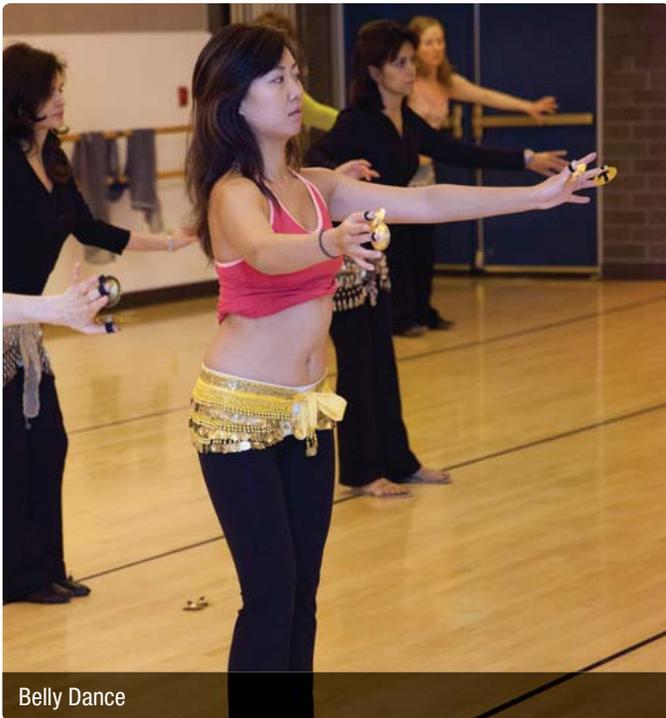




Dance



Belly Dance

Abs Arabia Style TRY IT! (18 & Older)

Body waves to belly rolls, Abs Arabia Style provides overall body toning and abdominal conditioning, with a focus on Middle Eastern dance moves. Wear comfortable fitness attire or your favorite Middle Eastern dance outfit. This exercise-style class is open to all levels. No previous Middle Eastern dance experience necessary.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
344100.TQ	18 & Older	11/4 – 12/16	Tu	7:30 pm – 8:30 pm	\$69/\$86
444100.TQ	18 & Older	1/6 – 2/17	Tu	7:30 pm – 8:30 pm	\$69/\$86

Ballroom Dance 1 TRY IT! (18 & Older)

Find out how easy it is to have fun on the dance floor once you know the steps. This fun, non-competitive class makes it simple to learn popular ballroom dances. Leather – soled shoes that will stay firmly on your feet and allow you to spin safely are required. No partner necessary. We'll switch dance partners throughout the lesson.

Level 1 – Beginning: Learn the basics of the Fox Trot, Waltz, Tango, West Coast Swing, Rhumba and Cha-Cha.

Level 2 – Intermediate: Fine tune your dance style and learn moves that will get you noticed on the dance floor.

Instructor: Bud Ayers

Location: Recreation Center Community Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
344301.MP	1	18 & Older	11/3 – 12/15	M	7:30 pm – 8:30 pm	\$69/\$86
344302.MQ	2	18 & Older	11/3 – 12/15	M	8:30 pm – 9:30 pm	\$69/\$86
444301.MP	1	18 & Older	1/5 – 2/23	M*	7:30 pm – 8:30 pm	\$59/\$74
444302.MQ	2	18 & Older	1/5 – 2/23	M*	8:30 pm – 9:30 pm	\$59/\$74

*No class 1/19, 2/16

Belly Dance TRY IT! (18 & Older)

Have fun learning traditional Middle Eastern style dance moves, while gaining core strength and control. You'll increase body awareness, muscle tone and flexibility!

Level 1 – Beginning: Learn Middle Eastern dance fundamentals, with an emphasis on technique and finger cymbal basics. This class is perfect for first – time dancers.

Level 2 – Intermediate: Build upon the basics, with a focus on understanding Middle Eastern rhythms, overlays, combinations, transitions and drum solo technique. Prerequisite: 1 year training at the beginning level.

