



Therapeutic Recreation

All therapeutic recreation programs require advanced registration. For more information or to register for any of these programs, call the therapeutic recreation coordinator at 408-730-7359.

Sunnyvale's Therapeutic Recreation provides social recreation programs for individuals with disabilities. We welcome individuals with various disabilities including, but not limited to, developmental, intellectual, autism, cerebral palsy, visual/hearing impairment and physical disabilities. Programs are supervised and managed by a certified recreation therapist. Program staff are trained to provide the highest quality of service to participants while meeting individual needs. **All participants must be independently capable of personal care or provide their own attendant.**

Our programs are designed to:

- Provide recreation opportunities in a safe, caring and positive environment
- Create self-confidence through exposure to new recreation opportunities
- Enhance gross and fine motor coordination skills, social interaction and self-expression
- Foster independence

Youth

Kids Klub – 5:1 Ratio (7 – 12 years)

This afterschool program includes group games, arts and crafts and activities in a fun and safe environment. Program focuses on appropriate social interaction, following directions, cooperation and decision making. Participants need to bring a snack each week. **Participants must be independent with personal care and able to attend program with staff ratio or bring an attendant.**

Instructor: Sunnyvale Staff

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
625900.KK	7 – 12	5/4 – 6/22	W	3:30 p.m. – 5 p.m.	\$75/\$94
125900.KK	7 – 12	7/13 – 8/31	W	3:30 p.m. – 5 p.m.	\$75/\$94



Kids Klub

Teen

Teen Hangout – 8:1 Ratio (13 – 19 years)

Hang out with your friends for an afternoon of games, active fun, arts and crafts, music and socializing. Participants strengthen skills in social interaction, decision making, independence and self-expression. **Participants must be able to attend a large social gathering with minimal supervision or bring an attendant.**

Instructor: Sunnyvale Staff

Location: Recreation Center Community Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
635900.TT	13 – 19	5/2 – 6/27	M*	4 p.m. – 5:30 p.m.	\$75/\$94
135900.TT	13 – 19	7/11 – 8/29	M	4 p.m. – 5:30 p.m.	\$75/\$94

*No class 5/30

Adults

Community Explorations – 12:1 Ratio (18+)

Explore the community while improving life skills. Program focuses on strengthening life skills in money management and social etiquette. The first week of the session is held in the Recreation Center Neighborhood Room to identify and develop life skills needed on community outings. Each week following is a different community outing. Outings may include: bowling, hiking, museums, shopping, movies and more. Admission fees are included. Transportation is not provided.

Participants must be able to attend a large social gathering with minimal supervision and assistance from staff, or bring an attendant.

Instructor: Sunnyvale Staff

Location: Varies by week

Class #	Age	Dates	Day	Time	Fee (Res/NR)
645940.CE	18+	5/5 – 6/23	Th	3:30 p.m. – 5 p.m.	\$75/\$94
145940.CE	18+	7/14 – 9/1	Th	3:30 p.m. – 5 p.m.	\$75/\$94



Saturday of Experience

Saturday of Experience – 10:1 Ratio (18+)

Come join a morning of fun filled activities including arts and crafts, cooking, games, sports and outings. Emphasis is on strengthening appropriate social interaction and leisure awareness. **Participants must be able to attend a large social gathering with minimal supervision and assistance from staff, or bring an attendant.**

Instructor: Sunnyvale Staff

Location: Recreation Center Neighborhood Room

Class #	Age	Dates	Day	Time	Fee (Res/NR)
645910.SS	18+	5/7 – 6/25	Sa*	10 a.m. – 12:30 p.m.	\$79/\$99
145910.SS	18+	7/16 – 9/10	Sa*	10 a.m. – 12:30 p.m.	\$79/\$99

*No class 5/28, 9/3