



Welcome to Sunnyvale Splash ...
... the City of Sunnyvale's Aquatics Program. We offer activities for the whole family—youth and adult swim lessons, and recreational swim.

Questions & Answers

Q: Where do I register for swim lessons?

Registration will be held at the Community Center through June 13. Refunds and transfers during this time may be requested at the Community Center. Beginning June 17, all registration will be handled at the individual pool sites during swim lesson times. Please call the pool to find out registration times at each of the facilities. No class registration, transfers or refunds will be processed at the Community Center after June 13.

Q: What level do I register my child for?

Read the descriptions provided in the Skill Levels column at the right, and register your child for the class that sounds most like his or her level. If your child is an otter, seal or dolphin, you just need to register for Beginners. On the first day of the class we will test each child and split them up according to their level (otter, seals and dolphins). We do not test the more advanced swimmers. If you feel that your child is in the wrong class, please let the Pool Manager know so he or she can test your child for the proper level.

Q: What is the child to instructor ratio?

| | |
|--|--------|
| Tiny Tots Swim | 4 to 1 |
| Beginning (otters, seals and dolphins) | 5 to 1 |
| Level 3 and higher | 6 to 1 |

Q: Why does the second week of each swim lesson session end on a Thursday?

Every other Friday will allow for an extended Recreation Swim day. Extended Recreation Swim will take place at Columbia and Sunnyvale from 1:30-4pm and at Washington from 1:30-5pm on 6/28, 7/12, 7/26 & 8/9. Swim participants will be given a voucher to allow them to enter recreation swim on the above dates at no cost.

Q: Does the pool close if it starts raining?

Generally, no. We will continue to hold swim lessons. We will close the facility if there is lightning.

Q: If my child misses a swim lesson because he is sick or she is out of town, can they have a make-up class?

Unfortunately, we are not able to offer make-up lessons within our class structure.

Q: How warm is the pool?

All facilities in Sunnyvale are outdoor pools. They are heated to approximately 80-82° F. Although the outside air temperature may make it seem cooler, the pool temperature is consistently maintained regardless of the weather.

Q: Can I request a specific instructor for my child's lesson?

We cannot accommodate specific requests for instructors. The instructors rotate between levels and times. The Pool Manager does not know who will be teaching the class until the first day of the class.

Q: What if I am not happy with the program?

Please let the Pool Manager know right away. The Manager will try to resolve whatever might be the problem. The City of Sunnyvale has a refund policy which is explained on the registration page at the back of this guide.

Q: Can my child wear a t-shirt in the pool?

For the safety of your child, and the maintenance of our pool, t-shirts and other street clothes are not allowed in the pool.

Q: What if I registered my child for the wrong level?

We will try to find an open class in the right level for your child. However, this may require that you switch times or pools. We will work with you to try and find the best solution for you and your child.

Q: Why does my child have to listen to safety skills each session?

Water safety instruction is an important facet of our Learn-to-Swim program. Our program is based on the Red Cross Learn-to-Swim program which requires instruction in water safety for each level of class. Although some students will hear the same information each time they take the same level class, we strongly believe that you can never have too much safety information.

Q: What if my child passes Level 3 and I have registered him or her for the whole summer in that level?

Please let the Pool Manager know before you leave the pool that day. The Manager will work with you to find a class to transfer your child into. However, transfers are not automatic. You must initiate it with the Pool Manager. In the event that we cannot find a suitable class for your child, he or she can either take the class that she is registered for again, or you may request a refund.

Q: Are lockers and showers available?

Yes, there are locker room facilities at each pool. Patrons must supply their own locks and towels. Showers are available for your use.

Q: Are there any health restrictions?

Persons suffering from infections or contagious disease and illnesses are not permitted in the pool or locker room areas.

Q: Can we bring a picnic to the pool?

Food and drinks are not permitted in the pool area. However, all of the pools are located in parks that are ideal for a picnic. We ask that you do not bring food, drinks, glass, sharp objects or tobacco products into the pool area.



Q: Will the class get to go on the Diving Board?

For the pools with diving boards, the last day of each session is Diving Board Day. Each class will have the opportunity to jump off the board on that day. However, children who are not comfortable with this skill will not be required to go if they don't want to.

Q: What can I do to make swimming a safer experience for my child?

We strongly recommend that all parents and caregivers be certified in Community First Aid and CPR. This course is offered by the American Red Cross and teaches you what to do in an emergency.

Q: Where are the pools in Sunnyvale?

- **Columbia Park Pool**
730 Morse Avenue
(408) 735-0852
- **Sunnyvale Middle School Pool**
1080 Mango Avenue
(408) 738-0770
- **Washington Park Pool**
255 S. Pastoria Avenue
(408) 736-0474

Additionally, The California Sports Center offers a wide range of aquatics programs to suit the needs of swimmers of all ages and abilities. For more information, see page 54.

Sunnyvale Swim Complex at Fremont High School
1238 Sunnyvale-Saratoga Road
(408) 732-2257

RECREATION SWIM

Public recreation swim allows swimmers of all ages the opportunity for casual swimming and water play. Lifeguards are on duty during recreation swim hours. Participants must adhere to all pool rules. Participants must pass our lifeguard issued swim test, in order to swim in the deep end of the pool.

SWIM TEST

Participants who wish to swim in the deep end of the pool must pass our lifeguard issued swim test. Swim test will consist of the following 3 skills:

- Jump into water above head & recover
- Ability to swim 25 yards
- Tread water for 1 minute



POOL RULES

Children 6 years old and younger must be directly supervised by a parent/guardian while in the pool. The parent/guardian must accompany the child in the water and remain within arm's length of the child.

However, we strongly advise that all parents closely monitor their child's activities in the pool, regardless of the age. This is especially true for beginner swimmers.