Instructor: Alcina Nelson

Location: Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
344101.TP	1	18 & Older	11/4 – 12/16	Tu	6:30 pm – 7:30 pm	\$69/\$86
344102.TR	2	18 & Older	11/4 – 12/16	Tu	8:30 pm – 9:30 pm	\$69/\$86
444101.TP	1	18 & Older	1/6 – 2/17	Tu	6:30 pm – 7:30 pm	\$69/\$86
444102.TR	2	18 & Older	1/6 – 2/17	Tu	8:30 pm – 9:30 pm	\$69/\$86

Hula TRY IT! (18 & Older)

Spend your lunch hour in Hawaii! Learn hula basics and ancient Kahiko and modern Auana hula choreography and enjoy traditional Hawaiian music as the instructor accompanies class on gourd drum and ukulele. Hula is a fun, low-impact and spiritually uplifting workout. Wear shorts or stretch pants and T-shirt. Dance is done barefoot.

Instructor: Kanani Densing

Location: Theatre Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
344140.FP	18 & Older	11/7-12/19	F*	2:00pm – 3:00 pm	\$69/\$86
444140.FP	18 & Older	1/9-2/27	F	2:00pm – 3:00 pm	\$79/\$99

*No class 11/28



Indiance Work Out TRY IT! (18 & Older)

Does your body move to the beat of Bollywood and Kollywood music? Enjoy a solid hour of dance to chart-topping, foot-tapping rhythms from India. Indiance is not just one style. It's a collage of many dance styles combining hip-shaking, lightbulb twisting moves with elements of modern, jazz, hip hop, salsa and lyrical dance. Get ready for an hour of cardio that will help you shed fat and keep your smiles.

Instructor: Janani Narayan
Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
444160.DA	18 & Older	1/11 – 2/22	Su	8:30 am – 9:30 am	\$79/\$99

Tap Dance TRY IT! (14 & Older)

Start tapping and your happy feet are sure to send a message to your whole body. You'll leave this class feeling uplifted and rejuvenated, with improved coordination, agility and tapping skills. Tap shoes are required.

Level 1 – Advanced Beginning: Learn and practice basic tap routines. This fun, fast-paced class is ideal for former tappers who need a review and those with some prior experience who are ready to dive into learning new routines.

Level 2 – Intermediate: Use your prior tap training in a low – impact tap workout with exciting rhythms and more challenging routines.

Instructor: Peggy Page
Location: Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
344481.JP	Beg	14 & Older	11/6 – 12/18	Th*	6:30 pm – 7:30 pm	\$59/\$74
444481.JP	Beg	14 & Older	1/8 – 2/26	Th	6:30 pm – 7:30 pm	\$79/\$99
344482.JQ	Int/Adv	14 & Older	11/6 – 12/18	Th*	7:30 pm – 8:30 pm	\$59/\$74
444482.JQ	Beg	14 & Older	1/8 – 2/26	Th	7:30 pm – 8:30 pm	\$79/\$99

*No class 11/27

Adults

For Dancers Only (18 years & older)

Lindy Lab 8:30 – 9 p.m .

Take advantage of our spacious floor and wall mirrors to work on your solo dancing, or bring a friend to practice your moves in an open, collaborative environment. Or, take a short drop-in class from one of our instructors. Lessons are suitable for intermediate to advanced swing dancers, and will cover a new topic each night.

Social Dancing 9 p.m. – Midnight

Guest DJs provide music for Lindy, Charleston, Balboa, Shag and Blues dance.

Location: Sunnyvale Community Center, Theatre Dance Studio

When: First and Third Fridays of the Month

Admission: \$8 (cash only)

For More Information

Visit For Dancers Only online at www.facebook.com/ForDancersOnly, e-mail ForDancersOnlySB@gmail.com or call us at (408) 657-7836

Free Legal Clinics

First Saturday of Each Month, 10 a.m. – 12 p.m.

Columbia Neighborhood Center, 785 Morse Ave., Sunnyvale



Volunteer attorneys will provide free 20 – 30 minute legal consultations on various legal matters. No appointments required. The Legal Clinic operates on a first-come first-served basis. For time-sensitive legal needs, contact probono@southasianbar.org for referral to other resources.

Upcoming Clinic Dates

Saturdays, 10 a.m. – 12 p.m.

November 1	January 4
December 6	February 1

Provided by the South Asian Bar Association of Northern California (SABA-NC) in collaboration with the City of Sunnyvale.



Israeli Folk Dance

(13 years & older)

Enjoy the evening in an energetic and inspiring way. Israeli folk dance in a circle, in a group or with a partner in rhythmic and dynamic movement. The evening starts with a 45-minute lesson, followed by dancing to your requests.

