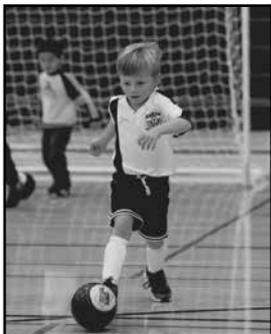




# AT THE BEGINNING



A play-based recreation program designed to provide children their first experience in a structured environment. Our goal is to encourage your child's imagination and creativity through a play-based learning environment. Our experienced staff will lead a variety of hands on activities such as art, language, storytelling, math readiness, circle time and music movement. Children must be toilet trained by 1st day of class. Please call (408) 730-7341, or visit us on the Web at [Preschool.inSunnyvale.com](http://Preschool.inSunnyvale.com), for more information.

## Lion Cubs (3years)

Designed to encourage children's social development through group activities such as circle time, art projects, stories, music and indoor/outdoor play. Meets 9:30am to noon on TuTh at Serra Park.

## Giraffes (3-4years)

Introduces children to enriching activities such as pre-writing skills, counting and language arts all through creative play, craft projects and story telling. Meets 9:30am-Noon on MWF at Las Palmas Park.

## Zebras (4-5years)

Encourages children's social development through group activities such as circle time, art projects, music and indoor/outdoor play. Pre-writing skills, counting and number recognition, language arts and science will also be covered. Meets 1:30-4:30pm on MWF at Serra Park.

## Tigers (4-5years)

The Tiger program includes activities such as music, dramatic play, language arts, letter and number recognition, number groups, writing, art and science. Meets 9:00am-12:30pm on MWF at both Serra and Ortega Parks.

Enrollment for the 2013/2014 school year has begun. A few spots are still available. Please call (408) 730-7341 for more information or to be placed on the wait list.

## Gymnastics

We ask family & friends to remain outside the gym during class time to avoid distractions for our students, except for the following: 1) At least one parent is required to remain present near and possibly observe in any class where only one staff member is coaching, 2) the parents of new students may stay during the first class of each session, 3) when a coach allows or invites a parent to stay. All are invited to observe the last class of each session and non-participating siblings must be held at all times during observation. Thank you for your cooperation.

### Gymnastics: ParentTots (1.5-3years)

A structured basic movement class for the young child, built around imaginative themes and gymnastics activities. A parent is required to participate in assisting the enrolled child, under the direction of the teacher. Only 1 participating child per parent. Siblings are not allowed in the gym during class time.

**Instructor:** California Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
<b>Location:</b> Indoor Sports Center					
613000.SA	1.5-3yrs	5/11-6/29	Sa*	9:00am-9:45am	\$113/\$141
613000.SB	1.5-3yrs	5/11-6/29	Sa*	11:00am-11:45am	\$113/\$141
113000.SA	1.5-3yrs	7/13-8/31	Sa	9:00am-9:45am	\$129/\$161
113000.SB	1.5-3yrs	7/13-8/31	Sa	11:00am-11:45am	\$129/\$161

**Location:** Recreation Center Preschool Room

613000.TA	1.5-3yrs	5/7-6/25	Tu	10:15am-11:00am	\$129/\$161
613000.WA	1.5-3yrs	5/8-6/26	W	9:15am-10:00am	\$129/\$161
613000.WB	1.5-3yrs	5/8-6/26	W	11:15am-12:00pm	\$129/\$161
613000.HA	1.5-3yrs	5/9-6/27	Th	10:15am-11:00am	\$129/\$161
613000.FB	1.5-3yrs	5/10-6/28	F	5:30pm-6:15pm	\$129/\$161
113000.TA	1.5-3yrs	7/9-8/27	Tu	10:15am-11:00am	\$129/\$161
113000.WA	1.5-3yrs	7/10-8/28	W	9:15am-10:00am	\$129/\$161
113000.WB	1.5-3yrs	7/10-8/28	W	11:15am-12:00pm	\$129/\$161
113000.HA	1.5-3yrs	7/11-8/29	Th	10:15am-11:00am	\$129/\$161
113000.FB	1.5-3yrs	7/12-8/30	F	5:30pm-6:15pm	\$129/\$161

\*No class 5/18



### Gymnastics: TinyTots (3-4years), TumbleTots (4-5years)

Children will have an introduction to gymnastic equipment with an emphasis on creative movement activities and organized circuit play. Instructors will lead a warm-up, and then rotate groups around events or circuits so that students may learn their movements and positions.

**Instructor:** California Sports Center

**Location:** Recreation Center Preschool Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
613010.MA	3-4yrs	5/6-6/24	M*	4:30pm-5:15pm	\$113/\$141
613010.MB	3-4yrs	5/6-6/24	M*	6:30pm-7:15pm	\$113/\$141
613010.TA	3-4yrs	5/7-6/25	Tu	9:15am-10:00am	\$129/\$161
613010.TB	3-4yrs	5/7-6/25	Tu	10:15am-11:00am	\$129/\$161
613010.TC	3-4yrs	5/7-6/25	Tu	11:15am-12:00pm	\$129/\$161
613010.TD	3-4yrs	5/7-6/25	Tu	3:30pm-4:15pm	\$129/\$161
613010.TE	3-4yrs	5/7-6/25	Tu	5:30pm-6:15pm	\$129/\$161
613010.WA	3-4yrs	5/8-6/26	W	10:15am-11:00am	\$129/\$161
613010.WB	3-4yrs	5/8-6/26	W	11:15am-12:00pm	\$129/\$161
613010.WC	3-4yrs	5/8-6/26	W	3:30pm-4:15pm	\$129/\$161
613010.WD	3-4yrs	5/8-6/26	W	6:30pm-7:15pm	\$129/\$161
613010.HC	3-4yrs	5/9-6/27	Th	9:15am-10:00am	\$129/\$161
613010.HD	3-4yrs	5/9-6/27	Th	11:15am-12:00pm	\$129/\$161
613010.HA	3-4yrs	5/9-6/27	Th	4:30pm-5:15pm	\$129/\$161
613010.HB	3-4yrs	5/9-6/27	Th	5:30pm-6:15pm	\$129/\$161
613010.FA	3-4yrs	5/10-6/28	F	11:15am-12:00pm	\$129/\$161
613010.FB	3-4yrs	5/10-6/28	F	4:30pm-5:15pm	\$129/\$161
613010.SA	3-4yrs	5/11-6/29	Sa*	9:00am-9:45am	\$113/\$141
613010.SB	3-4yrs	5/11-6/29	Sa*	10:00am-10:45am	\$113/\$141
613010.SC	3-4yrs	5/11-6/29	Sa*	12:00pm-12:45pm	\$113/\$141
113010.MA	3-4yrs	7/8-8/26	M	4:30pm-5:15pm	\$129/\$161
113010.MB	3-4yrs	7/8-8/26	M	6:30pm-7:15pm	\$129/\$161
113010.TA	3-4yrs	7/9-8/27	Tu	9:15am-10:00am	\$129/\$161
113010.TB	3-4yrs	7/9-8/27	Tu	10:15am-11:00am	\$129/\$161
113010.TC	3-4yrs	7/9-8/27	Tu	11:15am-12:00pm	\$129/\$161
113010.TD	3-4yrs	7/9-8/27	Tu	3:30pm-4:15pm	\$129/\$161
113010.TE	3-4yrs	7/9-8/27	Tu	5:30pm-6:15pm	\$129/\$161
113010.WA	3-4yrs	7/10-8/28	W	10:15am-11:00am	\$129/\$161
113010.WB	3-4yrs	7/10-8/28	W	11:15am-12:00pm	\$129/\$161
113010.WC	3-4yrs	7/10-8/28	W	3:30pm-4:15pm	\$129/\$161
113010.WD	3-4yrs	7/10-8/28	W	6:30pm-7:15pm	\$129/\$161
113010.HC	3-4yrs	7/11-8/29	Th	9:15am-10:00am	\$129/\$161
113010.HD	3-4yrs	7/11-8/29	Th	11:15am-12:00pm	\$129/\$161
113010.HA	3-4yrs	7/11-8/29	Th	4:30pm-5:15pm	\$129/\$161
113010.HB	3-4yrs	7/11-8/29	Th	5:30pm-6:15pm	\$129/\$161
113010.FA	3-4yrs	7/12-8/30	F	11:15am-12:00pm	\$129/\$161
113010.FB	3-4yrs	7/12-8/30	F	4:30pm-5:15pm	\$129/\$161
113010.SA	3-4yrs	7/13-8/31	Sa	9:00am-9:45am	\$129/\$161
113010.SB	3-4yrs	7/13-8/31	Sa	10:00am-10:45am	\$129/\$161
113010.SC	3-4yrs	7/13-8/31	Sa	12:00pm-12:45pm	\$129/\$161



Preschool

#### TinyTots/TumbleTots continued

613020.MA	4-5yrs	5/6-6/24	M*	3:30pm-4:15pm	\$113/\$141
613020.MB	4-5yrs	5/6-6/24	M*	5:30pm-6:15pm	\$113/\$141
613020.TA	4-5yrs	5/7-6/25	Tu	9:15am-10:00am	\$129/\$161
613020.TB	4-5yrs	5/7-6/25	Tu	11:15am-12:00pm	\$129/\$161
613020.TD	4-5yrs	5/7-6/25	Tu	4:30pm-5:15pm	\$129/\$161
613020.TE	4-5yrs	5/7-6/25	Tu	6:30pm-7:15pm	\$129/\$161
613020.WA	4-5yrs	5/8-6/26	W	9:15am-10:00am	\$129/\$161
613020.WB	4-5yrs	5/8-6/26	W	10:15am-11:00am	\$129/\$161
613020.WC	4-5yrs	5/8-6/26	W	4:30pm-5:15pm	\$129/\$161
613020.HA	4-5yrs	5/9-6/27	Th	9:15am-10:00am	\$129/\$161
613020.HB	4-5yrs	5/9-6/27	Th	10:15am-11:00am	\$129/\$161
613020.HC	4-5yrs	5/9-6/27	Th	11:15am-12:00pm	\$129/\$161
613020.HD	4-5yrs	5/9-6/27	Th	3:30pm-4:15pm	\$129/\$161
613020.HE	4-5yrs	5/9-6/27	Th	6:30pm-7:15pm	\$129/\$161
613020.FB	4-5yrs	5/10-6/28	F	10:15am-11:00am	\$129/\$161
613020.FA	4-5yrs	5/10-6/28	F	3:30pm-4:15pm	\$129/\$161
613020.SA	4-5yrs	5/11-6/29	Sa*	10:00am-10:45am	\$113/\$141
613020.SB	4-5yrs	5/11-6/29	Sa*	11:00am-11:45am	\$113/\$141
113020.MA	4-5yrs	7/8-8/26	M	3:30pm-4:15pm	\$129/\$161
113020.MB	4-5yrs	7/8-8/26	M	5:30pm-6:15pm	\$129/\$161
113020.TA	4-5yrs	7/9-8/27	Tu	9:15am-10:00am	\$129/\$161
113020.TB	4-5yrs	7/9-8/27	Tu	11:15am-12:00pm	\$129/\$161
113020.TD	4-5yrs	7/9-8/27	Tu	4:30pm-5:15pm	\$129/\$161
113020.TE	4-5yrs	7/9-8/27	Tu	6:30pm-7:15pm	\$129/\$161
113020.WA	4-5yrs	7/10-8/28	W	9:15am-10:00am	\$129/\$161
113020.WB	4-5yrs	7/10-8/28	W	10:15am-11:00am	\$129/\$161
113020.WC	4-5yrs	7/10-8/28	W	4:30pm-5:15pm	\$129/\$161
113020.HA	4-5yrs	7/11-8/29	Th	9:15am-10:00am	\$129/\$161
113020.HB	4-5yrs	7/11-8/29	Th	10:15am-11:00pm	\$129/\$161
113020.HC	4-5yrs	7/11-8/29	Th	11:15am-12:00pm	\$129/\$161
113020.HD	4-5yrs	7/11-8/29	Th	3:30pm-4:15pm	\$129/\$161
113020.HE	4-5yrs	7/11-8/29	Th	6:30pm-7:15pm	\$129/\$161
113020.FA	4-5yrs	7/12-8/30	F	3:30pm-4:15pm	\$129/\$161
113020.FB	4-5yrs	7/12-8/30	F	10:15am-11:00am	\$129/\$161
113020.SA	4-5yrs	7/13-8/31	Sa	10:15am-11:00am	\$129/\$161
113020.SB	4-5yrs	7/13-8/31	Sa	11:00am-11:45am	\$129/\$161

\*No class 5/18, 5/27





## Performing Arts: Music & Dance

### Important information about our dance classes.

#### GIRLS' ATTIRE

- Leotard and tights are required for any class that includes ballet or tap.
- T-shirt and shorts, jazz pants and leggings are acceptable for all other classes.

#### BOYS' ATTIRE

- T-shirt and shorts or sweatpants are acceptable for all classes.

#### SHOES

- For safety reasons, all students are required to wear shoes appropriate for each class. Students will not be allowed to participate without proper shoes.
- Ballet shoes with leather soles are required for any class that includes ballet. Ballet-style bedroom slippers are not acceptable.
- Tap shoes are required for any class that includes tap. However, tap shoes are not necessary until the second class meeting.
- Jazz shoes or tennis shoes are acceptable for hip hop and cheer dance classes.
- For Dancing Together, Tiny Tots Ballet and Preschool Hip Hop Boogie, students may also dance barefoot or in Robeez-type shoes with soft leather soles.
- For a list of South Bay stores which carry dance shoes, call the performing arts coordinator at (408) 730-7725.

#### PARENT OBSERVATIONS

Parents are welcome to observe the final class meeting of each term. Unless specifically allowed in the class description, parents are not permitted in the studio during class. We encourage parents to wait in the Dance Studio Lobby, particularly if they are concerned that their child may experience separation anxiety.