Children who are not toilet trained or who are under the age of 3 must wear approved swim diapers and plastic swim cover beneath their swimsuit.

Please do not enter the pool if you have an infectious disease, bandage, open blisters or sores.

Floatation devices including water wings, padded swimsuits and inner-tubes are not permitted with the exception of US Coast guard approved lifejackets.

With the exception of service animals, animals are not allowed in the facility.

Food, drinks, glass, sharp objects or tobacco products are not permitted in the pool area.

DIVING BOARD RULES

Diving is only allowed in the deep end of the pool.

One person is allowed on the board at a time.

One bounce on the board is permitted.

Jump or dive straight off and swim to the nearest side.

FOR YOUR SAFETY

Please walk at all times on the pool deck.

Fighting, roughhousing, chicken fighting, screaming, profanity and pretending to drown is NOT permitted in the facility.

Appropriate swim attire is required when entering the pool.

T-shirts worn over swimsuits and other street clothes are not allowed.

The lifeguard on duty is in full charge. Failure to comply with the lifeguards requests, may result in the participant being asked to leave the pool area without a refund. Lifeguards on deck are there to watch the pool. Please direct questions to the Pool Manager in the pool office.

Recreation Swim Hours





Skill Levels

Parent & Tot • Ages 6mo. to 4yrs

Parent & Tot is the first level in our Learn-to-Swim program. These classes give parents and children an opportunity to explore and become comfortable in a pool. The instructor will present daily skills and techniques for parents to use with their children. Participants are also given an opportunity to work on beginning swimming skills in preparation for a Tiny Tots or Beginner level swim class. Parents must stay in the water with their children, at a ratio of one parent per child.

Tiny Tots Swim • Age 3

This class is designed for 3-year olds who are ready to transition from Parent & Tot swim classes. Skills covered will include assisted front and back floats, submerging to retrieve objects and an introduction to arm and leg actions for front and back crawl. Participants must be comfortable being in the water without a parent.

Beginner • Ages 4-16 (Levels 1-2)

- **Otters:** No swimming experience is necessary. Otters work on assisted front floats, back floats, and submerging for objects. Arm and leg actions for front crawl will be introduced, and water safety and pool rules will be discussed.
- **Seals:** These swimmers will work on unassisted front and back floats. Explorations of deep water, gliding, flutter kicking, and rhythmic breathing will also be the emphasis in Seals.
- **Dolphins:** These swimmers will begin to combine rhythmic breathing, arm motion, and kicking. Treading water, survival floating, and independent entry to the water will also be practiced in Dolphins.

Level 3 - Stroke Development • Ages 4-16

This level is designed to develop and improve coordination and stamina in the front crawl and back crawl. The body motion and kick associated with butterfly will also be introduced in this level. Students should have passed Dolphins (Level 2) to enroll.

Level 4 - Stroke Improvement • Ages 4-16

An advanced course designed to improve front crawl, back crawl, and butterfly. Elementary backstroke, breaststroke, and open turns will be introduced and practiced. Students should have passed Level 3 to enroll.

Level 5 - Stroke Refinement • Ages 4-16

Endurance and stroke refinement is the emphasis in Level 5. Sidestroke, flips turns, and shallow diving will be introduced to familiarize students with survival swimming and competitive swimming. Students should have passed Level 4 to enroll.

Level 6 - Fitness Swimmer • Ages 4-16

To refine strokes so students swim with more ease, efficiency, power, and smoothness over greater distances. Training techniques, principles, and equipment will be introduced to students in order to gain a better understanding of swimming for fitness. Students should have passed Level 5 to enroll.



Washington Pool Recreation Swim

6/1 – 8/25, Saturday & Sunday, 1:30pm-4:00pm

6/17 – 8/11, Monday - Friday, 2:30pm-5:00pm*

*Extended hours (1:30pm-5:00pm) on 6/28, 7/12, 7/26 & 8/9

Labor Day 3-Day Weekend, 8/31, 9/1, 9/2 1:30pm-4:00pm

| | | |
|-----------------------------------|------------|----------------|
| Youth Fee (under 18): | \$2 (Res) | \$3 (Non-Res) |
| Adult Fee: | \$3 (Res) | \$4 (Non-Res) |
| Youth Pass, 10 admissions: | \$19 (Res) | \$29 Non-Res) |
| Adult Pass, 10 admissions: | \$42 (Res) | \$56 (Non-Res) |



Sunnyvale Middle School Pool Recreation Swim

6/17 – 8/11, Thursday and Friday only, 12:45pm-2:45pm*

*Extended hours (1:30pm-4:00pm) on 6/28, 7/12, 7/26, 8/9

(Closed July 4)

| | | |
|-----------------------------------|------------|----------------|
| Youth Fee (under 18): | \$2 (Res) | \$3 (Non-Res) |
| Adult Fee: | \$3 (Res) | \$4 (Non-Res) |
| Youth Pass, 10 admissions: | \$19 (Res) | \$29 Non-Res) |
| Adult Pass, 10 admissions: | \$42 (Res) | \$56 (Non-Res) |

Columbia Recreation Swim

6/17 – 8/11

Sa & Su, 1:30pm-4:00pm

M-F, 2:00pm-3:30pm*

*Extended hours (1:30pm-4:00pm) on 6/28, 7/12, 7/26, 8/9

(Closed July 4)

| | | |
|---|--------------|---------------|
| Youth Fee (under 18): | .50¢ (Res) | \$3 (Non-Res) |
| Adult Fee: | \$1.50 (Res) | \$4 (Non-Res) |
| Reduced fee available for residents of the Columbia Neighborhood Center Service Area | | |



