



Lifetime Tennis at the Sunnyvale Municipal Tennis Center

Sunnyvale Municipal Tennis Center • 755 South Mathilda Avenue • lifetimetenis.com • (408) 735-7285

The tennis courts at the Sunnyvale Municipal Tennis Center in Las Palmas Park are available on a pay-as-you-play basis. Fees are based on a higher level of service, which includes the ability to reserve courts and the provision of a well-stocked pro shop with racket stringing service. For more information about class descriptions, registration, private lessons and ball machine rental, visit our website at www.lifetimetenis.com or call us at (408) 735-7285. Office hours are Monday – Friday, 8 a.m. – 10 p.m., Saturday and Sunday 8 a.m. – 8 p.m.

Unless noted, all classes are held at the Sunnyvale Municipal Tennis Center.



Youth Tennis Classes

Little Tennis & Athletic Development (4 – 6 years)

Student/teacher ratio is 4:1. Fee for six-week class is \$104 resident, \$114 non-resident.

Day	Time (45 Min)	Session I	Code	Session II	Code
M	3:15 p.m. – 4 p.m.	3/14-4/18	7000	4/25-5/30	8000
Tu	3:15 p.m. – 4 p.m.	3/15-4/19	7001	4/26-5/31	8001
Tu	5:30 p.m. – 6:15 p.m.	3/15-4/19	7002	4/26-5/31	8002
W	3:15 p.m. – 4 p.m.	3/16-4/20	7003	4/27-6/1	8003
Th	3:15 p.m. – 4 p.m.	3/17-4/21	7004	4/28-6/2	8004
Th	5:30 p.m. – 6:15 p.m.	3/17-4/21	7005	4/28-6/2	8005
F	5 p.m. – 5:45 p.m.	3/18-4/22	7006	4/29-6/3	8006
Sa	8:30 a.m. – 9:15 a.m.	3/19-4/23	7007	4/30-6/4	8007
Sa	9:15 a.m. – 10 a.m.	3/19-4/23	7008	4/30-6/4	8008
Su	10 a.m. – 10:45 a.m.	3/20-4/24	7009	5/1-6/5	8009
Su	10:45 a.m. – 11:30 a.m.	3/20-4/24	7010	5/1-6/5	8010

Little Rallyers (5 – 6 years)

Student/teacher ratio is 4:1. Fee for six-week class is \$138 resident, \$152 non-resident.

Instructor recommendation and approval required.

Day	Time (1 Hr)	Session I	Code	Session II	Code
Tu	5:30 p.m. – 6:30 p.m.	3/15-4/19	7011	4/26-5/31	8011
W	5 p.m. – 6 p.m.	3/16-4/20	7012	4/27-6/1	8012
Th	4 p.m. – 5 p.m.	3/17-4/21	7013	4/28-6/2	8013
F	6 p.m. – 7 p.m.	3/18-4/22	7014	4/29-6/3	8014
Sa	11:30 a.m. – 12:30 p.m.	3/19-4/23	7015	4/30-6/4	8015
Su	11:30 a.m. – 12:30 p.m.	3/20-4/24	7016	5/1-6/5	8016

Youth Tennis Lessons (7 – 15 years)

Student/teacher ratio is 8:1. Fee for six-week class is \$127 resident, \$140 non-resident.

Level	Ages	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	7 – 10	M	4 p.m. – 5:30 p.m.	3/14-4/18	7017	4/25-5/30	8017
Beg	7 – 10	F	3:30 p.m. – 5 p.m.	3/18-4/22	7018	4/29-6/3	8018
Beg	7 – 10	Sa	10 a.m. – 11:30 a.m.	3/19-4/23	7019	4/30-6/4	8019
Beg	7 – 10	Su	8:30 a.m. – 10 a.m.	3/20-4/24	7020	5/1-6/5	8020
Adv Beg	7 – 10	M	4 p.m. – 5:30 p.m.	3/14-4/18	7021	4/25-5/30	8021
Adv Beg	7 – 10	F	3:30 p.m. – 5 p.m.	3/18-4/22	7022	4/29-6/3	8022
Adv Beg	7 – 10	Sa	10 a.m. – 11:30 a.m.	3/19-4/23	7023	4/30-6/4	8023
Adv Beg	7 – 10	Su	8:30 a.m. – 10 a.m.	3/20-4/24	7024	5/1-6/5	8024
Int	7 – 10	M	4 p.m. – 5:30 p.m.	3/14-4/18	7025	4/25-5/30	8025
Int	7 – 10	F	3:30 p.m. – 5 p.m.	3/18-4/22	7026	4/29-6/3	8026
Int	7 – 10	Sa	10 a.m. – 11:30 a.m.	3/19-4/23	7027	4/30-6/4	8027
Int	7 – 10	Su	8:30 a.m. – 10 a.m.	3/20-4/24	7028	5/1-6/5	8028
Beg	11 – 15	F	3:30 p.m. – 5 p.m.	3/18-4/22	7029	4/29-6/3	8029
Adv Beg	11 – 15	F	3:30 p.m. – 5 p.m.	3/18-4/22	7030	4/29-6/3	8030
Int	11 – 15	F	3:30 p.m. – 5 p.m.	3/18-4/22	7031	4/29-6/3	8031