#### OTHER QUESTIONS

Contact the performing arts coordinator at (408) 730-7725. or email [tmclane@sunnyvale.ca.gov](mailto:tmclane@sunnyvale.ca.gov)

### Dancing Together (1.5-3years)

Dance hand in hand with your child! The instructor will guide you both through listening and movement activities and dances. Scarves, teddy bears, magic wands and other props add to the fun. Parent or caregiver participation is required.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
614020.WA	1.5-3yrs	5/8-6/12	W	9:30am-10:00am	\$69/\$86
114020.SA	1.5-3yrs	7/20-8/24	Sa	8:30am-9:00am	\$69/\$86

### Tumble Dance (2.5-4years)

Tumble to music! Basic tumbling moves like somersaults, jumps and leap frogs are incorporated into fun dance routines. Children develop confidence, balance, rhythm and body control working with props and partners. Class concludes with an in-class performance for family and friends.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
614031.SF	Beg	2.5-4yrs	6/1-6/29	Sa	12:50pm-1:20pm	\$59/\$74

### Tumble Dance Together (1.5-3years)

Tumble and dance together! Help your child learn basic tumbling moves like somersaults, cartwheels and leap frogs through fun dance routines and movement games. Play with a parachute, limbo bar and other fun props. Parent or caregiver participation is required.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
114030.WA	1.5-3yrs	6/26-7/17	W	9:00am-9:30am	\$49/\$61

### Hip Hop Boogie (2-7years)

Bounce, jump and spin! Basic hip hop moves are set to fun kids music in this energetic and action-packed class, designed to build confidence, coordination and rhythm. Class concludes with an in-class performance for family and friends.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
614330.WC	2-3yrs	5/8-6/12	W	10:55am-11:25am	\$69/\$86
614330.SC	2-3yrs	6/1-6/29	Sa	10:30am-11:00am	\$59/\$74
114330.MA	2-3yrs	6/24-7/15	M	9:45am-10:15am	\$49/\$61
114330.MC	4-6yrs	6/24-7/15	M	11:10am-11:55am	\$59/\$74
114330.SD	2-3yrs	7/20-8/24	Sa	10:30am-11:00am	\$69/\$86
114330.SG	4-7yrs	7/20-8/24	Sa	12:50pm-1:35pm	\$79/\$99

### Ballet/Tap (3-7years)

Let your little performer try both ballet and tap steps with fun dance activities like tippy toe turns, alligator walks and magic garden dances. Students will learn basic ballet and tap steps and dance terminology. Class concludes with an in-class performance for family and friends. Ballet and tap shoes are required.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
614421.MB	Beg	3-5yrs	5/6-6/10	M*	10:55am-11:40am	\$69/\$86
614421.JR	Beg	4-6yrs	5/9-6/13	Th	4:45pm-5:30pm	\$79/\$99
614421.SB	Beg	3-5yrs	6/1-6/29	Sa	9:40am-10:25am	\$69/\$86
114421.MB	Beg	3-5yrs	6/24-7/15	M	9:40am-10:25am	\$59/\$74
114421.SC	Beg	3-5yrs	7/20-8/24	Sa	9:40am-10:25am	\$79/\$99
114421.SF	Beg	4-7yrs	7/20-8/24	Sa	12:00pm-12:45pm	\$79/\$99

\*No class 5/27

### Little Dancer Combo (3-5years)

Can't decide on a favorite dance style? Beginning dancers can try them all: creative movement, ballet, tap, jazz and hip hop. Dancers will learn individual steps, across the floor movements and combinations while dancing to fun music. Class concludes with an in-class performance for family and friends.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
614491.JB	Beg	3-5yrs	5/9-6/13	Th	10:05am-10:50am	\$79/\$99
614491.SE	Beg	3-5yrs	6/1-6/29	Sa	10:05am-10:50am	\$69/\$86
114491.WD	Beg	3-5yrs	6/26-7/17	W	11:00am-11:45am	\$59/\$74





### Tiny Tots Ballet (2-3years)

Little dancers take their first ballet steps! Magic wands, teddy bears and tutus are all part of the fun, as students are introduced to ballet steps, creative movement and dance terminology. Prerequisite: Children should be ready to take class independently, while a parent or caregiver waits outside the classroom.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
614401.MA	Beg	2-3yrs	5/6-6/10	M*	10:20am-10:50am	\$59/\$74
614401.JC	Beg	2-3yrs	5/9-6/13	Th	10:55am-11:25am	\$69/\$86
614401.JP	Beg	2-3yrs	5/9-6/13	Th	3:20pm-3:50pm	\$69/\$86
614401.SA	Beg	2-3yrs	6/1-6/29	Sa	9:05am-9:35am	\$59/\$74
114401.WC	Beg	2-3yrs	6/26-7/17	W	10:25am-10:55am	\$49/\$61
114401.SB	Beg	2-3yrs	7/20-8/24	Sa	9:05am-9:35am	\$69/\$86

\*No class 5/27

### Princess Pre-Ballet (3-7years)

Little princesses will love the themed props and music featured in this imaginative ballet and creative movement class. Students are introduced to ballet steps, across-the-floor movement and dance combinations, developing grace and confidence along the way. Class concludes with an in-class performance for family and friends.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
614510.WB	3-5yrs	5/8-6/12	W	10:05am-10:50am	\$79/\$99
614510.JA	3-4yrs	5/9-6/13	Th	9:15am-10:00am	\$79/\$99
614510.JQ	3-5yrs	5/9-6/13	Th	3:55pm-4:40pm	\$79/\$99
614510.JS	4-7yrs	5/9-6/13	Th	5:35pm-6:20pm	\$79/\$99
614510.SD	3-5yrs	6/1-6/29	Sa	11:05am-11:50am	\$69/\$86
114510.WB	3-5yrs	6/26-7/17	W	9:35am-10:20am	\$59/\$74
114510.SE	3-5yrs	7/20-8/24	Sa	11:05am-11:50am	\$79/\$99



PreSchool

### Music Together (0-4years)

Sing, chant, clap, dance and play simple instruments together as a family! Through guided musical play, your child will learn to imitate tonal patterns and rhythms and begin to sing in tune. Learn to incorporate music into daily home life and encourage young children's natural musical development. International and historical song repertoire changes each term. Non-refundable materials fee of \$40 due at first class.

**Instructor:** Music For Families

**Location:** Creative Arts Center Meeting Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
114800.TA	0-4yrs	7/9-8/27	Tu	9:30am-10:15am	\$132/\$165
114800.TB	0-4yrs	7/9-8/27	Tu	10:30am-11:15am	\$132/\$165
114800.WA	0-4yrs	7/10-8/28	W	9:30am-10:15am	\$132/\$165
114800.WB	0-4yrs	7/10-8/28	W	10:30am-11:15am	\$132/\$165
114800.SA	0-4yrs	7/13-8/31	Sa	9:30am-10:15am	\$132/\$165
114800.SB	0-4yrs	7/13-8/31	Sa	10:30am-11:15am	\$132/\$165

### My First Drum Class (3-5years)

When your littlest drummer is ready to graduate from pots and pans to the real thing, explore percussion instruments specifically designed for small hands. This class emphasizes fun music experiences and an intro to music vocabulary, note values and the musical scale. Instruments used in class vary each term. Parent participation is welcome, but not required.

**Instructor:** Groove Academy of Drumming

**Location:** Santa Clara Vanguard Corps Hall, 1765 Space Park Drive Santa Clara

Class #	Age	Dates	Day	Time	Fee (Res/NR)
114860.MP	3-5yrs	6/17-8/5	M	2:30pm-3:00pm	\$129/\$161
114860.MQ	3-5yrs	6/17-8/5	M	4:00pm-4:30pm	\$129/\$161
114860.MR	3-5yrs	6/17-8/5	M	4:45pm-5:15pm	\$129/\$161
114860.FA	3-5yrs	6/21-8/9	F	10:00am-10:30am	\$129/\$161
114860.FB	3-5yrs	6/21-8/9	F	10:45am-11:15am	\$129/\$161



## Have a Birthday Party at the Sunnyvale Dance Studio!

For ages 3-8

Contact the Performing Arts Coordinator at (408) 730-7725 or

for more information and booking [tmclane@sunnyvale.ca.us](mailto:tmclane@sunnyvale.ca.us).

*Parties are usually scheduled for Saturday afternoons, 2:30-4:00 p.m., and must be booked at least four weeks in advance.*

TM



### Piano Keyboard Parent & Child (3-5years)

Help your young child learn basic piano skills, theory and music reading. Parent participation is required. Each student will have a keyboard for use in class; headphones with ¼" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Order non-refundable materials (book, flashcards) online at [www.noteworthy-music-school.org](http://www.noteworthy-music-school.org). Pay with credit card online or in class with check or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class. **Level 1** is for new students and returning students who have not yet completed Book 1. **Level 2** is for returning students continuing in the parent-child workbook series at their own pace.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Arts Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
614851.FP	1	3-5yrs	5/3-6/28	F*	2:00pm-2:45pm	\$89/\$111
614851.MP	1	3-5yrs	5/6-6/24	M*	1:00pm-1:45pm	\$79/\$99
614852.FQ	2	3-5yrs	5/3-6/28	F*	2:45pm-3:30pm	\$89/\$111
614852.MQ	2	3-5yrs	5/6-6/24	M*	1:45pm-2:30pm	\$79/\$99
614852.MR	2	3-5yrs	5/6-6/24	M*	2:30pm-3:15pm	\$79/\$99
114851.MQ	1	3-5yrs	7/8-8/26	M	1:00pm-1:45pm	\$89/\$111
114851.FP	1	3-5yrs	7/12-8/30	F	2:00pm-2:45pm	\$89/\$111
114852.MP	2	3-5yrs	7/8-8/26	M	12:15pm-1:00pm	\$89/\$111
114852.MR	2	3-5yrs	7/8-8/26	M	1:45pm-2:30pm	\$89/\$111
114852.FQ	2	3-5yrs	7/12-8/30	F	2:45pm-3:30pm	\$89/\$111

\*No class 5/17, 5/27

### Shining Stars (3-5years)

If your child likes dancing and singing, this is the place to shine! Your little star will learn fun children's songs and dances and build confidence practicing to perform them in front of an audience. Class concludes with an in-class performance for family and friends.

**Instructor:** Dance Force Kids

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
614451.MC	Beg	3-5yrs	5/6-6/10	M*	11:45am-12:30pm	\$69/\$86

\*No class 5/27

## Special Interest

### Big/Lil' Chefs (2.5-4.5years)

Cook simple recipes with your Mom, Dad or caretaker! This class incorporates monthly themed recipes, age-appropriate culinary skills, basic nutrition, stories and circle time. Sample what you cook at each class. Bring a non-refundable \$40 materials fee to first class. Parent participation required. Vegetarian and special diets are welcome: please call Young Chefs Academy at 408-738-CHEF before first class meeting.

**Instructor:** Young Chefs Academy

**Location:** Young Chefs Academy - 1336 S. Mary Ave., Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
617121.WA	Beg	2.5-4.5yrs	5/1-6/5	W	6:00pm-7:00pm	\$90/\$113
617121.JA	Beg	2.5-4.5yrs	5/2-6/6	Th	9:30am-10:30am	\$90/\$113
617121.FA	Beg	2.5-4.5yrs	5/3-6/7	F	10:30am-11:30am	\$90/\$113
617121.SA	Beg	2.5-4.5yrs	5/4-6/8	Sa	10:30am-11:30am	\$90/\$113
617121.SU	Beg	2.5-4.5yrs	5/5-6/9	Su	9:30am-10:30am	\$90/\$113



## Sports & Fitness

### Ice Skating Parent/Child (3-4years)

This is a fun experience for a parent and child to learn to ice skate together. Classes are geared to the child's level, so parents will learn quickly in this six week course. Children must be between 3-4years old. Cost includes skate rental for both parent and child, a 30 minute lesson from 10:00-10:30AM and practice from 10:30-11:00AM. Be sure to dress warmly, wear gloves and thick socks.

**Instructor:** Ice Center Staff

**Location:** Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
617411.WA	Beg	3-4yrs	6/5-7/10	W	10:00am-11:00am	\$82/\$103
No registration after 5/30						
117411.WA	Beg	3-4yrs	7/17-8/21	W	10:00am-11:00am	\$82/\$103

No registration after 7/11

### FTSA Parent/Child (1.5-3years)

This class is designed to encourage young children to get involved with a variety of sports such as basketball, t-ball, hockey and soccer. Children will develop gross motor skills, hand-eye coordination, and socialization skills. The last ten minutes of class will be devoted to story time. This class requires parent participation. Please wear comfortable athletic clothing and gym shoes (no black soled shoes allowed).

**Instructor:** Fun Tyme Sports Academy

**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
618550.TA	1.5-3yrs	5/14-6/25	Tu	10:15am-11:00am	\$113/\$141
618550.FA	1.5-3yrs	5/17-6/28	F	10:15am-11:00am	\$113/\$141
118550.TA	1.5-3yrs	7/16-8/27	Tu	10:15am-11:00am	\$113/\$141
118550.FA	1.5-3yrs	7/19-8/30	F	10:15am-11:00am	\$113/\$141

### Little Tigers Taekwondo 4-6 yr (4-6years)

The main training emphasis is on motor skills and coordination, learning focus drills such as directions, task completion and learning basic/intermediate kicking and punching concepts. Uniform, equipment, and testing are an additional fee. Tiger uniform required after first class and can be purchased from the instructor.

**Instructor:** Chris Hung

**Location:** Cala Center Dojang, 1111 W. El Camino Real, #117, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
618501.MA	Beg	4-6yrs	4/29-6/17	M*	3:00pm-3:30pm	\$104/\$130
618501.WA	Beg	4-6yrs	5/1-6/12	W	3:00pm-3:30pm	\$104/\$130
618501.SA	Beg	4-6yrs	5/4-6/15	Sa	10:00am-10:30am	\$104/\$130
118501.MA	Beg	4-6yrs	7/15-8/26	M	3:00pm-3:30pm	\$104/\$130
118501.WA	Beg	4-6yrs	7/17-8/28	W	3:00pm-3:30pm	\$104/\$130
118501.SA	Beg	4-6yrs	7/20-8/31	Sa	10:00am-10:30am	\$104/\$130

\*No class 5/27

### Futsal Indoor Soccer (3.5-5years)

Futsal is a fun, fast-paced soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3, low-bounce ball. The game consists of two teams of four players and a goalkeeper with unlimited substitutions and quick restarts.

Futsal Kingz programs have age-specific curriculum, innovative class formats and qualified professional coaching staff. This enables all players to develop their skills and have a great experience, whether they're the next Beckham or trying Futsal for the first time!

**Instructor:** Futsal Kingz

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
618661.RA	Beg	3.5-4yrs	5/2-6/20	Th	3:10pm-3:45pm	\$110/\$138
618661.RB	Beg	4-5yrs	5/2-6/20	Th	3:10pm-3:45pm	\$110/\$138
118661.RA	Beg	3.5-4yrs	7/11-8/15	Th	3:10pm-3:45pm	\$83/\$104
118661.RB	Beg	4-5yrs	7/11-8/15	Th	3:10pm-3:45pm	\$83/\$104



### Kidz Love Soccer (3.5-5years)

Children learn age-appropriate skills and techniques of the "World's Most Popular Sport" in a non-competitive environment, which encourages development of large motor skills, socialization skills and self-esteem. Shin guards are required after the first meeting. Note: During questionable weather, please call 1-888-372-5803- one-half hour before classes (or by 6pm) for class information.