Columbia Park Pool

No classes 7/4

Splash Special Event
July 26 6:30pm-8:00pm

Parent and Tot (6mo-4years)

| | | | | | |
|--------------|---------|---------------|--------------------------|------------|------------|
| Fee (Res/NR) | ===== > | \$85/\$106 | \$76/\$95 | \$85/\$106 | \$85/\$106 |
| Class Dates | ===== > | 6/17-6/27 | 7/1-7/11* | 7/15-7/25 | 7/29-8/8 |
| Level | Day | Time | ----- Class Number ----- | | |
| P/T | M-F | 3:45pm-4:15pm | 110000.AA | 110000.BA | 110000.CA |
| P/T | M-F | 4:55pm-5:25pm | 110000.AB | 110000.BB | 110000.CB |

*No class 7/4

Tiny Tots (3years)

| | | | | | |
|--------------|---------|---------------|--------------------------|------------|------------|
| Fee (Res/NR) | ===== > | \$85/\$106 | \$76/\$95 | \$85/\$106 | \$85/\$106 |
| Class Dates | ===== > | 6/17-6/27 | 7/1-7/11* | 7/15-7/25 | 7/29-8/8 |
| Level | Day | Time | ----- Class Number ----- | | |
| TT | M-F | 4:20pm-4:50pm | 110001.AA | 110001.BA | 110001.CA |
| TT | M-F | 5:30pm-6:00pm | 110001.AB | 110001.BB | 110001.CB |

*No class 7/4

Group Lessons (4-15years)

| | | | | | |
|--------------|---------|---------------|--------------------------|------------|------------|
| Fee (Res/NR) | ===== > | \$85/\$106 | \$76/\$95 | \$85/\$106 | \$85/\$106 |
| Class Dates | ===== > | 6/17-6/27 | 7/1-7/11* | 7/15-7/25 | 7/29-8/8 |
| Level | Day | Time | ----- Class Number ----- | | |
| Beg | M-F | 3:45pm-4:15pm | 120011.AA | 120011.BA | 120011.CA |
| Beg | M-F | 4:20pm-4:50pm | 120011.AB | 120011.BB | 120011.CB |
| Beg | M-F | 4:55pm-5:25pm | 120011.AC | 120011.BC | 120011.CC |
| Beg | M-F | 5:30pm-6:00pm | 120011.AD | 120011.BD | 120011.CD |
| 3 | M-F | 5:30pm-6:00pm | 120013.AA | 120013BA | 120013.CA |
| 4/5 | M-F | 4:55pm-5:25pm | 120024.AA | 120024.BA | 120024.CA |

*No class 7/4



Sunnyvale Middle School Pool

No classes 7/4

Parent and Tot (6mo-4years)

| | | | | | |
|--------------|---------|---------------|--------------------------|------------|------------|
| Fee (Res/NR) | ===== > | \$93/\$116 | \$81/\$101 | \$93/\$116 | \$93/\$116 |
| Class Dates | ===== > | 6/17-6/27 | 7/1-7/11* | 7/15-7/25 | 7/29-8/8 |
| Level | Day | Time | ----- Class Number ----- | | |
| P/T | M-F | 4:10pm-4:40pm | 110300.AA | 110300.BA | 110300.CA |
| P/T | M-F | 5:20pm-5:50pm | 110300.AB | 110300.BB | 110300.CB |

*No class 7/4

Tiny Tots (3years)

| | | | | | |
|--------------|---------|-------------|--------------------------|------------|------------|
| Fee (Res/NR) | ===== > | \$93/\$116 | \$81/\$101 | \$93/\$116 | \$93/\$116 |
| Class Dates | ===== > | 6/17-6/27 | 7/1-7/11* | 7/15-7/25 | 7/29-8/8 |
| Level | Day | Time | ----- Class Number ----- | | |
| TT | M-F | 3:00-3:30pm | 110301.AA | 110301.BA | 110301.CA |
| TT | M-F | 3:35-4:05pm | 110301.AB | 110301.BB | 110301.CB |
| TT | M-F | 4:45-5:15pm | 110301.AC | 110301.BC | 110301.CC |

*No class 7/4

Group Lessons (4-15years)

| | | | | | |
|--------------|---------|---------------|--------------------------|------------|------------|
| Fee (Res/NR) | ===== > | \$93/\$116 | \$81/\$101 | \$93/\$116 | \$93/\$116 |
| Class Dates | ===== > | 6/17-6/27 | 7/1-7/11* | 7/15-7/25 | 7/29-8/8 |
| Level | Day | Time | ----- Class Number ----- | | |
| Beg | M-F | 3:00-3:30pm | 120311.AD | 120311.BD | 120311.CD |
| Beg | M-F | 3:35-4:05pm | 120311.AE | 120311.BE | 120311.CE |
| Beg | M-F | 4:10-4:40pm | 120311.AF | 120311.BF | 120311.CF |
| Beg | M-F | 4:45-5:15pm | 120311.AG | 120311.BG | 120311.CG |
| Beg | M-F | 5:20-5:50pm | 120311.AH | 120311.BH | 120311.CH |
| Beg | M-F | 5:55-6:25pm | 120311.AI | 120311.BI | 120311.CI |
| Beg | M-F | 6:30-7:00pm | 120311.AJ | 120311.BJ | 120311.CJ |
| 3 | M-F | 3:35-4:05pm | 120313.AA | 120313.BA | 120313.CA |
| 3 | M-F | 5:20-5:50pm | 120313.AB | 120313.BB | 120313.CB |
| 4 | M-F | 3:00pm-3:30pm | 120314.AA | 120314.BA | 120314.CA |
| 5 | M-F | 4:45-5:15pm | 120315.AA | 120315.BA | 120315.CA |
| 6 | M-F | 4:10-4:40pm | 120316.AA | 120316.BA | 120316.CA |

