



Performing Arts

Guitar (12 & older)

Feel like a rockstar in no time, as you learn to play guitar and read guitar music using familiar songs from favorite artists. Bring your own guitar. All types of guitar welcome Non-refundable materials fee of \$20 due at first class meeting.

Level 1 - Beginning: Start with guitar basics, including chords and how to tune your instrument. No experience necessary.

Level 2 - Intermediate: Increase chord vocabulary, improve timing, finger picking and more Prerequisite: Guitar 1 or self-taught basics, including open chords, timing and basic strumming.

Instructor: Rick DeShera

Location: Recreation Center Community Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
644831.JQ	1	12&older	5/9-6/27	Th	6:00pm-7:15pm	\$79/\$99
644832.WQ	2	12&older	5/8-6/26	W	6:00pm-7:15pm	\$79/\$99
144831.JQ	1	12&older	7/11-8/29	Th	6:00pm-7:15pm	\$79/\$99
144832.WQ	2	12&older	7/10-8/28	W	6:00pm-7:15pm	\$79/\$99

Piano Keyboard (13 & older)

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with ¼" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Order non-refundable materials (book, flashcards) online at www.noteworthymusicsschool.org. Pay with credit card online or in class with check or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class.

Instructor: Noteworthy Music

Location: Creative Arts Center Meeting Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
644850.MU	13&older	5/6-6/24	M*	7:45pm-8:30pm	\$79/\$99
644850.WU	13&older	5/8-6/26	W	7:45pm-8:30pm	\$89/\$111
144850.MU	13&older	7/8-8/26	M	7:45pm-8:30pm	\$89/\$111
144850.WU	13&older	7/10-8/28	W	7:45pm-8:30pm	\$89/\$111

*No class 5/27

Ukulele (13 & older)

Learn basic ukulele skills, including chords, scales and music reading at your own pace. Order non-refundable materials (\$12) online at www.noteworthymusicsschool.org. Pay with credit card online or in class with check, exact cash, or money order to Noteworthy Music School. Pre-ordered materials will be delivered on the first day of class. Bring your own ukulele.

Instructor: Noteworthy Music

Location: Creative Arts Center Meeting Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
644931.FS	1	13&older	5/3-6/28	F	8:15pm-9:00pm	\$89/\$111
144931.FS	1	13&older	7/12-8/30	F	8:15pm-9:00pm	\$89/\$111

Gymnastics

Learn To Flip Co-Ed (11-17years)

Learn to Flip is a gymnastics class that concentrates only on the tumbling and trampoline portion of gymnastics. This is a class designed for those who would like to concentrate only on the tumbling and trampoline portion of gymnastics.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
633040.MA	11-17yrs	5/6-6/24	M*	6:30pm-7:25pm	\$113/\$141
633040.TA	11-17yrs	5/7-6/25	Tu	5:30pm-6:25pm	\$129/\$161
633040.HA	11-17yrs	5/9-6/27	Th	5:30pm-6:25pm	\$129/\$161
633040.FA	11-17yrs	5/10-6/28	F	5:30pm-6:25pm	\$129/\$161
633040.SA	11-17yrs	5/11-6/29	Sa*	12:00pm-12:55pm	\$113/\$141
133040.MA	11-17yrs	7/8-8/26	M	6:30pm-7:25pm	\$129/\$161
133040.TA	11-17yrs	7/9-8/27	Tu	5:30pm-6:25pm	\$129/\$161
133040.HA	11-17yrs	7/11-8/29	Th	5:30pm-6:25pm	\$129/\$161
133040.FA	11-17yrs	7/12-8/30	F	5:30pm-6:25pm	\$129/\$161
133040.SA	11-17yrs	7/13-8/31	Sa	12:00pm-12:55pm	\$129/\$161

*No class 5/18, 5/27

Dance, Sports & Fitness

Aerobics (16 & older)

Exercise routines choreographed to music. Adventurous exercisers can choose between high and low impact variations of different aerobic moves. The workout also combines floor work with stretching and toning with 1-3 lb weights, if desired. Participants bring weights and a mat. Ages 12-15 may register with a parent. Children under age 12 are not allowed in the classroom or Senior Center while class is in session.