**Instructor:** Kidz Love Soccer

Class #	Age	Dates	Day	Time	Fee (Res/NR)
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**Location:** Cupertino Middle School

618660.TE	4-5yrs	5/14-6/18	Tu	6:25pm-7:00pm	\$68/\$85
118660.TE	4-5yrs	7/16-8/27	Tu	6:25pm-7:00pm	\$79/\$99

**Location:** Las Palmas Park

618660.TA	3.5-4yrs	5/14-6/18	Tu	10:00am-10:30am	\$68/\$85
618660.TB	4-5yrs	5/14-6/18	Tu	10:30am-11:05am	\$68/\$85
618660.TC	4-5yrs	5/14-6/18	Tu	3:10pm-3:45pm	\$68/\$85
618660.TD	3.5-4yrs	5/14-6/18	Tu	4:30pm-5:00pm	\$68/\$85
118660.TA	3.5-4yrs	7/16-8/27	Tu	10:00am-10:30am	\$79/\$99
118660.TB	4-5yrs	7/16-8/27	Tu	10:30am-11:05am	\$79/\$99
118660.TC	4-5yrs	7/16-8/27	Tu	3:10pm-3:45pm	\$79/\$99
118660.TD	3.5-4yrs	7/16-8/27	Tu	4:30pm-5:00pm	\$79/\$99

**Location:** Ponderosa Park Field

618660.RA	4-5yrs	5/16-6/20	Th	4:40pm-5:15pm	\$68/\$85
618660.RB	3.5-4yrs	5/16-6/20	Th	5:15pm-5:45pm	\$68/\$85
118660.RA	4-5yrs	7/18-8/29	Th	4:40pm-5:15pm	\$79/\$99
118660.RB	3.5-4yrs	7/18-8/29	Th	5:15pm-5:45pm	\$79/\$99

**Location:** Serra Park

618660.WA	3.5-4yrs	5/15-6/19	W	5:15pm-5:45pm	\$68/\$85
618660.WB	4-5yrs	5/15-6/19	W	5:45pm-6:20pm	\$68/\$85
118660.WA	3.5-4yrs	7/17-8/28	W	5:15pm-5:45pm	\$79/\$99
118660.WB	4-5yrs	7/17-8/28	W	5:45pm-6:20pm	\$79/\$99

**Location:** Sunnyvale Middle School

618660.SA	3.5-4yrs	5/18-6/29	Sa*	9:00am-9:30am	\$68/\$85
618660.SB	4-5yrs	5/18-6/29	Sa*	9:30am-10:05am	\$68/\$85
618660.SC	4-5yrs	5/18-6/29	Sa*	11:00am-11:35am	\$68/\$85
118660.SA	3.5-4yrs	7/20-8/24	Sa	9:00am-9:30am	\$68/\$85
118660.SB	4-5yrs	7/20-8/24	Sa	9:30am-10:05am	\$68/\$85
118660.SC	4-5yrs	7/20-8/24	Sa	11:00am-11:35am	\$68/\$85

\*No class 5/25

### KLS Mommy/Daddy & Me (2-3.5years)

Your child will participate in fun, age-appropriate activities designed around soccer, the "World's Most Popular Sport," which encourages development of large motor skills, socialization skills and self-esteem and you don't have to watch from the sidelines. Note: During questionable weather, please call 1-888-372-5803 one-half hour before classes (or by 6pm) for class information.

**Instructor:** Kidz Love Soccer

Class #	Age	Dates	Day	Time	Fee (Res/NR)
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**Location:** Cupertino Middle School

618650.TB	2-3.5yrs	5/14-6/18	Tu	5:45pm-6:15pm	\$68/\$85
118650.TB	2-3.5yrs	7/16-8/27	Tu	5:45pm-6:15pm	\$79/\$99

**Location:** Las Palmas Park

618650.TA	2-3.5yrs	5/14-6/18	Tu	11:15am-11:45am	\$68/\$85
118650.TA	2-3.5yrs	7/16-8/27	Tu	11:15am-11:45am	\$79/\$99

**Location:** Sunnyvale Middle School

618650.SA	2-3.5yrs	5/18-6/29	Sa*	12:00pm-12:30pm	\$68/\$85
118650.SA	2-3.5yrs	7/20-8/24	Sa	12:00pm-12:30pm	\$68/\$85*

No class 5/25

## Visual Arts

### My First Art Class (1.5-5years)

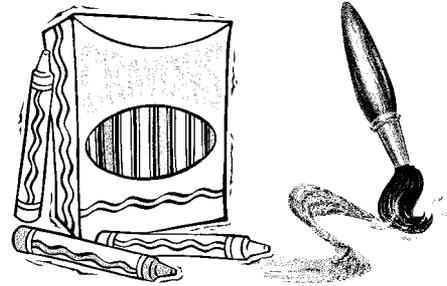
Explore five different art stations each week where children can experiment with a variety of different art materials and techniques. Emphasis is on process, not product. New themes and projects will be introduced year round. Parent participation is required. Please do not bring unregistered siblings to class. A non-refundable \$6 supply fee will be collected at first class. Wear clothes that can get messy. Smocks will be available in class.

**Instructor:** My First Art Class

**Location:** Creative Arts Center Art Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
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619020.TA	1.5-3yrs	5/7-5/28	Tu	9:00am-10:00am	\$54/\$68
619020.TB	2-5yrs	5/7-5/28	Tu	10:15am-11:15am	\$54/\$68
619020.TK	1.5-3yrs	6/4-6/25	Tu	9:00am-10:00am	\$54/\$68
619020.TL	2-5yrs	6/4-6/25	Tu	10:15am-11:15am	\$54/\$68
119020.TA	1.5-3yrs	7/9-7/30	Tu	9:00am-10:00am	\$54/\$68
119020.TB	2-5yrs	7/9-7/30	Tu	10:15am-11:15am	\$54/\$68
119020.TK	1.5-3yrs	8/6-8/27	Tu	9:00am-10:00am	\$54/\$68
119020.TL	2-5yrs	8/6-8/27	Tu	10:15am-11:15am	\$54/\$68



Preschool

RC

# FUN on the RUN

## June 17 – August 9

No program on July 4

This is a free program!—JUST DROP IN—snack provided. Parents must fill out an emergency card on the first day of participation. Space is limited, and is on a first-come, first-served basis. Program will be cancelled if there is inclement weather.

**Arts, Crafts, Games & Sports • Ages 6-12**  
**Snack Provided! • Look for our Colorful Truck**

Time	Monday	Tuesday
2 – 5pm	Serra Park 739 The Dalles Ave.	Ellis Elementary School 550 E. Olive Ave.
	Wednesday	Thursday
	Serra Park 739 The Dalles Ave.	Murphy Park 250 N. Sunnyvale Ave.



## Gymnastics

We ask family & friends to remain outside the gym during class time to avoid distractions for our students, except for the following: 1) At least one parent is required to remain present near and possibly observe in any class where only one staff member is coaching, 2) the parents of new students may stay during the first class of each session, 3) when a coach allows or invites a parent to stay. All are invited to observe the last class of each session and non-participating siblings must be held at all times during observation. Thank you for your cooperation.

### Gymnastics: Pre-Rec (5-6years)

This co-ed class prepares students for Rec, our Gymnastics FUNdamentals class. Coaches introduce and help students develop basic gymnastics skills on all the big kids' equipment, including balance beam, bars, vault, pommel horse, and parallel bars. A skill card is utilized to keep track of student progress.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
623030.MA	5-6yrs	5/6-6/24	M*	3:30pm-4:25pm	\$113/\$141
623030.MB	5-6yrs	5/6-6/24	M*	5:30pm-6:25pm	\$113/\$141
623030.MC	5-6yrs	5/6-6/24	M*	6:30pm-7:25pm	\$113/\$141
623030.TA	5-6yrs	5/7-6/25	Tu	3:30pm-4:25pm	\$129/\$161
623030.TB	5-6yrs	5/7-6/25	Tu	6:30pm-7:25pm	\$129/\$161
623030.WA	5-6yrs	5/8-6/26	W	3:30pm-4:25pm	\$129/\$161
623030.WB	5-6yrs	5/8-6/26	W	5:30pm-6:25pm	\$129/\$161
623030.HA	5-6yrs	5/9-6/27	Th	3:30pm-4:25pm	\$129/\$161
623030.HB	5-6yrs	5/9-6/27	Th	4:30pm-5:25pm	\$129/\$161
623030.FA	5-6yrs	5/10-6/28	F	3:30pm-4:25pm	\$129/\$161
623030.SC	5-6yrs	5/11-6/29	Sa*	9:00am-9:55am	\$113/\$141
623030.SA	5-6yrs	5/11-6/29	Sa*	10:00am-10:55am	\$113/\$141
623030.SB	5-6yrs	5/11-6/29	Sa*	11:00am-11:55am	\$113/\$141
123030.MA	5-6yrs	7/8-8/26	M	3:30pm-4:25pm	\$129/\$161
123030.MB	5-6yrs	7/8-8/26	M	5:30pm-6:25pm	\$129/\$161
123030.MC	5-6yrs	7/8-8/26	M	6:30pm-7:25pm	\$129/\$161
123030.TA	5-6yrs	7/9-8/27	Tu	3:30pm-4:25pm	\$129/\$161
123030.TB	5-6yrs	7/9-8/27	Tu	6:30pm-7:25pm	\$129/\$161
123030.WA	5-6yrs	7/10-8/28	W	3:30pm-4:25pm	\$129/\$161
123030.WB	5-6yrs	7/10-8/28	W	5:30pm-6:25pm	\$129/\$161
123030.HA	5-6yrs	7/11-8/29	Th	3:30pm-4:25pm	\$129/\$161
123030.HB	5-6yrs	7/11-8/29	Th	4:30pm-5:25pm	\$129/\$161
123030.FA	5-6yrs	7/12-8/30	F	3:30pm-4:25pm	\$129/\$161
123030.SC	5-6yrs	7/13-8/31	Sa	9:00am-9:55am	\$129/\$161
123030.SA	5-6yrs	7/13-8/31	Sa	10:00am-10:55am	\$129/\$161
123030.SB	5-6yrs	7/13-8/31	Sa	11:00am-11:55am	\$129/\$161

\*No class 5/18, 5/27



### Intro to Gymnastics - Co-Ed (6-16years)

This summer only class is a great introduction for kids new to the sport and an ideal way for current students to enjoy extra instruction time with our excellent coaches. Students will be introduced to fun and challenging skills on all of the Olympic events, including balance beam, bars, pommel horse, vault, and floor exercise (tumbling). No refunds or transfers for one and two day classes.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
623071.FA	Beg	6-16yrs	6/14	F	9:00am-12:00pm	\$40/\$50
623071.FB	Beg	6-16yrs	6/21	F	9:00am-12:00pm	\$40/\$50
623071.FC	Beg	6-16yrs	6/28	F	9:00am-12:00pm	\$40/\$50
123071.FA	Beg	6-16yrs	7/12	F	9:00am-12:00pm	\$40/\$50
123071.FB	Beg	6-16yrs	7/19	F	9:00am-12:00pm	\$40/\$50
123071.FC	Beg	6-16yrs	8/2	F	9:00am-12:00pm	\$40/\$50
123071.FD	Beg	6-16yrs	8/9	F	9:00am-12:00pm	\$40/\$50

### Learn To Flip-Co-Ed (6-10years)

This is a gymnastics class designed for children who would like to concentrate only on the tumbling and trampoline portion of gymnastics.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
623040.MA	6-10yrs	5/6-6/24	M*	4:30pm-5:25pm	\$113/\$141
623040.TA	6-10yrs	5/7-6/25	Tu	4:30pm-5:25pm	\$129/\$161
623040.HA	6-10yrs	5/9-6/27	Th	4:30pm-5:25pm	\$129/\$161
123040.MA	6-10yrs	7/8-8/26	M	4:30pm-5:25pm	\$129/\$161
123040.TA	6-10yrs	7/9-8/27	Tu	4:30pm-5:25pm	\$129/\$161
123040.HA	6-10yrs	7/11-8/29	Th	4:30pm-5:25pm	\$129/\$161

\*No class 5/27

### Gym: Boys Rec FUNdamentals (6-16years)

Boys classes focus on skills and routines on floor exercise, pommel horse, vault, parallel bars, high bar, and trampoline. In addition, coaches help students develop strength and flexibility. Coaches utilize skill cards to track student progress, and a signed certificate will show proof of level readiness before moving to the intermediate or advanced levels. On average, students take 1 year to complete a level; we recommend students attend year 'round or two days per week to increase the rate of learning.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
623101.MA	Beg	6-16yrs	5/6-6/24	M*	3:30pm-4:25pm	\$113/\$141
623101.TA	Beg	6-16yrs	5/7-6/25	Tu	3:30pm-4:25pm	\$129/\$161
623101.WA	Beg	6-16yrs	5/8-6/26	W	3:30pm-4:25pm	\$129/\$161
623101.WC	Beg	6-16yrs	5/8-6/26	W	6:30pm-7:25pm	\$129/\$161
623101.HB	Beg	6-16yrs	5/9-6/27	Th	6:30pm-7:25pm	\$129/\$161
623101.FA	Beg	6-16yrs	5/10-6/28	F	4:30pm-5:25p	\$129/\$161
623101.SA	Beg	6-16yrs	5/11-6/29	Sa*	9:00am-9:55am	\$113/\$141
623101.SB	Beg	6-16yrs	5/11-6/29	Sa*	11:00am-11:55am	\$113/\$141
123101.MA	Beg	6-16yrs	7/8-8/26	M	3:30pm-4:25pm	\$129/\$161
123101.TA	Beg	6-16yrs	7/9-8/27	Tu	3:30pm-4:25pm	\$129/\$161
123101.WA	Beg	6-16yrs	7/10-8/28	W	3:30pm-4:25pm	\$129/\$161
123101.WC	Beg	6-16yrs	7/10-8/28	W	6:30pm-7:25pm	\$129/\$161
123101.HB	Beg	6-16yrs	7/11-8/29	Th	6:30pm-7:25pm	\$129/\$161
123101.FA	Beg	6-16yrs	7/12-8/30	F	4:30pm-5:25pm	\$129/\$161
123101.SA	Beg	6-16yrs	7/13-8/31	Sa	9:00am-9:55am	\$129/\$161
123101.SB	Beg	6-16yrs	7/13-8/31	Sa	11:00am-11:55am	\$129/\$161

\*No class 5/18, 5/27



### Gymnastics:Boys Intermediate/Advanced (6-16years)

Congratulations for a successful completion in a FUNdamentals course! Now you will begin new challenges as you continue to grow as a gymnast. Students will be challenged with more difficult skills on each of the Olympic events and continue to work on strength and flexibility.

**Instructor:** California Sports Center  
**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
623103.MA	Int	6-16yrs	5/6-6/24	M*	4:30pm-5:25pm	\$113/\$141
623103.TB	Int	6-16yrs	5/7-6/25	Tu	6:30pm-7:25pm	\$129/\$161
623103.WB	Int	6-16yrs	5/8-6/26	W	4:30pm-5:25pm	\$129/\$161
623103.HA	Int	6-16yrs	5/9-6/27	Th	3:30pm-4:25pm	\$129/\$161
623103.FA	Int	6-16yrs	5/10-6/28	F	3:30pm-4:25pm	\$129/\$161
623103.SA	Int	6-16yrs	5/11-6/29	Sa*	10:00am-10:55am	\$113/\$141
633104.WA	Adv	6-16yrs	5/8-6/26	W	4:30pm-6:00pm	\$194/\$243
123103.MA	Int	6-16yrs	7/8-8/26	M	4:30pm-5:25pm	\$129/\$161
123103.TB	Int	6-16yrs	7/9-8/27	Tu	6:30pm-7:25pm	\$129/\$161
123103.WB	Int	6-16yrs	7/10-8/28	W	4:30pm-5:25pm	\$129/\$161
123103.HA	Int	6-16yrs	7/11-8/29	Th	3:30pm-4:25pm	\$129/\$161
123103.FA	Int	6-16yrs	7/12-8/30	F	3:30pm-4:25pm	\$129/\$161
123103.SA	Int	6-16yrs	7/13-8/31	Sa	10:00am-10:55am	\$129/\$161
133104.WA	Adv	6-16yrs	7/10-8/28	W	4:30pm-6:00pm	\$194/\$243

\*No class 5/18, 5/27

### Gym:Girls Rec FUNdamentals (6-16years)

Girls classes focus on skills and routines on vault, uneven bars, balance beam, floor exercises, and trampoline. In addition, coaches help students develop strength and flexibility. Coaches utilize skill cards to track student progress, and a signed certificate will show proof of level readiness before moving to the intermediate and advanced levels. On average, students take 1 year to complete a level; we recommend students attend year 'round or two days per week to increase the rate of learning.

