Welcome to Sunnyvale Splash

... the City of Sunnyvale's Aquatics Program. We offer activities for the whole family—youth and adult swim lessons, and recreational swim.

Questions & Answers

Q: ***Where do I register for swim lessons?***
Register at the Community Center through June 12. Refunds and transfers during this time may be requested at the Community Center. Beginning June 16, all registration will be handled at the individual pool sites during swim lesson times. Please call the pool to find out registration times at each of the facilities (See page 5 for contact information). No class registration, transfers or refunds will be processed at the Community Center after June 12.

Q: ***What level do I register my child for?***
Read the descriptions provided in the Skill Levels column at the right, and register your child for the class that sounds most like his or her level. If your child is an otter, seal or dolphin, you just need to register for Beginners. On the first day of the class, staff will test each child and split them up according to their level (otter, seals and dolphins). We do not test the more advanced swimmers. If you feel that your child is in the wrong class, please let the Pool Manager know so he or she can test your child for the proper level.

Q: ***What is the child to instructor ratio?***

Tiny Tots Swim	4 : 1
Beginning (Otters, Seals and Dolphins) approx	5 : 1
Level 3 and higher	6 : 1

Q: ***Why does the second week of each swim lesson session end on a Thursday?***
Every other Friday will allow for an extended Recreation Swim day. Extended Recreation Swim is offered at Columbia and Sunnyvale pools from 1:30-4p.m. and at Washington pool from 1:30-5p.m. on 6/27, 7/11, 7/25 & 8/8. Swim participants receive a voucher to allow them to enter recreation swim on the above dates at no cost.

Q: ***Does the pool close if it starts raining?***
Generally, no. We will continue to hold swim lessons. We will close the facility if there is lightning.

Q: ***If my child misses a swim lesson because he is sick or she is out of town, can they have a make-up class?***
Unfortunately, we are not able to offer make-up lessons within our class structure.

Q: ***How warm is the pool?***
All facilities in Sunnyvale are outdoor pools. They are heated to approximately 80-82° F. Although the outside air temperature may make it seem cooler, the pool temperature is consistently maintained regardless of the weather.

Q: ***Can I request a specific instructor for my child's lesson?***
We cannot accommodate requests for specific instructors. The instructors rotate between levels and times. The Pool Manager does not know who will be teaching the class until the first day of the class.

Q: ***What if I am not happy with the program?***
Please let the Pool Manager know right away. The Manager will try to resolve the problem. The City of Sunnyvale has a refund policy which is explained on the registration page at the back of this guide.

Q: ***Can my child wear a t-shirt in the pool?***
For the safety of your child and the maintenance of our pool, t-shirts and other street clothes are not allowed in the pool.

Q: ***What if I registered my child for the wrong level?***
We will try to find an open class in the right level for your child. However, this may require that you switch times or pools. We will work with you to try and find the best solution for you and your child.

Q: ***Why does my child have to listen to safety skills each session?***
Water safety instruction is an important facet of our Learn-to-Swim program. Our program is based on the Red Cross Learn-to-Swim program which requires instruction in water safety for each level of class. Although some students will hear the same information each time they take the same level class, we strongly believe that you can never have too much safety information.

Q: ***What if my child passes Level 3 and I have registered him or her for the whole summer in that level?***
Please let the Pool Manager know before you leave the pool that day. The Manager will work with you to find a class to transfer your child into. However, transfers are not automatic. You must initiate it with the Pool Manager. In the event that we cannot find a suitable class for your child, he or she can either take the class that she is registered for again, or you may request a refund.

Q: ***Are lockers and showers available?***
Yes, there are locker room facilities at each pool. Patrons must supply their own locks and towels. Showers are available for your use.

Q: ***Are there any health restrictions?***
Persons suffering from infections or contagious disease and illnesses are not permitted in the pool or locker room areas.

Q: ***Can we bring a picnic to the pool?***
Food and drinks are not permitted in the pool area. However, all of the pools are located in parks that are ideal for a picnic. We ask that you do not bring food, drinks, glass, sharp objects or tobacco products into the pool area.

Q: ***Will the class get to go on the Diving Board?***
For the pools with diving boards, the last day of each session is Diving Board Day. Each class will have the opportunity to jump off the board on that day. However, children who are not comfortable with this skill will not be required to jump if they don't want to. **Note:** Columbia Pool does not have a diving board

Q: ***What can I do to make swimming a safer experience for my child?***
We strongly recommend that all parents and caregivers be certified in Community First Aid and CPR. This course is offered by the American Red Cross and teaches you what to do in an emergency.

Q: ***Where are the pools in Sunnyvale?***

- **Columbia Park Pool**
  730 Morse Avenue, 94085
  (408) 735-0852
- **Sunnyvale Middle School Pool**
  1080 Mango Avenue, 94087
  (408) 738-0770
- **Washington Park Pool**
  255 S. Pastoria Avenue, 94086
  (408) 736-0474

Additionally, The California Sports Center offers a wide range of aquatics programs to suit the needs of swimmers of all ages and abilities. California Sports Center's program is located at:
Sunnyvale Swim Complex at Fremont High School
1238 Sunnyvale-Saratoga Road
(408) 732-2257. For more information, see page 54.

RECREATION SWIM

Public recreation swim allows swimmers of all ages the opportunity for casual swimming and water play. Lifeguards are on duty during recreation swim hours. Participants must adhere to all pool rules. Participants must pass our lifeguard-issued swim test, in order to swim in the deep end of the pool.