*No class 7/4





Washington Park Pool

No classes 7/4

Splash Special Event July 12 & Aug 9 6:30pm-8:00pm

Parent and Tot (6mo-4years)

| Class # | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-----------|-----------|------|-----------------|--------------|
| 610400.AA | 6mos-4yrs | 4/30-5/23 | TuTh | 3:45pm-4:15pm | \$82/\$103 |
| 610411.AA | 6mos-4yrs | 5/4-5/25 | Sa | 10:00am-10:30am | \$42/\$53 |
| 610411.AB | 6mos-4yrs | 5/4-5/25 | Sa | 11:10am-11:40am | \$42/\$53 |
| 110401.AA | 6mos-4yrs | 6/17-6/27 | M-F | 10:45am-11:15am | \$93/\$116 |
| 110401.AB | 6mos-4yrs | 6/17-6/27 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 110411.AA | 6mos-4yrs | 6/22-7/13 | Sa | 10:05am-10:35am | \$42/\$53 |
| 110411.AB | 6mos-4yrs | 6/22-7/13 | Sa | 11:25am-11:55am | \$42/\$53 |
| 110411.AC | 6mos-4yrs | 6/22-7/13 | Sa | 12:00pm-12:30pm | \$42/\$53 |
| 110401.BA | 6mos-4yrs | 7/1-7/11 | M-F* | 10:45am-11:15am | \$81/\$101 |
| 110401.BB | 6mos-4yrs | 7/1-7/11 | M-F* | 11:30am-12:00pm | \$81/\$101 |
| 110401.CA | 6mos-4yrs | 7/15-7/25 | M-F | 10:45am-11:15am | \$93/\$116 |
| 110401.CB | 6mos-4yrs | 7/15-7/25 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 110411.BA | 6mos-4yrs | 7/20-8/10 | Sa | 10:05am-10:35am | \$42/\$53 |
| 110411.BB | 6mos-4yrs | 7/20-8/10 | Sa | 11:25am-11:55am | \$42/\$53 |
| 110411.BC | 6mos-4yrs | 7/20-8/10 | Sa | 12:00pm-12:30pm | \$42/\$53 |
| 110401.DA | 6mos-4yrs | 7/29-8/8 | M-F | 10:45am-11:15am | \$93/\$116 |
| 110401.DB | 6mos-4yrs | 7/29-8/8 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 110401.EA | 6mos-4yrs | 8/12-8/16 | M-F | 10:45am-11:15am | \$51/\$64 |
| 110401.EB | 6mos-4yrs | 8/12-8/16 | M-F | 11:30am-12:00pm | \$51/\$64 |

*No class 7/4

Tiny Tots (3years)

| Class # | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|------|-----------|------|-----------------|--------------|
| 610401.AA | 3yrs | 4/30-5/23 | TuTh | 4:55pm-5:25pm | \$82/\$103 |
| 610413.AA | 3yrs | 5/4-5/25 | Sa | 10:35am-11:05am | \$42/\$53 |
| 610413.AB | 3yrs | 5/4-5/25 | Sa | 11:10am-11:40am | \$42/\$53 |
| 110403.AA | 3yrs | 6/17-6/27 | M-F | 9:00am-9:30am | \$93/\$116 |
| 110403.AB | 3yrs | 6/17-6/27 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 110413.AA | 3yrs | 6/22-7/13 | Sa | 10:05am-10:35am | \$42/\$53 |
| 110413.AB | 3yrs | 6/22-7/13 | Sa | 10:40am-11:10am | \$42/\$53 |
| 110413.AC | 3yrs | 6/22-7/13 | Sa | 12:00pm-12:30pm | \$42/\$53 |
| 110403.BA | 3yrs | 7/1-7/11 | M-F* | 9:00am-9:30am | \$81/\$101 |
| 110403.BB | 3yrs | 7/1-7/11 | M-F* | 1:50pm-2:20pm | \$81/\$101 |
| 110403.CA | 3yrs | 7/15-7/25 | M-F | 9:00am-9:30am | \$93/\$116 |
| 110403.CB | 3yrs | 7/15-7/25 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 110413.BA | 3yrs | 7/20-8/10 | Sa | 10:05am-10:35am | \$42/\$53 |
| 110413.BB | 3yrs | 7/20-8/10 | Sa | 10:40am-11:10am | \$42/\$53 |
| 110413.BC | 3yrs | 7/20-8/10 | Sa | 12:00pm-12:30pm | \$42/\$53 |
| 110403.DA | 3yrs | 7/29-8/8 | M-F | 9:00am-9:30am | \$93/\$116 |
| 110403.DB | 3yrs | 7/29-8/8 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 110403.EA | 3yrs | 8/12-8/16 | M-F | 9:00am-9:30am | \$51/\$64 |
| 110403.EB | 3yrs | 8/12-8/16 | M-F | 1:50pm-2:20pm | \$51/\$64 |

*No class 7/4

Group Lessons - May (4-15years)

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|------|-----------------|--------------|
| 620411.AA | Beg | 4-15yrs | 4/30-5/23 | TuTh | 3:45pm-4:15pm | \$82/\$103 |
| 620411.AB | Beg | 4-15yrs | 4/30-5/23 | TuTh | 4:20pm-4:50pm | \$82/\$103 |
| 620411.AC | Beg | 4-15yrs | 4/30-5/23 | TuTh | 4:55pm-5:25pm | \$82/\$103 |
| 620411.AD | Beg | 4-15yrs | 4/30-5/23 | TuTh | 5:30pm-6:00pm | \$82/\$103 |
| 620441.AA | Beg | 4-15yrs | 5/4-5/25 | Sa | 10:00am-10:30am | \$42/\$53 |
| 620441.AB | Beg | 4-15yrs | 5/4-5/25 | Sa | 10:35am-11:05am | \$42/\$53 |
| 620441.AC | Beg | 4-15yrs | 5/4-5/25 | Sa | 11:45am-12:15pm | \$42/\$53 |
| 620413.AA | 3 | 4-15yrs | 4/30-5/23 | TuTh | 4:20pm-4:50pm | \$82/\$103 |
| 620413.AB | 3 | 4-15yrs | 4/30-5/23 | TuTh | 5:30pm-6:00pm | \$82/\$103 |
| 620443.AA | 3 | 4-15yrs | 5/4-5/25 | Sa | 11:45am-12:15pm | \$42/\$53 |