**Instructor:** California Sports Center  
**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
623201.MA	Beg	6-16yrs	5/6-6/24	M*	3:30pm-4:25pm	\$113/\$141
623201.MD	Beg	6-16yrs	5/6-6/24	M*	6:30pm-7:25pm	\$113/\$141
623201.TB	Beg	6-16yrs	5/7-6/25	Tu	4:30pm-5:25pm	\$129/\$161
623201.TC	Beg	6-16yrs	5/7-6/25	Tu	5:30pm-6:25pm	\$129/\$161
623201.WA	Beg	6-16yrs	5/8-6/26	W	4:30pm-5:25pm	\$129/\$161
623201.WB	Beg	6-16yrs	5/8-6/26	W	6:30pm-7:25pm	\$129/\$161
623201.HA	Beg	6-16yrs	5/9-6/27	Th	3:30pm-4:25pm	\$129/\$161
623201.HC	Beg	6-16yrs	5/9-6/27	Th	5:30pm-6:25pm	\$129/\$161
623201.FA	Beg	6-16yrs	5/10-6/28	F	3:30pm-4:25pm	\$129/\$161
623201.FB	Beg	6-16yrs	5/10-6/28	F	4:30pm-5:25pm	\$129/\$161
623201.FC	Beg	6-16yrs	5/10-6/28	F	5:30pm-6:25pm	\$129/\$161
623201.SA	Beg	6-16yrs	5/11-6/29	Sa*	9:00am-9:55am	\$113/\$141
623201.SB	Beg	6-16yrs	5/11-6/29	Sa*	11:00am-11:55am	\$113/\$141
123201.MA	Beg	6-16yrs	7/8-8/26	M	3:30pm-4:25pm	\$129/\$161
123201.MD	Beg	6-16yrs	7/8-8/26	M	6:30pm-7:25pm	\$129/\$161
123201.TB	Beg	6-16yrs	7/9-8/27	Tu	4:30pm-5:25pm	\$129/\$161
123201.TC	Beg	6-16yrs	7/9-8/27	Tu	5:30pm-6:25pm	\$129/\$161
123201.WA	Beg	6-16yrs	7/10-8/28	W	4:30pm-5:25pm	\$129/\$161
123201.WB	Beg	6-16yrs	7/10-8/28	W	6:30pm-7:25pm	\$129/\$161
123201.HA	Beg	6-16yrs	7/11-8/29	Th	3:30pm-4:25pm	\$129/\$161
123201.HC	Beg	6-16yrs	7/11-8/29	Th	5:30pm-6:25pm	\$129/\$161
123201.FA	Beg	6-16yrs	7/12-8/30	F	3:30pm-4:25pm	\$129/\$161
123201.FB	Beg	6-16yrs	7/12-8/30	F	4:30pm-5:25pm	\$129/\$161
123201.FC	Beg	6-16yrs	7/12-8/30	F	5:30pm-6:25pm	\$129/\$161
123201.SA	Beg	6-16yrs	7/13-8/31	Sa	9:00am-9:55am	\$129/\$161
123201.SB	Beg	6-16yrs	7/13-8/31	Sa	11:00am-11:55am	\$129/\$161

\*No class 5/18, 5/27

### Gymnastics:Girls Intermediate/Advanced (6-16years)

Congratulations for a successful completion in a FUNdamentals course! Now you will begin new challenges as you continue to grow as a gymnast. Students will be challenged with more difficult skills on each of the Olympic events and continue to work on strength and flexibility.

**Instructor:** California Sports Center  
**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
623203.MB	Int	6-16yrs	5/6-6/24	M*	4:30pm-5:25pm	\$113/\$141
623203.MC	Int	6-16yrs	5/6-6/24	M*	5:30pm-6:25pm	\$113/\$141
623203.TB	Int	6-16yrs	5/7-6/25	Tu	3:30pm-4:25pm	\$129/\$161
623203.WA	Int	6-16yrs	5/8-6/26	W	3:30pm-4:25pm	\$129/\$161
623203.WC	Int	6-16yrs	5/8-6/26	W	5:30pm-6:25pm	\$129/\$161
623203.HB	Int	6-16yrs	5/9-6/27	Th	4:30pm-5:25pm	\$129/\$161
623203.HD	Int	6-16yrs	5/9-6/27	Th	6:30pm-7:25pm	\$129/\$161
623203.FA	Int	6-16yrs	5/10-6/28	F	5:30pm-6:25pm	\$129/\$161
623203.SB	Int	6-16yrs	5/11-6/29	Sa*	10:00am-10:55am	\$113/\$141
623203.SC	Int	6-16yrs	5/11-6/29	Sa*	12:00pm-12:55pm	\$113/\$141
633204.TA	Adv	6-16yrs	5/7-6/25	Tu	4:30pm-6:00pm	\$194/\$243
633204.TB	Adv	6-16yrs	5/7-6/25	Tu	6:30pm-8:00pm	\$194/\$243
633204.TC	Adv	6-16yrs	5/7-6/27	TuTh	6:30pm-8:00pm	\$350/\$400
633204.WB	Adv	6-16yrs	5/8-6/26	W	6:30pm-8:00pm	\$194/\$243
633204.HA	Adv	6-16yrs	5/9-6/27	Th	6:30pm-8:00pm	\$194/\$243
633204.SA	Adv	6-16yrs	5/11-6/29	Sa*	12:00pm-1:30pm	\$170/\$213
123203.MB	Int	6-16yrs	7/8-8/26	M	4:30pm-5:25pm	\$129/\$161
123203.MC	Int	6-16yrs	7/8-8/26	M	5:30pm-6:25pm	\$129/\$161
123203.TB	Int	6-16yrs	7/9-8/27	Tu	3:30pm-4:25pm	\$129/\$161
123203.WA	Int	6-16yrs	7/10-8/28	W	3:30pm-4:25pm	\$129/\$161
123203.WC	Int	6-16yrs	7/10-8/28	W	5:30pm-6:25pm	\$129/\$161
123203.HB	Int	6-16yrs	7/11-8/29	Th	4:30pm-5:25pm	\$129/\$161
123203.HD	Int	6-16yrs	7/11-8/29	Th	6:30pm-7:25pm	\$129/\$161
123203.FA	Int	6-16yrs	7/12-8/30	F	5:30pm-6:25pm	\$129/\$161
123203.SB	Int	6-16yrs	7/13-8/31	Sa	10:00am-10:55am	\$129/\$161
123203.SC	Int	6-16yrs	7/13-8/31	Sa	12:00pm-12:55pm	\$129/\$161
133204.TA	Adv	6-16yrs	7/9-8/27	Tu	4:30pm-6:00pm	\$194/\$243
133204.TC	Adv	6-16yrs	7/9-8/29	TuTh	6:30pm-8:00pm	\$350/\$400
133204.TB	Adv	6-16yrs	7/9-8/27	Tu	6:30pm-8:00pm	\$194/\$243
133204.WB	Adv	6-16yrs	7/10-8/28	W	6:30pm-8:00pm	\$194/\$243
133204.HA	Adv	6-16yrs	7/11-8/29	Th	6:30pm-8:00pm	\$194/\$243
133204.SA	Adv	6-16yrs	7/13-8/31	Sa	12:00pm-1:30pm	\$194/\$243

\*No class 5/18, 5/27



Youth



## Performing Arts: Music & Dance

### Beginning to Drum (10-15years)

Got rhythm? Get started right by learning the proper way to hold drum sticks, how to let drumsticks bounce off the drum pad and how to play different rhythms. Play songs on the bells using mallets. Drumsticks and stick bag are required. For a list of South Bay stores that carry these, call the Performing Arts Coordinator at (408) 730-7725.

**Instructor:** Groove Academy of Drumming

**Location:** Santa Clara Vanguard Corps Hall, 1765 Space Park Drive Santa Clara

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
124861.MP	Beg	10-12yrs	6/17-8/5	M	6:00pm-6:50pm	\$129/\$162
124861.MQ	Beg	13-15yrs	6/17-8/5	M	6:00pm-6:50pm	\$129/\$162

### Cheer FUNDamentals (6-16years)

An introduction to cheerleading with a mix of gymnastics tumbling skills, jumps, group formation, stunts, and high energy choreographed dance. Participants perform for parents on the last day of the session.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
623050.MA	6-16yrs	5/6-6/24	M*	5:30pm-6:25pm	\$113/\$141
623050.WA	6-16yrs	5/8-6/26	W	5:30pm-6:25pm	\$129/\$161
623050.FA	6-16yrs	5/10-6/28	F	4:30pm-5:25pm	\$129/\$161
123050.MA	6-16yrs	7/8-8/26	M	5:30pm-6:25pm	\$129/\$161
123050.WA	6-16yrs	7/10-8/28	W	5:30pm-6:25pm	\$129/\$161
123050.FA	6-16yrs	7/12-8/30	F	4:30pm-5:25pm	\$129/\$161

\*No class 5/27

### Fun with Drums (6-10years)

Play drums from around the world, as well as found percussion objects like brooms and plastic buckets. Beginners will have fun and be inspired by creative, expressive and rhythmic activities. The 6- to 7-year-old class introduces different types of drums. The 8- to 10 year-old class emphasizes beat and rhythm control to develop motor and communication skills. Instruments used in class vary each term.

**Instructor:** Groove Academy of Drumming

**Location:** Santa Clara Vanguard Corps Hall, 1765 Space Park Drive Santa Clara

Class #	Age	Dates	Day	Time	Fee (Res/NR)
124860.MP	6-7yrs	6/17-8/5	M	1:00pm-1:40pm	\$129/\$162
124860.MQ	6-7yrs	6/17-8/5	M	4:00pm-4:40pm	\$129/\$162
124860.MR	8-10yrs	6/17-8/5	M	2:00pm-2:40pm	\$129/\$162
124860.MS	8-10yrs	6/17-8/5	M	5:00pm-5:40pm	\$129/\$162

### Guitar (6-12years)

Learn basic guitar skills, including chords, scales and music reading. Bring your own guitar. Non-refundable materials fee of \$12 due at first class meeting.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
624831.FQ	1	6-12yrs	5/3-6/28	F*	5:15pm-6:00pm	\$89/\$111
624832.FP	2	6-12yrs	5/3-6/28	F*	4:30pm-5:15pm	\$89/\$111
624832.FR	2	6-12yrs	5/3-6/28	F*	6:00pm-6:45pm	\$89/\$111
124831.FQ	1	6-12yrs	7/12-8/30	F	5:15pm-6:00pm	\$89/\$111
124832.FP	2	6-12yrs	7/12-8/30	F	4:30pm-5:15pm	\$89/\$111
124832.FR	2	6-12yrs	7/12-8/30	F	6:00pm-6:45pm	\$89/\$111

\*No class 5/17

### Hip Hop Dance (6-15years)

Hip hop, don't stop! This super high-energy class will get you moving like the dancers in your favorite videos. You'll learn to count music, dance with strong movement, develop your own unique hip hop style and build confidence to perform in front of an audience. Class uses age appropriate music and moves.

**Instructor:** Linh Ton

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
624320.MP	6-10yrs	5/6-6/24	M*	5:30pm-6:30pm	\$69/\$86
624320.MQ	11-15yrs	5/6-6/24	M*	6:30pm-7:30pm	\$69/\$86
124320.MP	6-10yrs	7/8-8/26	M	5:30pm-6:30pm	\$79/\$99
124320.MQ	11-15yrs	7/8-8/26	M	6:30pm-7:30pm	\$79/\$99

\*No class 5/27

### Melody's Group Piano (4-7years)

Children develop piano keyboard skills and general music ability, including singing, ear-training, music theory, rhythm, sight-reading through a variety of activities. Older children also try composition. Class concludes with a piano recital. Non-refundable materials fee of \$45 due at first class meeting. Parents are required to attend weekly with their children. Children should have access to a keyboard or piano to practice between lessons.

**Instructor:** Melody Academy of Music

**Location:** Melody Academy of Music, 1299 Water Lily Way, #10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
624901.C1	Beg	4-5yrs	5/2-6/6	Th	3:30pm-4:15pm	\$144/\$180
624901.C2	Beg	5-7yrs	5/2-6/6	Th	4:30pm-5:15pm	\$144/\$180
124901.C1	Beg	4-5yrs	6/15-7/20	Sa	10:00am-10:45am	\$144/\$180
124901.C2	Beg	4-5yrs	6/18-7/23	Tu	5:00pm-5:45pm	\$144/\$180
124901.C3	Beg	4-5yrs	6/23-7/28	Su	1:45pm-2:30pm	\$144/\$180
124901.C4	Beg	5-7yrs	6/16-7/21	Su	9:00am-9:45am	\$144/\$180
124901.C5	Beg	5-7yrs	6/18-7/23	Tu	5:45pm-6:30pm	\$144/\$180
124901.C6	Beg	5-7yrs	6/23-7/28	Su	2:30pm-3:15pm	\$144/\$180

### Melody's Group Violin (6-10years)

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. Class concludes with a violin recital. Non-refundable materials fee of \$45 is due to instructor at first class meeting; materials fee includes six-week violin rental. Parents are required to attend weekly with their children.

**Instructor:** Melody Academy of Music

**Location:** Melody Academy of Music, 1299 Water Lily Way # 10, San Jose

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
624871.C1	Beg	6-10yrs	5/2-6/6	Th	5:30pm-6:15pm	\$144/\$180
124871.C1	Beg	6-10yrs	6/15-7/20	Sa	3:45pm-4:30pm	\$144/\$180
124871.C2	Beg	6-10yrs	6/18-7/23	Tu	6:30pm-7:15pm	\$144/\$180
124871.C3	Beg	6-10yrs	7/21-8/25	Su	5:00pm-5:45pm	\$144/\$180





### Special Interest

#### Kinder Chefs (4.5-6.5years)

Kinder Chefs will cook up their very own kind of fun, with curriculum and recipes geared for Pre-K and K students. Participants will make two recipes, eat what they've made, read a story and play a cooking related game. A non-refundable \$60 material fee will be collected at first class. Vegetarian and special diets welcome. Please call Young Chefs Academy at 408-738-CHEF before first class.