SWIM TEST

Participants who wish to swim in the deep end of the pool must pass our lifeguard-issued swim test. Swim test will consist of the following 3 skills:

- Jump into water above head and recover
- Swim 25 yards
- Tread water for 1 minute

POOL RULES

Children age 6 and younger must be directly supervised by a parent/guardian while in the pool. The parent/guardian must accompany the child in the water and remain within arm's length of the child.

- We strongly advise that all parents closely monitor their child's activities in the pool, regardless of the age. This is especially true for beginner swimmers.
- Children who are not toilet trained or who are under the age of 3 must wear approved swim diapers and plastic swim cover beneath their swimsuit.
- Please do not enter the pool if you have an infectious disease, bandage, open blisters or sores.
- Flotation devices including water wings, padded swimsuits and inner-tubes are not permitted with the exception of US Coast guard-approved lifejackets.
- With the exception of service animals, animals are not allowed in the facility.
- Food, drinks, glass, sharp objects or tobacco products are not permitted in the pool area.

DIVING BOARD RULES

- Diving is only allowed in the deep end of the pool.
- One person is allowed on the diving board at a time.
- One bounce on the board is permitted.
- Jump or dive straight off and swim to the nearest side.

FOR YOUR SAFETY

- Please walk at all times on the pool deck.
- Fighting, roughhousing, chicken fighting, screaming, profanity and pretending to drown is NOT permitted in the facility.
- Appropriate swim attire is required when entering the pool.
- T-shirts worn over swimsuits and other street clothes are not allowed.

The lifeguard on duty is in full charge. Failure to comply with the lifeguard's requests may result in the participant being asked to leave the pool area without a refund. Lifeguards on deck are there to watch the pool. Please direct questions to the Pool Manager located in the pool office.

Skill Levels

Parent & Tot • Ages 6 mo. to 4 years
Parent & Tot is the first level in our Learn-to-Swim program. These classes give parents and children an opportunity to explore and become comfortable in a pool. The instructor presents skills and techniques for parents to use with their children. Participants are also given an opportunity to work on beginning swimming skills in preparation for a Tiny Tots or Beginner level swim class. Parents must stay in the water with their children, at a ratio of one parent per child.

Tiny Tots Swim • Age 3
This class is designed for 3-year olds who are ready to transition from Parent & Tot swim classes. Skills covered include assisted front and back floats, submerging to retrieve objects and an introduction to arm and leg actions for front and back crawl. Participants must be comfortable being in the water without a parent.

Beginner • Ages 4-15 (Levels 1-2)
- **Otters:** No swimming experience is necessary. Otters work on assisted front floats, back floats and submerging for objects. Arm and leg actions for front crawl will be introduced, and water safety and pool rules will be discussed.
- **Seals:** These swimmers will work on unassisted front and back floats. Explorations of deep water, gliding, flutter kicking and rhythmic breathing will also be the emphasis in Seals.
- **Dolphins:** These swimmers will begin to combine rhythmic breathing, arm motion and kicking. Treading water, survival floating and independent entry to the water will also be practiced in Dolphins.

Level 3 - Stroke Development • Ages 4-15
This level is designed to develop and improve coordination and stamina in the front crawl and back crawl. The body motion and kick associated with butterfly will also be introduced in this level. Students should have passed Dolphins (Level 2) to enroll.

Level 4 - Stroke Improvement • Ages 4-15
An advanced course designed to improve front crawl, back crawl and butterfly. Elementary backstroke, breaststroke and open turns will be introduced and practiced. Students should have passed Level 3 to enroll.

Level 5 - Stroke Refinement • Ages 4-15
Endurance and stroke refinement is the emphasis in Level 5. Sidestroke, flips turns and shallow diving will be introduced to familiarize students with survival swimming and competitive swimming. Students should have passed Level 4 to enroll.

Level 6 - Fitness Swimmer • Ages 4-15
To refine strokes so students swim with more ease, efficiency, power, and smoothness over greater distances. Training techniques, principles and equipment will be introduced to students in order to gain a better understanding of swimming for fitness. Students should have passed Level 5 to enroll.

Washington Pool Recreation Swim

5/31 – 8/24, Saturday & Sunday, 1:30-4:00 p.m.
6/16 – 8/15, Monday - Friday, 2:30-5:00 p.m.*
*Extended hours (1:30-5:00 p.m.) on 6/27, 7/11, 7/25 & 8/8
Open July 4th and Labor Day 3-Day Weekend,
8/30, 8/31, 9/1, 1:30-4:00 p.m.

Youth Fee (under 18):	$3 Resident $4 Non-Resident
Adult Fee:	$4 Resident $5 Non-Resident
Youth Pass, 10 admissions:	$28 Resident$35 Non-Resident
Adult Pass, 15 admissions:	$57 Resident$71 Non-Resident

Sunnyvale Middle School Pool Recreation Swim

6/19 – 8/8, Thursday and Friday only, 12:45-2:45 p.m.*
*Extended hours (1:30-4:00 p.m.) on 6/27, 7/11, 7/25, 8/8
(Closed July 4)

Youth Fee (under 18):	$3 Resident $4 Non-Resident
Adult Fee:	$4 Resident $5 Non-Resident
Youth Pass, 10 admissions:	$28 Resident$35 Non-Resident
Adult Pass, 15 admissions:	$57 Resident$71 Non-Resident

Columbia Recreation Swim

6/16 – 8/10
M–F, 2:00-3:30 p.m.*
Sa & Su, 1:30-4:00 p.m.
*Extended hours (1:30-4:00 p.m.) on 6/27, 7/11, 7/25, 8/8
(Open July 4 1:30 - 4 p.m.)