Where: Recreation Center Ballroom

When: Mondays with Loui Tucker, 7:45 – 11:00 p.m.

Cost: \$7 at the door

No dancing 12/22, 12/29

For more information

Please call (408) 287-9999

Square Dancing (18 years & older)

Modern Western square dancing is a fun, friendly, sociable activity for dancers of all ages and ability levels. As an added benefit, an evening of square dancing provides a gentle cardiovascular workout, equivalent to a three-mile walk, to help burn calories and keep bones strong. Keep your memory strong, too, as you learn and practice the 100 internationally recognized square dance calls. Each lesson (7 – 8:30 p.m.) focuses on beginning to mainstream calls for newer dancers. The second session (8:30 – 10:00 p.m.) adds more challenging calls to plus level. No partner or experience needed. Dress is casual. Wear comfortable shoes.

First night is free for new dancers!

Location: Murphy Park Building, 250 N. Sunnyvale Ave., Sunnyvale

When: Tuesdays, 7:00 – 10:00 p.m. with Sunnyvale Squares (New classes begin the first Tuesday of March and September. First-time dancers must start at the beginning of a class. Returning dancers are welcome to join anytime.

Fee: \$30 per month, purchased by the month at the door

For More Information
Please call (408) 744-1021



Music

Piano Keyboard

(13 & Older)

Learn basic piano skills, theory and music reading at your own pace. Each student will have a keyboard for use in class; headphones with "o" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress. Pre-order non-refundable book for \$22 online at www.noteworthy-music-school.org and pick up at first class. Or purchase book on first day only with cash or check payable to Noteworthy Music School.

Instructor: Noteworthy Music School

Location: Creative Arts Center Meeting Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
344850.MT	13 & Older	11/3 – 12/15	M	6:45 pm – 7:30 pm	\$79/\$99
344850.MU	13 & Older	11/3 – 12/15	M	7:30 pm – 8:15 pm	\$79/\$99
444850.MT	13 & Older	1/5 – 2/23	M*	6:45 pm – 7:30 pm	\$69/\$86
444850.MU	13 & Older	1/5 – 2/23	M*	7:30 pm – 8:15 pm	\$69/\$86

*No class 1/19, 2/16

Sunnyvale Bluegrass Jam Ages 18* & Up

Join fellow bluegrass musicians and singers for an old-time jam session, facilitated by Bill Boiko.

Day/Time: Third Sunday of the month, 2–5 p.m.

Location: Creative Arts Center Meeting Room

Fee: \$5 per person at the door

* Ages 13-17 okay with parent or guardian.

For More Information
Call (408) 730-7334 or visit Arts.inSunnyvale.com

Sports & Fitness

Aerobics

(16 & Older)

Exercise routines choreographed to music. Adventurous exercisers can choose between high and low impact variations of different aerobic moves. The workout also combines floor work with stretching and toning with 1 – 3 lb weights, if desired. Participants bring weights and a mat. Ages 12 – 15 may register with a parent. Children under age 12 are not allowed in the classroom or Senior Center while class is in session.

Instructor: Christine Sabooni

Location: Senior Center Orchard Pavilion

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
348160.MA	16 & Older	11/3 – 12/17	MW*	7:00 pm – 8:30 pm	\$94/\$118
448160.MA	16 & Older	1/5 – 2/25	MW*	7:00 pm – 8:30 pm	\$105/\$131

*No class 11/26, 1/19, 2/16



Adult Drop-In Gym

Sunnyvale Indoor Sports Center • 550 E. Remington Drive

BADMINTON

Tuesday thru Friday: 11:30 am – 1:30 p.m.

***Saturday:** 3:30 – 5:30 pm and 5:45 – 7:45 p.m.

***Sunday:** 12:30 – 2:30 pm and 2:45 – 4:45 p.m.

*Separate fee is charged for each time session.
If you wish to play entire afternoon, you must pay fees for both sessions.

VOLLEYBALL

Tuesday: 5:00 – 7:00 pm



Must be at least 16 years of age or older to participate unless supervised by parent or legal guardian (Badminton only)
Individual drop-in fee (per visit): \$5 Resident, \$6 Non-Resident
Spectators must also pay the fee

Discount Passes Available

Sunnyvale Resident: 10 visit pass \$40

Non-Resident: 10 visit pass \$50

Fee includes use of showers & locker room.

