniques. You do not need to be an artist to learn this fun art form. Intermediate students are welcome and can expand on existing glass fusing skills. Design help is always available. Classes will begin with a short lecture on intermediate and/or advanced topics with samples. Please wear closed toed shoes. A non-refundable \$80 supply fee will be collected at first class.

Instructor: Crystal Ouzillou**Location:** Creative Arts Center Art Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
549311.WA	Beg	16+	3/11 – 4/22	W*	7:00 p.m. – 9:30 p.m.	\$138/\$173

No class 4/8*Basic Digital Photography**

(16+)

Take better pictures with your digital camera. Topics will include basic operation of your camera, basic rules of lighting, composition and exposure, composing pictures in difficult conditions, and dealing with parallax. Class will include assignments and constructive critiques. Bring a digital camera to first class. Camera manual is helpful, but not required.

Instructor: Richard Fox**Location:** Creative Arts Center Paint Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
549511.TA	Beg	16+	3/10 – 4/28	Tu	7:00 p.m. – 9:00 p.m.	\$76/\$95

Pottery TRY IT!

(14+)

Throw your soul into your art, and learn to make beautiful and functional pottery. Our master potters provide individual coaching, whatever your skill level! Beginners will learn basic hand, wheelthrowing and glazing techniques, while more experienced potters learn advanced techniques while working on individual projects. Clay must be purchased in studio for \$31 per 25 lb bag. Beginning tool kits may be purchased in class for \$25. Firing and glazing are included in class price. Participants will also receive a free Open Studio pass with their first three registrations.

Instructor: Danny Sheu (M, Th, F), Hsin-Chuen Lin (W)**Location:** Creative Arts Center Pottery Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
549911.MA	Beg	14+	4/6 – 5/11	M	7:00 p.m. – 10:00 p.m.	\$171/\$214
549911.WA	Beg	14+	4/8 – 5/13	W	10:00 a.m. – 1:00 p.m.	\$171/\$214
549911.JA	Beg	14+	4/9 – 5/14	Th	10:00 a.m. – 1:00 p.m.	\$171/\$214
549911.JB	Beg	14+	4/9 – 5/14	Th	7:00 p.m. – 10:00 p.m.	\$171/\$214
549911.FA	Beg	14+	4/10 – 5/15	F	10:00 a.m. – 1:00 p.m.	\$171/\$214



Watercolor Painting

Watercolor Painting (18+)

Learn watercolor basics in a relaxed setting. Have fun trying out still life, landscape and the figure. See how famous artists have used this versatile medium to enhance their lives. Class includes demonstrations and slide lectures. Supply list will appear on your receipt (approximately \$45). Supplies should be purchased by second class meeting. Supplies for first class will be provided.

Instructor: Karen Haas

Location: Creative Arts Center Paint Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
549641.JA	Beg	18+	3/12 – 4/23	Th*	10:00 a.m. – 12:00 p.m.	\$89/\$111

*No class 3/26

Open Painting Studio

18 years & older

Set aside time to paint each week and join fellow artists for a morning of creativity and collaboration. The Sunnyvale Community Center invites painters of all skill levels to work in our spacious, well-lit painting studio. All painting and drawing mediums are welcome. No formal instruction or painting supplies are provided. Lots of table space, natural light, painting easels and camaraderie available.

Location: Creative Arts Center Paint Room

Sunnyvale Community Center
550 E. Remington Drive, Sunnyvale, CA 94087

Fee: \$5 (Payable at door). Drop-ins welcome.

Day: Mondays, 9 a.m. – noon

For more information,
call (408) 730-7758



**New more flexible schedule!
Open Pottery Studio**

Ages 16+ (Under 16 may participate accompanied by parent or guardian)

Intermediate and advanced potters, work independently on your projects and enjoy company of fellow artists in our spacious, fully equipped studio. No instruction is provided, but our master potter kiln techs can provide technical assistance with equipment and firing advice.

Spring Open Studio Schedule

April 6-May 15, 2015

Mondays – 10 a.m.-Noon, Noon-2 p.m.

Tuesdays – 10 a.m.-Noon, Noon-2 p.m., 2-4 p.m., 4-6 p.m., 6-8 p.m., 8-10 p.m.

Fridays – 2-4 p.m., 4-6 p.m.

Saturdays – 9:30-11:30 a.m., 11:30 a.m.-1:30 p.m., 1:30-3:30 p.m.

Staff will announce clean-up time five minutes before each two-hour session ends. Those who wish to continue working into the next session must present their card to have the next session signed off or purchase a pass. Those not continuing to the next session will have 15 minutes to clean-up and depart.

Cost per 2-hour time slot: \$14 residents, \$17 non-residents

Purchase one-time passes at the Studio, or multiple-session pass cards in the Studio, at the Registration desk. Passes expire at the end of the 12-week term in which they were purchased. A pass is required for all studio work, including trimming and quick glazing. Pass price includes glazing and firing. Clay must be purchased in the studio, \$31 per 25-pound bag. No outside firing accepted. Works over 20" x 20" x 24", or pieces that cannot be fired in group firing will not be accepted. Large or irregularly shaped pieces may be held for firing during seasonal maintenance closures, which occur approximately every 12 weeks. Pick-ups are during open studio hours only. Allow 3-4 weeks for firing. No refunds, transfers or credits for passes. Lost passes will not be credited.

For more information,
call (408) 730-7345