Youth Fee (under 18):	$1 (Res)	$4 (Non-Res)
Adult Fee:	$3 (Res)	$5 (Non-Res)

Reduced fee available for residents of the Columbia Neighborhood Center Service Area

Columbia Park Pool

Splash Special Event
July 25 6:00pm-8:00pm

Parent and Tot (6mo-4years)

Fee (Res/NR)		========== >	$87/$108	$78/$97	$87/$108	$87/$108
Class Dates		========== >	6/16-6/26	6/30-7/10*	7/14-7/24	7/28-8/7
Level	Day	Time	---------- Class Number ----------			
P/T	M-F	3:45pm-4:15pm	110000.AA	110000.BA	110000.CA	110000.DA
P/T	M-F	4:55pm-5:25pm	110000.AB	110000.BB	110000.CB	110000.DB

*No class 7/4

Tiny Tots (3years)

Fee (Res/NR)		========== >	$87/$108	$78/$97	$87/$108	$87/$108
Class Dates		========== >	6/16-6/26	6/30-7/10*	7/14-7/24	7/28-8/7
Level	Day	Time	---------- Class Number ----------			
TT	M-F	4:20pm-4:50pm	110001.AA	110001.BA	110001.CA	110001.DA
TT	M-F	5:30pm-6:00pm	110001.AB	110001.BB	110001.CB	110001.DB

*No class 7/4

Group Lessons (4-15years)

Fee (Res/NR)		========== >	$87/$108	$78/$97	$87/$108	$87/$108
Class Dates		========== >	6/16-6/26	6/30-7/10*	7/14-7/24	7/28-8/7
Level	Day	Time	---------- Class Number ----------			
Beg	M-F	3:45pm-4:15pm	120011.AA	120011.BA	120011.CA	120011.DA
Beg	M-F	4:20pm-4:50pm	120011.AB	120011.BB	120011.CB	120011.DB
Beg	M-F	4:55pm-5:25pm	120011.AC	120011.BC	120011.CC	120011.DC
Beg	M-F	5:30pm-6:00pm	120011.AD	120011.BD	120011.CD	120011.DD
3	M-F	5:30pm-6:00pm	120013.AA	120013.BA	120013.CA	120013.DA
4/5	M-F	4:55pm-5:25pm	120024.AA	120024.BA	120024.CA	120024.DA

*No class 7/4

Sunnyvale Middle School Pool

Parent and Tot (6mo-4years)

Fee (Res/NR)		========== >	$95/$118	$83/$103	$95/$118	$95/$118
Class Dates		========== >	6/16-6/26	6/30-7/10*	7/14-7/24	7/28-8/7
Level	Day	Time	---------- Class Number ----------			
P/T	M-F	4:10pm-4:40pm	110300.AA	110300.BA	110300.CA	110300.DA
P/T	M-F	5:20pm-5:50pm	110300.AB	110300.BB	110300.CB	110300.DB

*No class 7/4

Tiny Tots (3years)

Fee (Res/NR)		======== >	$95/$118	$83/$103	$95/$118	$95/$118
Class Dates		======== >	6/16-6/26	6/30-7/10*	7/14-7/24	7/28-8/7
Level	Day	Time	---------- Class Number ----------			
TT	M-F	3:00-3:30pm	110301.AA	110301.BA	110301.CA	110301.DA
TT	M-F	3:35-4:05pm	110301.AB	110301.BB	110301.CB	110301.DB
TT	M-F	4:45-5:15pm	110301.AC	110301.BC	110301.CC	110301.DC

*No class 7/4

Group Lessons (4-15years)

Fee (Res/NR)		======== >	$95/$118	$83/$103	$95/$118	$95/$118
Class Dates		======== >	6/16-6/26	6/30-7/10*	7/14-7/24	7/28-8/7
Level	Day	Time	---------- Class Number ----------			
Beg	M-F	3:00-3:30pm	120311.AD	120311.BD	120311.CD	120311.DD
Beg	M-F	3:35-4:05pm	120311.AE	120311.BE	120311.CE	120311.DE
Beg	M-F	4:10-4:40pm	120311.AF	120311.BF	120311.CF	120311.DF
Beg	M-F	4:45-5:15pm	120311.AG	120311BG	120311.CG	120311.DG
Beg	M-F	5:20-5:50pm	120311.AH	120311.BH	120311.CH	120311.DH
Beg	M-F	5:55-6:25pm	120311.AI	120311.BI	120311.CI	120311.DI
3	M-F	3:35-4:05pm	120313.AA	120313.BA	120313.CA	120313.DA
3	M-F	5:20-5:50pm	120313.AB	120313.BB	120313.CB	120313.DB
4	M-F	3:00-3:30pm	120314.AA	120314.BA	120314.CA	120314.DA
4	M-F	5:55-6:25pm	120314.AB	120314.BB	120314.CB	120314.DB
5	M-F	4:45-5:15pm	120315.AA	120315.BA	120315.CA	120315.DA
6	M-F	4:10-4:40pm	120316.AA	120316.BA	120316.CA	120316.DA

*No class 7/4

Washington Park Pool

No classes 7/4

Splash Special Event
July 11 & Aug 8 6:30pm-8:00pm

Group Lessons - Pre-Summer (4-15years)

Take advantage of this pre-summer, beginning level swim class (Otters, Seals and Dolphins). Participants are grouped with those of similar ability. Water safety and swim instruction will be provided. Please bring a swimsuit, towel and sunblock. Hurry, space is limited!