For More Information

Call (408) 730-7334



Badminton

Badminton

(14 & Older)

Class is structured to review fundamentals and provide play opportunity. Beginners need no previous experience. Racquet and shuttlecocks are required.

Instructor: Terence Chua

Location: Indoor Sports Center

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
348000.TA	14 & Older	11/4 – 12/16	Tu	7:00 pm – 9:00 pm	\$58/\$73
448000.TA	14 & Older	1/6 – 2/24	Tu	7:00 pm – 9:00 pm	\$68/\$85

Meditation & Visualization

(16 & Older)

Learn easy methods to quiet the mind. By watching your thoughts you can find a peaceful place inside of yourself. Breathing techniques, listening skills and visualization will be taught to help you cope with the outside world. Experience your true self. Please bring a mat or blanket and wear comfortable clothing.

Instructor: Robin Pickel

Location: Recreation Center Boardroom

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
348780.SC	16 & Older	11/1 – 12/20	Sa	11:15 am – 12:00 pm	\$78/\$98
448780.SC	16 & Older	1/10 – 2/28	Sa	11:15 am – 12:00 pm	\$80/\$100

Lunch-hour Pilates **TRY IT!**

(18 & Older)

Work out during your lunch hour with this effective mat class. Strengthen and tone with controlled breathing/movement exercises focused on core muscles. Pilates emphasizes body mechanics, alignment and form to improve flexibility, balance and posture. Class uses rings, bands and balls for added challenge. Yoga mat required. Class is not suitable for pregnant women or people with acute mobility, joint or bone density problems.

Instructor: Sarah Graves

Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
348920.TP	18 & Older	11/4 – 12/16	Tu*	12:00 pm – 1:00 pm	\$67/\$84
348920.JP	18 & Older	11/6 – 12/18	Th*	12:00 pm – 1:00 pm	\$67/\$84
448920.TP	18 & Older	1/6 – 2/24	Tu	12:00 pm – 1:00 pm	\$90/\$113
448920.JP	18 & Older	1/8 – 2/26	Th	12:00 pm – 1:00 pm	\$90/\$113

*No class 11/25, 11/27

Strength Training **TRY IT!** (18 & Older)

Feel stronger, healthier and more vital. Strengthen your bones and improve balance, coordination and mobility — all through the proper use of fitness machines, medicine balls, kettle weights and BOSU. You'll warm up, rotate through various exercise stations and then cool down. Classes will have a maximum of 10 students to better meet your individual fitness goals.

Instructor: Suzanne Luft

Location: Senior Center Aspen Fit Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
346300.AA	18 & Older	11/10 – 12/8	M	7:00 pm – 8:00 pm	\$33/\$41
346300.BA	18 & Older	11/11 – 12/9	Tu	7:00 pm – 8:00 pm	\$33/\$41
446300.AA	18 & Older	1/5 – 3/9	M*	7:00 pm – 8:00 pm	\$65/\$81
446300.BA	18 & Older	1/6 – 3/10	Tu*	7:00 pm – 8:00 pm	\$65/\$81

*No class 11/24, 11/25, 1/19, 1/20, 2/16, 2/17



Personal Training Program

Personal Training Program (18 & older)

We are offering one-hour long, personalized fitness training sessions. Our certified and knowledgeable trainers will design a fitness program based on your personal exercise and wellness needs. Our programs can accommodate all fitness and ability levels. Reminder: For your safety, always check with your physician before starting a new exercise program.

Location: Senior Center Fitness Room

# of Sessions	One Person Rates*		Two-Person Rates*	
	Residents	Non-Residents	Residents	Non-Residents
1	\$65	\$81	\$100	\$125
3	\$185	\$231	\$255	\$305
5	\$275	\$325	\$375	\$425

To schedule your personalized training session, please call (408) 730-7360

*Current Senior Center members receive a \$5 discount.

Tai Chi Chuan **TRY IT!** (14 & Older)

Exercise your body and mind with the slow motion, continuous movements of this traditional Chinese martial art. Regular practice can improve balance, flexibility and strength. Because the movements require mental focus, it also serves as a stress reducing meditation. This is a mixed level class. First part of the class will focus on fundamentals to help beginners master authentic Yang-style 8- and 28-form short routines. Second part allows practice time for beginners while Intermediate/Advanced students learn more challenging techniques with and without partners and work on the 85-form long routine. Advanced students will also practice traditional sword and saber long routines.

