



**Gymnastics**

We ask family & friends to remain outside the gym during class time to avoid distractions for our students, except for the following: 1) At least one parent is required to remain present near and possibly observe in any class where only one staff member is coaching, 2) the parents of new students may stay during the first class of each session, 3) when a coach allows or invites a parent to stay. All are invited to observe the last class of each session and non-participating siblings must be supervised at all times during observation. Thank you for your cooperation.



Preschool Gymnastics

**Parent Tots TRY IT!** (1.5 – 3 years)

A structured basic movement class for the young child, built around imaginative themes and gymnastics activities. A parent is required to participate in assisting the enrolled child, under the direction of the teacher. Only 1 participating child per parent. Siblings are not allowed in the gym during class time.

**Instructor:** California Sports Center  
**Location:** Indoor Sports Center

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
313000.SA	1.5 – 3	11/1 – 12/20	Sa*	9:00 am – 9:45 am	\$120/\$150
313000.SB	1.5 – 3	11/1 – 12/20	Sa*	11:00 am – 11:45 am	\$120/\$150
413000.SA	1.5 – 3	1/10 – 2/28	Sa	9:00 am – 9:45 am	\$137/\$171
413000.SB	1.5 – 3	1/10 – 2/28	Sa	11:00 am – 11:45 am	\$137/\$171

**Location:** Recreation Center Preschool Room

313000.TA	1.5 – 3	10/28 – 12/16	Tu	10:00 am – 10:45 am	\$137/\$171
313000.WA	1.5 – 3	10/29 – 12/17	W	9:00 am – 9:45 am	\$137/\$171
313000.HA	1.5 – 3	10/30 – 12/18	Th*	10:00 am – 10:45 am	\$120/\$150
313000.FA	1.5 – 3	10/31 – 12/19	F*	9:00 am – 9:45 am	\$120/\$150
313000.FC	1.5 – 3	10/31 – 12/19	F*	5:30 pm – 6:15 pm	\$120/\$150
413000.TA	1.5 – 3	1/6 – 2/24	Tu	10:00 am – 10:45 am	\$137/\$171
413000.WA	1.5 – 3	1/7 – 2/25	W	9:00 am – 9:45 am	\$137/\$171
413000.HA	1.5 – 3	1/8 – 2/26	Th	10:00 am – 10:45 am	\$137/\$171
413000.FA	1.5 – 3	1/9 – 2/27	F	9:00 am – 9:45 am	\$137/\$171
413000.FC	1.5 – 3	1/9 – 2/27	F	5:30 pm – 6:15 pm	\$137/\$171

\*No class 11/27, 11/28, 11/29



Preschool Gymnastics



**TinyTots TRY IT!** (3 – 4 years)

Children will have an introduction to gymnastic equipment with an emphasis on creative movement activities and organized circuit play. Instructors will lead a warm-up, and then rotate groups around events or circuits so that students may learn their movements and positions.

**Instructor:** California Sports Center

**Location:** Recreation Center Preschool Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
313010.MA	3-4	10/27-12/15	M	4:30 pm – 5:15 pm	\$137/\$171
313010.MB	3-4	10/27-12/15	M	6:30 pm – 7:15 pm	\$137/\$171
313010.TA	3-4	10/28-12/16	Tu	9:00 am – 9:45 am	\$137/\$171
313010.TC	3-4	10/28-12/16	Tu	11:00 am – 11:45 am	\$137/\$171
313010.TD	3-4	10/28-12/16	Tu	3:30 pm – 4:15 pm	\$137/\$171
313010.TF	3-4	10/28-12/16	Tu	5:30 pm – 6:15 pm	\$137/\$171
313010.WA	3-4	10/29-12/17	W	10:00 am – 10:45 am	\$137/\$171
313010.WB	3-4	10/29-12/17	W	11:00 am – 11:45 am	\$137/\$171
313010.WC	3-4	10/29-12/17	W	3:30 pm – 4:15 pm	\$137/\$171
313010.WD	3-4	10/29-12/17	W	6:30 pm – 7:15 pm	\$137/\$171
313010.HA	3-4	10/30-12/18	Th*	9:00 am – 9:45 am	\$120/\$150
313010.HB	3-4	10/30-12/18	Th*	11:00 am – 11:45 am	\$120/\$150
313010.HC	3-4	10/30-12/18	Th*	3:30 pm – 4:15 pm	\$120/\$150
313010.HD	3-4	10/30-12/18	Th*	5:30 pm – 6:15 pm	\$120/\$150
313010.FA	3-4	10/31-12/19	F*	10:00 am – 10:45 am	\$120/\$150
313010.FC	3-4	10/31-12/19	F*	11:00 am – 11:45 am	\$120/\$150
313010.FD	3-4	10/31-12/19	F*	4:30 pm – 5:15 pm	\$120/\$150
313010.SA	3-4	11/1-12/20	Sa*	9:00 am – 9:45 am	\$120/\$150
313010.SB	3-4	11/1-12/20	Sa*	11:00 am – 11:45 am	\$120/\$150
413010.MA	3-4	1/5-2/23	M*	4:30 pm – 5:15 pm	\$120/\$150
413010.MB	3-4	1/5-2/23	M*	6:30 pm – 7:15 pm	\$120/\$150
413010.TA	3-4	1/6-2/24	Tu	9:00 am – 9:45 am	\$137/\$171
413010.TC	3-4	1/6-2/24	Tu	11:00 am – 11:45 am	\$137/\$171
413010.TD	3-4	1/6-2/24	Tu	3:30 pm – 4:15 pm	\$137/\$171
413010.TF	3-4	1/6-2/24	Tu	5:30 pm – 6:15 pm	\$137/\$171
413010.WA	3-4	1/7-2/25	W	10:00 am – 10:45 am	\$137/\$171
413010.WB	3-4	1/7-2/25	W	11:00 am – 11:45 am	\$137/\$171
413010.WC	3-4	1/7-2/25	W	3:30 pm – 4:15 pm	\$137/\$171
413010.WD	3-4	1/7-2/25	W	6:30 pm – 7:15 pm	\$137/\$171
413010.HA	3-4	1/8-2/26	Th	9:00 am – 9:45 am	\$137/\$171
413010.HB	3-4	1/8-2/26	Th	11:00 am – 11:45 am	\$137/\$171
413010.HC	3-4	1/8-2/26	Th	3:30 pm – 4:15 pm	\$137/\$171
413010.HD	3-4	1/8-2/26	Th	5:30 pm – 6:15 pm	\$137/\$171
413010.FA	3-4	1/9-2/27	F	10:00 am – 10:45 am	\$137/\$171
413010.FC	3-4	1/9-2/27	F	11:00 am – 11:45 am	\$137/\$171
413010.FD	3-4	1/9-2/27	F	4:30 pm – 5:15 pm	\$137/\$171
413010.SA	3-4	1/10-2/28	Sa	9:00 am – 9:45 am	\$137/\$171
413010.SB	3-4	1/10-2/28	Sa	11:00 am – 11:45 am	\$137/\$171