Class #	Age	Dates	Day	Time	Fee (Res/NR)
120410.AA	4-15yrs	6/10-6/13	Tu-F	5:15pm-5:40pm	$25/$31
120410.AB	4-15yrs	6/10-6/13	Tu-F	5:45pm-6:10pm	$25/$31
120410.AC	4-15yrs	6/10-6/13	Tu-F	6:15pm-6:40pm	$25/$31

Parent and Tot (6mo-4years)

Class #	Age	Dates	Day	Time	Fee (Res/NR)
610400.AA	6 months-4yrs	4/29-5/22	TuTh	3:45pm-4:15pm	$84/$105
610411.AA	6 months-4yrs	5/3-5/24	Sa	10:00am-10:30am	$43/$54
610411.AB	6 months-4yrs	5/3-5/24	Sa	11:10am-11:40am	$43/$54
110401.AA	6 months-4yrs	6/16-6/26	M-F	10:45am-11:15am	$95/$118
110401.AB	6 months-4yrs	6/16-6/26	M-F	11:20am-11:50am	$95/$118
110411.AA	6 months-4yrs	6/21-7/12	Sa	10:05am-10:35am	$43/$54
110411.AB	6 months-4yrs	6/21-7/12	Sa	11:25am-11:55am	$43/$54
110411.AC	6 months-4yrs	6/21-7/12	Sa	12:00pm-12:30pm	$43/$54
110401.BA	6 months-4yrs	6/30-7/10	M-F*	10:45am-11:15am	$83/$103
110401.BB	6 months-4yrs	6/30-7/10	M-F*	11:20am-11:50am	$83/$103
110401.CA	6 months-4yrs	7/14-7/24	M-F	10:45am-11:15am	$95/$118
110401.CB	6 months-4yrs	7/14-7/24	M-F	11:20am-11:50am	$95/$118
110411.BA	6 months-4yrs	7/19-8/9	Sa	10:05am-10:35am	$43/$54
110411.BB	6 months-4yrs	7/19-8/9	Sa	11:25am-11:55am	$43/$54
110411.BC	6 months-4yrs	7/19-8/9	Sa	12:00pm-12:30pm	$43/$54
110401.DA	6 months-4yrs	7/28-8/7	M-F	10:45am-11:15am	$95/$118
110401.DB	6 months-4yrs	7/28-8/7	M-F	11:20am-11:50am	$94/$118

*No class 7/4

Tiny Tots (3years)

Class #	Age	Dates	Day	Time	Fee (Res/NR)
610401.AA	3yrs	4/29-5/22	TuTh	4:55pm-5:25pm	$84/$105
610413.AA	3yrs	5/3-5/24	Sa	10:35am-11:05am	$43/$54
610413.AB	3yrs	5/3-5/24	Sa	11:10am-11:40am	$43/$54
110403.AA	3yrs	6/16-6/26	M-F	9:00am-9:30am	$95/$118
110403.BA	3yrs	6/30-7/10	M-F*	9:00am-9:30am	$83/$103
110403.CA	3yrs	7/14-7/24	M-F	9:00am-9:30am	$95/$118
110403.AB	3yrs	6/16-6/26	M-F	1:30pm-2:00pm	$95/$118
110403.BB	3yrs	6/30-7/10	M-F*	1:30pm-2:00pm	$83/$103
110403.DB	3yrs	7/28-8/7	M-F	1:30pm-2:00pm	$95/$118
110413.AA	3yrs	6/21-7/12	Sa	10:05am-10:35am	$43/$54
110413.BA	3yrs	7/19-8/9	Sa	10:05am-10:35am	$43/$54
110413.AB	3yrs	6/21-7/12	Sa	10:40am-11:10am	$43/$54
110413.BB	3yrs	7/19-8/9	Sa	10:40am-11:10am	$43/$54
110413.AC	3yrs	6/21-7/12	Sa	12:00pm-12:30pm	$43/$54
110413.BC	3yrs	7/19-8/9	Sa	12:00pm-12:30pm	$43/$54
110403.DA	3yrs	7/28-8/7	M-F	9:00am-9:30am	$95/$118
110403.CB	3yrs	7/14-7/24	M-F*	1:30pm-2:00pm	$95/$118