Instructor: Larry Young

Location: Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
348910.WP	14 & Older	11/5 – 12/10	W*	7:00 pm – 8:30 pm	\$56/\$70
448910.WP	14 & Older	1/7 – 2/25	W	7:00 pm – 8:30 pm	\$90/\$113

*No class 11/26



Tai Chi

Adults



**Columbia Neighborhood Center
Fitness Room**

785 Morse Avenue, Sunnyvale 94085

\$1 per person, per session: Cash only, paid at entrance

Monday 6:30 - 8 p.m.; **Tuesday** 7:30 - 9 p.m.; **Thursday** 6:30 - 8 p.m.; **Saturday** 8 a.m. - 9:30 a.m. and 10:30 a.m. - 12 p.m.

**Elliptical Trainers • Free Weights • Treadmills
Weight and Resistance Training**



**Open to Sunnyvale Residents
with Proof of Residency**

Adults – 18 and Older

High School Students – (14 – 17 yrs) A signed waiver from parent/ guardian needed before using the fitness room

Middle School Students – (11 – 13 yrs) Must be accompanied by a parent/ guardian to use fitness room

Items to bring: Athletic shoes, water bottle and personal towel

For More Information
Call (408) 730-7800



Adult Sports Leagues

The City of Sunnyvale offers leagues in each of the sports below for teams interested in playing other teams.

Basketball

10-week season + playoffs

Winter: early January through late March

Spring/Summer: early April through late June

Fall: early September through early December

Volleyball

8-week season + playoffs

Winter: early January through mid-March

Spring: late March through early June

Summer: late June through late August

Fall: late September through mid-November.

Registration is for teams only. Individuals can call to be placed on a waiting list for players looking for a team.

For More Information

Call (408) 730-7334



Yoga for Fitness

Yoga for Fitness

(16 & Older)

Open to men and women wishing to develop flexibility and body control via stretching routines and posture. Foam rubber mat is recommended.

Instructor: Betty Strain

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
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Location: Recreation Center Community Room

348750.FA	16 & Older	10/31 – 12/19	F*	9:30 am – 11:00 am	\$69/\$86
448750.FA	16 & Older	1/9 – 2/27	F	9:30 am – 11:00 am	\$80/\$100

Location: Senior Center Orchard Pavilion

348750.RA	16 & Older	10/30 – 12/18	Th*	6:30 pm – 8:00 pm	\$69/\$86
448750.RA	16 & Older	1/8 – 2/26	Th	6:30 pm – 8:00 pm	\$80/\$100

*No class 11/27, 11/28

Yoga for Wellness

(16 & Older)

Stressed out? Need to relax? This class taught by a certified Iyengar instructor will have lasting benefits in your life. The practice of Yoga will improve your overall health and release tension and stress. No experience necessary — all levels welcome. Please bring a yoga mat and at least two firm yoga blankets or two large towels. Age 12 – 15 may register with a parent.

Instructor: Lori Neumann

Location: Senior Center Orchard Pavilion

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
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348770.TA	16 & Older	10/28 – 12/16	Tu*	6:00 pm – 7:30 pm	\$77/\$96
448770.TA	16 & Older	1/6 – 2/24	Tu	6:00 pm – 7:30 pm	\$90/\$113

*No class 12/2

Yoga Lite (Hatha)

(16 & Older)

Improve your balance, flexibility and mental focus. Mudra, Asanas and deep breathing techniques will teach you to handle life in an easy relaxed way. Techniques are 5,000 years old and work for all ages and levels. Come start the day in a good mood! Wear loose clothes and bring a mat.

Instructor: Robin Pickel

Location: Recreation Center Community Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
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348760.WA	16 & Older	11/5 – 12/17	W	8:30 am – 10:00 am	\$69/\$86
348760.SB	16 & Older	11/1 – 12/20	Sa	9:30 am – 11:00 am	\$78/\$98
448760.WA	16 & Older	1/7 – 2/25	W	8:30 am – 10:00 am	\$80/\$100
448760.SB	16 & Older	1/10 – 2/28	Sa	9:30 am – 11:00 am	\$80/\$100



Volleyball

Volleyball – Int/Adv

(16 & Older)

Emphasis will be on improvement and consistency of all volleyball skills. Fun game-like drills, using the nets, maximizing ball contacts, and opportunity for feedback. Class will include team play, with six person teams practicing the 6-2 offensive system. Students should be able to serve, pass, set, spike, block, and dig the ball with some consistency. This is not a class for beginners.