**Instructor:** Young Chefs Academy

**Location:** Young Chefs Academy, 1336 S. Mary Ave., Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
627131.WA	Beg	4.5-6.5yrs	5/1-6/5	W	4:00pm-5:30pm	\$120/\$150
627131.JA	Beg	4.5-6.5yrs	5/2-6/6	Th	4:00pm-5:30pm	\$120/\$150
627131.FA	Beg	4.5-6.5yrs	5/3-6/7	F	4:00pm-5:30pm	\$120/\$150

#### Young Chefs (7-10years)

Cook recipes based on a different theme each week. Principles of kitchen safety, proper food handling, basic cooking and baking techniques, food presentation, table setting, and table manners will be included. A non-refundable \$60 materials fee will be collected at first class. Participants must be able to read a simple recipe. Vegetarian and special diets welcome. Please call Young Chefs Academy at 408-738-CHEF before first class.

**Instructor:** Young Chefs Academy

**Location:** Young Chefs Academy - 1336 S. Mary Ave., Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
627141.WA	Beg	7-10yrs	5/1-6/5	W	4:00pm-5:30pm	\$120/\$150
627141.JA	Beg	7-10yrs	5/2-6/6	Th	4:00pm-5:30pm	\$120/\$150
627141.FA	Beg	7-10yrs	5/3-6/7	F	4:00pm-5:30pm	\$120/\$150
627141.SU	Beg	7-10yrs	5/5-6/9	Su	9:00am-10:30am	\$120/\$150

#### Tween Chefs (11-14years)

Calling all budding Tween Chefs! Our experienced chef instructors will inspire our Tween Chefs to master the fundamentals and key techniques of cooking and baking skills. Bring a non-refundable \$60 supply fee to first class. Vegetarian and special diets are welcome; please call Young Chefs Academy at 408-738-CHEF before first class meeting.

**Instructor:** Young Chefs Academy

**Location:** Young Chefs Academy, 1336 S. Mary Ave., Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
637151.JA	Beg	11-14yrs	5/2-6/6	Th	6:00pm-7:30pm	\$120/\$150



#### Piano Keyboard (6-12years)

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with 1/4" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Order non-refundable materials (book, flashcards) online at [www.noteworthy-music-school.org](http://www.noteworthy-music-school.org). Pay with credit card online or in class with check or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class.

**Level 1 - Beginning:** Start with the fundamentals of piano, learning the keys and basic theory.

**Level 2 - Advanced Beginning-Advanced:** Progress through workbook series, with weekly one-on-one coaching from teacher. Prerequisite: One session of beginning level or familiarity with the keyboard, note reading.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
624851.MQ	1	6-12yrs	5/6-6/24	M*	4:15pm-5:00pm	\$79/\$99
624851.WQ	1	6-12yrs	5/8-6/26	W	4:15pm-5:00pm	\$89/\$111
624851.WS	1	6-12yrs	5/8-6/26	W	6:15pm-7:00pm	\$89/\$111
624852.MP	2	6-12yrs	5/6-6/24	M*	3:30pm-4:15pm	\$79/\$99
624852.MR	2	6-12yrs	5/6-6/24	M*	5:00pm-5:45pm	\$79/\$99
624852.MS	2	6-12yrs	5/6-6/24	M*	6:15pm-7:00pm	\$79/\$99
624852.MT	2	6-12yrs	5/6-6/24	M*	7:00pm-7:45pm	\$79/\$99
624852.WP	2	6-12yrs	5/8-6/26	W	3:30pm-4:15pm	\$89/\$111
624852.WR	2	6-12yrs	5/8-6/26	W	5:00pm-5:45pm	\$89/\$111
624852.WT	2	6-12yrs	5/8-6/26	W	7:00pm-7:45pm	\$89/\$111
624852.FR	2	6-12yrs	5/3-6/28	F*	3:30pm-4:15pm	\$89/\$111
124851.MQ	1	6-12yrs	7/8-8/26	M	4:15pm-5:00pm	\$89/\$111
124851.WQ	1	6-12yrs	7/10-8/28	W	4:15pm-5:00pm	\$89/\$111
124851.WS	1	6-12yrs	7/10-8/28	W	6:15pm-7:00pm	\$89/\$111
124852.MP	2	6-12yrs	7/8-8/26	M	3:30pm-4:15pm	\$89/\$111
124852.MR	2	6-12yrs	7/8-8/26	M	5:00pm-5:45pm	\$89/\$111
124852.MS	2	6-12yrs	7/8-8/26	M	6:15pm-7:00pm	\$89/\$111
124852.MT	2	6-12yrs	7/8-8/26	M	7:00pm-7:45pm	\$89/\$111
124852.WP	2	6-12yrs	7/10-8/28	W	3:30pm-4:15pm	\$89/\$111
124852.WR	2	6-12yrs	7/10-8/28	W	5:00pm-5:45pm	\$89/\$111
124852.WT	2	6-12yrs	7/10-8/28	W	7:00pm-7:45pm	\$89/\$111
124852.FR	2	6-12yrs	7/12-8/30	F	3:30pm-4:15pm	\$89/\$111

\*No class 5/17, 5/27

#### Ukulele (6-12years)

Learn basic ukulele skills, including chords, scales and music reading at your own pace. Order non-refundable materials (\$12) online at [www.noteworthy-music-school.org](http://www.noteworthy-music-school.org). Pay with credit card online or in class with check, exact cash, or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
624931.FQ	1	6-12yrs	5/3-6/28	F*	7:30pm-8:15pm	\$89/\$111
624932.FR	2	6-12yrs	5/3-6/28	F*	6:45pm-7:30pm	\$89/\$111
124931.FQ	1	6-12yrs	7/12-8/30	F	7:30pm-8:15pm	\$89/\$111
124932.FR	2	6-12yrs	7/12-8/30	F	6:45pm-7:30pm	\$89/\$111

\*No class 5/17



## Sports & Fitness

### Ice Skating (5-14years)

This introductory class will include forward and backward marching and skating, falling and getting up, and stopping. No intermediate or advanced techniques will be taught. Each of the six lessons provide 30 minutes of instruction and 30 minutes of practice time on the ice (practice time will be from 5:45-6:15PM for ages 5-14.) Be sure to dress warmly, wear gloves and thick socks. Skate rental is included in the class fee.

**Instructor:** Ice Center Staff

**Location:** Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
627411.MA	Beg	5-7yrs	6/3-7/8	M	5:15pm-6:15pm	\$82/\$103
627411.MB	Beg	8-14yrs	6/3-7/8	M	5:45pm-6:45pm	\$82/\$103
<i>No registration after 5/30</i>						
127411.MA	Beg	5-7yrs	7/15-8/19	M	5:15pm-6:15pm	\$82/\$103
127411.MB	Beg	8-14yrs	7/15-8/19	M	5:45pm-6:45pm	\$82/\$103

*No registration after 7/11*

### Intro to Hockey Skating (6-14years)

Students will learn to skate in a controlled manner that is necessary to be a hockey player. Balance, use of blade edges, forwards and backwards skating, crossovers, stopping and stick handling will be emphasized. Students must provide a stick and helmet with full cage by the first class. Skate rental will be included. Practice session is 3:30pm- 4:00pm. Lesson is from 4:15-4:45PM. Beginning skating skills are required.

**Instructor:** Ice Center Staff

**Location:** Vallco Mall, 10123 N. Wolfe Rd., Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
627431.TA	Beg	6-14yrs	5/28-7/9	Tu*	3:30pm-4:45pm	\$82/\$103
<i>No registration after 5/23 *No class 7/2</i>						
127431.TA	Beg	6-14yrs	7/23-8/27	Tu	3:30pm-4:45pm	\$82/\$103

*No registration after 7/18*

### FTSA Basketball (5-14years)

Have fun sharpening your basketball skills and strategies, including strengthening and conditioning; boys will guard boys and girls will guard girls.

**Beginning/Intermediate:** Passing, shooting, dribbling and offensive/defensive moves are covered. Session ends with four Fun Tyme challenges with challenge winners awarded prizes: dribble and lay-up challenge, spot shot challenge, passing challenge and 3 on 3 tournament.

**Intermediate/Advanced:** Sharpening fundamental skills and offensive/defensive strategies are covered. The first half of each class will focus on skills while the second half focuses on team play. Prizes will be awarded to the winners of Fun Tyme challenges.

Gym shoes are required (no black soled shoes allowed).

**Instructor:** Fun Tyme Sports Academy

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
628101.MA	Beg	5-7yrs	5/13-6/24	M	3:30pm-4:45pm	\$113/\$141
628101.TA	Beg	8-9yrs	5/14-6/25	Tu	3:30pm-4:45pm	\$113/\$141
628101.WA	Beg	10-11yrs	5/15-6/26	W	3:30pm-4:45pm	\$113/\$141
628102.FA	Int/Adv	11-14yrs	5/17-6/28	F	3:30pm-4:45pm	\$113/\$141
128101.MA	Beg	5-7yrs	7/15-8/26	M	3:30pm-4:45pm	\$113/\$141
128101.TA	Beg	8-9yrs	7/16-8/27	Tu	3:30pm-4:45pm	\$113/\$141
128101.WA	Beg	10-11yrs	7/17-8/28	W	3:30pm-4:45pm	\$113/\$141
128102.FA	Int/Adv	11-14yrs	7/19-8/30	F	3:30pm-4:45pm	\$113/\$141

### Chang Tai Do Karate (4-7years)

Introduction to proper stretching, basic blocks, punches, kicks, strikes, and what to do to defend off an attacker. Children's natural curiosity and playfulness combined with basic Karate drill help develop coordination, mental focus and alertness. A great way to learn discipline, respect, self-confidence, help release energy and prepare students for future, more structured classes. Uniform, equipment and testing are additional fees and are non-refundable. White belts up to two stripes. Uniform required after 1st class.

**Instructor:** Chang Tai Do Staff

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
<b>Location:</b> Las Palmas Park						
628451.SA	Beg	4-7yrs	5/5-6/16	Su	1:00pm-2:00pm	\$104/\$130
128451.SA	Beg	4-7yrs	7/7-8/18	Su	1:00pm-2:00pm	\$104/\$130

**Location:** Ponderosa Park

628451.FA	Beg	4-7yrs	5/10-6/21	F	5:30pm-6:30pm	\$104/\$130
128451.FA	Beg	4-7yrs	7/12-8/23	F	5:30pm-6:30pm	\$104/\$130

### ChangTaiDo Karate for Families (8years & older)

BEG: Introduction to the history and terminology of Chang Tai Do Karate. Students will learn proper stretching, basic blocks, punches, kicks, self defense, and forms (Kata). Returning students will also learn sparring. Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance and skills to defend oneself. This is a great opportunity for family and friends to get in shape, reduce stress and spend quality time together. White and yellow belt.

INT/ADV: Students will be drilled on blocks, punches, kicks, self defense, forms (Kata), sparring (Kumite and Escrima Sticks), as well as combination techniques. Stretching time will NOT be extensive. Students will be responsible for stretching before class to avoid injury. Orange belt and above.

Uniforms required after 1st class for both BEG and INT/ADV. Equipment (for returning students) and testing are an additional fee and non-refundable.

**Instructor:** Chang Tai Do Staff

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
<b>Location:</b> Las Palmas Park						
628461.SA	Beg	8&older	5/5-6/16	Su	2:00pm-4:00pm	\$138/\$173
628462.SA	Int/Adv	8&older	5/5-6/16	Su	4:00pm-6:00pm	\$138/\$173
128461.SA	Beg	8&older	7/7-8/18	Su	2:00pm-4:00pm	\$138/\$173
128462.SA	Int/Adv	8&older	7/7-8/18	Su	4:00pm-6:00pm	\$138/\$173

**Location:** Ponderosa Park Building

628461.TA	Beg	8&older	5/7-6/21	TuF	6:30pm-7:30pm	\$138/\$173
628462.TA	Int/Adv	8&older	5/7-6/21	TuF	7:30pm-8:30pm	\$138/\$173
128461.TA	Beg	8&older	7/9-8/23	TuF	6:30pm-7:30pm	\$138/\$173
128462.TA	Int/Adv	8&older	7/9-8/23	TuF	7:30pm-8:30pm	\$138/\$173

### Martial Sport Fencing (8-14years)

A safe form of fencing based on techniques similar to Japanese and European fencing. Students will learn basic proficiency, etiquette and terminology. Foundations of footwork, stances, timing, and offensive and defensive parrying will be covered. Students will participate in games and bouts with classmates. Protective gear and uniform are required after first class.

**Instructor:** Chris Hung

**Location:** Cala Center Dojang, 1111 W. El Camino Real, #117, Sunnyvale

Class #	Age	Dates	Day	Time	Fee (Res/NR)
628410.SA	8-14yrs	5/4-6/15	Sa	1:15pm-2:15pm	\$112/\$140
128410.SA	8-14yrs	7/20-8/31	Sa	1:15pm-2:15pm	\$112/\$140



### Tigers Taekwondo (7-14years)

The main training emphasis is on motor skills and coordination, learning focus drills such as directions, task completion and learning basic/intermediate kicking and punching concepts. Uniform, equipment, and testing are an additional fee. Tiger uniform required after first class and can be purchased from the instructor.

**Instructor:** Chris Hung

**Location:** Cala Center Dojang, 1111 W. El Camino Real, #117, Sunnyvale

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
628501.MA	Beg	7-14yrs	4/29-6/17	M*	3:30pm-4:15pm	\$104/\$130
628501.WA	Beg	7-14yrs	5/1-6/12	W	3:30pm-4:15pm	\$104/\$130
628501.FA	Beg	7-14yrs	5/3-6/14	F	4:15pm-5:00pm	\$104/\$130
628501.SA	Beg	7-14yrs	5/4-6/15	Sa	9:15am-10:00am	\$104/\$130
128501.MA	Beg	7-14yrs	7/15-8/26	M	3:30pm-4:15pm	\$104/\$130
128501.WA	Beg	7-14yrs	7/17-8/28	W	3:30pm-4:15pm	\$104/\$130
128501.FA	Beg	7-14yrs	7/19-8/30	F	3:30pm-4:15pm	\$104/\$130
128501.SA	Beg	7-14yrs	7/20-8/31	Sa	9:15am-10:00am	\$104/\$130

\*No class 5/27

### Futsal Kingz Indoor Soccer (5-12years)

Futsal is a fun, fast-paced soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3, low-bounce ball. The game consists of two teams of four players and a goalkeeper with unlimited substitutions and quick restarts.

Futsal Kingz programs have age-specific curriculum, innovative class formats and qualified professional coaching staff. This enables all players to develop their skills and have a great experience, whether they're the next Beckham or trying Futsal for the first time!