Instructor: Christine Sabooni

Location: Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648160.MA	16&older	5/6-6/17	MW*	7:00pm-8:30pm	\$77/\$96

*No class 5/15, 5/27

Abs Arabia Style (18 & older)



Body waves to belly rolls, Abs Arabia Style provides overall body toning and abdominal conditioning, with a focus on Middle Eastern dance moves. Wear comfortable exercise-style attire or your favorite Middle Eastern dance outfit. This exercise-style class is open to all levels. No previous Middle Eastern dance experience necessary.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
644100.TQ	18&older	5/7-6/25	Tu	7:30pm-8:30pm	\$79/\$99
144100.TR	18&older	7/9-8/27	Tu	7:30pm-8:30pm	\$79/\$99

Square Dancing (18years & older)

Modern Western square dancing is a fun, friendly, sociable activity for dancers of all ages and ability levels. As an added benefit, an evening of square dancing provides a gentle cardiovascular workout, equivalent to a three-mile walk, to help burn calories and keep bones strong. Keep your memory strong, too, as you learn and practice the 100 internationally recognized square dance calls. Each lesson adds new steps and formations to your repertoire. The first session (7:00-8:30pm) focuses on beginning to mainstream calls for newer dancers. The second session (8:30-10:00pm) adds more challenging calls to plus level. No partner or experience needed. Dress is casual. Wear comfortable shoes.

FIRST NIGHT IS FREE!

Location: Murphy Park Building, 130 E. California Ave.

When: Tuesdays, 7:00pm-10:00pm with Sunnyvale Squares

(New classes begin the first Tuesday of March and September. First-time dancers must start at the beginning of a class.

Returning dancers are welcome to join anytime.

Fee: \$30 per month, purchased by the month at the door

First night FREE for new dancers. For more information please call (408) 744-1021



Baby Boot Camp (18 & older)

Get an all-body workout, including cardiovascular drills, strength training, and exercises designed to restore your core- all while being with your baby! Prenatal women must have a doctor's note and post-partum moms (at least 6-8 weeks) must have their doctor's verbal consent to participate. Exercise kits are required for first time users and can be purchased from the instructor for \$ 49.

Instructor: Bay Area Baby Boot Camp

Location: Las Palmas Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648151.TA	Beg	18&older	5/7-5/28	Tu	9:30am-10:30am	\$48/\$60
648151.TB	Beg	18&older	6/4-6/25	Tu	9:30am-10:30am	\$48/\$60
648151.RA	Beg	18&older	5/2-5/30	Th	9:30am-10:30am	\$60/\$75
648151.RB	Beg	18&older	6/6-6/27	Th	9:30am-10:30am	\$48/\$60
148151.TA	Beg	18&older	7/2-7/30	Tu	9:30am-10:30am	\$60/\$75
148151.TB	Beg	18&older	8/6-8/27	Tu	9:30am-10:30am	\$48/\$60
148151.RA	Beg	18&older	7/11-8/1	Th	9:30am-10:30am	\$48/\$60
148151.RB	Beg	18&older	8/8-8/29	Th	9:30am-10:30am	\$48/\$60

Badminton (14 & older)

Class is structured to review fundamentals and provide play opportunity. Beginners need no previous experience. Racquet and shuttlecocks are required.

Instructor: Terence Chua

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648000.TA	14&older	5/7-6/25	Tu	7:00pm-9:00pm	\$64/\$80
148000.TA	14&older	7/2-8/27	Tu	7:00pm-9:00pm	\$72/\$90

Belly Dance (18 & older)

Have fun learning traditional Middle Eastern style dance moves, while gaining core strength and control. You'll increase body awareness, muscle tone and flexibility!

Level 1 - Beginning: Learn Middle Eastern dance fundamentals, with an emphasis on technique and finger cymbal basics. This class is perfect for first-time dancers.

Level 2 - Intermediate: Build upon the basics, with a focus on understanding Middle Eastern rhythms, overlays, combinations, transitions and drum solo technique. Prerequisite: 1 year training at the beginning level.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
644101.TP	1	16&older	5/7-6/25	Tu	6:30pm-7:30pm	\$79/\$99
644102.TQ	2	18&older	5/7-6/25	Tu	8:30pm-9:30pm	\$79/\$99
144101.TP	1	16&older	7/9-8/27	Tu	6:30pm-7:30pm	\$79/\$99
144102.TQ	2	18&older	7/9-8/27	Tu	8:30pm-9:30pm	\$79/\$99

Israeli Folk Dance (13years & older)

Enjoy the evening in an energetic and inspiring way.