Instructor: Tom Jack

Location: Indoor Sports Center

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
348702.MA	Int/Adv	16 & Older	11/3 – 12/15	M*	8:00 pm – 10:00 pm	\$60/\$75
448702.MA	Int/Adv	16 & Older	1/5 – 2/23	M*	8:00 pm – 10:00 pm	\$74/\$93

*No class 11/10, 11/24, 1/19, 2/16

Zumba (18 & Older)

Zumba classes feature exotic rhythms set to high-energy Latin and international beats. Before participants know it, they're getting fit and their energy levels are soaring! There's no other fitness class like a Zumba Fitness-Party.

Instructor: Gwen Gillespie

Location: Indoor Sports Center

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
348790.TA	18 & Older	11/4 – 12/16	Tu	9:00 am – 10:00 am	\$65/\$81
448790.TA	18 & Older	1/20 – 2/24	Tu	9:00 am – 10:00 am	\$57/\$71



Zumba

Zumba Toning (18 & Older)

When it comes to body sculpting, Zumba Toning raises the bar (or rather, the Toning Stick). It combines targeted body sculpting exercises and high energy cardio work with Latin infused Zumba moves to create a calorie torching, strength training dance fitness party. Students learn to use lightweight, maraca like Toning Sticks to enhance rhythm and tone all their target zones, including arms, abs, glutes, and thighs.

Instructor: Gwen Gillespie

Location: Recreation Center Ballroom

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
348791.HB	Beg	18 & Older	11/6 – 12/18	Th*	6:00 pm – 7:00 pm	\$56/\$70
448791.HB	Beg	18 & Older	1/15 – 2/26	Th	6:00 pm – 7:00 pm	\$67/\$84

*No class 11/27

For Zumba Gold for ages 50+, see page 44.

Visual Arts & Pottery

Glass Fusing Beg (16 & Older)

Learn how easy and fun it is to make beautiful fused art glass! You'll be introduced to the glass fusing process by melting layers of glass in a kiln to create small coasters, tiles, pendants, wall art and more. Topics will include: safety, how to select and cut glass, use of basic glass fusing tools, kiln shelf preparation, and firing techniques. You do not need to be an artist to learn this fun art form. Intermediate students are welcome and can expand on existing glass fusing skills. Design help is always available. Classes will begin with a short lecture on intermediate and/or advanced topics with samples. Please wear closed toed shoes. A non-refundable \$65 supply fee will be collected at first class.

Instructor: Crystal Ouzillou

Location: Creative Arts Center Art Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
349311.MA	Beg	16 & Older	11/10 – 12/1	M*	9:00 am – 12:00 pm	\$68/\$85
349311.WA	Beg	16 & Older	11/12 – 12/3	W*	7:00 pm – 10:00 pm	\$68/\$85
449311.MA	Beg	16 & Older	1/5 – 1/26	M*	9:00 am – 12:00 pm	\$68/\$85
449311.MK	Beg	16 & Older	2/2 – 2/23	M*	9:00 am – 12:00 pm	\$68/\$85
449311.WA	Beg	16 & Older	1/7 – 1/28	W*	7:00 pm – 10:00 pm	\$68/\$85
449311.WB	Beg	16 & Older	2/4 – 2/25	W*	7:00 pm – 10:00 pm	\$68/\$85

*No class 11/24, 11/26, 11/19, 1/21, 2/16, 2/18

Intro to Metal Work (16 & Older)

Express your creativity through metal. This 4 – part series will introduce basic metal working concepts and terminology to students of any skill level. Participants will learn to work with wire and sheets of metal using hand tools and flex shafts. Design, tool safety, basic finishing skills and basic non-heat connection techniques will also be introduced. Hand tools will be provided. A supply fee of \$50 will be collected in class. Please wear comfortable clothing, closed toed shoes and tie long hair back.

