



## Lifetime Tennis at the Sunnyvale Municipal Tennis Center



**Sunnyvale Municipal Tennis Center • 755 South Mathilda Ave • [www.lifetimetennis.com](http://www.lifetimetennis.com) • (408)735-7285**

The tennis courts at the Sunnyvale Municipal Tennis Center in Las Palmas Park are available on a pay-as-you-play basis. The fee is based on a higher level of service, which includes the ability to reserve court use, provision of a well-stocked pro shop with racket stringing service. For more information about class descriptions, registration, private lessons, and ball machine rental please visit our website at [www.lifetimetennis.com](http://www.lifetimetennis.com). or call us at (408) 735-7285.

**Office hours are Mon-Fri 8:00am-10:00pm, Sat-Sun 8:00am-8:00pm.**

## Summer Tennis Class Schedule

### Youth Tennis Classes - Summer

#### Little Tennis & Athletic Development (Ages 4-6)

Session is 6 weeks long • Student / teacher ratio is 4:1  
\$89 Resident, \$98 Non-Resident  
All classes taught at Sunnyvale Tennis Center. No classes on July 4th.

Level	Day	Time (45 Min)	Session I	Session II
Little Tennis (4-6 yr)	MO	3:15-4:00pm	6/23-7/28	8/4-9/8
Little Tennis (4-6 yr)	TU	5:30-6:15pm	6/24-7/29	8/5-9/9
Little Tennis (4-6 yr)	WE	3:15-4:00pm	6/25-7/30	8/6-9/10
Little Tennis (4-6 yr)	TH	5:30-6:15pm	6/26-7/31	8/7-9/11
Little Tennis (4-6 yr)	FR	6:00-6:45pm	6/27-8/8	8/15-9/19
Little Tennis (4-6 yr)	SA	8:30-9:15am	6/28-8/2	8/9-9/13
Little Tennis (4-6 yr)	SA	9:15-10:00am	6/28-8/2	8/9-9/13
Little Tennis (4-6 yr)	SU	10:00-10:45am	6/29-8/3	8/10-9/14
Little Tennis (4-6 yr)	SU	10:45-11:30am	6/29-8/3	8/10-9/14

#### Little Rallyers (Ages 5-7)

Session is 6 weeks long • Student / teacher ratio is 4:1  
\$118 Resident, \$130 Non-Resident  
All classes taught at Sunnyvale Tennis Center. No classes July 4th

Level	Day	Time (1 Hr)	Session I	Session II
Little Rallyer (5-7 yr)	TU	5:30-6:30pm	6/24-7/29	8/5-9/9
Little Rallyer (5-7 yr)	TH	5:30-6:30pm	6/26-7/31	8/7-9/11
Little Rallyer (5-7 yr)	FR	5:00-6:00pm	6/27-8/8	8/15-9/19
Little Rallyer (5-7 yr)	SA	11:30-12:30pm	6/28-8/2	8/9-9/13
Little Rallyer (5-7 yr)	SU	11:30-12:30pm	6/29-8/3	8/10-9/14

#### Youth Tennis Lessons - 4:1 Ratio (Ages 7-15)

Session is 6 weeks long • Student / teacher ratio is 4:1  
\$181 Resident, \$199 Non-Resident  
All classes taught at Sunnyvale Tennis Center. No classes on July 4th.

Level	Day	Time (1.5 Hrs)	Session I	Session II
Beginning (11-15 yr)	TU	4:00-5:30pm	6/24-7/29	8/5-9/9
Adv. Beg. (11-15 yr)	TU	4:00-5:30pm	6/24-7/29	8/5-9/9
Intermed. (11-15 yr)	TU	4:00-5:30pm	6/24-7/29	8/5-9/9
Beginning (7-10 yr)	TH	4:00-5:30pm	6/26-7/31	8/7-9/11
Adv. Beg. (7-10 yr)	TH	4:00-5:30pm	6/26-7/31	8/7-9/11
Intermed. (7-10 yr)	TH	4:00-5:30pm	6/26-7/31	8/7-9/11
Beginning (11-15 yr)	SA	2:00-3:30pm	6/28-8/2	8/9-9/13
Adv. Beg. (11-15 yr)	SA	2:00-3:30pm	6/28-8/2	8/9-9/13
Intermed. (11-15 yr)	SA	2:00-3:30pm	6/28-8/2	8/9-9/13

Register online at [lifetimetennis.com](http://lifetimetennis.com) or in the office at  
755 South Mathilda Ave, Sunnyvale.  
2 summer sessions run for 6 weeks each.  
For additional information please call 408-735-7285

#### Youth Tennis Lessons - 8:1 Ratio (Ages 7-15)

Session is 6 weeks long • Student / teacher ratio is 8:1  
\$109 Resident, \$120 Non-Resident  
All classes taught at Sunnyvale Tennis Center. No classes on July 4th.