Israeli folk dance in a circle, in a group or with a partner in rhythmic and dynamic movement. The evening starts with a 45-minute lesson followed by dancing to your requests.

Where: Ballroom in the Recreation Center

When: Mondays with Loui Tucker, 7:45pm-11:00pm

Cost: \$7 at the door

No Dancing 5/27 (Memorial Day)

Please call (408) 287-9999 for more information.

FREE! New Dancer Festival 6/29, 1-5p.m.
Try international folk dances with Loui Tucker

Gymnastics: Co-Ed Young Adult (17 & older)

This is a co-ed recreational gymnastics class for beginners. No previous gymnastics experience is necessary. This class is designed to focus on both boys' and girls' gymnastics skills on; floor exercise, vault, balance beam uneven bars, high bar, parallel bars, pommel horse and tumble track. In addition, strength development and flexibility are integral parts of the program.

Instructor: California Sports Center

Location: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
643061.WA	Beg	17&older	5/8-6/26	W	7:30pm-8:25pm	\$129/\$161
643061.SA	Beg	17&older	5/11-6/29	Sa*	12:00pm-12:55pm	\$113/\$141
143061.WA	Beg	17&older	7/10-8/28	W	7:30pm-8:25pm	\$129/\$161
143061.SA	Beg	17&older	7/13-8/31	Sa	12:00pm-12:55pm	\$129/\$161

*No class 5/18

Hypnotize Yourself Slim!™ (18 & older)

Diets don't work. Gyms are great if old eating habits don't turn new muscle into fat. Use hypnosis and end the self-sabotage instead. You'll learn how to stop nibbling & binges *before* they start and enjoy many of the benefits of private hypnosis—at a fraction of the cost. Class CD strengthens self-love & cultivates healthy living so slimming & loving life becomes one. A \$45 materials fee covers 4-session CD, custom audio, handouts & daily email tips.

Instructor: Eric Rosen, CHt

Location: Recreation Center Neighborhood Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648250.TA	18&older	5/28-6/11	Tu	6:30pm-9:00pm	\$69/\$86
148250.TB	18&older	8/13-8/27	Tu	6:30pm-9:00pm	\$69/\$86

Personal Training Program (18 & older)

We are offering one-hour long, personalized fitness training sessions. Our certified and knowledgeable trainers will design a fitness program based on your personal exercise and wellness needs. Our programs can accommodate all fitness and ability levels. *Reminder: For your safety, always check with your physician before starting a new exercise program.*

# of Sessions	One Person Rates*		Two-Person Rates*	
	Residents	Non-Residents	Residents	Non-Residents
1	\$65	\$81	\$100	\$125
3	\$185	\$231	\$255	\$305
5	\$275	\$325	\$375	\$425

To schedule your personalized training session,
please call (408) 730-7360

*Current Senior Center members receive a \$5 discount.

Lunch Hour Hula (18 & older)

Spend your lunch-hour in Hawaii! Learn hula basics and ancient Kahiko and modern Auana hula choreography and enjoy traditional Hawaiian music as the instructor accompanies class on gourd drum and ukulele. Hula is a fun, low-impact and spiritually uplifting workout. Wear shorts or stretch pants and T-shirt. Dance is done barefoot.

Instructor: Kanani Densing

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
644140.FP	18&older	5/3-6/7	F	12:00pm-1:00pm	\$59/\$74
144140.FP	18&older	7/12-8/30	F	12:00pm-1:00pm	\$79/\$99



Lunch-hour Pilates (18 & older) **TRY•IT**

Work out on your lunch-hour but skip the sweat with this gentle, effective mat class! Strengthen and tone with controlled breathing/movement exercises focused on core muscles. Pilates emphasizes body mechanics, alignment and form to improve flexibility, balance and posture. Class uses rings, bands and balls for added challenge. Yoga mat required. Class is not suitable for pregnant women or people with acute mobility, joint or bone density problems.

Instructor: Sarah Graves

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648920.TP	18&older	5/7-6/25	Tu*	12:00pm-1:00pm	\$69/\$86
648920.JP	18&older	5/9-6/27	Th*	12:00pm-1:00pm	\$69/\$86
148920.TP	18&older	7/9-8/27	Tu*	12:00pm-1:00pm	\$69/\$86
148920.JP	18&older	7/11-8/29	Th*	12:00pm-1:00pm	\$69/\$86

*No class 5/28, 5/30, 8/13, 8/15

Strength Training (18 & older) **TRY•IT**

Feel stronger, healthier and more vital. Strengthen your bones and improve balance, coordination and mobility-all through the proper use of fitness machines and weights. You'll warm up, rotate through various exercise stations and then cool down. Classes will have a maximum of 8 students to better meet your individual fitness goals.