**Instructor:** Futsal Kingz

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
628661.RA	Beg	5-6yrs	5/2-6/20	Th	3:45pm-4:45pm	\$110/\$138
628661.RB	Beg	7-12yrs	5/2-6/20	Th	3:45pm-4:45pm	\$110/\$138
128661.RA	Beg	5-6yrs	7/11-8/15	Th	3:45pm-4:45pm	\$83/\$104
128661.RB	Beg	7-12yrs	7/11-8/15	Th	3:45pm-4:45pm	\$83/\$104

### Kidz Love Soccer (5-6years)

These classes offer a non-competitive environment for children to learn and play the "World's Most Popular Sport!" Children will learn different skills according to age; dribbling, passing, receiving, shooting, and team tactics. Small sided soccer games will be played at every class. Shin guards are required after the first meeting. Note: During questionable weather, please call 1-888-372-5803 one-half hour before classes begin(or by 6 PM)

**Instructor:** Kidz Love Soccer

Class #	Age	Dates	Day	Time	Fee (Res/NR)
628660.TB	5-6yrs	5/14-6/18	Tu	7:00pm-7:45pm	\$68/\$85
128660.TB	5-6yrs	7/16-8/27	Tu	7:00pm-7:45pm	\$79/\$99

**Location:** Cupertino Middle School

628660.TA	5-6yrs	5/14-6/18	Tu	3:45pm-4:30pm	\$68/\$85
128660.TA	5-6yrs	7/16-8/27	Tu	3:45pm-4:30pm	\$79/\$99

**Location:** Las Palmas Park

628660.RA	5-6yrs	5/16-6/20	Th	3:10pm-3:55pm	\$68/\$85
128660.RA	5-6yrs	7/18-8/29	Th	3:10pm-3:55pm	\$79/\$99

**Location:** Ponderosa Park

628660.WA	5-6yrs	5/15-6/19	W	3:45pm-4:30pm	\$68/\$85
128660.WA	5-6yrs	7/17-8/28	W	3:45pm-4:30pm	\$79/\$99

**Location:** Serra Park

628660.SA	5-6yrs	5/18-6/29	Sa*	10:05am-10:50am	\$68/\$85
628660.SB	5-6yrs	5/18-6/29	Sa*	10:50am-11:35am	\$68/\$85
128660.SA	5-6yrs	7/20-8/24	Sa	10:05am-10:50am	\$68/\$85
128660.SB	5-6yrs	7/20-8/24	Sa	10:50am-11:35am	\$68/\$85

**Location:** Sunnyvale Middle School

629140.FA	Beg	6-12yrs	5/3-6/28	F*	3:30pm-4:30pm	\$63/\$79
629140.FB	Int	6-12yrs	5/3-6/28	F*	4:30pm-5:30pm	\$63/\$79
129140.FA	Beg	6-12yrs	7/12-8/23	F	3:30pm-4:30pm	\$63/\$79
129140.FB	Int	6-12yrs	7/12-8/23	F	4:30pm-5:30pm	\$63/\$79

\*No class 5/25

### Kidz Love Soccer Skillz and Scrimmages (7-10years)

Kids will enjoy advanced skill building: dribbling, passing and shooting in a team play format. In each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our beginning Soccer classes for those who are aspiring to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport!



Each participant will receive a soccer jersey.

**Instructor:** Kidz Love Soccer

Class #	Age	Dates	Day	Time	Fee (Res/NR)
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**Location:** Ponderosa Park

628670.RA	7-10yrs	5/16-6/20	Th	3:55pm-4:40pm	\$77/\$96
128670.RA	7-10yrs	7/18-8/29	Th	3:55pm-4:40pm	\$88/\$110

**Location:** Serra Park

628670.WA	7-10yrs	5/15-6/19	W	4:30pm-5:15pm	\$77/\$96
128670.WA	7-10yrs	7/17-8/28	W	4:30pm-5:15pm	\$88/\$110

**Location:** Sunnyvale Middle School

628670.SA	7-10yrs	5/18-6/29	Sa*	11:35am-12:20pm	\$77/\$96
128670.SA	7-10yrs	7/20-8/24	Sa	11:35am-12:20pm	\$77/\$96

\*No class 5/25

### Yoga Lite Parent & Child (5 & older)

Revitalize and come alive with your child through postures, breathing techniques, and relaxation. Learn practical methods to keep yourself healthy and full of good energy. Fee per pair.

**Instructor:** Robin Pickel

**Location:** Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
628750.SA	5&older	5/4-6/29	Sa*	8:45am-9:30am	\$76/\$95
128750.SA	5&older	7/6-8/31	Sa	8:45am-9:30am	\$86/\$108

\*No class 5/18

## Visual Arts/Pottery

### Animal & People Drawing (5-12years)

Make your animals and people come alive! Create movement and learn proper body proportions, including how to draw faces, hands, feet, fur and feathers. Students will use drawing mannequins and each other to model. Bring your imagination and a non-refundable \$15 supply fee to first class.

**Instructor:** Kim Na Varre

**Location:** Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
129400.JA	5-7yrs	7/11-8/15	Th	4:00pm-5:00pm	\$56/\$70
129400.JB	8-12yrs	7/11-8/15	Th	5:15pm-6:15pm	\$56/\$70

### Cartoon and Comic Drawing (6-12years)

Create your very own cartoon character. Various illustration and comic styles will be taught. Focus will be on details such as clothes, hair, facial expressions, interactions between figures and backgrounds. Outlining and shading will be introduced, as well as the concepts of lighting and perspective. Each week, students will show progress in their sketch book to the instructor. A non-refundable supply fee of \$10 will be collected at first class.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Art Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629140.FA	Beg	6-12yrs	5/3-6/28	F*	3:30pm-4:30pm	\$63/\$79
629140.FB	Int	6-12yrs	5/3-6/28	F*	4:30pm-5:30pm	\$63/\$79
129140.FA	Beg	6-12yrs	7/12-8/23	F	3:30pm-4:30pm	\$63/\$79
129140.FB	Int	6-12yrs	7/12-8/23	F	4:30pm-5:30pm	\$63/\$79

\*No class 5/17



### Clay Creations (6-7years)

Using basic clay techniques, children will make projects which are fun and easy. Clay, glaze and firing are included in registration fee. Wear clothes that can get messy and/or bring a smock.

**Instructor:** Rebecca Bui

**Location:** Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629911.WA	Beg	6-7yrs	5/15-6/19	W	4:15pm-5:30pm	\$54/\$68
129911.WA	Beg	6-7yrs	7/3-8/7	W	4:15pm-5:30pm	\$54/\$68
129911.WB	Beg	6-7yrs	8/14-9/18	W	3:30pm-4:45pm	\$54/\$68

### Intro to Clay (8-10years)

Use your imagination and basic clay techniques to express yourself in clay. Clay, glaze and firing included in registration fee. Wheel throwing will not be taught. Wear clothing that can get messy and/or bring a smock.

**Instructor:** Rebecca Bui

**Location:** Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629921.WA	Beg	8-10yrs	5/15-6/19	W	5:30pm-7:00pm	\$58/\$73
129921.WA	Beg	8-10yrs	7/3-8/7	W	5:30pm-7:00pm	\$58/\$73
129921.WB	Beg	8-10yrs	8/14-9/18	W	5:00pm-6:30pm	\$58/\$73

### Japanese Anime (6-12years)

This seven week course will teach students how to draw the recognizable facial features that define Japanese Anime. Each week students will be asked to sketch in their sketchbooks and share their progress in class. A non-refundable supply fee of \$10 will be collected at first class.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Art Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629450.MA	Beg	6-12yrs	5/6-6/24	M*	4:00pm-5:00pm	\$63/\$79
629450.MB	Int	6-12yrs	5/6-6/24	M*	5:00pm-6:00pm	\$63/\$79
129450.MA	Beg	6-12yrs	7/8-8/19	M	3:30pm-4:30pm	\$63/\$79
129450.MB	Int	6-12yrs	7/8-8/19	M	4:30pm-5:30pm	\$63/\$79

\*No class 5/27

### Nature Studies: Painting & Drawing (5-12years)

Learn about famous artists who were inspired by their natural surroundings and study bugs, birds, fish, flowers, shells, plants and trees to discover the many patterns, textures and colors of nature. Basic painting, drawing and printmaking techniques will be introduced. A non-refundable \$15 supply fee will be collected at first class.

**Instructor:** Kim NaVarre

**Location:** Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
629610.JA	5-7yrs	5/9-6/20	Th*	4:00pm-5:00pm	\$56/\$70
629610.JB	9-12yrs	5/9-6/20	Th*	5:15pm-6:15pm	\$56/\$70

\*No class 6/13

### Painting and Drawing for Kids (5-12years)

Students will explore their imagination while learning basic techniques in drawing and painting. Return students are welcome: we will have new projects each session. A non-refundable \$15 supply fee will be collected at first class. Wear clothes that can get messy or bring a smock.

**Instructor:** Lori Nock

**Location:** Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629621.TA	Beg	5-7yrs	5/14-6/25	Tu*	3:30pm-4:30pm	\$56/\$70
629621.TB	Beg	8-12yrs	5/14-6/25	Tu*	4:45pm-5:45pm	\$56/\$70
129621.TA	Beg	5-7yrs	7/9-8/13	Tu	3:30pm-4:30pm	\$56/\$70
129621.TB	Beg	8-12yrs	7/9-8/13	Tu	4:45pm-5:45pm	\$56/\$70

\*No class 6/11



### Pottery - Parent and Child (5-14years)

Share a creative experience in clay. Working with your child you will learn to hand-build projects out of clay and glaze them using low-fire glazes (wheel throwing and high-fire glazing will not be included). Clay, glazing, and firing are included with class registration. Parent may accompany more than one child. No unregistered siblings will be permitted in the studio. Price is per child. Wear clothes that can get messy.

**Instructor:** Hsin-Chuen Lin (Mon), Susan Worley (Thurs)

**Location:** Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629931.MA	Beg	5-9yrs	6/24-7/29	M	10:00am-11:30am	\$118/\$148
629931.JA	Beg	7-14yrs	5/9-7/11	Th*	5:30pm-7:00pm	\$118/\$148

\*No class 6/6, 6/13, 7/14

### Wheelthrowing - Parent and Child (9-13years)

Working with clay is fun for all ages! In this class parents and their children will work side by side to learn how to use the pottery wheel. Firing and glazing is included in the class price. Clay is \$28 per bag and must be purchased in class. Fee is per child. Be ready to get dirty.

**Instructor:** Hsin-Chuen Lin

**Location:** Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
629951.MA	Beg	9-13yrs	6/24-7/29	M*	12:00pm-2:00pm	\$157/\$196

\*No class 5/27

## Sunnyvale Bluegrass Jam

(Ages 18 & up, 13-17 okay with parent or guardian).

Facilitated by Paul Carignan and Sue Newberry. Join fellow bluegrass musicians and singers for an old-time jam session.



**When:** Third Sunday of the Month, 1-5p.m.

**Where:** Creative Arts Center, Meeting Room

**Cost:** \$5 per person at the door

**More info:** [Arts.inSunnyvale.com](http://Arts.inSunnyvale.com) or (408) 730-7725



## Performing Arts

### Guitar (12 & older)

Feel like a rockstar in no time, as you learn to play guitar and read guitar music using familiar songs from favorite artists. Bring your own guitar. All types of guitar welcome Non-refundable materials fee of \$20 due at first class meeting.

Level 1 - Beginning: Start with guitar basics, including chords and how to tune your instrument. No experience necessary.

Level 2 - Intermediate: Increase chord vocabulary, improve timing, finger picking and more Prerequisite: Guitar 1 or self-taught basics, including open chords, timing and basic strumming.

**Instructor:** Rick DeShera

**Location:** Recreation Center Community Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
644831.JQ	1	12&older	5/9-6/27	Th	6:00pm-7:15pm	\$79/\$99
644832.WQ	2	12&older	5/8-6/26	W	6:00pm-7:15pm	\$79/\$99
144831.JQ	1	12&older	7/11-8/29	Th	6:00pm-7:15pm	\$79/\$99
144832.WQ	2	12&older	7/10-8/28	W	6:00pm-7:15pm	\$79/\$99

### Piano Keyboard (13 & older)

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with ¼" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Order non-refundable materials (book, flashcards) online at [www.noteworthymusicsschool.org](http://www.noteworthymusicsschool.org). Pay with credit card online or in class with check or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Meeting Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
644850.MU	13&older	5/6-6/24	M*	7:45pm-8:30pm	\$79/\$99
644850.WU	13&older	5/8-6/26	W	7:45pm-8:30pm	\$89/\$111
144850.MU	13&older	7/8-8/26	M	7:45pm-8:30pm	\$89/\$111
144850.WU	13&older	7/10-8/28	W	7:45pm-8:30pm	\$89/\$111

\*No class 5/27

### Ukulele (13 & older)

Learn basic ukulele skills, including chords, scales and music reading at your own pace. Order non-refundable materials (\$12) online at [www.noteworthymusicsschool.org](http://www.noteworthymusicsschool.org). Pay with credit card online or in class with check, exact cash, or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class. Bring your own ukulele.

**Instructor:** Noteworthy Music

**Location:** Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
644931.FS	1	13&older	5/3-6/28	F	8:15pm-9:00pm	\$89/\$111
144931.FS	1	13&older	7/12-8/30	F	8:15pm-9:00pm	\$89/\$111

## Gymnastics

### Learn To Flip Co-Ed (11-17years)

Learn to Flip is a gymnastics class that concentrates only on the tumbling and trampoline portion of gymnastics. This is a class designed for those who would like to concentrate only on the tumbling and trampoline portion of gymnastics.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
633040.MA	11-17yrs	5/6-6/24	M*	6:30pm-7:25pm	\$113/\$141
633040.TA	11-17yrs	5/7-6/25	Tu	5:30pm-6:25pm	\$129/\$161
633040.HA	11-17yrs	5/9-6/27	Th	5:30pm-6:25pm	\$129/\$161
633040.FA	11-17yrs	5/10-6/28	F	5:30pm-6:25pm	\$129/\$161
633040.SA	11-17yrs	5/11-6/29	Sa*	12:00pm-12:55pm	\$113/\$141
133040.MA	11-17yrs	7/8-8/26	M	6:30pm-7:25pm	\$129/\$161
133040.TA	11-17yrs	7/9-8/27	Tu	5:30pm-6:25pm	\$129/\$161
133040.HA	11-17yrs	7/11-8/29	Th	5:30pm-6:25pm	\$129/\$161
133040.FA	11-17yrs	7/12-8/30	F	5:30pm-6:25pm	\$129/\$161
133040.SA	11-17yrs	7/13-8/31	Sa	12:00pm-12:55pm	\$129/\$161

\*No class 5/18, 5/27

## Dance, Sports & Fitness

### Aerobics (16 & older)

Exercise routines choreographed to music. Adventurous exercisers can choose between high and low impact variations of different aerobic moves. The workout also combines floor work with stretching and toning with 1-3 lb weights, if desired. Participants bring weights and a mat. Ages 12-15 may register with a parent. Children under age 12 are not allowed in the classroom or Senior Center while class is in session.

**Instructor:** Christine Sabooni

**Location:** Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648160.MA	16&older	5/6-6/17	MW*	7:00pm-8:30pm	\$77/\$96

\*No class 5/15, 5/27

### Abs Arabia Style (18 & older)



Body waves to belly rolls, Abs Arabia Style provides overall body toning and abdominal conditioning, with a focus on Middle Eastern dance moves. Wear comfortable exercise-style attire or your favorite Middle Eastern dance outfit. This exercise-style class is open to all levels. No previous Middle Eastern dance experience necessary.