Register online at www.lifetimetenis.com or in person at

755 South Mathilda Avenue, Sunnyvale
Spring sessions run for six weeks each.

For additional information, call (408) 735-7285

Youth Tennis Lessons (7 – 15 years)

Student/teacher ratio is 4:1. Fee for six-week class is \$211 resident, \$232 non-resident

Level	Age	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	7 – 10	Th	4 p.m. – 5:30 p.m.	3/17-4/21	7032	4/28-6/2	8032
Adv Beg	7 – 10	Th	4 p.m. – 5:30 p.m.	3/17-4/21	7033	4/28-6/2	8033
Int	7 – 10	Th	4 p.m. – 5:30 p.m.	3/17-4/21	7034	4/28-6/2	8034
Beg	11 – 15	Sa	2 p.m. – 3:30 p.m.	3/19-4/23	7035	4/30-6/4	8035
Adv Beg	11 – 15	Sa	2 p.m. – 3:30 p.m.	3/19-4/23	7036	4/30-6/4	8036
Int	11 – 15	Sa	2 p.m. – 3:30 p.m.	3/19-4/23	7037	4/30-6/4	8037

Tournament Training (7 – 10 years)

Student/teacher ratio is 6:1. Fee for six-week class is \$174 resident, \$191 non-resident. This program is by invitation only. For more information, please visit www.lifetimetenis.com.

Junior Development Team (10 – 17 years)

Student/teacher ratio is 8:1 (Bronze/Silver) and 6:1 (Gold). Bronze/Silver fee for six-week class is \$174 resident, \$191 non-resident. Gold fee for six-week session is \$232 resident, \$256 non-resident.

Level	Day	Time (2 Hrs)	Session I	Code	Session II	Code
Bronze	M	4 p.m. – 6 p.m.	3/14-4/18	7038	4/25-5/30	8038
Bronze	W	4 p.m. – 6 p.m.	3/16-4/20	7039	4/27-6/1	8039
Bronze	F	5 p.m. – 7 p.m.	3/18-4/22	7040	4/29-6/3	8040
Bronze	Sa	2 p.m. – 4 p.m.	3/19-4/23	7041	4/30-6/4	8041
Silver	W	6 p.m. – 8 p.m.	3/16-4/20	7042	4/27-6/1	8042
Silver	F	7 p.m. – 9 p.m.	3/18-4/22	7043	4/29-6/3	8043
Silver	Sa	4 p.m. – 6 p.m.	3/19-4/23	7044	4/30-6/4	8044
Gold	Tu	6:30 p.m. – 8:30 p.m.	3/15-4/19	7045	4/26-5/31	8045
Gold	Th	6:30 p.m. – 8:30 p.m.	3/17-4/21	7046	4/28-6/2	8046
Gold	Sa	4 p.m. – 6 p.m.	3/19-4/23	7047	4/30-6/4	8047
Match Play**	Su	4 p.m. – 5:30 p.m.	3/20-4/24	7048	5/1-6/5	8048

** Must be a currently enrolled Junior Team Member to participate in Match Play. Fee for six-week class is \$55 for resident, \$65 non-resident.

Other Sunnyvale Tennis Youth Class Locations

Ponderosa Park (9 – 16 years)

Student/teacher ratio is 8:1. Fee for six-week class is \$181 resident, \$198 non-resident.

Classes meet twice a week at Ponderosa Park.

Level	Day	Time (1 Hr)	Session I	Code	Session II	Code
Beg	MW	3:30 p.m. – 4:30 p.m.	3/14-4/20	7081	4/25-6/1	8081
Adv Beg	MW	4:30 p.m. – 5:30 p.m.	3/14-4/20	7082	4/25-6/1	8082

Ortega Park (4 – 10 years)

Student/teacher ratio is 4:1 for Little Tennis and 8:1 for youth classes. Fee for six-week Little Tennis \$104 resident, \$114 non-resident. Fee for 6 week youth level classes are \$127 resident, \$140 non – resident. Classes meet at Ortega Park.