Instructor: Suzanne Luft

Location: Senior Center Aspen Fitness Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
646300.AA	18-older	4/29-6/17	M*	7:00pm-8:00pm	\$46/\$58
646300.BA	18-older	4/30-6/4	T	7:00pm-8:00pm	\$46/\$58
646300.BB	18-older	6/18-7/23	T	7:00pm-8:00pm	\$46/\$58
146300.BA	18-older	8/6-9/10	T	7:00pm-8:00pm	\$46/\$58

*No class 5/20, 5/27

Meditation/Visualization (14 & older) **TRY•IT**

Learn easy methods to quiet the mind. By watching your thoughts you can find a peaceful place inside of yourself. Breathing techniques, listening skills and visualization will be taught to help you cope with the outside world. Experience your true self. Please bring a mat or blanket and wear comfortable clothing.

Instructor: Robin Pickel

Location: Recreation Center Boardroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648780.SC	14&older	5/4-6/29	Sa*	11:15am-12:00pm	\$79/\$95
148780.SC	14&older	7/6-8/31	Sa	11:15am-12:00pm	\$86/\$108

*No class 5/18

FOR DANCERS ONLY

(18years & older)

Lindy Lab, 8:30 – 9 p.m.

Take advantage of our spacious floor and wall mirrors to work on your solo dancing, or bring a friend to practice your moves in an open, collaborative environment. Or, take a short drop-in class from one of our instructors.

Lessons are suitable for intermediate to advanced swing dancers, and will cover a new topic each night.

Social Dancing, 9 p.m. – Midnight

Guest DJs provide music for Lindy, Charleston, Balboa, Shag and Blues dance.

Location: Sunnyvale Community Center, Theatre Dance Studio

When: First and Third Fridays of the Month
Admission \$8 (cash only)

For more information, visit For Dancers Only online at www.facebook.com/ForDancersOnly or

e-mail ForDancersOnlySB@gmail.com or call us at (408) 657-STFO

Kidz Love Soccer Training for Women (21 & older)

Whether you've been away from the game or always wanted to learn, come join us as we re-introduce you to soccer and see why it is the world's most popular sport. Brush up on your technique or get prepared to join a local soccer league. Our fun program is designed to build your skill set and increase overall fitness. Each class includes work on technique, ball skills and game awareness. During questionable weather, please call 1-888-732-5803 one-half hour before classes begin (or by 6pm).

Instructor: Staff

Location: Cupertino Middle School

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648650.TA	21&older	5/14-6/18	Tu	7:00pm-8:00pm	\$68/\$85

Volleyball Int/Adv (16 & older)

Emphasis will be on improvement and consistency of all volleyball skills. There will be fun game-like drills, using the nets, maximizing ball contacts, and opportunity for feedback. Class will include team play, with six person teams practicing the 6-2 offensive system.

Instructor: Tom Jack

Location: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648702.MA	Int/Adv	16&older	5/6-6/24	M*	8:00pm-10:00pm	\$66/\$83
148702.MA	Int/Adv	16&older	7/15-8/26	M*	8:00pm-10:00pm	\$66/\$83

*No class 5/27, 6/10, 8/12

Yoga for Fitness (16 & older)

Open to men and women wishing to develop flexibility and body control via stretching routines and posture. Foam rubber mat is recommended.

Instructor: Betty Strain

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648750.FA	16&older	5/3-6/28	F	9:30am-11:00am	\$86/\$108
148750.FA	16&older	7/12-8/30	F	9:30am-11:00am	\$76/\$95

Location: Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648750.RA	16&older	5/2-6/27	Th	6:30pm-8:00pm	\$86/\$108
148750.RA	16&older	7/11-8/29	Th	6:30pm-8:00pm	\$76/\$95

Yoga for Wellness (16 & older)

Stressed out? Need to relax? This class taught by a certified Iyengar instructor will have lasting benefits in your life. The practice of Yoga will improve your overall health and release tension and stress. No experience necessary- all levels welcome. Please bring a yoga mat and two towels or a firm blanket.