\*No class 11/27, 11/28, 11/29, 2/16



Preschool enrichment classes like TinyTots Gymnastics provide opportunities for very young children to receive support from non-parent adults. **(Asset #3)**

[41assets.inSunnyvale.com](http://41assets.inSunnyvale.com)



Preschool Gymnastics

**TumbleTots TRY IT!** (4 – 5 years)

Children will have an introduction to gymnastic equipment with an emphasis on creative movement activities and organized circuit play. Instructors will lead a warm-up, and then rotate groups around events or circuits so that students may learn their movements and positions.

**Instructor:** California Sports Center

**Location:** Recreation Center Preschool Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
313020.MA	4-5	10/27-12/15	M	3:30 pm – 4:15 pm	\$137/\$171
313020.MB	4-5	10/27-12/15	M	5:30 pm – 6:15 pm	\$137/\$171
313020.TA	4-5	10/28-12/16	Tu	9:00 am – 9:45 am	\$137/\$171
313020.TB	4-5	10/28-12/16	Tu	11:00 am – 11:45 am	\$137/\$171
313020.TC	4-5	10/28-12/16	Tu	3:30 pm – 4:15 pm	\$137/\$171
313020.TD	4-5	10/28-12/16	Tu	4:30 pm – 5:15 pm	\$137/\$171
313020.TE	4-5	10/28-12/16	Tu	5:30 pm – 6:15 pm	\$137/\$171
313020.TF	4-5	10/28-12/16	Tu	6:30 pm – 7:15 pm	\$137/\$171
313020.WA	4-5	10/29-12/17	W	10:00 am – 10:45 am	\$137/\$171
313020.WB	4-5	10/29-12/17	W	11:00 am – 11:45 am	\$137/\$171
313020.WC	4-5	10/29-12/17	W	4:30 pm – 5:15 pm	\$137/\$171
313020.WD	4-5	10/29-12/17	W	5:30 pm – 6:15 pm	\$137/\$171
313020.HA	4-5	10/30-12/18	Th*	9:00 am – 9:45 am	\$120/\$150
313020.HC	4-5	10/30-12/18	Th*	11:00 am – 11:45 am	\$120/\$150
313020.HD	4-5	10/30-12/18	Th*	3:30 pm – 4:15 pm	\$120/\$150
313020.HE	4-5	10/30-12/18	Th*	4:30 pm – 5:15 pm	\$120/\$150
313020.HF	4-5	10/30-12/18	Th*	6:30 pm – 7:15 pm	\$120/\$150
313020.FA	4-5	10/31-12/19	F*	10:00 am – 10:45 am	\$120/\$150
313020.FB	4-5	10/31-12/19	F*	3:30 pm – 4:15 pm	\$120/\$150
313020.SA	4-5	11/1-12/20	Sa*	10:00 am – 10:45 am	\$120/\$150
313020.SB	4-5	11/1-12/20	Sa*	12:00 pm – 12:45 pm	\$120/\$150
413020.MA	4-5	1/5-2/23	M*	3:30 pm – 4:15 pm	\$120/\$150
413020.MB	4-5	1/5-2/23	M*	5:30 pm – 6:15 pm	\$120/\$150
413020.TA	4-5	1/6-2/24	Tu	9:00 am – 9:45 am	\$137/\$171
413020.TB	4-5	1/6-2/24	Tu	11:00 am – 11:45 am	\$137/\$171
413020.TC	4-5	1/6-2/24	Tu	3:30 pm – 4:15 pm	\$137/\$171
413020.TD	4-5	1/6-2/24	Tu	4:30 pm – 5:15 pm	\$137/\$171
413020.TE	4-5	1/6-2/24	Tu	5:30 pm – 6:15 pm	\$137/\$171
413020.TF	4-5	1/6-2/24	Tu	6:30 pm – 7:15 pm	\$137/\$171
413020.WB	4-5	1/7-2/25	W	10:00 am – 10:45 am	\$137/\$171

413020.WC	4 – 5	1/7 – 2/25	W	4:30 pm – 5:15 pm	\$137/\$171
413020.WD	4 – 5	1/7 – 2/25	W	5:30 pm – 6:15 pm	\$137/\$171
413020.HA	4 – 5	1/8 – 2/26	Th	9:00 am – 9:45 am	\$137/\$171
413020.HC	4 – 5	1/8 – 2/26	Th	11:00 am – 11:45 am	\$137/\$171
413020.HD	4 – 5	1/8 – 2/26	Th	3:30 pm – 4:15 pm	\$137/\$171
413020.HE	4 – 5	1/8 – 2/26	Th	4:30 pm – 5:15 pm	\$137/\$171
413020.HF	4 – 5	1/8 – 2/26	Th	6:30 pm – 7:15 pm	\$137/\$171
413020.FA	4 – 5	1/9 – 2/27	F	10:00 am – 10:45 am	\$137/\$171
413020.FB	4 – 5	1/9 – 2/27	F	3:30 pm – 4:15 pm	\$137/\$171
413020.SA	4 – 5	1/10 – 2/28	Sa	10:00 am – 10:45 am	\$137/\$171
413020.SB	4 – 5	1/10 – 2/28	Sa	12:00 pm – 12:45 pm	\$137/\$171

\*No class 11/27, 11/28, 11/29, 2/16

For Gymnastics Pre-Rec for ages 5 – 6, see page 12.