Group Lessons - Beginners (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
620411.AA	Beg	4-15yrs	4/29-5/22	TuTh	3:45pm-4:15pm	$84/$105
620411.AB	Beg	4-15yrs	4/29-5/22	TuTh	4:20pm-4:50pm	$84/$105
620411.AC	Beg	4-15yrs	4/29-5/22	TuTh	4:55pm-5:25pm	$84/$105
620411.AD	Beg	4-15yrs	4/29-5/22	TuTh	5:30pm-6:00pm	$84/$105
620441.AA	Beg	4-15yrs	5/3-5/24	Sa	10:00am-10:30am	$43/$54
620441.AB	Beg	4-15yrs	5/3-5/24	Sa	10:35am-11:05am	$43/$54
620441.AC	Beg	4-15yrs	5/3-5/24	Sa	11:45am-12:15pm	$43/$54
120441.AA	Beg	4-15yrs	6/21-7/12	Sa	10:05am-10:35am	$43/$54
120441.AB	Beg	4-15yrs	6/21-7/12	Sa	10:40am-11:10am	$43/$54
120441.AC	Beg	4-15yrs	6/21-7/12	Sa	11:25am-11:55am	$43/$54
120441.AD	Beg	4-15yrs	6/21-7/12	Sa	12:00pm-12:30pm	$43/$54
120441.BA	Beg	4-15yrs	7/19-8/9	Sa	10:05am-10:35am	$43/$54
120441.BB	Beg	4-15yrs	7/19-8/9	Sa	10:40am-11:10am	$43/$54
120441.BC	Beg	4-15yrs	7/19-8/9	Sa	11:25am-11:55am	$43/$54
120441.BD	Beg	4-15yrs	7/19-8/9	Sa	12:00pm-12:30pm	$43/$54
120421.AA	Beg	4-15yrs	6/16-6/26	M-F	9:00am-9:30am	$95/$118
120421.AB	Beg	4-15yrs	6/16-6/26	M-F	9:35am-10:05am	$95/$118
120421.AC	Beg	4-15yrs	6/16-6/26	M-F	10:10am-10:40am	$95/$118
120421.AD	Beg	4-15yrs	6/16-6/26	M-F	10:45am-11:15am	$94/$118
120421.AE	Beg	4-15yrs	6/16-6/26	M-F	11:20am-11:50am	$95/$118
120421.AF	Beg	4-15yrs	6/16-6/26	M-F	12:55pm-1:25pm	$95/$118
120421.AG	Beg	4-15yrs	6/16-6/26	M-F	1:30pm-2:00pm	$95/$118
120431.AA	Beg	4-15yrs	6/16-6/26	M-Th	6:30pm-6:55pm	$74/$92
120431.AB	Beg	4-15yrs	6/16-6/26	M-Th	7:00pm-7:25pm	$74/$92
120431.AC	Beg	4-15yrs	6/16-6/26	M-Th	7:30pm-7:55pm	$74/$92
120421.BA	Beg	4-15yrs	6/30-7/10	M-F*	9:00am-9:30am	$83/$103
120421.BB	Beg	4-15yrs	6/30-7/10	M-F*	9:35am-10:05am	$83/$103
120421.BC	Beg	4-15yrs	6/30-7/10	M-F*	10:10am-10:40am	$83/$103
120421.BD	Beg	4-15yrs	6/30-7/10	M-F	10:45am-11:15am	$83/$103
120421.BE	Beg	4-15yrs	6/30-7/10	M-F*	11:20am-11:50am	$83/$103
120421.BF	Beg	4-15yrs	6/30-7/10	M-F	12:55pm-1:25pm	$83/$103
120421.BG	Beg	4-15yrs	6/30-7/10	M-F*	1:30pm-2:00pm	$83/$103
120431.BA	Beg	4-15yrs	6/30-7/10	M-Th*	6:30pm-6:55pm	$66/$82
120431.BB	Beg	4-15yrs	6/30-7/10	M-Th*	7:00pm-7:25pm	$66/$82
120431.BC	Beg	4-15yrs	6/30-7/10	M-Th*	7:30pm-7:55pm	$66/$82
120421.CA	Beg	4-15yrs	7/14-7/24	M-F	9:00am-9:30am	$95/$118
120421.CB	Beg	4-15yrs	7/14-7/24	M-F	9:35am-10:05am	$95/$118
120421.CC	Beg	4-15yrs	7/14-7/24	M-F	10:10am-10:40am	$95/$118
120421.CD	Beg	4-15yrs	7/14-7/24	M-F	10:45am-11:15am	$95/$118
120421.CE	Beg	4-15yrs	7/14-7/24	M-F	11:20am-11:50am	$95/$118
120421.CF	Beg	4-15yrs	7/14-7/24	M-F	12:55pm-1:25pm	$95/$118
120421.CG	Beg	4-15yrs	7/14-7/24	M-F	1:30pm-2:00pm	$95/$118
120431.CA	Beg	4-15yrs	7/14-7/24	M-Th	6:30pm-6:55pm	$74/$92
120431.CB	Beg	4-15yrs	7/14-7/24	M-Th	7:00pm-7:25pm	$74/$92
120431.CC	Beg	4-15yrs	7/14-7/24	M-Th	7:30pm-7:55pm	$74/$92
120421.DA	Beg	4-15yrs	7/28-8/7	M-F	9:00am-9:30am	$95/$118
120421.DB	Beg	4-15yrs	7/28-8/7	M-F	9:35am-10:05am	$95/$118
120421.DC	Beg	4-15yrs	7/28-8/7	M-F	10:10am-10:40am	$95/$118
120421.DD	Beg	4-15yrs	7/28-8/7	M-F	10:45am-11:15am	$95/$118
120421.DE	Beg	4-15yrs	7/28-8/7	M-F	11:20am-11:50am	$95/$118
120421.DF	Beg	4-15yrs	7/28-8/7	M-F	12:55pm-1:25pm	$95/$118
120421.DG	Beg	4-15yrs	7/28-8/7	M-F	1:30pm-2:00pm	$95/$118
120431.DA	Beg	4-15yrs	7/28-8/7	M-Th	6:30pm-6:55pm	$74/$92
120431.DB	Beg	4-15yrs	7/28-8/7	M-Th	7:00pm-7:25pm	$74/$92
120431.DC	Beg	4-15yrs	7/28-8/7	M-Th	7:30pm-7:55pm	$74/$92