Age 12-15 may register with a parent.

Instructor: Baerbel Schuhmacher

Location: Senior Center Orchard Pavilion

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648770.TA	16&older	5/7-6/25	Tu	6:00pm-7:30pm	\$86/\$108
148770.TA	16&older	7/16-8/20	Tu	6:00pm-7:30pm	\$65/\$81





Yoga Lite (HATHA) (14 & older) **TRY•IT**

Improve your balance, flexibility and mental focus. Mudra, Asanas and deep breathing techniques will teach you to handle life in an easy relaxed way. Techniques are 5,000 years old and work for all ages and levels. Come start the day in a good mood! Wear loose clothes and bring a mat.

Instructor: Robin Pickel

Location: Recreation Center Ballroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648760.WA	14&older	5/1-6/26	W	8:30am-10:00am	\$86/\$108
648760.SB	14&older	5/4-6/29	Sa*	9:30am-11:00am	\$76/\$95
148760.WA	14&older	7/3-8/28	W	9:30am-10:00am	\$86/\$108
148760.SB	14&older	7/6-8/31	Sa	9:30am-11:00am	\$86/\$108

*No class 5/18

Zumba (18 & older) **TRY•IT**

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party.

Instructor: Kimberley Howell (Sat) / Gwen Gillespie (Tu)

Location: Senior Center Orchard Pavilion / Recreation Center Ballroom

Class #	Age	Dates	Day	Time	Fee (Res/NR)
648790.TA	18&older	4/30-6/25	Tu	9:00am-10:00am	\$81/\$101
648790.TB	18&older	4/30-6/25	Tu	6:00pm-7:00pm	\$81/\$101
148790.TA	18&older	7/2-8/27	Tu	9:00am-10:00am	\$81/\$101
148790.TB	18&older	7/2-8/27	Tu	6:00pm-7:00pm	\$81/\$101
648790.SA	18&older	5/4-6/29	Sa*	9:00am-10:00am	\$63/\$79
148790.SA	18&older	7/13-8/24	Sa	9:00am-10:00am	\$63/\$79

*No class 5/18, 5/25

Zumba Toning (18 & older)

When it comes to body sculpting, Zumba Toning raises the bar (or rather, the Toning Stick). It combines targeted body sculpting exercises and high energy cardio work with Latin infused Zumba moves to create a calorie torching, strength training dance fitness party. Students learn to use lightweight, maraca like Toning Sticks to enhance rhythm and tone all their target zones, including arms, abs, glutes, and thighs.

Instructor: Gwen Gillespie

Location: Recreation Center Ballroom

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648791.HB	Beg	18&older	5/2-6/27	Th	6:00pm-7:00pm	\$81/\$101
148791.HB	Beg	18&older	7/11-8/29	Th	6:00pm-7:00pm	\$72/\$90

Want to **TRY•IT**?

If a class you are interested in has the **Try•It** alongside the class listing in the Activity Guide, you are welcome to drop in to the first class meeting and try it free of charge, if space is available at the start of class.

Terms & Conditions: **Try•It** is only available for the first class meeting of the term and only to new students. **Try•It** customers who would like to continue with the class must register at full price prior to the second class meeting and bring their receipt to the second class as proof of registration. **Try•It** is currently only available for certain, designated Teen & Adult classes. Adult **Try•It** students and parents/guardians of Minor **Try•It** Students must sign the class liability waiver before the student will be permitted to participate. Minors unaccompanied by their parent or guardian will not be permitted to participate. Please note, trying a class does not assure you a spot in the class. The class may fill up before you decide to register.

Tai Chi Chuan (14 & older) **TRY•IT**

Exercise your body and mind with the slow motion, dance-like movements of this traditional Chinese martial art. Regular practice can improve balance, flexibility and strength. Because the movements require mental focus, it also serves as a stress reducing meditation. No black-soled shoes allowed.

Level 1 - Beginning / Advanced Beginning: Learn fundamentals of Yang style traditional forms and work to master authentic 8-form and 28-form short routines.

Level 2 - Intermediate / Advanced: Challenge yourself with the authentic Yang style 85-form long routine and techniques with and without partners. Teacher provides advanced students with individual coaching in sword and saber form.