## Dance

### Important Information About Our Dance Classes

#### Girls' Attire

- Leotard and tights are required for any class that includes ballet or tap.
- T-shirt and shorts, jazz pants and leggings are acceptable for all other classes.

#### Boys' Attire

- T-shirt and shorts or sweatpants are acceptable for all classes.

#### Shoes

- For safety reasons, all students are required to wear shoes appropriate for each class. Students will not be allowed to participate without proper shoes.
- Ballet shoes with leather soles are required for any class that includes ballet. Ballet-style bedroom slippers are not acceptable.
- Tap shoes are required for any class that includes tap. However, tap shoes are not necessary until the second class meeting.
- Jazz shoes or tennis shoes are acceptable for hip hop and cheer dance classes.
- For Dancing Together, Tiny Tots Ballet and Hip Hop Boogie, students may also dance barefoot or in Robeez-type shoes with soft leather soles.
- For a list of South Bay stores which carry dance shoes, call the arts coordinator at (408) 730-7758.

#### Parent Observations

Parents are welcome to observe the final class meeting of each term. Unless specifically allowed in the class description, parents are not permitted in the studio during class. We encourage parents to wait in the Dance Studio Lobby, particularly if they are concerned that their child may experience separation anxiety.

#### Other Questions

Please call the arts coordinator at (408) 730-7758.



Super Safari is a play-based program designed to provide children with their first experience in a structured environment. Super Safari runs September through early June, following the Sunnyvale School District holiday schedule. Our goal is to encourage your child's imagination and creativity through a play-based learning environment. Our experience staff will lead a variety of hands-on activities in art, language, storytelling, math readiness, circle time and music movement. Children must be toilet trained by the first day of class. For detailed information on class programs, days and times, visit [Preschool.inSunnyvale.com](http://Preschool.inSunnyvale.com).

### Information Nights

#### 2015/2016 School Year.

Tour our classrooms and learn more about the Super Safari program. We offer an Information Night specific to each class. Please reserve your spot by calling (408) 730-7374.

#### Cheetahs

(Ages 3 – 4)

#### Meets Tuesday/Thursday mornings

Las Palmas Park Building, 850 Russett Park Drive  
Information Night: Thursday, 2/5, 5:30-6:30 p.m.

#### Lion Cubs

(Ages 3)

#### Meets Tuesday/Thursday mornings

Serra Park Building, 730 The Dalles  
Information Night: Tuesday, 2/10, 5:30-6:30 p.m.

#### Giraffes

(Ages 3 – 4)

#### Meets Monday, Wednesday and Friday mornings

Las Palmas Park Building, 850 Russett Park Drive  
Information Night: Wednesday, 2/4, 5:30-6:30 p.m.

#### Tigers

(Ages 4 – 5)

#### Meets Monday, Wednesday and Friday mornings

Serra Park Building, 730 The Dalles  
Information Night: Monday, 2/11, 5:30-6:30 p.m.

#### Tigers

(Ages 4 – 5)

#### Meets Monday, Wednesday and Friday mornings

Ortega Park Building, 636 Harrow Way  
Information Night: Wednesday, 2/9, 5:30-6:30 p.m.

### Preschool Classes at Murphy Park

(Ages 3 – 5)

Check [Preschool.inSunnyvale.com](http://Preschool.inSunnyvale.com) for our schedule at our new preschool location, Murphy Park, 250 N. Sunnyvale Ave.

#### Enrollment for the 2015/16 School Year begins:

Current Super Safari participants ..... February 23, 2015  
New participants who are Sunnyvale residents ..... March 2, 2015  
New participants who are non-residents ..... March 9, 2015



Preschool Ballet/Tap

**Dancing Together** (1.5 – 3 years)

Dance hand in hand with your child! The instructor will guide you both through listening and movement activities and dances. Scarves, teddy bears, magic wands and other props add to the fun. Parent or caregiver participation is required.

**Instructor:** Dance Force Kids  
**Location:** Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
314020.WA	1.5 – 3	11/5 – 12/10	W*	9:30 am – 10:00 am	\$59/\$74
414020.WA	1.5 – 3	1/7-2/11	W	9:30 am – 10:00 am	\$79/\$99

\*No class 11/26

**Hip Hop Boogie** (2 – 3 years)

Bounce, jump and spin! Basic hip hop moves are set to fun kids' music in this energetic and action-packed class, designed to build confidence, coordination and rhythm. Class concludes with an in-class performance for family and friends. Prerequisite: Children should be ready to take class independently, while a parent or caregiver waits outside the classroom.

**Instructor:** Dance Force Kids  
**Location:** Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
314330.MA	2 – 3	11/3 – 12/8	M	10:00 am – 10:30 am	\$79/\$99
314330.WP	2 – 3	11/5 – 12/10	W*	3:30 pm – 4:15 pm	\$69/\$86
314330.SC	2 – 3	11/1 – 12/13	Sa*	10:30 am – 11:00 am	\$79/\$99
414330.MA	2 – 3	1/5 – 2/9	M*	10:00 am – 10:30 am	\$69/\$86
414330.WP	2 – 3	1/7 – 2/11	W	3:30 pm – 4:15 pm	\$89/\$111
414330.SC	2 – 3	1/3 – 2/7	Sa	10:30 am – 11:00 am	\$79/\$99

\*No class 11/26, 11/29, 1/19

**For Kids' Hip Hop dance for ages 5 – 8, see page 15.**

**Ballet/Tap** (3 – 6 years)

Let your little performer try both ballet and tap steps with fun dance activities like tippy toe turns, alligator walks and magic garden dances. Students will learn basic ballet and tap steps and dance terminology. Class concludes with an in-class performance for family and friends. Ballet and tap shoes are required. No experience required for Level 1 classes.