Group Lessons - Pre-Summer (4-15years)

Take advantage of this pre-summer, beginning level swim class (Otters, Seals & Dolphins). Participants will be grouped with those of similar ability. Water safety and swim instruction will be provided. Please bring a swimsuit, towel and sunblock. HURRY, SPACE IS LIMITED!

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|------|---------------|--------------|
| 120410.AA | Beg | 4-15yrs | 6/11-6/14 | Tu-F | 5:00pm-5:30pm | \$21/\$26 |
| 120410.AB | Beg | 4-15yrs | 6/11-6/14 | Tu-F | 5:30pm-6:00pm | \$21/\$26 |
| 120410.AC | Beg | 4-15yrs | 6/11-6/14 | Tu-F | 6:00pm-6:30pm | \$21/\$26 |

Group Lessons - Beginners (4-15years)

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|-------|-----------------|--------------|
| 120441.AA | Beg | 4-15yrs | 6/22-7/13 | Sa | 10:05am-10:35am | \$42/\$53 |
| 120441.AB | Beg | 4-15yrs | 6/22-7/13 | Sa | 10:40am-11:10am | \$42/\$53 |
| 120441.AC | Beg | 4-15yrs | 6/22-7/13 | Sa | 11:25am-11:55am | \$42/\$53 |
| 120441.AD | Beg | 4-15yrs | 6/22-7/13 | Sa | 12:00pm-12:30pm | \$42/\$53 |
| 120441.BA | Beg | 4-15yrs | 7/20-8/10 | Sa | 10:05am-10:35am | \$42/\$53 |
| 120441.BB | Beg | 4-15yrs | 7/20-8/10 | Sa | 10:40am-11:10am | \$42/\$53 |
| 120441.BC | Beg | 4-15yrs | 7/20-8/10 | Sa | 11:25am-11:55am | \$42/\$53 |
| 120441.BD | Beg | 4-15yrs | 7/20-8/10 | Sa | 12:00pm-12:30pm | \$42/\$53 |
| 120421.AA | Beg | 4-15yrs | 6/17-6/27 | M-F | 9:00am-9:30am | \$93/\$116 |
| 120421.AB | Beg | 4-15yrs | 6/17-6/27 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120421.AC | Beg | 4-15yrs | 6/17-6/27 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120421.AD | Beg | 4-15yrs | 6/17-6/27 | M-F | 10:45am-11:15am | \$93/\$116 |
| 120421.AE | Beg | 4-15yrs | 6/17-6/27 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 120421.AF | Beg | 4-15yrs | 6/17-6/27 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120421.AG | Beg | 4-15yrs | 6/17-6/27 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120431.AA | Beg | 4-15yrs | 6/17-6/27 | M-Th | 6:30pm-6:55pm | \$73/\$91 |
| 120431.AB | Beg | 4-15yrs | 6/17-6/27 | M-Th | 7:00pm-7:25pm | \$73/\$91 |
| 120431.AC | Beg | 4-15yrs | 6/17-6/27 | M-Th | 7:30pm-7:55pm | \$73/\$91 |
| 120421.BA | Beg | 4-15yrs | 7/1-7/11 | M-F* | 9:00am-9:30am | \$81/\$101 |
| 120421.BB | Beg | 4-15yrs | 7/1-7/11 | M-F* | 9:35am-10:05am | \$81/\$101 |
| 120421.BC | Beg | 4-15yrs | 7/1-7/11 | M-F* | 10:10am-10:40am | \$81/\$101 |
| 120421.BD | Beg | 4-15yrs | 7/1-7/11 | M-F* | 10:45am-11:15am | \$81/\$101 |
| 120421.BE | Beg | 4-15yrs | 7/1-7/11 | M-F* | 11:30am-12:00pm | \$81/\$101 |
| 120421.BF | Beg | 4-15yrs | 7/1-7/11 | M-F* | 1:15pm-1:45pm | \$81/\$101 |
| 120421.BG | Beg | 4-15yrs | 7/1-7/11 | M-F* | 1:50pm-2:20pm | \$81/\$101 |
| 120431.BA | Beg | 4-15yrs | 7/1-7/11 | M-Th* | 6:30pm-6:55pm | \$65/\$81 |
| 120431.BB | Beg | 4-15yrs | 7/1-7/11 | M-Th* | 7:00pm-7:25pm | \$65/\$81 |
| 120431.BC | Beg | 4-15yrs | 7/1-7/11 | M-Th* | 7:30pm-7:55pm | \$65/\$81 |
| 120421.CA | Beg | 4-15yrs | 7/15-7/25 | M-F | 9:00am-9:30am | \$93/\$116 |
| 120421.CB | Beg | 4-15yrs | 7/15-7/25 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120421.CC | Beg | 4-15yrs | 7/15-7/25 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120421.CD | Beg | 4-15yrs | 7/15-7/25 | M-F | 10:45am-11:15am | \$93/\$116 |
| 120421.CE | Beg | 4-15yrs | 7/15-7/25 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 120421.CF | Beg | 4-15yrs | 7/15-7/25 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120421.CG | Beg | 4-15yrs | 7/15-7/25 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120431.CA | Beg | 4-15yrs | 7/15-7/25 | M-Th | 6:30pm-6:55pm | \$73/\$91 |
| 120431.CB | Beg | 4-15yrs | 7/15-7/25 | M-Th | 7:00pm-7:25pm | \$73/\$91 |
| 120431.CC | Beg | 4-15yrs | 7/15-7/25 | M-Th | 7:30pm-7:55pm | \$73/\$91 |
| 120421.DA | Beg | 4-15yrs | 7/29-8/8 | M-F | 9:00am-9:30am | \$93/\$116 |
| 120421.DB | Beg | 4-15yrs | 7/29-8/8 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120421.DC | Beg | 4-15yrs | 7/29-8/8 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120421.DD | Beg | 4-15yrs | 7/29-8/8 | M-F | 10:45am-11:15am | \$93/\$116 |
| 120421.DE | Beg | 4-15yrs | 7/29-8/8 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 120421.DF | Beg | 4-15yrs | 7/29-8/8 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120421.DG | Beg | 4-15yrs | 7/29-8/8 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120431.DA | Beg | 4-15yrs | 7/29-8/8 | M-Th | 6:30pm-6:55pm | \$73/\$91 |
| 120431.DB | Beg | 4-15yrs | 7/29-8/8 | M-Th | 7:00pm-7:25pm | \$73/\$91 |
| 120431.DC | Beg | 4-15yrs | 7/29-8/8 | M-Th | 7:30pm-7:55pm | \$73/\$91 |
| 120421.EA | Beg | 4-15yrs | 8/12-8/16 | M-F | 9:00am-9:30am | \$51/\$64 |
| 120421.EB | Beg | 4-15yrs | 8/12-8/16 | M-F | 9:35am-10:05am | \$51/\$64 |
| 120421.EC | Beg | 4-15yrs | 8/12-8/16 | M-F | 10:10am-10:40am | \$51/\$64 |
| 120421.ED | Beg | 4-15yrs | 8/12-8/16 | M-F | 10:45am-11:15am | \$51/\$64 |
| 120421.EE | Beg | 4-15yrs | 8/12-8/16 | M-F | 11:30am-12:00pm | \$51/\$64 |
| 120421.EF | Beg | 4-15yrs | 8/12-8/16 | M-F | 1:15pm-1:45pm | \$51/\$64 |
| 120421.EG | Beg | 4-15yrs | 8/12-8/16 | M-F | 1:50pm-2:20pm | \$51/\$64 |