Level	Day	Time (1.5 Hrs)	Session I	Session II
Beginning (7-10 yr)	MO	4:00-5:30pm	6/23-7/28	8/4-9/8
Adv. Beg. (7-10 yr)	MO	4:00-5:30pm	6/23-7/28	8/4-9/8
Intermed. (7-10 yr)	MO	4:00-5:30pm	6/23-7/28	8/4-9/8
Beginning (11-15 yr)	WE	4:00-5:30pm	6/25-7/30	8/6-9/10
Adv. Beg. (11-15 yr)	WE	4:00-5:30pm	6/25-7/30	8/6-9/10
Intermed. (11-15 yr)	WE	4:00-5:30pm	6/25-7/30	8/6-9/10
Beginning (7-10 yr)	FR	3:30-5:00pm	6/27-8/8	8/15-9/19
Adv. Beg. (7-10 yr)	FR	3:30-5:00pm	6/27-8/8	8/15-9/19
Intermed. (7-10 yr)	FR	3:30-5:00pm	6/27-8/8	8/15-9/19
Beginning (11-15 yr)	FR	3:30-5:00pm	6/27-8/8	8/15-9/19
Adv. Beg. (11-15 yr)	FR	3:30-5:00pm	6/27-8/8	8/15-9/19
Intermed. (11-15 yr)	FR	3:30-5:00pm	6/27-8/8	8/15-9/19
Beginning (7-10 yr)	SA	10:00-11:30am	6/28-8/2	8/9-9/13
Adv. Beg. (7-10 yr)	SA	10:00-11:30am	6/28-8/2	8/9-9/13
Intermed. (7-10 yr)	SA	10:00-11:30am	6/28-8/2	8/9-9/13
Beginning (11-15 yr)	SA	11:30-1:00pm	6/28-8/2	8/9-9/13
Adv. Beg. (11-15 yr)	SA	11:30-1:00pm	6/28-8/2	8/9-9/13
Intermed. (11-15 yr)	SA	11:30-1:00pm	6/28-8/2	8/9-9/13
Beginning (7-10 yr)	SA	12:00-1:30pm	6/28-8/2	8/9-9/13
Adv. Beg. (7-10 yr)	SA	12:00-1:30pm	6/28-8/2	8/9-9/13
Intermed. (7-10 yr)	SA	12:00-1:30pm	6/28-8/2	8/9-9/13
Beginning (7-10 yr)	SA	6:00-7:30pm	6/28-8/2	8/9-9/13
Beginning (7-10 yr)	SU	8:30-10:00am	6/29-8/3	8/10-9/14
Adv. Beg. (7-10 yr)	SU	8:30-10:00am	6/29-8/3	8/10-9/14
Intermed. (7-10 yr)	SU	8:30-10:00am	6/29-8/3	8/10-9/14

#### Junior Development Teams (Ages 10-17)

Session is 6 weeks long • **Student / teacher ratio is 8:1 for Bronze/Silver & 6:1 ratio for Gold Team**

**Bronze/Silver: \$149 Resident, \$164 Non-Resident**

Gold: \$199 Resident, \$219 Non-Resident

All classes taught at Sunnyvale Tennis Center. No classes on July 4th.

Level	Day	Time (1.5 Hrs)	Session I	Session II
Intro to Bronze & Bronze (10-17 yr)	MO	4:00-6:00pm	6/23-7/28	8/4-9/8
Gold (10-17 yr)	TU	6:30-8:30pm	6/24-7/29	8/5-9/9
Silver (10-17 yr)	WE	6:30-8:30pm	6/25-7/30	8/6-9/10
Gold (10-17 yr)	TH	6:30-8:30pm	6/26-7/31	8/7-9/11
Intro to Bronze & Bronze (10-17 yr)	FR	5:00-7:00pm	6/27-8/8	8/15-9/19
Silver (10-17 yr)	FR	7:00-9:00pm	6/27-8/8	8/15-9/19
Intro to Bronze & Bronze (10-17 yr)	SA	2:00-4:00pm	6/28-8/2	8/9-9/13
Silver (10-17 yr)	SA	4:00-6:00pm	6/28-8/2	8/9-9/13
Match Play (10-17 yr)***	SU	4:00-5:30pm	6/29-8/3	8/10-9/14
Match Play (10-17 yr)***	TU	5:30-7:00pm	6/24-7/29	8/5-9/9

(\*\*\*Must be Junior Team Member to participate in Match Play.