**Instructor:** Dance Force Kids  
**Location:** Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
314421.MC	1	3 – 5	11/3 – 12/8	M	11:10 am – 11:55 am	\$89/\$111
314421.JQ	1	4 – 6	11/6 – 12/11	Th*	4:20 pm – 5:05 pm	\$69/\$86
314421.SB	1	3 – 5	11/1 – 12/13	Sa*	9:40 am – 10:25 am	\$89/\$111
414421.MC	1	3 – 5	1/5 – 2/9	M*	11:10 am – 11:55 am	\$69/\$86
414421.JQ	1	4 – 6	1/8 – 2/12	Th	4:20 pm – 5:05 pm	\$89/\$111
414421.SB	1	3 – 5	1/3 – 2/7	Sa	9:40 am – 10:25 am	\$89/\$111

\*No class 11/27, 11/29, 1/19

**For Ballet/Tap for ages 4 – 7, see page 15.**

**Tiny Tot Ballet** (2 – 3 years)

Little dancers take their first ballet steps! Magic wands, teddy bears and tutus are all part of the fun, as students are introduced to ballet steps, creative movement and dance terminology. Prerequisite: Children should be ready to take class independently, while a parent or caregiver waits outside the classroom. Class concludes with an in-class demonstration for family and friends.

**Instructor:** Dance Force Kids  
**Location:** Theatre Dance Studio

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
314401.MB	Beg	2 – 3	11/3 – 12/8	M	10:35 am – 11:05 am	\$79/\$99
314401.WC	Beg	2 – 3	11/5 – 12/10	W*	10:55 am – 11:25 am	\$59/\$74
314401.WR	Beg	2 – 3	11/5 – 12/10	W*	5:10 pm – 5:40 pm	\$59/\$74
314401.SA	Beg	2 – 3	11/1 – 12/13	Sa*	9:05 am – 9:35 am	\$79/\$99
414401.MB	Beg	2 – 3	1/5 – 2/9	M*	10:35 am – 11:05 am	\$59/\$74
414401.WC	Beg	2 – 3	1/7 – 2/11	W	10:55 am – 11:25 am	\$79/\$99
414401.WR	Beg	2 – 3	1/7 – 2/11	W	5:10 pm – 5:40 pm	\$79/\$99
414401.SA	Beg	2 – 3	1/3 – 2/7	Sa	9:05 am – 9:35 am	\$79/\$99

\*No class 11/26, 11/29, 1/19

**Princess Pre-Ballet** (3 – 5 years)

Little princesses will love the themed props and music featured in this imaginative ballet and creative movement class. Students are introduced to ballet steps, across-the-floor movement and dance combinations, developing grace and confidence along the way. Class concludes with an in-class performance for family and friends.

**Instructor:** Dance Force Kids  
**Location:** Theatre Dance Studio

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
314510.WB	3 – 5	11/5 – 12/10	W*	10:05 am – 10:50 am	\$69/\$86
314510.JP	3 – 5	11/6 – 12/11	Th*	3:30 pm – 4:15 pm	\$69/\$86
314510.SD	3 – 5	11/1 – 12/13	Sa*	11:05 am – 11:50 am	\$89/\$111
314510.SF	3 – 5	11/1 – 12/13	Sa*	12:50 pm – 1:35 pm	\$89/\$111
414510.WB	3 – 5	1/7 – 2/11	W	10:05 am – 10:50 am	\$89/\$111
414510.JP	3 – 5	1/8 – 2/12	Th	3:30 pm – 4:15 pm	\$89/\$111
414510.SD	3 – 5	1/3 – 2/7	Sa	11:05 am – 11:50 am	\$89/\$111
414510.SF	3 – 5	1/3 – 2/7	Sa	12:50 pm – 1:35 pm	\$89/\$111

\*No class 11/26, 11/27, 11/29

For Princess Pre-Ballet for ages 4 – 7, see page 15.

## Music & Performing Arts

### Abacadabra Kids

(4 – 6 years)

Turn an ordinary evening into magic with the wave of a wand. Learn to perform simple “self-working” magic tricks with your child. Wertman the Wizard will also entertain the class with a few tricks of his own. Parent or caregiver participation is required. No unregistered siblings in the classroom. Non-refundable materials fee of \$5 due at workshop. One and two day classes are non-refundable and non-transferable.

**Instructor:** Larry Wertman

**Location:** Creative Arts Center Program Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
314670.3P	4 – 6	11/20	Th	3:30 pm – 4:40 pm	\$19/\$25
414670.7Q	4 – 6	2/11	W	6:30 pm – 7:40 pm	\$19/\$25

### Discovering Drums

(3 – 6 years)

When your littlest drummer is ready to graduate from pots and pans to the real thing, explore percussion instruments specifically designed for small hands. This class emphasizes fun music experiences and an intro to music vocabulary, note values and the musical scale. Instruments used in class vary each term. Parent participation is welcome, but not required.