*No class 7/4



Group Lessons - Level 5 (4-15years)

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|-------|-----------------|--------------|
| 120425.AA | 5 | 4-15yrs | 6/17-6/27 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120425.AB | 5 | 4-15yrs | 6/17-6/27 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120435.AA | 5 | 4-15yrs | 6/17-6/27 | M-Th | 7:30pm-7:55pm | \$73/\$91 |
| 120425.BA | 5 | 4-15yrs | 7/1-7/11 | M-F | 10:10am-10:40am | \$81/\$101 |
| 120425.BB | 5 | 4-15yrs | 7/1-7/11 | M-F | 1:50pm-2:20pm | \$81/\$101 |
| 120435.BA | 5 | 4-15yrs | 7/1-7/11 | M-Th* | 7:30pm-7:55pm | \$65/\$81 |
| 120425.CA | 5 | 4-15yrs | 7/15-7/25 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120425.CB | 5 | 4-15yrs | 7/15-7/25 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120435.CA | 5 | 4-15yrs | 7/15-7/25 | M-Th | 7:30pm-7:55pm | \$73/\$91 |
| 120425.DA | 5 | 4-15yrs | 7/29-8/8 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120425.DB | 5 | 4-15yrs | 7/29-8/8 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120435.DA | 5 | 4-15yrs | 7/29-8/8 | M-Th | 7:30pm-7:55pm | \$73/\$91 |
| 120425.EA | 5 | 4-15yrs | 8/12-8/16 | M-F | 10:10am-10:40am | \$51/\$64 |
| 120425.EB | 5 | 4-15yrs | 8/12-8/16 | M-F | 1:50pm-2:20pm | \$51/\$64 |

*No class 7/4

Group Lessons - Level 6 (4-15years)

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|------|----------------|--------------|
| 120426.AA | 6 | 4-15yrs | 6/17-6/27 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120426.AB | 6 | 4-15yrs | 6/17-6/27 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120426.BA | 6 | 4-15yrs | 7/1-7/11 | M-F* | 9:35am-10:05am | \$81/\$101 |
| 120426.BB | 6 | 4-15yrs | 7/1-7/11 | M-F* | 1:15pm-1:45pm | \$81/\$101 |
| 120426.CA | 6 | 4-15yrs | 7/15-7/25 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120426.CB | 6 | 4-15yrs | 7/15-7/25 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120426.DA | 6 | 4-15yrs | 7/29-8/8 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120426.DB | 6 | 4-15yrs | 7/29-8/8 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120426.EA | 6 | 4-15yrs | 8/12-8/16 | M-F | 9:35am-10:05am | \$51/\$64 |
| 120426.EB | 6 | 4-15yrs | 8/12-8/16 | M-F | 1:15pm-1:45pm | \$51/\$64 |

*No class 7/4

Adult Lessons (16 & older)

This class is open to all participants from first time swimmers to more advanced swimmers desiring skill and technique coaching.