Instructor: Larry Young

Location: Theatre Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
648911.WP	1	14&older	5/8-6/26	W	6:45pm-7:45pm	\$59/\$74
648912.WQ	2	16&older	5/8-6/26	W	8:00pm-9:00pm	\$59/\$74
148911.WP	1	14&older	7/10-8/28	W	6:45pm-7:45pm	\$59/\$74
148912.WQ	2	16&older	7/10-8/28	W	8:00pm-9:00pm	\$59/\$74



This Online Driver's Education Course is approved by the California Department of Motor Vehicles. Reading, flash graphics, videos, and quizzes will prepare the reader to pass the written DMV test.

The course is very easy to use. You simply log into the web site, enroll, and you can begin immediately! For more information about

the course and to register go to:

www.economicdrivingschool.com/online

When registering, complete the question that says:
"How did you hear about us?"

Choose Activity Guide. Enter code: 7350

Cost: \$68.50

BU

Are you a teen looking to have fun and make a difference in your community?

Join T.A.C.!

What is T.A.C.?

T.A.C. is Sunnyvale's Teen Advisory Committee. We are a proactive group of dedicated high school students who spend our time volunteering to make Sunnyvale a great place to be a teen! We advise the Library & Community Services staff on recreation, education, and volunteer opportunities for teens. You will gain great leadership skills and have fun meeting new people too!

- Meetings are held Wednesdays 2-3 times a month Sept-May from 6:30-8:00 pm (Times are subject to change).
- You must be a Sunnyvale resident and a current high school student to apply.
- Recruitment takes place mid-July – early September. Applications can be found on the City of Sunnyvale website.
- Applications will be due Friday September 6, 2013

For more information contact:

Nathan Truitt • 408-730-7472

ntruitt@sunnyvale.ca.gov



Special Interests

Driver's Education (14 & older)

Driver's Education is a LIFE SKILL class. There is no substitute for the student-teacher interaction, discussion, video analysis, and instant feedback that takes place in the classroom. This course meets the State of California requirement to obtain a driver's instruction permit. The class is 30 hours long and does not include behind the wheel instruction. Upon completion of this course student will receive a Certificate of Completion of Classroom Driver Education. Students must attend all sessions in order to receive the DMV Completion Certificate. Students must be 15 1/2 to get an instruction permit. A lunch break is provided. Students should bring a bag lunch. A non-refundable supply fee of \$10 due at first class.

Instructor: Economic DrivingSchool - 24301

Location: Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
635310.JX	14&older	6/10-6/13	M-Th	8:30am-4:30pm	\$130/\$169

Visual Arts/Pottery

Basic Digital Photography (16 & older)

Take better pictures with your digital camera. Topics will include basic operation of your camera, basic rules of lighting, composition and exposure, composing pictures in difficult conditions, and dealing with parallax. Class will include assignments and constructive critiques. Bring a digital camera to first class. Camera manual is helpful, but not required.

Instructor: Richard Fox

Location: Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649511.WA	Beg	16-older	5/8-6/26	W	7:00pm-9:00pm	\$76/\$95
149511.TA	Beg	16-older	7/9-8/27	Tu	7:00pm-9:00pm	\$76/\$95

Basic Photoshop for Photographers (16 & older)

Turn your digital images into photographs using Photoshop tools and tricks. Digital workflow used by professionals will be taught. Improve contrast, sharpness and color. Students are urged to bring a laptop with Photoshop Cs4/5 or Photoshop elements. Students who do not bring a laptop to class may still participate.

Instructor: Richard Fox

Location: Creative Arts Center Paint Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
649550.TA	16-older	5/7-6/25	Tu	7:00pm-9:00pm	\$76/\$95
149550.WA	16-older	7/10-8/28	W	7:00pm-9:00pm	\$76/\$95

Figure Painting & Sculpting (18 & older)

This class will focus on figure proportion and anatomy through painting, drawing and ceramic sculpture. Students will learn to analyze the figure while expressing individual interpretation. Materials list appears on registration receipt. Participants must be 18 years of age for this class. Model fees will be shared by class participants (approximately \$50-80) and payable at first class.

Instructor: Rebecca Bui

Location: Creative Arts Center Paint Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649941.MA	Beg	18-older	6/24-7/29	M	7:00pm-10:00pm	\$90/\$113

Glass Fusing (16 & older)

Learn how easy and fun it is to make beautiful fused art glass! You'll be introduced to the glass fusing process by melting layers of glass in a kiln to create small coasters, tiles, pendants, wall art and more. Topics will include: safety, how to select and cut glass, use of basic glass fusing tools, kiln shelf preparation, and firing techniques. You do not need to be an artist to learn this fun art form. Intermediate students are welcome and can expand on existing glass fusing skills. Design help is always available. Classes will begin with a short lecture on intermediate and/or advanced topics with samples. Please wear closed toed shoes. A non-refundable \$65 supply fee will be collected at first class.