Class fee is \$50 for resident and \$55 non-resident for 6 weeks\*\*\*)

Please register at [www.lifetimetennis.com](http://www.lifetimetennis.com)



### 10 and Under Tournament Training (Ages 7-10)

**Intro to Tournament Training & Advanced Tournament Training**  
Created for young students who demonstrate ability and interest in accelerated learning for eventual competitive play.

Session is 6 weeks long • Student / teacher ratio is 6:1  
\$149 Resident, \$164 Non-Resident  
This program is by \*\*\*INVITATION ONLY\*\*\*

For additional details please visit [www.lifetimetennis.com](http://www.lifetimetennis.com)  
All classes taught at Sunnyvale Tennis Center. No classes July 4th.

### Summer Junior Camps (Ages 4-6 & 7-15)

**Improvement, Match Play, Little Tennis & Little Rallyer Camps are offered every week during summer. Please visit [www.lifetimetennis.com](http://www.lifetimetennis.com) for additional details.**

#### Improvement / Match Play Camps (7-15)

Student / teacher ratio is 8:1 for Improvement and Match Play Camps  
\$195 Resident, \$220 Non-Resident  
All classes taught at Sunnyvale Tennis Center

#### Little Tennis and Little Rallyers Camps (4-6)

Student / teacher ratio is 4:1 for Little Tennis and Little Rallyers camp.  
\$151 Resident, \$166 Non-Resident  
All classes taught at Sunnyvale Tennis Center.

#### Junior League Camps (7-15)

Student / teacher ratio is 8:1 for Junior League Camp  
\$129 Resident, \$146 Non-Resident  
All classes taught at Sunnyvale Tennis Center or Sunnyvale Middle School.

#### Improvement & Match Play (7-15 yrs) M-F 9am-12 pm

#### Little Tennis & Little Rallyers (4-6 yrs) M-F 9-10:30 am

#### Junior League Camp - Bronze (7-15 yrs) M-F 12:30-2:30 pm

#### Junior League Camp - Silver (7-15 yrs) M-F 12:30-2:30 pm

#### Junior League Camp - Silver (7-15 yrs) M-F 6:30-8:30 pm

## Adult Tennis Classes - Summer

### Adult Tennis Lessons (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 6:1 (*New Lower Ratio!*)  
\$145 Resident, \$160 Non-Resident  
All classes taught at Sunnyvale Tennis Center.

Level	Day	Time (1.5 Hrs)	Session I	Session II
Beginning	MO	6:30-8:00pm	6/23-7/28	8/4-9/8
Advanced Beginning	MO	8:00-9:30pm	6/23-7/28	8/4-9/8
Intermediate	MO	8:00-9:30pm	6/23-7/28	8/4-9/8
Beginning	TU	8:00-9:30am	6/24-7/29	8/5-9/9
Advanced Beginning	WE	8:00-9:30am	6/25-7/30	8/6-9/10
Beginning	WE	6:30-8:00pm	6/25-7/30	8/6-9/10
Advanced Beginning	WE	8:00-9:30pm	6/25-7/30	8/6-9/10
Intermediate	WE	8:00-9:30pm	6/25-7/30	8/6-9/10
Beginning	SA	8:30-10:00am	6/28-8/2	8/9-9/13
Advanced Beginning	SA	10:00-11:30am	6/28-8/2	8/9-9/13
Intermediate	SA	11:30-1:00pm	6/28-8/2	8/9-9/13
Beginning	SU	8:30-10:00am	6/29-8/3	8/10-9/14
Advanced Beginning	SU	10:00-11:30am	6/29-8/3	8/10-9/14
Intermediate	SU	11:30-1:00pm	6/29-8/3	8/10-9/14
Beginning	SU	5:30-7:00pm	6/29-8/3	8/10-9/14

### Adult Specialty Classes

#### Academy - USTA Prep (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 6:1  
\$145 Resident, \$160 Non-Resident  
All classes taught at Sunnyvale Tennis Center.