Level	Age	Day	Time	Session I	Code	Session II	Code
Little Tennis	4 – 6	Sa	8:15 a.m. – 9 a.m.	3/19-4/23	7083	4/30-6/4	8083
Beg	7 – 10	Sa	9 a.m. – 10:30 a.m.	3/19-4/23	7084	4/30-6/4	8084
Int	7 – 10	Sa	10:30 a.m. – 12 p.m.	3/19-4/23	7085	4/30-6/4	8085
Adv Beg	7 – 10	Sa	12 p.m. – 1:30 p.m.	3/19-4/23	7086	4/30-6/4	8086

Youth Camps

Little Tennis / Little Rallyers Camp (4 – 6 years)

Student/teacher ratio is 4:1 for Little Tennis and Little Rallyers. Optional 1.5 or 3 hour camp. 3 hour morning camp option includes snack break, playground time and other fun motor skill building activities.

Day	Time (1.5 – 3 Hrs)	Session	Code	Resident	Non-Resident
M - F	9 a.m. – 10:30 a.m.	4/11-4/15	71000	\$141	\$155
M - F	9 a.m. – 12 p.m.	4/11-4/15	71001	\$228	\$251

Improvement / Match Play A.M. Camps (7 – 15 years)

Student/teacher ratio is 8:1 for Improvement and Match Play Camps.

Day	Time (3 Hrs)	Session	Code	Resident	Non-Resident
M - F	9 a.m. – 12 p.m.	4/11-4/15	71002	\$182	\$206

Improvement / Match Play All Day Camps (7 – 15 years)

Student/teacher ratio is 8:1 for Improvement and Match Play Camps.

Day	Time (8 Hrs)	Session	Code	Resident	Non-Resident
M - F	9 a.m. – 5 p.m.	4/11-4/15	71003	\$425	\$481

Early Bird Drop Off (7 – 15 years)

Convenient Early Bird Drop-off option 8 – 9 a.m. For only \$20 per day, your student will get a head start on off-court activities with educational games, tactics, and strategy under the guidance of a Lifetime Tennis instructor. ***Must be enrolled in Improvement/Match Play A.M. or All Day Camp***

Day	Time (1 Hr)	Session	Code	Resident	Non-Resident
M - F	8 a.m. – 9 a.m.	4/11-4/15	71004	\$20	\$20

Adult Tennis Classes

Adult Tennis Lessons (16+)

Student/teacher ratio is 6:1. Fee for six-week class is \$169 resident, \$187 non-resident.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	M	6:30 p.m. – 8 p.m.	3/14-4/18	7049	4/25-5/30	8049
Beg	Tu	8 a.m. – 9:30 a.m.	3/15-4/19	7050	4/26-5/31	8050
Beg	W	6:30 p.m. – 8 p.m.	3/16-4/20	7051	4/27-6/1	8051
Beg	Sa	8:30 a.m. – 10 a.m.	3/19-4/23	7052	4/30-6/4	8052
Beg	Su	8:30 a.m. – 10 a.m.	3/20-4/24	7053	5/1-6/5	8053
Adv Beg	M	8 p.m. – 9:30 p.m.	3/14-4/18	7054	4/25-5/30	8054
Adv Beg	W	8:30 a.m. – 10 a.m.	3/16-4/20	7055	4/27-6/1	8055
Adv Beg	W	8 p.m. – 9:30 p.m.	3/16-4/20	7056	4/27-6/1	8056
Adv Beg	Sa	10 a.m. – 11:30 a.m.	3/19-4/23	7057	4/30-6/4	8057
Adv Beg	Su	10 a.m. – 11:30 a.m.	3/20-4/24	7058	5/1-6/5	8058
Int	M	8 p.m. – 9:30 p.m.	3/14-4/18	7059	4/25-5/30	8059
Int	W	8 p.m. – 9:30 p.m.	3/16-4/20	7060	4/27-6/1	8060
Int	Sa	11:30 a.m. – 1 p.m.	3/19-4/23	7061	4/30-6/4	8061
Int	Su	11:30 a.m. – 1 p.m.	3/20-4/24	7062	5/1-6/5	8062

Adult Tennis Lessons (16+)

Student/teacher ratio is 4:1. Fee for six-week class is \$142 resident, \$156 non-resident

Level	Day	Time (1Hr)	Session I	Code	Session II	Code
Beg	M	12 p.m. – 1 p.m.	3/14-4/18	7087	4/25-5/30	8087
Adv Beg	W	12 p.m. – 1 p.m.	3/16-4/20	7088	4/27-6/1	8088
Int	F	12 p.m. – 1 p.m.	3/18-4/22	7089	4/29-6/4	8089

Adult Specialty Classes

Adult Cardio Tennis Classes (16+)

Student/teacher ratio is 6:1. Fee for six-week class is \$85 resident, \$94 non-resident.