**Instructor:** Groove Academy of Drumming

**Location:** Santa Clara Vanguard Hall, 1765 Space Park Drive, Santa Clara

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
414860.MA	3 – 6	1/26 – 3/23	M*	10:00 am – 10:30 am	\$129/\$161
414860.MB	3 – 6	1/26 – 3/23	M*	10:45 am – 11:15 am	\$129/\$161
414860.MC	3 – 6	1/26 – 3/23	M*	11:30 am – 12:00 pm	\$129/\$161
414860.MP	3 – 6	1/26 – 3/23	M*	4:00 pm – 4:30 pm	\$129/\$161
414860.TA	3 – 6	1/27 – 3/24	Tu	10:00 am – 10:30 am	\$129/\$161
414860.TB	3 – 6	1/27 – 3/24	Tu	10:45 am – 11:15 am	\$129/\$161
414860.TC	3 – 6	1/27 – 3/24	Tu	11:30 am – 12:00 pm	\$129/\$161

\*No class 2/16

# 41 developmental assets

Preschool music classes encourage children to become involved in creative activities at an early age. Project Cornerstone recommends young people spend three or more hours a week on music, dance or art activities. **(Asset #17)**

[41assets.inSunnyvale.com](http://41assets.inSunnyvale.com)



Preschool

## Parents/Caregivers

Are you looking for

Parenting Workshops?

Child Care & Parent Resources in Sunnyvale?

Child Care Provider Workshops?

Contact Youth and Family Resources at (408) 730-7800

[Childcare.inSunnyvale.com](http://Childcare.inSunnyvale.com)



**Music Together TRY IT!** (Birth – 4 years)

Sing, chant, clap, dance and play simple instruments together as a family! Through guided musical play, your child will learn to imitate tonal patterns and rhythms and begin to sing in tune. Learn to incorporate music into daily home life and encourage young children's natural musical development. International and historical song repertoire changes each term. Non-refundable materials fee of \$45 is due at first class. Siblings ages 0-8 months may attend at no charge, but registration must be done in person at the Sunnyvale Community Center.

**Instructor:** Music For Families

**Location:** Creative Arts Center Meeting Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
414800.TA	0-4	1/6-3/17	Tu	9:30 am – 10:15 am	\$182/\$228
414800.TB	0-4	1/6-3/17	Tu	10:30 am – 11:15 am	\$182/\$228
414800.WA	0-4	1/7-3/18	W	9:30 am – 10:15 am	\$182/\$228
414800.WB	0-4	1/7-3/18	W	10:30 am – 11:15 am	\$182/\$228
414800.JP	0-4	1/8-3/19	Th	4:30 pm – 5:15 pm	\$182/\$228
414800.JQ	0-4	1/8-3/19	Th	5:30 pm – 6:15 pm	\$182/\$228
414800.FA	0-4	1/9-3/20	F	9:30 am – 10:15 am	\$182/\$228
414800.FB	0-4	1/9-3/20	F	10:30 am – 11:15 am	\$182/\$228
414800.SA	0-4	1/10-3/21	Sa	9:30 am – 10:15 am	\$182/\$228
414800.SA	0-4	1/10-3/21	Sa	10:30 am – 11:15 am	\$182/\$228



Music Together

**Piano Keyboard Parent & Child** (3 – 5 years)

Help your young child learn basic piano skills, theory and music reading. Parent participation is required. Each student will have a keyboard for use in class; headphones with ¼" adapter required. Access to a piano or keyboard for practice between lessons is essential for progress.

**Level 1 – Beethoven Beginners:** Students with no previous experience learn the basics of piano in a fun group setting. Pre-order non-refundable book for \$18 online at [www.noteworthymusicsschool.org](http://www.noteworthymusicsschool.org) and pick up at first class. Or purchase book on first day only with cash or check payable to Noteworthy Music School.

**Level 2 – Mozart Masters:** Students who have completed a level 1 session or have prior piano experience continue their studies with weekly one-on-one coaching from teacher.

**Instructor:** Noteworthy Music School

**Location:** Creative Arts Center Meeting Room

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
314851.FP	1	3-5	11/7-12/19	F*	2:00 pm – 2:45 pm	\$59/\$74
314852.FQ	2	3-5	11/7-12/19	F*	2:45 pm – 3:30 pm	\$59/\$74
414851.FP	1	3-5	1/9-2/27	F	2:00 pm – 2:45 pm	\$99/\$124
414852.FQ	2	3-5	1/9-2/27	F	2:45 pm – 3:30 pm	\$99/\$124

\*No class 11/28

**Melody's Group Piano** (4 – 6 years)

Children develop piano keyboard skills and general music ability, including singing, ear-training, music theory, rhythm, sight-reading through a variety of activities. Older children also try composition. Class concludes with a piano recital. Non-refundable materials fee of \$45 due at first class meeting. Parents are required to attend weekly with their children. Children should have access to a keyboard or piano to practice between lessons.

**Instructor:** Melody Academy of Music

**Location:** Melody Academy Cupertino, 1299 Water Lily Way #10, San Jose

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
414901.C1	Beg	4-6	1/13-2/17	Tu	4:30 pm – 5:15 pm	\$144/\$180
414901.C2	Beg	4-6	2/4-3/11	W	4:30 pm – 5:15 pm	\$144/\$180
414901.C3	Beg	4-6	2/22-3/29	Su	10:00 am – 10:45 pm	\$144/\$180

**Melody's Todd-o-Piano** (3 – 4 years)

Children develop piano keyboard skills and general music ability, including singing, ear-training, music theory, rhythm, sight-reading through a variety of activities. Older children also try composition. Class concludes with a piano recital. Non-refundable materials fee of \$45 due at first class meeting. Parents are required to attend weekly with their children. Children should have access to a keyboard or piano to practice between lessons.

**Instructor:** Melody Academy of Music

**Location:** Melody Academy Cupertino, 1299 Water Lily Way #10, San Jose

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
414900.C3	3-4	2/9-3/16	M*	9:30 am – 10:15 am	\$144/\$180
414900.C1	3-4	1/6-2/10	Tu	9:30 am – 10:15 am	\$144/\$180
414900.C4	3-4	2/26-4/2	Th	9:30 am – 10:15 am	\$144/\$180
414900.C2	3-4	1/23-2/27	F	9:30 am – 10:15 am	\$144/\$180

\* No class 2/16.