*No class 7/4

Group Lessons - Level 3 (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
620413.AA	3	4-15yrs	4/29-5/22	TuTh	4:20pm-4:50pm	$84/$105
620413.AB	3	4-15yrs	4/29-5/22	TuTh	5:30pm-6:00pm	$84/$105
620443.AA	3	4-15yrs	5/3-5/24	Sa	11:45am-12:15pm	$43/$54
120423.AA	3	4-15yrs	6/16-6/26	M-F	9:35am-10:05am	$95/$118
120423.AB	3	4-15yrs	6/16-6/26	M-F	10:10am-10:40am	$95/$118
120423.AC	3	4-15yrs	6/16-6/26	M-F	11:20am-11:50am	$95/$118
120423.AD	3	4-15yrs	6/16-6/26	M-F	12:55pm-1:25pm	$95/$118
120423.AE	3	4-15yrs	6/16-6/26	M-F	1:30pm-2:00pm	$95/$118
120423.BA	3	4-15yrs	6/30-7/10	M-F*	9:35am-10:05am	$83/$103
120423.BB	3	4-15yrs	6/30-7/10	M-F*	10:10am-10:40am	$83/$103
120423.BC	3	4-15yrs	6/30-7/10	M-F*	11:20am-11:50am	$83/$103
120423.BD	3	4-15yrs	6/30-7/10	M-F*	12:55pm-1:25pm	$83/$103
120423.BE	3	4-15yrs	6/30-7/10	M-F*	1:30pm-2:00pm	$83/$103
120423.CA	3	4-15yrs	7/14-7/24	M-F	9:35am-10:05am	$95/$118
120423.CB	3	4-15yrs	7/14-7/24	M-F	10:10am-10:40am	$95/$118
120423.CC	3	4-15yrs	7/14-7/24	M-F	11:20am-11:50am	$95/$118
120423.CD	3	4-15yrs	7/14-7/24	M-F	12:55pm-1:25pm	$95/$118
120423.CE	3	4-15yrs	7/14-7/24	M-F	1:30pm-2:00pm	$95/$118
120423.DA	3	4-15yrs	7/28-8/7	M-F	9:35am-10:05am	$95/$118
120423.DB	3	4-15yrs	7/28-8/7	M-F	10:10am-10:40am	$95/$118
120423.DC	3	4-15yrs	7/28-8/7	M-F	11:20am-11:50am	$95/$118
120423.DD	3	4-15yrs	7/28-8/7	M-F	12:55pm-1:25pm	$95/$118
120423.DE	3	4-15yrs	7/28-8/7	M-F	1:30pm-2:00pm	$95/$118
120433.AA	3	4-15yrs	6/16-6/26	M-Th	6:30pm-6:55pm	$74/$92
120433.BA	3	4-15yrs	6/30-7/10	M-Th*	6:30pm-6:55pm	$66/$82
120433.CA	3	4-15yrs	7/14-7/24	M-Th	6:30pm-6:55pm	$74/$92
120433.DA	3	4-15yrs	7/28-8/7	M-Th	6:30pm-6:55pm	$74/$92
120443.AA	3	4-15yrs	6/21-7/12	Sa	10:40am-11:10am	$43/$54
120443.BA	3	4-15yrs	7/19-8/9	Sa	10:40am-11:10am	$43/$54

No class 7/4

Group Lessons - Level 4 (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
120424.AA	4	4-15yrs	6/16-6/26	M-F	10:45am-11:15am	$95/$118
120424.AB	4	4-15yrs	6/16-6/26	M-F	12:55pm-1:25pm	$95/$118
120424.BA	4	4-15yrs	6/30-7/10	M-F*	10:45am-11:15am	$83/$103
120424.BB	4	4-15yrs	6/30-7/10	M-F*	12:55pm-1:25pm	$83/$103
120424.CA	4	4-15yrs	7/14-7/24	M-F	10:45am-11:15am	$95/$118
120424.CB	4	4-15yrs	7/14-7/24	M-F	12:55pm-1:25pm	$95/$118
120424.DA	4	4-15yrs	7/28-8/7	M-F	10:45am-11:15am	$95/$118
120424.DB	4	4-15yrs	7/28-8/7	M-F	12:55pm-1:25pm	$95/$118
120434.AA	4	4-15yrs	6/16-6/26	M-Th	7:00pm-7:25pm	$74/$92
120434.BA	4	4-15yrs	6/30-7/10	M-Th*	7:00pm-7:25pm	$66/$82
120434.CA	4	4-15yrs	7/14-7/24	M-Th	7:00pm-7:25pm	$74/$92
120434.DA	4	4-15yrs	7/28-8/7	M-Th	7:00pm-7:25pm	$74/$92
120444.AA	4	4-15yrs	6/21-7/12	Sa	11:25am-11:55am	$43/$54
120444.BA	4	4-15yrs	7/19-8/9	Sa	11:25am-11:55am	$43/$54