**Instructor:** Alcina Nelson

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
644100.TQ	18&older	5/7-6/25	Tu	7:30pm-8:30pm	\$79/\$99
144100.TR	18&older	7/9-8/27	Tu	7:30pm-8:30pm	\$79/\$99

### Square Dancing (18years & older)

Modern Western square dancing is a fun, friendly, sociable activity for dancers of all ages and ability levels. As an added benefit, an evening of square dancing provides a gentle cardiovascular workout, equivalent to a three-mile walk, to help burn calories and keep bones strong. Keep your memory strong, too, as you learn and practice the 100 internationally recognized square dance calls. Each lesson adds new steps and formations to your repertoire. The first session (7:00-8:30pm) focuses on beginning to mainstream calls for newer dancers. The second session (8:30-10:00pm) adds more challenging calls to plus level. No partner or experience needed. Dress is casual. Wear comfortable shoes.

**FIRST NIGHT IS FREE!**

**Location:** Murphy Park Building, 130 E. California Ave.

**When:** Tuesdays, 7:00pm-10:00pm with Sunnyvale Squares

(New classes begin the first Tuesday of March and September. First-time dancers must start at the beginning of a class.

Returning dancers are welcome to join anytime.

**Fee:** \$30 per month, purchased by the month at the door

First night FREE for new dancers. For more information please call (408) 744-1021



### Baby Boot Camp (18 & older)

Get an all-body workout, including cardiovascular drills, strength training, and exercises designed to restore your core- all while being with your baby! Prenatal women must have a doctor's note and post-partum moms ( at least 6-8 weeks) must have their doctor's verbal consent to participate. Exercise kits are required for first time users and can be purchased from the instructor for \$ 49.

**Instructor:** Bay Area Baby Boot Camp

**Location:** Las Palmas Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648151.TA	Beg	18&older	5/7-5/28	Tu	9:30am-10:30am	\$48/\$60
648151.TB	Beg	18&older	6/4-6/25	Tu	9:30am-10:30am	\$48/\$60
648151.RA	Beg	18&older	5/2-5/30	Th	9:30am-10:30am	\$60/\$75
648151.RB	Beg	18&older	6/6-6/27	Th	9:30am-10:30am	\$48/\$60
148151.TA	Beg	18&older	7/2-7/30	Tu	9:30am-10:30am	\$60/\$75
148151.TB	Beg	18&older	8/6-8/27	Tu	9:30am-10:30am	\$48/\$60
148151.RA	Beg	18&older	7/11-8/1	Th	9:30am-10:30am	\$48/\$60
148151.RB	Beg	18&older	8/8-8/29	Th	9:30am-10:30am	\$48/\$60

### Badminton (14 & older)

Class is structured to review fundamentals and provide play opportunity. Beginners need no previous experience. Racquet and shuttlecocks are required.

**Instructor:** Terence Chua

**Location:** Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648000.TA	14&older	5/7-6/25	Tu	7:00pm-9:00pm	\$64/\$80
148000.TA	14&older	7/2-8/27	Tu	7:00pm-9:00pm	\$72/\$90

### Belly Dance (18 & older)

Have fun learning traditional Middle Eastern style dance moves, while gaining core strength and control. You'll increase body awareness, muscle tone and flexibility!

Level 1 - Beginning: Learn Middle Eastern dance fundamentals, with an emphasis on technique and finger cymbal basics. This class is perfect for first-time dancers.

Level 2 - Intermediate: Build upon the basics, with a focus on understanding Middle Eastern rhythms, overlays, combinations, transitions and drum solo technique . Prerequisite: 1 year training at the beginning level.

**Instructor:** Alcina Nelson

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
644101.TP	1	16&older	5/7-6/25	Tu	6:30pm-7:30pm	\$79/\$99
644102.TQ	2	18&older	5/7-6/25	Tu	8:30pm-9:30pm	\$79/\$99
144101.TP	1	16&older	7/9-8/27	Tu	6:30pm-7:30pm	\$79/\$99
144102.TQ	2	18&older	7/9-8/27	Tu	8:30pm-9:30pm	\$79/\$99

### Israeli Folk Dance (13years & older)

Enjoy the evening in an energetic and inspiring way.

Israeli folk dance in a circle, in a group or with a partner in rhythmic and dynamic movement. The evening starts with a 45-minute lesson followed by dancing to your requests.

**Where:** Ballroom in the Recreation Center

**When:** Mondays with Loui Tucker, 7:45pm-11:00pm

**Cost:** \$7 at the door

No Dancing 5/27 (Memorial Day)

Please call (408) 287-9999 for more information.

**FREE! New Dancer Festival 6/29, 1-5p.m.**  
Try international folk dances with Loui Tucker

### Gymnastics: Co-Ed Young Adult (17 & older)

This is a co-ed recreational gymnastics class for beginners. No previous gymnastics experience is necessary. This class is designed to focus on both boys' and girls' gymnastics skills on; floor exercise, vault, balance beam uneven bars, high bar, parallel bars, pommel horse and tumble track. In addition, strength development and flexibility are integral parts of the program.

**Instructor:** California Sports Center

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
643061.WA	Beg	17&older	5/8-6/26	W	7:30pm-8:25pm	\$129/\$161
643061.SA	Beg	17&older	5/11-6/29	Sa*	12:00pm-12:55pm	\$113/\$141
143061.WA	Beg	17&older	7/10-8/28	W	7:30pm-8:25pm	\$129/\$161
143061.SA	Beg	17&older	7/13-8/31	Sa	12:00pm-12:55pm	\$129/\$161

\*No class 5/18

### Hypnotize Yourself Slim!™ (18 & older)

Diets don't work. Gyms are great if old eating habits don't turn new muscle into fat. Use hypnosis and end the self-sabotage instead. You'll learn how to stop nibbling & binges *before* they start and enjoy many of the benefits of private hypnosis—at a fraction of the cost. Class CD strengthens self-love & cultivates healthy living so slimming & loving life becomes one. A \$45 materials fee covers 4-session CD, custom audio, handouts & daily email tips.

**Instructor:** Eric Rosen, CHT

**Location:** Recreation Center Neighborhood Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648250.TA	18&older	5/28-6/11	Tu	6:30pm-9:00pm	\$69/\$86
148250.TB	18&older	8/13-8/27	Tu	6:30pm-9:00pm	\$69/\$86

### Personal Training Program (18 & older)

We are offering one-hour long, personalized fitness training sessions. Our certified and knowledgeable trainers will design a fitness program based on your personal exercise and wellness needs. Our programs can accommodate all fitness and ability levels. *Reminder: For your safety, always check with your physician before starting a new exercise program.*

# of Sessions	One Person Rates*		Two-Person Rates*	
	Residents	Non-Residents	Residents	Non-Residents
1	\$65	\$81	\$100	\$125
3	\$185	\$231	\$255	\$305
5	\$275	\$325	\$375	\$425

To schedule your personalized training session,  
please call (408) 730-7360

\*Current Senior Center members receive a \$5 discount.

### Lunch Hour Hula (18 & older)

Spend your lunch-hour in Hawaii! Learn hula basics and ancient Kahiko and modern Auana hula choreography and enjoy traditional Hawaiian music as the instructor accompanies class on gourd drum and ukulele. Hula is a fun, low-impact and spiritually uplifting workout. Wear shorts or stretch pants and T-shirt. Dance is done barefoot.

**Instructor:** Kanani Densing

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
644140.FP	18&older	5/3-6/7	F	12:00pm-1:00pm	\$59/\$74
144140.FP	18&older	7/12-8/30	F	12:00pm-1:00pm	\$79/\$99



### Lunch-hour Pilates (18 & older) **TRY•IT**

Work out on your lunch-hour but skip the sweat with this gentle, effective mat class! Strengthen and tone with controlled breathing/movement exercises focused on core muscles. Pilates emphasizes body mechanics, alignment and form to improve flexibility, balance and posture. Class uses rings, bands and balls for added challenge. Yoga mat required. Class is not suitable for pregnant women or people with acute mobility, joint or bone density problems.

**Instructor:** Sarah Graves

**Location:** Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648920.TP	18&older	5/7-6/25	Tu*	12:00pm-1:00pm	\$69/\$86
648920.JP	18&older	5/9-6/27	Th*	12:00pm-1:00pm	\$69/\$86
148920.TP	18&older	7/9-8/27	Tu*	12:00pm-1:00pm	\$69/\$86
148920.JP	18&older	7/11-8/29	Th*	12:00pm-1:00pm	\$69/\$86

\*No class 5/28, 5/30, 8/13, 8/15

### Strength Training (18 & older) **TRY•IT**

Feel stronger, healthier and more vital. Strengthen your bones and improve balance, coordination and mobility-all through the proper use of fitness machines and weights. You'll warm up, rotate through various exercise stations and then cool down. Classes will have a maximum of 8 students to better meet your individual fitness goals.

**Instructor:** Suzanne Luft

**Location:** Senior Center Aspen Fitness Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
646300.AA	18-older	4/29-6/17	M*	7:00pm-8:00pm	\$46/\$58
646300.BA	18-older	4/30-6/4	T	7:00pm-8:00pm	\$46/\$58
646300.BB	18-older	6/18-7/23	T	7:00pm-8:00pm	\$46/\$58
146300.BA	18-older	8/6-9/10	T	7:00pm-8:00pm	\$46/\$58

\*No class 5/20, 5/27

### Meditation/Visualization (14 & older) **TRY•IT**

Learn easy methods to quiet the mind. By watching your thoughts you can find a peaceful place inside of yourself. Breathing techniques, listening skills and visualization will be taught to help you cope with the outside world. Experience your true self. Please bring a mat or blanket and wear comfortable clothing.

**Instructor:** Robin Pickel

**Location:** Recreation Center Boardroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648780.SC	14&older	5/4-6/29	Sa*	11:15am-12:00pm	\$79/\$95
148780.SC	14&older	7/6-8/31	Sa	11:15am-12:00pm	\$86/\$108

\*No class 5/18

## FOR DANCERS ONLY

(18years & older)

**Lindy Lab, 8:30 – 9 p.m.**

Take advantage of our spacious floor and wall mirrors to work on your solo dancing, or bring a friend to practice your moves in an open, collaborative environment. Or, take a short drop-in class from one of our instructors.

Lessons are suitable for intermediate to advanced swing dancers, and will cover a new topic each night.

**Social Dancing, 9 p.m. – Midnight**

Guest DJs provide music for Lindy, Charleston, Balboa, Shag and Blues dance.

Location: Sunnyvale Community Center, Theatre Dance Studio

When: First and Third Fridays of the Month  
Admission \$8 (cash only)

For more information, visit For Dancers Only online at [www.facebook.com/ForDancersOnly](http://www.facebook.com/ForDancersOnly) or

e-mail [ForDancersOnlySB@gmail.com](mailto:ForDancersOnlySB@gmail.com) or call us at (408) 657-STFO

### Kidz Love Soccer Training for Women (21 & older)

Whether you've been away from the game or always wanted to learn, come join us as we re-introduce you to soccer and see why it is the world's most popular sport. Brush up on your technique or get prepared to join a local soccer league. Our fun program is designed to build your skill set and increase overall fitness. Each class includes work on technique, ball skills and game awareness. During questionable weather, please call 1-888-732-5803 one-half hour before classes begin (or by 6pm).

**Instructor:** Staff

**Location:** Cupertino Middle School

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648650.TA	21&older	5/14-6/18	Tu	7:00pm-8:00pm	\$68/\$85

### Volleyball Int/Adv (16 & older)

Emphasis will be on improvement and consistency of all volleyball skills. There will be fun game-like drills, using the nets, maximizing ball contacts, and opportunity for feedback. Class will include team play, with six person teams practicing the 6-2 offensive system.

**Instructor:** Tom Jack

**Location:** Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648702.MA	Int/Adv	16&older	5/6-6/24	M*	8:00pm-10:00pm	\$66/\$83
148702.MA	Int/Adv	16&older	7/15-8/26	M*	8:00pm-10:00pm	\$66/\$83

\*No class 5/27, 6/10, 8/12

### Yoga for Fitness (16 & older)

Open to men and women wishing to develop flexibility and body control via stretching routines and posture. Foam rubber mat is recommended.

**Instructor:** Betty Strain

**Location:** Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648750.FA	16&older	5/3-6/28	F	9:30am-11:00am	\$86/\$108
148750.FA	16&older	7/12-8/30	F	9:30am-11:00am	\$76/\$95

**Location:** Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648750.RA	16&older	5/2-6/27	Th	6:30pm-8:00pm	\$86/\$108
148750.RA	16&older	7/11-8/29	Th	6:30pm-8:00pm	\$76/\$95

### Yoga for Wellness (16 & older)

Stressed out? Need to relax? This class taught by a certified Iyengar instructor will have lasting benefits in your life. The practice of Yoga will improve your overall health and release tension and stress. No experience necessary- all levels welcome. Please bring a yoga mat and two towels or a firm blanket.

Age 12-15 may register with a parent.

**Instructor:** Baerbel Schuhmacher

**Location:** Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648770.TA	16&older	5/7-6/25	Tu	6:00pm-7:30pm	\$86/\$108
148770.TA	16&older	7/16-8/20	Tu	6:00pm-7:30pm	\$65/\$81



Teen & Adult



## Yoga Lite (HATHA) (14 & older) **TRY-IT**

Improve your balance, flexibility and mental focus. Mudra, Asanas and deep breathing techniques will teach you to handle life in an easy relaxed way. Techniques are 5,000 years old and work for all ages and levels. Come start the day in a good mood! Wear loose clothes and bring a mat.

**Instructor:** Robin Pickel

**Location:** Recreation Center Ballroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648760.WA	14&older	5/1-6/26	W	8:30am-10:00am	\$86/\$108
648760.SB	14&older	5/4-6/29	Sa*	9:30am-11:00am	\$76/\$95
148760.WA	14&older	7/3-8/28	W	9:30am-10:00am	\$86/\$108
148760.SB	14&older	7/6-8/31	Sa	9:30am-11:00am	\$86/\$108

\*No class 5/18

## Zumba (18 & older) **TRY-IT**

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party.

**Instructor:** Kimberley Howell (Sat) / Gwen Gillespie (Tu)

**Location:** Senior Center Orchard Pavilion / Recreation Center Ballroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648790.TA	18&older	4/30-6/25	Tu	9:00am-10:00am	\$81/\$101
648790.TB	18&older	4/30-6/25	Tu	6:00pm-7:00pm	\$81/\$101
148790.TA	18&older	7/2-8/27	Tu	9:00am-10:00am	\$81/\$101
148790.TB	18&older	7/2-8/27	Tu	6:00pm-7:00pm	\$81/\$101
648790.SA	18&older	5/4-6/29	Sa*	9:00am-10:00am	\$63/\$79
148790.SA	18&older	7/13-8/24	Sa	9:00am-10:00am	\$63/\$79

\*No class 5/18, 5/25

## Zumba Toning (18 & older)

When it comes to body sculpting, Zumba Toning raises the bar (or rather, the Toning Stick). It combines targeted body sculpting exercises and high energy cardio work with Latin infused Zumba moves to create a calorie torching, strength training dance fitness party. Students learn to use lightweight, maraca like Toning Sticks to enhance rhythm and tone all their target zones, including arms, abs, glutes, and thighs.