## Special Interest

### Big/Lil' Chefs

(2.5 – 4.5 years)

Cook simple recipes with your Mom, Dad or caretaker! This class incorporates monthly themed recipes, age-appropriate culinary skills, basic nutrition, stories and circle time. Sample what you cook at each class. Parent participation required. Parents may accompany up to 2 children. Vegetarian and special diets welcome. Please contact Young Chefs Academy at 408-738-CHEF before first meeting to make special arrangements. A non-refundable supply fee will be collected at the first class meeting (\$45 for November/December classes, \$50 for January/February classes).

**Instructor:** Young Chefs Academy

**Location:** Young Chefs Academy, 1336 S. Mary Avenue, Sunnyvale

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
317121.WA	Beg	2.5 – 4.5	10/29 – 12/10	W*	6:00 pm – 7:00 pm	\$90/\$113
317121.JA	Beg	2.5 – 4.5	10/30 – 12/11	Th*	9:30 am – 10:30 am	\$90/\$113
317121.FA	Beg	2.5 – 4.5	10/31 – 12/12	F*	10:30 am – 11:30 am	\$90/\$113
317121.SA	Beg	2.5 – 4.5	11/1 – 12/13	Sa*	9:00 am – 10:00 am	\$90/\$113
317121.SU	Beg	2.5 – 4.5	11/2 – 12/14	Su*	9:30 am – 10:30 am	\$90/\$113
417121.WA	Beg	2.5 – 4.5	1/7 – 2/25	W*	6:00 pm – 7:00 pm	\$100/\$125
417121.JA	Beg	2.5 – 4.5	1/8 – 2/26	Th*	9:30 am – 10:30 am	\$100/\$125
417121.FA	Beg	2.5 – 4.5	1/9 – 2/27	F*	10:30 am – 11:30 am	\$100/\$125
417121.SA	Beg	2.5 – 4.5	1/10 – 2/28	Sa*	9:00 am – 10:00 am	\$100/\$125
417121.SU	Beg	2.5 – 4.5	1/11 – 3/1	Su*	9:30 am – 10:30 am	\$100/\$125

\*No class 11/26, 11/27, 11/28, 11/29, 11/30, 2/14, 2/15, 2/18, 2/19, 2/20

## Sports & Fitness

### FTSA Parent/Child

(1.5 – 4 years)

This class is designed to encourage young children to get involved with a variety of sports such as basketball, t-ball, hockey and soccer. Children will develop gross motor skills, hand-eye coordination, and socialization skills. The last ten minutes of class will be devoted to story time. This class requires parent participation. Please wear comfortable athletic clothing and gym shoes (no black soled shoes allowed).

**Instructor:** Fun Tyme Sports Academy

**Location:** Indoor Sports Center

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
318550.RA	1.5 – 4	11/6 – 12/18	Th*	10:15 am – 11:00 am	\$102/\$128
318550.FA	1.5 – 4	11/7 – 12/19	F*	10:15 am – 11:00 am	\$102/\$128
418550.RA	1.5 – 4	1/15 – 2/26	Th	10:15 am – 11:00 am	\$122/\$153
418550.FA	1.5 – 4	1/16 – 2/27	F	10:15 am – 11:00 am	\$122/\$153

\*No class 11/27, 11/28

### Ice Skating Parent/Child

(3-4years)

Learn to ice skate together. Classes are geared to the child's level, so parents will learn quickly in this six week course. Children must be between 3-4years old. Cost includes skate rental for both parent and child, a 30 minute lesson from 10:00-10:30AM and practice from 10:30-11:00AM. Be sure to dress warmly, wear gloves and thick socks. No registrations will be accepted after the first class meeting. No exceptions will be made.

**Instructor:** Ice Center Staff

**Location:** Ice Center, Vallco Mall, 10123 N. Wolfe Road, Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
417411.WA	Beg	3-4yrs	1/7-2/11	W	10:00am-10:30am	\$82/\$103

### Little Tigers Taekwondo

(4 – 6 years)

The main training emphasis is on motor skills and coordination, learning focus drills such as directions, task completion and learning basic/intermediate kicking and punching concepts. Uniform, equipment, and testing are an additional fee. Tiger uniform required after first class and can be purchased from the instructor.

**Instructor:** Chris Hung

**Location:** Cala Center Dojang, 1111 W. El Camino Real #117, Sunnyvale

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
318501.MA	Beg	4 – 6	10/27 – 12/8	M	3:00 pm – 3:30 pm	\$109/\$136
318501.WA	Beg	4 – 6	10/29 – 12/10	W	3:00 pm – 3:30 pm	\$109/\$136
318501.SA	Beg	4 – 6	10/25 – 12/13	Sa*	10:00 am – 10:30 am	\$93/\$116
418501.MA	Beg	4 – 6	1/5 – 2/23	M*	3:00 pm – 3:30 pm	\$112/\$140
418501.WA	Beg	4 – 6	1/7 – 2/18	W	3:00 pm – 3:30 pm	\$112/\$140
418501.SA	Beg	4 – 6	1/10 – 2/21	Sa	10:00 am – 10:30 am	\$112/\$140

\*No class 11/29, 1/19



Little Tigers Taekwondo

### Skyhawks Mini-Hawk

(4 – 7 years)

This multi-sport program was developed to give children a positive first step into athletics. The essentials of basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow participants to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff is trained to handle the specific needs of young athletes. Participants should bring: Appropriate clothing, athletic shoes, sunscreen, and water bottle.