No class 7/4

Group Lessons - Level 4 & 5 (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
120425.AA	4/5	4-15yrs	6/16-6/26	M-F	10:10am-10:40am	$95/$118
120425.AB	5	4-15yrs	6/16-6/26	M-F	1:30pm-2:00pm	$95/$118
120425.BA	4/5	4-15yrs	6/30-7/10	M-F*	10:10am-10:40am	$83/$103
120425.BB	5	4-15yrs	6/30-7/10	M-F*	1:30pm-2:00pm	$83/$103
120425.CA	4/5	4-15yrs	7/14-7/24	M-F	10:10am-10:40am	$95/$118
120425.CB	5	4-15yrs	7/14-7/24	M-F	1:30pm-2:00pm	$95/$118
120425.DA	4/5	4-15yrs	7/28-8/7	M-F	10:10am-10:40am	$95/$118
120425.DB	5	4-15yrs	7/28-8/7	M-F	1:30pm-2:00pm	$95/$118
120435.AA	5	4-15yrs	6/16-6/26	M-Th	7:30pm-7:55pm	$74/$92
120435.BA	5	4-15yrs	6/30-7/10	M-Th*	7:30pm-7:55pm	$66/$82
120435.CA	5	4-15yrs	7/14-7/24	M-Th	7:30pm-7:55pm	$74/$92
120435.DA	5	4-15yrs	7/28-8/7	M-Th	7:30pm-7:55pm	$74/$92

No class 7/4

Group Lessons - Level 5 & 6 (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
120426.AA	5/6	4-15yrs	6/16-6/26	M-F	9:35am-10:05am	$95/$118
120426.AB	6	4-15yrs	6/16-6/26	M-F	12:55pm-1:25pm	$95/$118
120426.BA	5/6	4-15yrs	6/30-7/10	M-F*	9:35am-10:05am	$83/$103
120426.BB	6	4-15yrs	6/30-7/10	M-F*	12:55pm-1:25pm	$83/$103
120426.CA	5/6	4-15yrs	7/14-7/24	M-F	9:35am-10:05am	$95/$118
120426.CB	6	4-15yrs	7/14-7/24	M-F	12:55pm-1:25pm	$95/$118
120426.DA	5/6	4-15yrs	7/28-8/7	M-F	9:35am-10:05am	$95/$118
120426.DB	6	4-15yrs	7/28-8/7	M-F	12:55pm-1:25pm	$95/$118

*No class 7/4

Late Summer

Parent Tot (6mo-4years)

Instructor: Staff
Location: Washington Pool

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
110401.EA	Beg	6 months-4yrs	8/11-8/15	M-F	10:45am-11:15am	$52/$65
110401.EB	Beg	6 months-4yrs	8/11-8/15	M-F	11:20am-11:50am	$52/$65
110401.FA	Beg	6 months-4yrs	8/18-8/28	M-Th	3:45pm-4:15pm	$74/$92
110401.GA	Beg	6 months-4yrs	9/2-9/11	M-Th*	3:45pm-4:15pm	$65/$81
110411.SA	Beg	6 months-4yrs	8/16-9/6	Sa	10:05am-10:35am	$43/$54
110411.SB	Beg	6 months-4yrs	8/16-9/6	Sa	11:15am-11:45am	$43/$54

No class 7/4, 9/1

Tiny Tots (3years)

Instructor: Staff
Location: Washington Pool

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
110403.EA	3	3yrs	8/11-8/15	M-F	9:00am-9:30am	$52/$65
110403.EB	3	3yrs	8/11-8/15	M-F	1:30pm-2:00pm	$52/$65
110403.FA	3	3yrs	8/18-8/28	M-F	4:55pm-5:25pm	$74/$92
110403.GA	3	3yrs	9/2-9/11	M-Th*	4:55pm-5:25pm	$65/$81
110413.SA	3	3yrs	8/16-9/6	Sa	10:40am-11:10am	$43/$54
110413.SB	3	3yrs	8/16-9/6	Sa	11:15am-11:45am	$43/$54

No class 7/4, 9/1

Group Lessons - Beginners (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
120421.EA	Beg	4-15yrs	8/11-8/15	M-F	9:00am-9:30am	$52/$65
120421.EB	Beg	4-15yrs	8/11-8/15	M-F	9:35am-10:05am	$52/$65
120421.EC	Beg	4-15yrs	8/11-8/15	M-F	10:10am-10:40am	$52/$65
120421.ED	Beg	4-15yrs	8/11-8/15	M-F	10:45am-11:15am	$52/$65
120421.EE	Beg	4-15yrs	8/11-8/15	M-F	11:20am-11:50am	$52/$65
120421.EF	Beg	4-15yrs	8/11-8/15	M-F	12:55pm-1:25pm	$52/$65
120421.EG	Beg	4-15yrs	8/11-8/15	M-F	1:30pm-2:00pm	$52/$65
120421.FA	Beg	4-15yrs	8/18-8/28	M-Th	3:45pm-4:15pm	$74/$92
120421.FB	Beg	4-15yrs	8/18-8/28	M-Th	4:20pm-4:50pm	$74/$92
120421.FC	Beg	4-15yrs	8/18-8/28	M-Th	4:55pm-5:25pm	$74/$92
120421.FD	Beg	4-15yrs	8/18-8/28	M-Th	5:30pm-6:00pm	$74/$92
120421.GA	Beg	4-15yrs	9/2-9/11	M-Th*	3:45pm-4:15pm	$65/$81
120421.GB	Beg	4-15yrs	9/2-9/11	M-Th*	4:20pm-4:50pm	$65/$81
120421.GC	Beg	4-15yrs	9/2-9/11	M-Th*	4:55pm-5:25pm	$65/$81
120421.GD	Beg	4-15yrs	9/2-9/11	M-Th*	5:30pm-6:00pm	$65/$81
120441.SA	Beg	4-15yrs	8/16-9/6	Sa	10:05am-10:35am	$43/$54
120441.SB	Beg	4-15yrs	8/16-9/6	Sa	10:40am-11:10am	$43/$54
120441.SC	Beg	4-15yrs	8/16-9/6	Sa	11:50am-12:20pm	$43/$54