Level	Day	Time (1.5 Hrs)	Session I	Session II
Academy NTRP 3.0+	TU	9:00-10:30am	6/24-7/29	8/5-9/9
Academy NTRP 3.0+	TH	9:00-10:30am	6/26-7/31	8/7-9/11
Academy NTRP 2.5-3.0	TU	6:30-8:00pm	6/24-7/29	8/5-9/9
Academy NTRP 3.5-4.0	TH	6:30-8:00pm	6/26-7/31	8/7-9/11
Academy NTRP 2.5-3.0	SU	8:30-10:00am	6/29-8/3	8/10-9/14
Academy NTRP 3.5-4.0	SU	10:00-11:30am	6/29-8/3	8/10-9/14

### Adult Drill Classes (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 6:1  
\$96 Resident, \$106 Non-Resident  
All classes taught at Sunnyvale Tennis Center.

Level	Day	Time (1 Hr)	Session I	Session II
Ladies' Adv. Drill	TU	7:00-8:00pm	6/24-7/29	8/7-9/11
Men's Adv. Drill	TU	8:00-9:00pm	6/24-7/29	8/7-9/11

### Adult Camps (Ages 16+)

Each camp is 2-hours long • Student / teacher ratio is 6:1  
\$30 Resident, \$33 Non-Resident  
All camps taught at Sunnyvale Tennis Center. No classes July 4th.  
Please visit [www.lifetimetennis.com](http://www.lifetimetennis.com) for class dates/times.

### Cardio Classes (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 6:1  
\$73 Resident, \$80 Non-Resident

Level	Day	Time (45 Min)	Session I	Session II
Cardio	TU	6:30-7:15pm	6/24-7/29	8/5-9/9
Cardio	TH	6:30-7:15pm	6/26-7/31	8/7-9/11

### NEW PROGRAM!! Adult Doubles League (Ages 16+)

Session is 6 weeks long • Student / teacher ratio is 6:1  
\$42 Resident, \$46 Non-Resident

Level	Day	Time (45 Min)	Session I	Session II
Women's 2.5	TU	9:00-11:00am	6/24-7/29	8/5-9/9
Women's 3.0	FR	9:00-11:00am	6/27-8/8	8/15-9/19
Women's 3.5	FR	9:00-11:00am	6/27-8/8	8/15-9/19
Men's 3.0	TU	8:00-10:00pm	6/24-7/29	8/5-9/9
Men's 3.5	WE	8:00-10:00pm	6/25-7/30	8/6-9/10
Men's 4.0	TH	8:00-10:00pm	6/26-7/31	8/7-9/11

### Ponderosa Park Tennis Classes (Ages 9-16)

Session is 6 weeks long • Student / teacher ratio is 8:1  
\$129 Resident, \$142 Non-Resident  
All classes taught at Ponderosa Park.

Level	Day	Time (1 Hr)	Session I	Session II
Beginning	MO & WE	3:30-4:30pm	6/23-7/30	8/4-9/10
Adv. Beg	MO & WE	4:30-5:30pm	6/23-7/30	8/4-9/10

### Serra Park Tennis Classes (Ages 7-16)

Session is 6 weeks long • Student / teacher ratio is 8:1  
Youth Classes \$109 Resident, \$120 Non-Resident  
All classes taught at Serra Park.

Level	Day	Time	Session I	Session II
Beginning (7-10)	MO	6:30-8:00pm	6/23-7/28	8/4-9/8
Intermediate (7-10)	TU	6:30-8:00pm	6/24-7/29	8/5-9/9
Beginning (7-10)	WE	6:30-8:00pm	6/25-7/30	8/6-9/10
Intermediate (7-10)	TH	6:30-8:00pm	6/26-7/31	8/7-9/11
Little Tennis (5-6 yr)	SA	8:15-9:00am	6/28-8/2	8/9-9/13
Beginning (7-10yr)	SA	9:00-10:30am	6/28-8/2	8/9-9/13
Beginning (9-16yr)	SA	10:30-12:00pm	6/28-8/2	8/9-9/13
Adv. Beg. (9-16yr)	SA	12:00-1:30pm	6/28-8/2	8/9-9/13
Intermediate (9-16yr)	SA	1:30-3:00pm	6/28-8/2	8/9-9/13

### Adult Drill & Cardio Classes-Serra Park

Session is 6 weeks long • Student / teacher ratio is 6:1  
\$96 Resident, \$106 Non-Resident  
Classes taught at Serra Park.

Level	Day	Time	Session I	Session II
Men's Advanced Drill	MO	8:00-9:00pm	6/23-7/28	8/4-9/8
Cardio	TU	8:00-8:45pm	6/24-7/29	8/5-9/9
Women's Advanced Drill	TH	8:00-9:00pm	6/26-7/31	8/7-9/11

Please visit [www.lifetimetennis.com](http://www.lifetimetennis.com) for complete class listings and descriptions.