**Instructor:** Skyhawks Sports Academy

**Location:** Sunnyvale Middle School

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
318561.SA	Beg	4 – 7	11/2 – 12/14	Su*	10:00 am – 11:00 am	\$149/\$186
418561.SA	Beg	4 – 7	1/11 – 2/22	Su*	10:00 am – 11:00 am	\$149/\$186

\*No class 11/30, 2/15

### Smash Gym Brazilian Jiu-Jitsu

(5 – 6 years)

Little Smashers learn ground grappling and take-downs from expert instructors. These high-energy classes are organized with an emphasis on increasing coordination and athleticism. Instructors teach proper Brazilian jiu-jitsu, judo and wrestling techniques in a fun, safe environment. Uniform purchase is required, \$79.

**Instructor:** Smash Gym Staff

**Location:** Smash Gym, 1239 Reamwood Drive, Sunnyvale

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
318502.WA	Int/Adv	5 – 6	10/29 – 12/17	W	4:00 pm – 4:30 pm	\$133/\$166
418502.WA	Int/Adv	5 – 6	1/7 – 2/25	W	4:00 pm – 4:30 pm	\$133/\$166



Futsal Indoor Soccer

**Futsal Indoor Soccer**

(3.5 – 5 years)

Futsal is a fun, fast-paced 5v5 soccer game, played indoors within the lines of a basketball court (no walls), using a small, size 3, low-bounce ball. In this class players participate in fun educational games. Classes focus on increasing balance, coordination and fundamental futsal skills. We utilize creative fun activities to help kids to cooperate in a group setting and build self esteem in our fun low-pressure environment.

**Instructor:** Futsal Kingz

**Location:** Indoor Sports Center

Class #	Level	Ages	Dates	Day	Time	Fee (Res/NR)
318661.RA	Beg	3.5 – 4	11/6 – 12/18	Th*	3:10 pm – 3:45 pm	\$86/\$108
318661.RB	Beg	4 – 5	11/6 – 12/18	Th*	3:10 pm – 3:45 pm	\$86/\$108
418661.WA	Beg	3.5 – 4	1/7 – 2/25	Th	3:10 pm – 3:45 pm	\$118/\$148
418661.WB	Beg	4 – 5	1/7 – 2/25	Th	3:10 pm – 3:45 pm	\$118/\$148
418661.RA	Beg	3.5 – 4	1/8 – 2/26	Th	3:10 pm – 3:45 pm	\$118/\$148
418661.RB	Beg	4 – 5	1/8 – 2/26	Th	3:10 pm – 3:45 pm	\$118/\$148

\*No class 11/27

**Kidz Love Soccer**

(3.5 – 5 years)

Children learn age-appropriate skills and techniques of the “World’s Most Popular Sport” in a non-competitive environment, which encourages development of large motor skills, socialization skills and self-esteem. Shin guards are required after the first meeting. Note: During questionable weather, please call 1-888-372-5803 one-half hour before classes (or by 6pm) for class information.

**Instructor:** Kidz Love Soccer

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
318660.TE	3.5 – 4	11/11 – 12/9	Tu	6:25 pm – 7:00 pm	\$68/\$85
318660.TF	4 – 5	11/11 – 12/9	Tu	6:25 pm – 7:00 pm	\$68/\$85

**Location:** Lakewood Park

318660.FA	4 – 5	11/14 – 12/19	F*	4:30 pm – 5:05 pm	\$68/\$85
318660.FB	3.5 – 4	11/14 – 12/19	F*	4:30 pm – 5:05 pm	\$68/\$85
418660.FA	4 – 5	1/23 – 2/27	F	4:30 pm – 5:05 pm	\$79/\$99
418660.FB	3.5 – 4	1/23 – 2/27	F	4:30 pm – 5:05 pm	\$79/\$99

**Location:** Las Palmas Park

318660.TA	3.5 – 4	11/11 – 12/9	Tu	10:00 am – 10:30 am	\$68/\$85
318660.TB	4 – 5	11/11 – 12/9	Tu	10:30 am – 11:05 am	\$68/\$85
318660.TC	4 – 5	11/11 – 12/9	Tu	3:10 pm – 3:45 pm	\$68/\$85
318660.TD	3.5 – 4	11/11 – 12/9	Tu	4:30 pm – 5:00 pm	\$68/\$85
418660.TA	3.5 – 4	1/20 – 2/24	Tu	10:00 am – 10:30 am	\$79/\$99
418660.TB	4 – 5	1/20 – 2/24	Tu	10:30 am – 11:05 am	\$79/\$99
418660.TC	4 – 5	1/20 – 2/24	Tu	3:10 pm – 3:45 pm	\$79/\$99
418660.TD	3.5 – 4	1/20 – 2/24	Tu	4:30 pm – 5:00 pm	\$79/\$99

**Location:** Ponderosa Park

318660.RA	4 – 5	11/13 – 12/18	Th*	4:40 pm – 5:15 pm	\$68/\$85
318660.RB	3.5 – 4	11/13 – 12/18	Th*	4:40 pm – 5:15 pm	\$68/\$85
418660.RA	4 – 5	1/22 – 2/26	Th	4:45 pm – 5:20 pm	\$79/\$99
418660.RB	3.5 – 4	1/22 – 2/26	Th	4:45 pm – 5:20 pm	\$79/\$99

**Location:** Serra Park

318660.WA	3.5 – 4	11/12 – 12/10	W	3:05 pm – 3:40 pm	\$68/\$85
318660.WB	4 – 5	11/12 – 12/10	W	3:05 pm – 3:40 pm	\$68/\$85
418660.WA	3.5 – 4	1/21 – 2/25	W	3:10 pm – 3:45 pm	\$79/\$99
418660.WB	4 – 5	1/21 – 2/25	W	3:10 pm – 3:45 pm	\$79/\$99

**Location:** Sunnyvale Middle School

318660.SA	3.5 – 4	11/15 – 12/20	Sa*	9:00 am – 9:30 am	\$68/\$85
318660.SB	4 – 5	11/15 – 12/20	Sa*	9:30 am – 10:05 am	\$68/\$85
318660.SC	4 – 5	11/15 – 12/20	Sa*	11:00 am – 11:35 am	\$68/\$85
418660.SA	3.5 – 4	1/24 – 2/28	Sa	9:00 am – 9:30 am	\$79/\$99
418660.SB	4 – 5	1/24 – 2/28	Sa	9:30 am – 10:05 am	\$79/\$99
418660.SC	4 – 5	1/24 – 2/28	Sa	11:00 am – 11:35 am	\$79/\$99

\*No class 11/27, 11/28, 11/29

**KLS Mommy Daddy & Me**

(2 – 3.5 years)

Your child will participate in fun, age-appropriate activities designed around soccer, the “World’s Most Popular Sport,” which encourages development of large motor skills, socialization skills and self-esteem and you don’t have to watch from the sidelines. Note: During questionable weather, please call 1-888-372-5803 one-half hour before classes (or by 6pm) for class information.