Instructor: Crystal Ouzillou

Location: Creative Arts Center Art Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
349340.MA	16 & Older	11/10 – 12/8	M*	1:00 pm – 4:00 pm	\$91/\$114
449340.MA	16 & Older	1/12 – 2/9	M*	1:00 pm – 4:00 pm	\$91/\$114

*No class 11/24, 1/19

Basic Digital Photography (15 & Older)

Take better pictures with your digital camera. Topics will include basic operation of your camera, basic rules of lighting, composition and exposure, composing pictures in difficult conditions, and dealing with parallax. Class will include assignments and constructive critiques. Bring a digital camera to first class. Camera manual is helpful, but not required.

Instructor: Richard Fox

Location: Creative Arts Center Paint Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
449511.WA	Beg	15 & Older	1/7 – 2/25	W	7:00 pm – 9:00 pm	\$76/\$95



SAVE THE DATE

30th Annual Hands on the Arts Festival

May 15, 2015

Artist applications due January 31, 2015.

Sunnyvale's beloved children's art festival will celebrate three decades of providing "hands on" arts opportunities for children ages 3 – 12. Whether you are a teaching artist eager to share your art form, hardworking teen or adult volunteer ready for a fun day of service, parent of child who loves to create and perform, or a sponsor interested in reaching Sunnyvale families, you will want to be a part of this year's event.

To request an artist application or sponsor information, email HandsontheArts@sunnyvale.ca.gov, or call (408) 730-7373.



Adults

Watercolor

(16 & Older)

Learn watercolor basics in a relaxed setting. Have fun trying out still life, landscape and the figure. See how famous artists have used this versatile medium to enhance their lives. Class includes demonstrations and slide lectures. Supply list will appear on your receipt (approx. \$45). Supplies should be purchased by second class meeting. Supplies for first class will be provided.

Instructor: Karen Haas

Location: Creative Arts Center Paint Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
349641.JA	Beg	16 & Older	11/6 – 12/18	Th*	10:00 am – 12:00 pm	\$89/\$111
449641.JA	Beg	16 & Older	1/15 – 2/19	Th	10:00 am – 12:00 pm	\$89/\$111

*No class 11/27



Open Painting Studio (Artist is using acrylics)

Open Painting Studio

18 years & older

Set aside time to paint each week and join fellow artists for a morning of creativity and collaboration. The Sunnyvale Community Center invites painters of all skill levels to work in our spacious, well-lit painting studio. All painting and drawing mediums are welcome. No formal instruction is provided. Lots of table space, natural light, painting easels and camaraderie available.

Location: Creative Arts Center Paint Room
Sunnyvale Community Center
550 E. Remington Drive, Sunnyvale, CA 94087

Fee: \$5 (Payable at door). Drop-ins welcome.

Day: Mondays, 9 a.m. – noon

Closed: 12/22, 12/29, 1/19, 2/26.

For More Information

Call (408) 730-7758

Pottery TRY IT! (16 & Older)

Throw your soul into your art, and learn to make beautiful and functional pottery. Our master potters provide individual coaching, whatever your skill level! Beginners will learn basic hand, wheelthrowing and glazing techniques, while more experienced potters learn advanced techniques while working on individual projects. Clay must be purchased in studio for \$31 per 25lb bag. Beginning tool kits may be purchased in class for \$25. Firing and glazing are included in class price. Participants will also receive a free Open Studio pass with their first three registrations.