**Instructor:** Gwen Gillespie

**Location:** Recreation Center Ballroom

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648791.HB	Beg	18&older	5/2-6/27	Th	6:00pm-7:00pm	\$81/\$101
148791.HB	Beg	18&older	7/11-8/29	Th	6:00pm-7:00pm	\$72/\$90

## Want to **TRY-IT**?

If a class you are interested in has the **Try\*It** alongside the class listing in the Activity Guide, you are welcome to drop in to the first class meeting and try it free of charge, if space is available at the start of class.

**Terms & Conditions:** **Try\*It** is only available for the first class meeting of the term and only to new students. **Try\*It** customers who would like to continue with the class must register at full price prior to the second class meeting and bring their receipt to the second class as proof of registration. **Try\*It** is currently only available for certain, designated Teen & Adult classes. Adult **Try\*It** students and parents/guardians of Minor **Try\*It** Students must sign the class liability waiver before the student will be permitted to participate. Minors unaccompanied by their parent or guardian will not be permitted to participate. Please note, trying a class does not assure you a spot in the class. The class may fill up before you decide to register.

## Tai Chi Chuan (14 & older) **TRY-IT**

Exercise your body and mind with the slow motion, dance-like movements of this traditional Chinese martial art. Regular practice can improve balance, flexibility and strength. Because the movements require mental focus, it also serves as a stress reducing meditation. No black-soled shoes allowed.

**Level 1 - Beginning / Advanced Beginning:** Learn fundamentals of Yang style traditional forms and work to master authentic 8-form and 28-form short routines.

**Level 2 - Intermediate / Advanced:** Challenge yourself with the authentic Yang style 85-form long routine and techniques with and without partners. Teacher provides advanced students with individual coaching in sword and saber form.

**Instructor:** Larry Young

**Location:** Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648911.WP	1	14&older	5/8-6/26	W	6:45pm-7:45pm	\$59/\$74
648912.WQ	2	16&older	5/8-6/26	W	8:00pm-9:00pm	\$59/\$74
148911.WP	1	14&older	7/10-8/28	W	6:45pm-7:45pm	\$59/\$74
148912.WQ	2	16&older	7/10-8/28	W	8:00pm-9:00pm	\$59/\$74



This Online Driver's Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, videos, and quizzes will prepare the reader to pass the written DMV test.

The course is very easy to use. You simply log into the web site, enroll, and you can begin immediately! For more information about

the course and to register go to:

[www.economicdrivingschool.com/online](http://www.economicdrivingschool.com/online)

When registering, complete the question that says:  
"How did you hear about us?"

Choose Activity Guide. Enter code: 7350

Cost: \$68.50

BU

Are you a teen looking to have fun and make a difference in your community?

## Join T.A.C.!!

### What is T.A.C.?

T.A.C. is Sunnyvale's Teen Advisory Committee. We are a proactive group of dedicated high school students who spend our time volunteering to make Sunnyvale a great place to be a teen! We advise the Library & Community Services staff on recreation, education, and volunteer opportunities for teens. You will gain great leadership skills and have fun meeting new people too!

- Meetings are held Wednesdays 2-3 times a month Sept-May from 6:30-8:00 pm (Times are subject to change).
- You must be a Sunnyvale resident and a current high school student to apply.
- Recruitment takes place mid-July – early September. Applications can be found on the City of Sunnyvale website.
- Applications will be due Friday September 6, 2013

**For more information contact:**

Nathan Truitt • 408-730-7472

[ntruitt@sunnyvale.ca.gov](mailto:ntruitt@sunnyvale.ca.gov)



## Special Interests

### Driver's Education (14 & older)

Driver's Education is a LIFE SKILL class. There is no substitute for the student-teacher interaction, discussion, video analysis, and instant feedback that takes place in the classroom. This course meets the State of California requirement to obtain a driver's instruction permit. The class is 30 hours long and does not include behind the wheel instruction. Upon completion of this course student will receive a Certificate of Completion of Classroom Driver Education. Students must attend all sessions in order to receive the DMV Completion Certificate. Students must be 15 1/2 to get an instruction permit. A lunch break is provided. Students should bring a bag lunch. A non-refundable supply fee of \$10 due at first class.

**Instructor:** Economic DrivingSchool - 24301

**Location:** Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
635310.JX	14&older	6/10-6/13	M-Th	8:30am-4:30pm	\$130/\$169

## Visual Arts/Pottery

### Basic Digital Photography (16 & older)

Take better pictures with your digital camera. Topics will include basic operation of your camera, basic rules of lighting, composition and exposure, composing pictures in difficult conditions, and dealing with parallax. Class will include assignments and constructive critiques. Bring a digital camera to first class. Camera manual is helpful, but not required.

**Instructor:** Richard Fox

**Location:** Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649511.WA	Beg	16-older	5/8-6/26	W	7:00pm-9:00pm	\$76/\$95
149511.TA	Beg	16-older	7/9-8/27	Tu	7:00pm-9:00pm	\$76/\$95

### Basic Photoshop for Photographers (16 & older)

Turn your digital images into photographs using Photoshop tools and tricks. Digital workflow used by professionals will be taught. Improve contrast, sharpness and color. Students are urged to bring a laptop with Photoshop Cs4/5 or Photoshop elements. Students who do not bring a laptop to class may still participate.

**Instructor:** Richard Fox

**Location:** Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
649550.TA	16-older	5/7-6/25	Tu	7:00pm-9:00pm	\$76/\$95
149550.WA	16-older	7/10-8/28	W	7:00pm-9:00pm	\$76/\$95

### Figure Painting & Sculpting (18 & older)

This class will focus on figure proportion and anatomy through painting, drawing and ceramic sculpture. Students will learn to analyze the figure while expressing individual interpretation. Materials list appears on registration receipt. Participants must be 18 years of age for this class. Model fees will be shared by class participants (approximately \$50-80) and payable at first class.

**Instructor:** Rebecca Bui

**Location:** Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649941.MA	Beg	18-older	6/24-7/29	M	7:00pm-10:00pm	\$90/\$113

### Glass Fusing (16 & older)

Learn how easy and fun it is to make beautiful fused art glass! You'll be introduced to the glass fusing process by melting layers of glass in a kiln to create small coasters, tiles, pendants, wall art and more. Topics will include: safety, how to select and cut glass, use of basic glass fusing tools, kiln shelf preparation, and firing techniques. You do not need to be an artist to learn this fun art form. Intermediate students are welcome and can expand on existing glass fusing skills. Design help is always available. Classes will begin with a short lecture on intermediate and/or advanced topics with samples. Please wear closed toed shoes. A non-refundable \$65 supply fee will be collected at first class.

**Instructor:** Crystal Ouzillou

**Location:** Creative Arts Center Arts Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649311.MA	Beg	16&older	5/6-5/20	M	9:00am-12:00pm	\$68/\$85
649311.WA	Beg	16&older	5/1-5/15	W	7:00pm-10:00pm	\$68/\$85
649311.MK	Beg	16&older	6/3-6/24	M*	9:00am-12:00pm	\$68/\$85
649311.WK	Beg	16&older	6/5-6/26	W*	7:00pm-10:00pm	\$68/\$85
149311.MA	Beg	16&older	7/1-7/15	M	9:00am-12:00pm	\$68/\$85
149311.WA	Beg	16&older	7/3-7/17	W	7:00pm-10:00pm	\$68/\$85

\*No class 6/17, 6/19

### Pottery (16 & older)

This course will teach you basic hand and wheel techniques. Individual style and approach is encouraged. Perfect for the beginning and advanced beginning potter. Clay must be purchased in class (\$28 for a 25 lb. bag) Firing and glazing included in class price. Beginning tool kits may be purchased in class (\$25).

**Instructor:** Danny Sheu (M, Th, F) Barbara Brown (W)

**Location:** Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649911.MA	Beg	16&older	5/13-6/17	M*	7:00pm-10:00pm	\$120/\$150
649911.WA	Beg	16&older	5/15-6/19	W	9:00am-12:00pm	\$144/\$180
649911.WB	Beg	16&older	5/15-6/19	W	12:00pm-3:00pm	\$144/\$180
649911.JC	Beg	16&older	5/16-6/20	Th	7:00pm-10:00pm	\$144/\$180
649911.FA	Beg	16&older	5/17-6/21	F	10:00am-1:00pm	\$144/\$180
149911.MA	Beg	16&older	7/1-8/5	M	7:00pm-10:00pm	\$144/\$180
149911.WA	Beg	16&older	7/3-8/7	W	9:00am-12:00pm	\$144/\$180
149911.WB	Beg	16&older	7/3-8/7	W	12:00pm-3:00pm	\$144/\$180
149911.JA	Beg	16&older	7/11-8/8	Th	7:00pm-10:00pm	\$120/\$150
149911.FA	Beg	16&older	7/5-8/9	F	10:00am-1:00pm	\$144/\$180
149911.MK	Beg	16&older	8/12-9/16	M*	7:00pm-10:00pm	\$120/\$150
149911.WK	Beg	16&older	8/14-9/18	W	9:00am-12:00pm	\$144/\$180
149911.WL	Beg	16&older	8/14-9/18	W	12:00pm-3:00pm	\$144/\$180
149911.JK	Beg	16&older	8/15-9/19	Th	7:00pm-10:00pm	\$144/\$180
149911.FK	Beg	16&older	8/16-9/20	F	10:00am-1:00pm	\$144/\$180

\*No class 5/27, 9/2

### Watercolor (18 & older)

Learn watercolor basics in a relaxed setting. Have fun trying out still life, landscape and the figure. See how famous artists have used this versatile medium to enhance their lives. In-class demonstrations and slide lectures. Supply list will appear on your receipt (approx.\$45). Supplies should be purchased by second class meeting. Supplies for first class will be provided.

**Instructor:** Karen Haas

**Location:** Creative Arts Center Art Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649641.JA	Beg	18&older	5/9-6/13	Th	10:00am-12:00pm	\$66/\$83
149641.JA	Beg	18&older	7/11-8/15	Th	10:00am-12:00pm	\$66/\$83

Teen & Adult



### Open Pottery Studio (16yrs & older)

For intermediate and advanced potters. No formal instruction will be provided, but technical assistance is available. Open studio passes, good for one 4-hour block, may be purchased in the studio. Prorating for unused hours will not be available and passes expire at the end of each 12-week session. Children under the age of 16 may participate if accompanied by an adult.

**Location:** Creative Arts Center Pottery Studio

**Session:** 4/1-6/22 and 7/1-9/21

(studio closed 5/18, 5/27, 6/24-6/29, 7/4, 9/2)

**Fee (Res/NR):** \$28/\$34 per 4-hour pass

**Day:** Tu 10am-10pm; Th 10am-2pm; F 2-6pm; Sa 9:30am-1:30pm

Glazing and firing is included in pass price • Clay must be purchased in class/open studio (\$28 per 25 lb bag) • No refunds, transfers, or credits for passes • Lost passes will not be credited • Kiln use is for group firing. Works over 20" x 20" x 24" or pieces that cannot fit in a group firing will not be accepted for firing • No outside firing accepted • No dangling jewelry, open-toed shoes or children allowed. **CLAY PICK-UPS:** Pick-ups may be made during open studio hours only. (Pick-ups will not be permitted during scheduled class times.) No trimming or "quick glazing" will be allowed unless an Open Studio pass is presented. Allow 3-4 weeks for firing. Large or irregularly shaped pieces will be held and fired during maintenance closures in the studio (approximately every 12 weeks).

**Please call (408) 730-7758 for more information.**

### Open Painting Studio (18yrs & older)

Set aside time to paint each week and join fellow artists for a morning of creativity and collaboration. The Sunnyvale Community Center invites painters of all skill levels to work in our spacious, well-lit painting studio. All painting and drawing mediums are welcome. No formal instruction is provided. Lots of table space, natural light, painting easels and comradery available.

**Location:** Paint Room in Creative Arts Center  
Sunnyvale Community Center  
550 E. Remington Drive  
Sunnyvale, CA 94087

**Fee:** \$5 (Payable at door). Drop-ins welcome.

**Day:** Mondays, 9am-noon

**Please call (408) 730-7758 for more information.**



### Friends of the Sunnyvale Pottery Studio

Creative Arts Center  
Sunnyvale Community Center  
550 East Remington Drive  
Sunnyvale, CA 94087

## SPRING SALE POTTERY & FUSED GLASS

Friday & Saturday May 10 - 11, 2013  
10:00 am - 5:00 pm

Come browse a large selection of handmade ceramics and fused glass by over 30 local artists from jewelry to decorative and functional items. Support the arts in Sunnyvale!

**Free Admission!**





# ADULT DROP-IN GYM

Sunnyvale Indoor Sports Center • 550 E. Remington Drive



## BADMINTON

Tuesday thru Friday  
11:30am-1:30pm

\*Saturday 3:30-5:30pm & 5:45-7:45pm

\*Sunday 12:30-2:30pm & 2:45-4:45pm

Must be at least 16 years of age or older to participate unless supervised by parent or legal guardian (Badminton only)

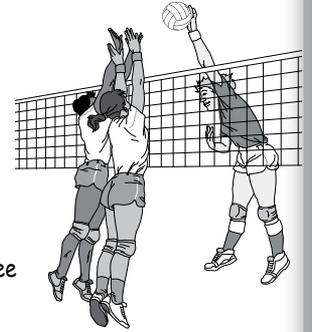
Individual drop-in fee (per visit): \$5 Resident, \$6 Non-Resident  
Spectators must also pay the fee

Discount passes available:  
Sunnyvale Resident (10 visit pass \$40)  
Non-Resident (10 visit pass \$50)

Fee includes use of showers & locker room

## VOLLEYBALL

Tuesday 5:00-7:00pm



\* Two separate sessions—separate fee charged.

For more information, call (408) 730-7334

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## Adult Sports Leagues

The City of Sunnyvale offers leagues in each of the sports below for teams interested in playing other teams.



**Basketball:** 10-week season + playoffs  
Winter: early January through late March  
Spring/Summer: early April through late June  
Fall: early September through early December

**Volleyball:** 8-week season + playoffs



Winter: early January through mid March  
Spring: late March through early June  
Summer: late June through late August  
Fall: late September through mid November.

Registration is for teams only. Individuals can call to be placed on a waiting list for players looking for a team. For registration information call (408) 730-7334.

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## Columbia DROP-IN GYM

Columbia Neighborhood Center  
785 Morse Avenue, Sunnyvale

For Middle & High School Students Only  
(All students must show current school ID at check in)

FEE: \$0.50 Resident, \$1 Non-Resident

### Youth Basketball\*

Fridays 7-10pm

### Youth Soccer\*

Mondays 7-9pm  
Saturdays 7-10pm



For more information, call (408) 730-7334

\*Due to liability concerns, we do not allow adults to participate in games against students. Thanks for your cooperation.

GB

Drop In