Level	Day	Time (45 Min)	Session I	Code	Session II	Code
Cardio	W	8 p.m. – 8:45 p.m.	3/16-4/20	7075	4/27-6/1	8075
Cardio	Sa	8:30 a.m. – 9:15 a.m.	3/19-4/23	7076	4/30-6/4	8076

Academy – USTA (16+)

Student/teacher ratio is 6:1. Fee for six-week class is \$169 resident, \$187 non-resident.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
NTRP 2.5 – 3.0	Tu	6:30 p.m. – 8 p.m.	3/15-4/19	7063	4/26-5/31	8063
NTRP 2.5 – 3.0	Su	8:30 a.m. – 10 a.m.	3/20-4/24	7064	5/1-6/5	8064
NTRP 3.0+	Tu	9 a.m. – 10:30 a.m.	3/15-4/19	7065	4/26-5/31	8065
NTRP 3.0+	Th	9 a.m. – 10:30 a.m.	3/17-4/21	7066	4/28-6/2	8066
NTRP 3.5 – 4.0	Th	6:30 p.m. – 8 p.m.	3/17-4/21	7067	4/28-6/2	8067
NTRP 3.5 – 4.0	Su	10 a.m. – 11:30 a.m.	3/20-4/24	7068	5/1-6/5	8068
NTRP 4.0+	W	6:30 p.m. – 8 p.m.	3/16-4/20	7069	4/27-6/1	8069

Adult Stroke Specific Classes (16+)

Student/teacher ratio is 6:1. Fee for six-week class is \$113 resident, \$125 non-resident. Intermediate+ level required.

Level	Day	Time (1 Hr)	Session I	Code	Session II	Code
Specialty Shots	Sa	2 p.m. – 3 p.m.	3/19-4/23	7072	4/30-6/4	8072
Passing Shots & Lobs	Sa	3 p.m. – 4 p.m.	3/19-4/23	7073	4/30-6/4	8073
Forehand/Backhand	Sa	4 p.m. – 5 p.m.	3/19-4/23	7074	4/30-6/4	8074

Adult Drill Classes (16+)

Student/teacher ratio is 6:1. Fee for six-week class is \$113 resident, \$125 non-resident. Intermediate+ level required.

Level	Day	Time (1 Hr)	Session I	Code	Session II	Code
Ladies' Adv Drill	Tu	7 p.m. – 8 p.m.	3/15-4/19	7077	4/26-5/31	8077
Men's Adv Drill	Tu	8 p.m. – 9 p.m.	3/15-4/19	7078	4/26-5/31	8078
Ladies' Adv Drill	F	7 p.m. – 8 p.m.	3/18-4/22	7079	4/29-6/3	8079
Men's Adv Drill	F	8 p.m. – 9 p.m.	3/18-4/22	7080	4/29-6/3	8080

Adult Matchplay **NEW** (16+)

Fee for six-week class is \$90 resident, \$95 non-resident.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
2.5-3.0	F	8 p.m. – 9:30 p.m.	3/18-4/22	7070	4/29-6/3	8070
3.5+	M	8 p.m. – 9:30 p.m.	3/14-4/18	7071	4/25-5/30	8071

Adult Camps

Quick Camp Tennis 101 **NEW** (16+)

Student/teacher ratio is 6:1. Fee for 3-hour camp is \$53 resident, \$59 non-resident.

Ideal for the beginning adult player who has limited or no experience and wants to begin playing a real game of tennis immediately. See lifetimetennis.com for additional details.

Level	Day	Time (3 Hrs)	Session I	Code	Session II	Code
101	Sa	3 p.m. – 6 p.m.	3/19	7200	4/30	8200
101	Sa	3 p.m. – 6 p.m.	4/2	7202	5/14	8202
101	Sa	3 p.m. – 6 p.m.	4/16	7204	5/28	8204

Quick Camp Tennis 201 **NEW** (16+)

Student/teacher ratio is 6:1. Fee for three-hour camp is \$53 resident, \$59 non-resident.

A continuation of Quick Start 101 for the adult player interested in more advanced concepts and understanding the path for improvement. For more information, visit www.lifetimetennis.com.

Level	Day	Time (3 Hrs)	Session I	Code	Session II	Code
201	Sa	3 p.m. – 6 p.m.	3/26	7200	5/7	8200
201	Sa	3 p.m. – 6 p.m.	4/9	7202	5/21	8202
201	Sa	3 p.m. – 6 p.m.	4/23	7204	6/4	8204