Instructor: Staff

Location: Washington Park Pool

| Class # | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|----------|-----------|------|----------------|--------------|
| 640420.AA | 16&older | 5/2-5/23 | TuTh | 6:00pm-6:30pm | \$82/\$103 |
| 640450.AA | 16&older | 5/4-5/25 | Sa | 9:15am-9:45am | \$58/\$73 |
| 140420.AA | 16&older | 6/18-7/11 | TuTh | 5:45pm-6:15pm | \$82/\$103 |
| 140450.AA | 16&older | 6/22-7/13 | Sa | 9:30am-10:00am | \$58/\$73 |
| 140420.BA | 16&older | 7/16-8/8 | TuTh | 5:45pm-6:15pm | \$82/\$103 |
| 140450.BA | 16&older | 7/20-8/10 | Sa | 9:30am-10:00am | \$58/\$73 |



Group Lessons - Level 3 (4-15years)

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|-------|-----------------|--------------|
| 120423.AA | 3 | 4-15yrs | 6/17-6/27 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120423.AB | 3 | 4-15yrs | 6/17-6/27 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120423.AC | 3 | 4-15yrs | 6/17-6/27 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 120423.AD | 3 | 4-15yrs | 6/17-6/27 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120423.AE | 3 | 4-15yrs | 6/17-6/27 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120423.BA | 3 | 4-15yrs | 7/1-7/11 | M-F* | 9:35am-10:05am | \$81/\$101 |
| 120423.BB | 3 | 4-15yrs | 7/1-7/11 | M-F* | 10:10am-10:40am | \$81/\$101 |
| 120423.BC | 3 | 4-15yrs | 7/1-7/11 | M-F* | 11:30am-12:00pm | \$81/\$101 |
| 120423.BD | 3 | 4-15yrs | 7/1-7/11 | M-F* | 1:15pm-1:45pm | \$81/\$101 |
| 120423.BE | 3 | 4-15yrs | 7/1-7/11 | M-F* | 1:50pm-2:20pm | \$81/\$101 |
| 120423.CA | 3 | 4-15yrs | 7/15-7/25 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120423.CB | 3 | 4-15yrs | 7/15-7/25 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120423.CC | 3 | 4-15yrs | 7/15-7/25 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 120423.CD | 3 | 4-15yrs | 7/15-7/25 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120423.CE | 3 | 4-15yrs | 7/15-7/25 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120423.DA | 3 | 4-15yrs | 7/29-8/8 | M-F | 9:35am-10:05am | \$93/\$116 |
| 120423.DB | 3 | 4-15yrs | 7/29-8/8 | M-F | 10:10am-10:40am | \$93/\$116 |
| 120423.DC | 3 | 4-15yrs | 7/29-8/8 | M-F | 11:30am-12:00pm | \$93/\$116 |
| 120423.DD | 3 | 4-15yrs | 7/29-8/8 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120423.DE | 3 | 4-15yrs | 7/29-8/8 | M-F | 1:50pm-2:20pm | \$93/\$116 |
| 120423.EA | 3 | 4-15yrs | 8/12-8/16 | M-F | 9:35am-10:05am | \$51/\$64 |
| 120423.EB | 3 | 4-15yrs | 8/12-8/16 | M-F | 10:10am-10:40am | \$51/\$64 |
| 120423.EC | 3 | 4-15yrs | 8/12-8/16 | M-F | 11:30am-12:00pm | \$51/\$64 |
| 120423.ED | 3 | 4-15yrs | 8/12-8/16 | M-F | 1:15pm-1:45pm | \$51/\$64 |
| 120423.EE | 3 | 4-15yrs | 8/12-8/16 | M-F | 1:50pm-2:20pm | \$51/\$64 |
| 120433.AA | 3 | 4-15yrs | 6/17-6/27 | M-Th | 6:30pm-6:55pm | \$73/\$91 |
| 120433.BA | 3 | 4-15yrs | 7/1-7/11 | M-Th* | 6:30pm-6:55pm | \$65/\$81 |
| 120433.CA | 3 | 4-15yrs | 7/15-7/25 | M-Th | 6:30pm-6:55pm | \$73/\$91 |
| 120433.DA | 3 | 4-15yrs | 7/29-8/8 | M-Th | 6:30pm-6:55pm | \$73/\$91 |
| 120443.AA | 3 | 4-15yrs | 6/22-7/13 | Sa | 10:40am-11:10am | \$42/\$53 |
| 120443.BA | 3 | 4-15yrs | 7/20-8/10 | Sa | 10:40am-11:10am | \$42/\$53 |

*No class 7/4

Group Lessons - Level 4 (4-15years)

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|---------|-----------|-------|-----------------|--------------|
| 120434.AA | 4 | 4-15yrs | 6/17-6/27 | M-Th | 7:00pm-7:25pm | \$73/\$91 |
| 120434.BA | 4 | 4-15yrs | 7/1-7/11 | M-Th* | 7:00pm-7:25pm | \$65/\$81 |
| 120434.CA | 4 | 4-15yrs | 7/15-7/25 | M-Th | 7:00pm-7:25pm | \$73/\$91 |
| 120434.DA | 4 | 4-15yrs | 7/29-8/8 | M-Th | 7:00pm-7:25pm | \$73/\$91 |
| 120444.AA | 4 | 4-15yrs | 6/22-7/13 | Sa | 11:25am-11:55am | \$42/\$53 |
| 120444.BA | 4 | 4-15yrs | 7/20-8/10 | Sa | 11:25am-11:55am | \$42/\$53 |
| 120424.AA | 4 | 4-15yrs | 6/17-6/27 | M-F | 10:45am-11:15am | \$93/\$116 |
| 120424.AB | 4 | 4-15yrs | 6/17-6/27 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120424.BA | 4 | 4-15yrs | 7/1-7/11 | M-F* | 10:45am-11:15am | \$81/\$101 |
| 120424.BB | 4 | 4-15yrs | 7/1-7/11 | M-F* | 1:15pm-1:45pm | \$81/\$101 |
| 120424.CA | 4 | 4-15yrs | 7/15-7/25 | M-F | 10:45am-11:15am | \$93/\$116 |
| 120424.CB | 4 | 4-15yrs | 7/15-7/25 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120424.DA | 4 | 4-15yrs | 7/29-8/8 | M-F | 10:45am-11:15am | \$93/\$116 |
| 120424.DB | 4 | 4-15yrs | 7/29-8/8 | M-F | 1:15pm-1:45pm | \$93/\$116 |
| 120424.EA | 4 | 4-15yrs | 8/12-8/16 | M-F | 10:45am-11:15am | \$51/\$64 |
| 120424.EB | 4 | 4-15yrs | 8/12-8/16 | M-F | 1:15pm-1:45pm | \$51/\$64 |