Instructor: Crystal Ouzillou

Location: Creative Arts Center Arts Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649311.MA	Beg	16&older	5/6-5/20	M	9:00am-12:00pm	\$68/\$85
649311.WA	Beg	16&older	5/1-5/15	W	7:00pm-10:00pm	\$68/\$85
649311.MK	Beg	16&older	6/3-6/24	M*	9:00am-12:00pm	\$68/\$85
649311.WK	Beg	16&older	6/5-6/26	W*	7:00pm-10:00pm	\$68/\$85
149311.MA	Beg	16&older	7/1-7/15	M	9:00am-12:00pm	\$68/\$85
149311.WA	Beg	16&older	7/3-7/17	W	7:00pm-10:00pm	\$68/\$85

*No class 6/17, 6/19

Pottery (16 & older)

This course will teach you basic hand and wheel techniques. Individual style and approach is encouraged. Perfect for the beginning and advanced beginning potter. Clay must be purchased in class (\$28 for a 25 lb. bag) Firing and glazing included in class price. Beginning tool kits may be purchased in class (\$25).

Instructor: Danny Sheu (M, Th, F) Barbara Brown (W)

Location: Creative Arts Center Pottery Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649911.MA	Beg	16&older	5/13-6/17	M*	7:00pm-10:00pm	\$120/\$150
649911.WA	Beg	16&older	5/15-6/19	W	9:00am-12:00pm	\$144/\$180
649911.WB	Beg	16&older	5/15-6/19	W	12:00pm-3:00pm	\$144/\$180
649911.JC	Beg	16&older	5/16-6/20	Th	7:00pm-10:00pm	\$144/\$180
649911.FA	Beg	16&older	5/17-6/21	F	10:00am-1:00pm	\$144/\$180
149911.MA	Beg	16&older	7/1-8/5	M	7:00pm-10:00pm	\$144/\$180
149911.WA	Beg	16&older	7/3-8/7	W	9:00am-12:00pm	\$144/\$180
149911.WB	Beg	16&older	7/3-8/7	W	12:00pm-3:00pm	\$144/\$180
149911.JA	Beg	16&older	7/11-8/8	Th	7:00pm-10:00pm	\$120/\$150
149911.FA	Beg	16&older	7/5-8/9	F	10:00am-1:00pm	\$144/\$180
149911.MK	Beg	16&older	8/12-9/16	M*	7:00pm-10:00pm	\$120/\$150
149911.WK	Beg	16&older	8/14-9/18	W	9:00am-12:00pm	\$144/\$180
149911.WL	Beg	16&older	8/14-9/18	W	12:00pm-3:00pm	\$144/\$180
149911.JK	Beg	16&older	8/15-9/19	Th	7:00pm-10:00pm	\$144/\$180
149911.FK	Beg	16&older	8/16-9/20	F	10:00am-1:00pm	\$144/\$180

*No class 5/27, 9/2

Watercolor (18 & older)

Learn watercolor basics in a relaxed setting. Have fun trying out still life, landscape and the figure. See how famous artists have used this versatile medium to enhance their lives. In-class demonstrations and slide lectures. Supply list will appear on your receipt (approx.\$45). Supplies should be purchased by second class meeting. Supplies for first class will be provided.

Instructor: Karen Haas

Location: Creative Arts Center Art Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
649641.JA	Beg	18&older	5/9-6/13	Th	10:00am-12:00pm	\$66/\$83
149641.JA	Beg	18&older	7/11-8/15	Th	10:00am-12:00pm	\$66/\$83

Teen & Adult



Open Pottery Studio (16yrs & older)

For intermediate and advanced potters. No formal instruction will be provided, but technical assistance is available. Open studio passes, good for one 4-hour block, may be purchased in the studio. Prorating for unused hours will not be available and passes expire at the end of each 12-week session. Children under the age of 16 may participate if accompanied by an adult.