**Instructor:** Kidz Love Soccer

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
318650.TB	2 – 3.5	11/11 – 12/9	Tu	5:45 pm – 6:15 pm	\$68/\$85

**Location:** Cupertino Middle School

**Location:** Las Palmas Park

318650.TA	2 – 3.5	11/11 – 12/9	Tu	11:15 am – 11:45 am	\$68/\$85
418650.TA	2 – 3.5	1/20 – 2/24	Tu	11:15 am – 11:45 am	\$79/\$99

**Location:** Sunnyvale Middle School

318650.SA	2 – 3.5	11/15 – 12/20	Sa*	11:45 am – 12:15 pm	\$68/\$85
318650.SB	2 – 3.5	11/15 – 12/20	Sa*	12:20 pm – 12:50 pm	\$68/\$85
418650.SA	2 – 3.5	1/24 – 2/28	Sa	11:45 am – 12:15 pm	\$79/\$99
418650.SB	2 – 3.5	1/24 – 2/28	Sa	12:20 pm – 12:50 pm	\$79/\$99

\*No class 11/29

**Visual Arts**

**My First Art Class**

**TRY IT!**

(1.5 – 5 years)

Explore five different art stations each week where children can experiment with a variety of different art materials and techniques. Emphasis is on process, not product. New themes and projects will be introduced year round. Parent participation is required. Please do not bring unregistered siblings to class. A non-refundable \$8 supply fee will be collected at first class. Wear clothes that can get messy. Smocks will be available in class.

**Instructor:** My First Art Class

**Location:** Creative Arts Center Art Room

Class #	Ages	Dates	Day	Time	Fee (Res/NR)
319020.TA	1.5 – 3	11/18 – 12/16	Tu*	9:00 am – 10:00 am	\$59/\$74
319020.TB	2 – 5	11/18 – 12/16	Tu*	10:15 am – 11:15 am	\$59/\$74
419020.TA	1.5 – 3	1/6 – 1/27	Tu	9:00 am – 10:00 am	\$59/\$74

419020.TB	2 – 5	1/6 – 1/27	Tu	10:15 am – 11:15 am	\$59/\$74
419020.TC	1.5 – 3	2/3 – 2/24	Tu	9:00 am – 10:00 am	\$59/\$74
419020.TD	2 – 5	2/3 – 2/24	Tu	10:15 am – 11:15 am	\$59/\$74

\*No class 11/25



My First Art Class

# 41 developmental assets

Developmental assets are the positive values, relationships, skills and experiences that help children and teens thrive. Young people with high asset levels are most likely to make healthy choices and develop into successful adults, while those with lower asset levels are more likely to get involved with negative or risky behaviors.

Project Cornerstone, a YMCA of Silicon Valley initiative, has partnered with local organizations, including City of Sunnyvale, to identify and promote the 41 Developmental Assets in youth programs. The 41 Developmental Assets are divided into eight categories, including: Support, Empowerment, Boundaries and Expectations, Constructive Use of Time, Commitment to Learning, Positive Values, Social Competencies and Positive Identity. By incorporating a variety of Developmental Assets into each program or activity, we can measure and monitor young people's readiness for life after high school, including college and career choices – and it all starts as early as preschool. The full list of 41 Developmental Assets may be found online at [www.projectcornerstone.org](http://www.projectcornerstone.org).

Sunnyvale is proud to feature several developmental assets in each of the youth programs we offer. As you browse through this Activity Guide, be on the lookout for our 41 Developmental Assets logo for more on how Sunnyvale's youth programs support this important initiative.

[41assets.inSunnyvale.com](http://41assets.inSunnyvale.com)

## Volunteer Opportunities

Do you have a little time to help out? Volunteering as little as an hour or two a week can make a big difference to the City of Sunnyvale's Community Services division. You can help us serve more children, families, seniors and teens, provide a wider variety of arts, sports and special interest programming, let more people in the community know about our programs and work more efficiently with limited resources.

You'll benefit, too. You'll be doing something meaningful. Share your talents. Keep your skills sharp. Learn something new. Add valuable experience to your resume. Meet new people. Earn community service credits for your volunteer work. And have fun!

We have opportunities for volunteers 13 and older. Please note, adult volunteers (age 18 and older) must be fingerprinted and pass a Department of Justice background check. For special events and other time-sensitive opportunities, we recommend applying three weeks in advance. Teen volunteers (ages 13 – 17) must present consent form in order to volunteer.

### Winter 2014 Volunteer Opportunities:

- Columbia Neighborhood Center, volunteer yoga instructor
- Community Services, outreach table staff
- Library, teen homework helper
- Senior Lunch Program, kitchen help, ongoing
- Senior Center Computer Lab, ongoing
- Senior Center Current Events Instructor, ongoing
- Sunnyvale Youth Basketball League, coaches

These are just some of the volunteer opportunities available. Additional opportunities with the Community Services Division and other City of Sunnyvale divisions are listed online.

[Volunteering.inSunnyvale.com](http://Volunteering.inSunnyvale.com)

(408) 730-7599