Instructor: Danny Sheu (M, Th, F, Sa), Hsin-Chuen Lin (W)
Location: Creative Arts Center Pottery Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
349911.MA	Beg	16 & Older	11/17 – 12/15	M	7:00 pm – 10:00 pm	\$171/\$214
349911.WA	Beg	16 & Older	11/19 – 12/17	W	10:00 am – 1:00 pm	\$171/\$214
349911.JA	Beg	16 & Older	11/20 – 12/18	Th*	10:00 am – 1:00 pm	\$143/\$179
349911.JB	Beg	16 & Older	11/20 – 12/18	Th*	7:00 pm – 10:00 pm	\$143/\$179
349911.FA	Beg	16 & Older	11/21 – 12/19	F*	10:00 am – 1:00 pm	\$143/\$179
349911.SA	Beg	16 & Older	11/22 – 12/20	Sa	1:30 pm – 4:30 pm	\$171/\$214
449911.MA	Beg	16 & Older	1/5 – 2/9	M*	7:00 pm – 10:00 pm	\$143/\$179
449911.WA	Beg	16 & Older	1/7 – 2/11	W	10:00 am – 1:00 pm	\$171/\$214
449911.JA	Beg	16 & Older	1/8 – 2/12	Th	10:00 am – 1:00 pm	\$171/\$214
449911.JK	Beg	16 & Older	1/8 – 2/12	Th	7:00 pm – 10:00 pm	\$171/\$214
449911.FA	Beg	16 & Older	1/9 – 2/13	F	10:00 am – 1:00 pm	\$171/\$214
449911.SA	Beg	16 & Older	1/10 – 2/14	Sa	1:30 pm – 4:30 pm	\$171/\$214
449911.MK	Beg	16 & Older	2/23 – 3/23	M	7:00 pm – 10:00 pm	\$143/\$179
449911.WK	Beg	16 & Older	2/18 – 3/25	W	10:00 am – 1:00 pm	\$171/\$214
449911.JB	Beg	16 & Older	2/19 – 3/26	Th	10:00 am – 1:00 pm	\$171/\$214
449911.JL	Beg	16 & Older	2/19 – 3/26	Th	7:00 pm – 10:00 pm	\$171/\$214
449911.FK	Beg	16 & Older	2/20 – 3/27	F	10:00 am – 1:00 pm	\$171/\$214
449911.SK	Beg	16 & Older	2/21 – 3/28	Sa	1:30 pm – 4:30 pm	\$171/\$214

*No class 11/27, 11/28, 1/19



Pottery



Pottery

Friends of the Sunnyvale Pottery Studio

HOLIDAY POTTERY SALE

Friday, December 12 & Saturday, December 13, 2014
 10:00 a.m. – 5:00 p.m.

Come browse a large selection of handmade ceramics and fused glass by over 30 local artists. Find unique holiday gifts and support the arts in Sunnyvale!



Location: Creative Arts Center – Sunnyvale Community Center
 550 E. Remington Drive, Sunnyvale

Free Admission!

Adults



Open Pottery Studio

16 years & older

For intermediate and advanced potters. No formal instruction will be provided, but technical assistance is available. Open studio passes, good for one 4-hour block, may be purchased in the studio. Prorating for unused hours will not be available and passes expire at the end of each 12-week session. Children under the age of 16 may participate if accompanied by an adult.

Location: Creative Arts Center Pottery Studio

Session: 11/17 – 12/20 and 1/5 – 3/28 (Studio closed 11/28, 12/22 – 1/4, 1/19, 2/16)

Fee* (Res/NR): \$28/\$34 per 4-hour pass

Day: Monday 10 a.m. – 2 p.m.; Tuesday 10 a.m. – 10 pm; Friday 2 – 6 p.m.; Saturday 9:30 a.m. – 1:30 p.m.

Glazing and firing is included in pass price • Clay must be purchased in class/open studio, \$31 per 25 lb bag • No refunds, transfers, or credits for passes • Lost passes will not be credited • Kiln use is for group firing. Works over 20" x 20" x 24" or pieces that cannot fit in a group firing will not be accepted for firing • No outside firing accepted • No dangling jewelry, open-toed shoes or children allowed. • Pick-ups may be made during open studio hours only. (Pick-ups will not be permitted during scheduled class times.) • No trimming or "quick glazing" will be allowed unless an Open Studio pass is presented • Allow 3-4 weeks for firing. • Large or irregularly shaped pieces will be held and fired during maintenance closures in the studio (approximately every 12 weeks).

*Fees are subject to change.

For More Information

Call (408) 730-7758

Private and Group Pottery Lessons

Mondays, 11 am – 2 pm

\$65 per hour, per person*

Call (408) 730-7345 to schedule an appointment

*Group rate for 3-6 people is \$45 per person

Been a while since you've worked in clay? Here's your chance to get throwing again! Come experience our clay studio for **FREE!**



Give It A Whirl!

Terms & Conditions: No reservation necessary. Ages 16 and up. Experienced potters only. No formal instruction will be provided. Clay must be purchased in the studio. \$6.00 per 5 lbs. of clay. Bisque firing included. No glazing. Refer to the Open Studio Schedule for available days and times.

Open to potters who have not attended Open Studio in more than a year or first-time studio users.

Location: Creative Arts Center Pottery Studio, Sunnyvale Community Center – 550 E. Remington Drive, Sunnyvale

For More Information

Contact Visual Arts Coordinator at kdance@sunnyvale.ca.gov or call (408) 730-7758