Location: Creative Arts Center Pottery Studio

Session: 4/1-6/22 and 7/1-9/21

(studio closed 5/18, 5/27, 6/24-6/29, 7/4, 9/2)

Fee (Res/NR): \$28/\$34 per 4-hour pass

Day: Tu 10am-10pm; Th 10am-2pm; F 2-6pm; Sa 9:30am-1:30pm

Glazing and firing is included in pass price • Clay must be purchased in class/open studio (\$28 per 25 lb bag) • No refunds, transfers, or credits for passes • Lost passes will not be credited • Kiln use is for group firing. Works over 20" x 20" x 24" or pieces that cannot fit in a group firing will not be accepted for firing • No outside firing accepted • No dangling jewelry, open-toed shoes or children allowed. **CLAY PICK-UPS:** Pick-ups may be made during open studio hours only. (Pick-ups will not be permitted during scheduled class times.) No trimming or "quick glazing" will be allowed unless an Open Studio pass is presented. Allow 3-4 weeks for firing. Large or irregularly shaped pieces will be held and fired during maintenance closures in the studio (approximately every 12 weeks).

Please call (408) 730-7758 for more information.

Open Painting Studio (18yrs & older)

Set aside time to paint each week and join fellow artists for a morning of creativity and collaboration. The Sunnyvale Community Center invites painters of all skill levels to work in our spacious, well-lit painting studio. All painting and drawing mediums are welcome. No formal instruction is provided. Lots of table space, natural light, painting easels and comradery available.

Location: Paint Room in Creative Arts Center
Sunnyvale Community Center
550 E. Remington Drive
Sunnyvale, CA 94087

Fee: \$5 (Payable at door). Drop-ins welcome.

Day: Mondays, 9am-noon

Please call (408) 730-7758 for more information.



Friends of the Sunnyvale Pottery Studio

Creative Arts Center
Sunnyvale Community Center
550 East Remington Drive
Sunnyvale, CA 94087

SPRING SALE POTTERY & FUSED GLASS

Friday & Saturday May 10 - 11, 2013
10:00 am - 5:00 pm

Come browse a large selection of handmade ceramics and fused glass by over 30 local artists from jewelry to decorative and functional items. Support the arts in Sunnyvale!

Free Admission!





ADULT DROP-IN GYM

Sunnyvale Indoor Sports Center • 550 E. Remington Drive



BADMINTON

Tuesday thru Friday
11:30am-1:30pm

*Saturday 3:30-5:30pm & 5:45-7:45pm

*Sunday 12:30-2:30pm & 2:45-4:45pm

Must be at least 16 years of age or older to participate unless supervised by parent or legal guardian (Badminton only)

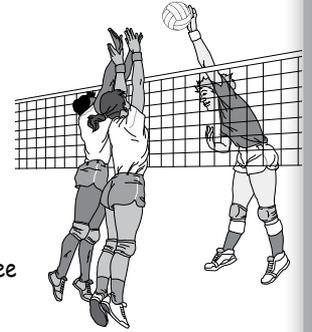
Individual drop-in fee (per visit): \$5 Resident, \$6 Non-Resident
Spectators must also pay the fee

Discount passes available:
Sunnyvale Resident (10 visit pass \$40)
Non-Resident (10 visit pass \$50)

Fee includes use of showers & locker room

VOLLEYBALL

Tuesday 5:00-7:00pm



* Two separate sessions—separate fee charged.

For more information, call (408) 730-7334

GB

Adult Sports Leagues

The City of Sunnyvale offers leagues in each of the sports below for teams interested in playing other teams.



Basketball: 10-week season + playoffs
Winter: early January through late March
Spring/Summer: early April through late June
Fall: early September through early December

Volleyball: 8-week season + playoffs



Winter: early January through mid March
Spring: late March through early June
Summer: late June through late August
Fall: late September through mid November.

Registration is for teams only. Individuals can call to be placed on a waiting list for players looking for a team. For registration information call (408) 730-7334.

GB

Columbia DROP-IN GYM

Columbia Neighborhood Center
785 Morse Avenue, Sunnyvale

For Middle & High School Students Only
(All students must show current school ID at check in)

FEE: \$0.50 Resident, \$1 Non-Resident

Youth Basketball*

Fridays 7-10pm

Youth Soccer*

Mondays 7-9pm
Saturdays 7-10pm



For more information, call (408) 730-7334

*Due to liability concerns, we do not allow adults to participate in games against students. Thanks for your cooperation.

GB

Drop In