*No class 7/4



Adult: Water Exercise (16 & older)

Splash into an exciting workout and enjoy the benefits of water exercise! This class is a great way to increase cardiovascular fitness, muscle strength, endurance, and flexibility. Relieve stress and have fun while making new friends. Open to all fitness levels. No swimming skills are necessary. Water walkers/joggers welcome. Teens 13-15 may register with a parent or guardian. You also have the option of purchasing a drop-in punch card on-site during any class date and time. Punch cards are \$90 for 12 workouts.

Instructor: Staff

Location: Washington Park Pool

| Class # | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|----------|-----------|-----|---------------|--------------|
| 640460.BA | 16&older | 4/29-5/24 | MWF | 5:30pm-6:30pm | \$75/\$94 |
| 640470.AA | 16&older | 5/4-5/25 | Sa | 8:00am-9:00am | \$25/\$31 |
| 140460.BA | 16&older | 6/17-7/12 | MWF | 5:15pm-6:15pm | \$75/\$94 |
| 140460.CA | 16&older | 7/15-8/9 | MWF | 5:15pm-6:15pm | \$75/\$94 |
| 140470.AA | 16&older | 6/22-7/13 | Sa | 8:30am-9:30am | \$25/\$31 |
| 140470.BA | 16&older | 7/20-8/10 | Sa | 8:30am-9:30am | \$25/\$31 |
| 140460.DA | 16&older | 8/12-8/30 | MWF | 5:30pm-6:30pm | \$56/\$70 |

CPR Pro Challenge (15 & older)

This class is the American Red Cross course designed to recertify participants who are currently certified in American Red Cross CPR/AED for the Professional Rescuer. The "Challenge" format means there is no instruction or video. Students must arrive ready to take a written exam and upon successful completion of the written exam, demonstrate skills proficiency in a skill test. Students who pass both the written & skills exam with 80% or higher, will be issued a refund for \$50. Students who do not display skill proficiency will be dismissed and allowed to return for the full-length course.

Please Note: All students must arrive at the beginning of class, however student completion times may vary, since they will receive skills testing one at a time on a first-come, first served basis.

One-day and two-day classes are non-refundable and non-transferable.

Instructor: Staff

Location: Senior Center, Laurel Room

| Class # | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|----------|-------|-----|---------------|--------------|
| 640442.AA | 15&older | 6/8 | Sa | 8:00am-6:00pm | \$100/\$125 |

Lifeguard Review (15 & older)

This class is the American Red Cross course designed to recertify participants who are currently certified in American Red Cross Lifeguard Training and First Aid, and approaching the expiration date for their certification. This 16 hour course will require participants to pass a physical skills examination in lifeguarding rescue skills and first aid, as well as pass the written lifeguarding and first aid portions of the ARC Lifeguard Training exam with an 80% or higher.

Participants must arrive at the pool with a swim suit and towel, and be prepared to complete all skills upon arrival as a review will not be provided with this course.

Instructor: Staff

Location: Washington Park Pool

| Class # | Level | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|-------|----------|----------|------|---------------|--------------|
| 640441.AA | Beg | 15&older | 5/28-6/6 | TuTh | 4:30pm-8:30pm | \$191/\$239 |



Lifeguard Training (15-older)

This class is the American Red Cross course to become a certified lifeguard. It will include training and certification in First-Aid and CPR for the Professional Rescuer. Attendance at all class sessions is mandatory. Participants must be at least 15 years old and pass a skills test on the first day that includes a 300 yard swim, as well as a timed event with a 10lb. brick. Fee includes all books, certification and a pocketmask. Participants must bring their pocket mask and book (provided at the first meeting), swimsuit and towel to each class meeting. Anyone who does not meet the minimum requirements on the first day will be provided a refund.

Instructor: Staff

Location: Washington Park Pool

| Class # | Age | Dates | Day | Time | Fee (Res/NR) |
|-----------|----------|-----------|--------|---------------|--------------|
| 140440.AC | 15&older | 8/19-8/22 | MTuWTh | 8:00am-5:00pm | \$265/\$315 |

The Chill Spot Drop-In Program

June 17-August 9, 2013

Monday-Friday 1:00 - 4:30 pm • Ages 10-14
Columbia Neighborhood Center Gym

*The Chill Spot is the place to be this summer!
Bring your friends and shoot some hoops, battle on the Wii, and just chill!*

Parents must complete an emergency card/waiver prior to the participant's first day of program

For more information, please call (408) 730-7520,
or email bulloa@sunnyvale.ca.gov

BU

Only \$2 per day!

CLUB FANTASTIC!

Drop-In Program

June 17-August 9, 2013

Monday-Friday 1:00 - 4:30 pm • Ages 6-9
Columbia Neighborhood Center Program Room
(Proof of age may be requested)

Games, crafts, sports, swimming and more!

Parents must complete an emergency card/waiver prior to the participant's first day of program

For more information, please call (408) 730-7520,
or email bulloa@sunnyvale.ca.gov

BU

Only \$2 per day!