**No class 9/1*

Group Lessons - Level 3-6 (4-15years)

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
120423.EA	3	4-15yrs	8/11-8/15	M-F	9:35am-10:05am	$52/$65
120423.EB	3	4-15yrs	8/11-8/15	M-F	10:10am-10:40am	$52/$65
120423.EC	3	4-15yrs	8/11-8/15	M-F	11:20am-11:50am	$52/$65
120423.ED	3	4-15yrs	8/11-8/15	M-F	12:55pm-1:25pm	$52/$65
120423.EE	3	4-15yrs	8/11-8/15	M-F	1:30pm-2:00pm	$52/$65
120424.EA	4	4-15yrs	8/11-8/15	M-F	10:45am-11:15am	$52/$65
120424.EB	4	4-15yrs	8/11-8/15	M-F	12:55pm-1:25pm	$52/$65
120425.EA	4/5	4-15yrs	8/11-8/15	M-F	10:10am-10:40am	$52/$65
120425.EB	5	4-15yrs	8/11-8/15	M-F	1:30pm-2:00pm	$52/$65
120426.EA	5/6	4-15yrs	8/11-8/15	M-F	9:35am-10:05am	$52/$65
120426.EB	6	4-15yrs	8/11-8/15	M-F	12:55pm-1:25pm	$52/$65
120443.SA	3	4-15yrs	8/16-9/6	S	11:50am-12:20pm	$43/$54
120423.FA	3	4-15yrs	8/18-8/28	M-Th	4:20pm-4:50pm	$74/$92
120423.FB	3	4-15yrs	8/18-8/28	M-Th	5:30pm-6:00pm	$74/$92
120423.GA	3	4-15yrs	9/2-9/11	M-Th*	4:20pm-4:50pm	$65/$81
120423.GB	3	4-15yrs	9/2-9/11	M-Th*	5:30pm-6:00pm	$65/$81

**No class 9/1*

Adult Lessons (16 & older)

This class is open to all participants from first time swimmers to more advanced swimmers desiring skill and technique coaching.

Instructor: Staff
Location: Washington Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
640420.AA	16 & older	4/29-5/22	TuTh	6:00pm-6:30pm	$115/$144
640450.AA	16 & older	5/3-5/24	Sa	9:15am-9:45am	$60/$75
140420.AA	16 & older	6/17-7/10	TuTh	5:45pm-6:15pm	$115/$144
140420.BA	16 & older	7/15-8/7	TuTh	5:45pm-6:15pm	$115/$144
140450.AA	16 & older	6/21-7/12	Sa	9:30am-10:00am	$60/$75
140450.BA	16 & older	7/19-8/9	Sa	9:30am-10:00am	$60/$75
140450.SA	16 & older	8/16-9/6	Sa	9:30am-10:00am	$43/$54

Adult: Water Exercise (16 & older)

Splash into an exciting workout and enjoy the benefits of water exercise! This class is a great way to increase cardiovascular fitness, muscle strength, endurance and flexibility. Relieve stress and have fun while making new friends. Open to all fitness levels. No swimming skills are necessary. Water walkers/joggers welcome. Teens 13-15 may register with a parent or guardian. You also have the option of purchasing a drop-in punch card on-site during any class date and time. Punch cards are $97/resident for 12 workouts.

Instructor: Staff
Location: Washington Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
640460.BA	16 & older	4/28-5/23	MWF	5:30pm-6:30pm	$102/$128
640470.AA	16 & older	5/3-5/24	Sa	8:00am-9:00am	$34/$43
140460.BA	16 & older	6/16-7/11	MWF*	5:15pm-6:15pm	$93/$116
140460.CA	16 & older	7/14-8/8	MWF	5:15pm-6:15pm	$102/$128
140460.DA	16 & older	8/11-9/5	MWF*	5:30pm-6:30pm	$93/$116
140470.AA	16 & older	6/21-7/12	Sa	8:30am-9:30am	$34/$43
140470.BA	16 & older	7/19-8/9	Sa	8:30am-9:30am	$34/$43
140470.CA	16 & older	8/16-9/16	Sa	8:30am-9:30am	$34/$43

**No class 7/4, 9/1*

Basic Life Support (15 & older)

This American Heart Association course is designed to provide a wide variety of healthcare professionals & professional rescuers the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. This course is for healthcare professionals and professional rescuers who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in and out of hospital settings.

Instructor: TBD
Location: Neighborhood Room

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
140461.AA	Beg	15 & older	6/4	W	5:00pm-9:00pm	$79/$99

Lifeguard Review (15 & older)

This class is the American Red Cross course designed to recertify participants who are currently certified in American Red Cross Lifeguard Training and First Aid, and approaching the expiration date for their certification. This 16-hour course will require participants to pass a physical skills examination in lifeguarding rescue skills and first aid, as well as pass the written lifeguarding and first aid portions of the ARC Lifeguard Training exam with an 80 percent or higher. Participants must arrive at the pool with a swim suit and towel, and be prepared to complete all skills upon arrival as a review will not be provided with this course.

Instructor: Staff
Location: Sunnyvale Middle School Pool

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
640441.AA	Beg	15 & older	5/18-5/21	SuMW*	4:30pm-8:30pm	$191/$239
140441.AA	Beg	15 & older	6/7-6/8	SaSu	8:00am-5:00pm	$191/$239

*Class 640441 Sunday class is 8 a.m. - 5 p.m.
M/W class is 4:30 - 8:30 p.m.