



## Lifetime Tennis at the Sunnyvale Municipal Tennis Center

**Sunnyvale Municipal Tennis Center • 755 South Mathilda Ave. • lifetimetenis.com • (408) 735-7285**

The tennis courts at the Sunnyvale Municipal Tennis Center in Las Palmas Park are available on a pay-as-you-play basis. Fees are based on a higher level of service which includes the ability to reserve courts and the provision of a well-stocked pro shop with racket stringing service. For more information about class descriptions, registration, private lessons and ball machine rental, visit our website at lifetimetenis.com, or call us at (408) 735-7285. Office hours are Monday – Friday, 8 a.m. – 10 p.m., Saturday and Sunday 8 a.m. – 8 p.m.

Unless noted, all classes are held at the Sunnyvale Municipal Tennis Center.



### Youth Tennis Classes

#### Little Tennis & Athletic Development (4 – 6 years)

Student/teacher ratio is 4:1. Session is 5 weeks long. Fee: \$87 resident, \$95 non-resident.

Day	Time (45 Min)	Session I	Code	Session II	Code
M	3:15 – 4:00 p.m.	1/4 - 2/1	5001	2/8 - 3/7	6001
Tu	3:15 – 4:00 p.m.	1/5 - 2/2	5002	2/9 - 3/8	6002
Tu	5:30 – 6:15 p.m.	1/5 - 2/2	5003	2/9 - 3/8	6003
W	3:15 – 4:00 p.m.	1/6 - 2/3	5004	2/10 - 3/9	6004
Th	3:15 – 4:00 p.m.	1/7 - 2/4	5005	2/11 - 3/10	6005
F	5:00 – 5:45 p.m.	1/8 - 2/5	5006	2/12 - 3/11	6006
Sa	8:30 – 9:15 a.m.	1/9 - 2/6	5007	2/13 - 3/12	6007
Sa	9:15 – 10:00 a.m.	1/9 - 2/6	5008	2/13 - 3/12	6008
Su	10:00 – 10:45 a.m.	1/10 - 2/7	5009	2/14 - 3/13	6009
Su	10:45 – 11:30 a.m.	1/10 - 2/7	5010	2/14 - 3/13	6010

#### Little Rallyers (5 – 7 years)

Student/teacher ratio is 4:1. Session is 5 weeks long. Fee: \$115 resident, \$127 non-resident

\*\*\* Instructor recommendation and approval required\*\*\*

Day	Time (1 Hr)	Session I	Code	Session II	Code
Tu	5:30 – 6:30 p.m.	1/5 - 2/2	5011	2/9 - 3/8	6011
W	5:30 – 6:30 p.m.	1/6 - 2/3	5012	2/10 - 3/9	6012
Th	4:00 – 5:00 p.m.	1/7 - 2/4	5013	2/11 - 3/10	6013
F	6:00 – 7:00 p.m.	1/8 - 2/5	5014	2/12 - 3/11	6014
Sa	11:30 – 12:30 p.m.	1/9 - 2/6	5015	2/13 - 3/12	6015
Su	11:30 – 12:30 p.m.	1/10 - 2/7	5016	2/14 - 3/13	6016

#### Youth Tennis Lessons 8:1 Ratio (7 – 15 years)

Student/teacher ratio is 8:1. Session is 5 weeks long. Fee: \$106 resident, \$117 non-resident

Level	Ages	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	7 – 10	M	4:00 – 5:30 p.m.	1/4 - 2/1	5017	2/8 - 3/7	6017
Beg	7 – 10	F	3:30 – 5:00 p.m.	1/8 - 2/5	5018	2/12 - 3/11	6018
Beg	7 – 10	Sa	10:00 – 11:30 a.m.	1/9 - 2/6	5019	2/13 - 3/12	6019
Beg	7 – 10	Su	8:30 – 10:00 a.m.	1/10 - 2/7	5020	2/14 - 3/13	6020
Adv Beg	7 – 10	M	4:00 – 5:30 p.m.	1/4 - 2/1	5021	2/8 - 3/7	6021
Adv Beg	7 – 10	F	3:30 – 5:00 p.m.	1/8 - 2/5	5022	2/12 - 3/11	6022
Adv Beg	7 – 10	Sa	10:00 – 11:30 a.m.	1/9 - 2/6	5023	2/13 - 3/12	6023
Adv Beg	7 – 10	Su	8:30 – 10:00 a.m.	1/10 - 2/7	5024	2/14 - 3/13	6024
Int	7 – 10	M	4:00 – 5:30 p.m.	1/4 - 2/1	5025	2/8 - 3/7	6025
Int	7 – 10	F	3:30 – 5:00 p.m.	1/8 - 2/5	5026	2/12 - 3/11	6026
Int	7 – 10	Sa	10:00 – 11:30 a.m.	1/9 - 2/6	5027	2/13 - 3/12	6027
Int	7 – 10	Su	8:30 – 10:00 a.m.	1/10 - 2/7	5028	2/14 - 3/13	6028
Beg	11 – 15	F	3:30 – 5:00 p.m.	1/8 - 2/5	5029	2/12 - 3/11	6029
Adv Beg	11 – 15	F	3:30 – 5:00 p.m.	1/8 - 2/5	5030	2/12 - 3/11	6030
Int	11 – 15	F	3:30 – 5:00 p.m.	1/8 - 2/5	5031	2/12 - 3/11	6031

#### Home School Tennis **NEW** 4:1 Ratio (7 – 15 years)

Student/teacher ratio is 4:1. Session is 5 weeks long. Fee: \$176 resident, \$193 non-resident.

Level	Age	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg-Adv Beg	7-10	F	9:00 - 10:30 a.m.	1/8 - 2/5	5038	2/12 - 3/11	6038
Beg-Adv Beg	11-15	F	10:30 – 12:00 p.m.	1/8 - 2/5	5039	2/12 - 3/11	6039

#### Youth Tennis Lessons 4:1 Ratio (7 – 15 years)

Student/teacher ratio is 4:1. Session is 5 weeks long. Fee: \$176 resident, \$193 non-resident.

Level	Age	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	7 – 10	Th	4:00 – 5:30 p.m.	1/7 - 2/4	5032	2/11 - 3/10	6032
Adv Beg	7 – 10	Th	4:00 – 5:30 p.m.	1/7 - 2/4	5033	2/11 - 3/10	6033
Int	7 – 10	Th	4:00 – 5:30 p.m.	1/7 - 2/4	5034	2/11 - 3/10	6034
Beg	11 – 15	Sa	2:00 – 3:30 p.m.	1/9 - 2/6	5035	2/13 - 2/12	6035
Adv Beg	11 – 15	Sa	2:00 – 3:30 p.m.	1/9 - 2/6	5036	2/13 - 3/12	6036
Int	11 – 15	Sa	2:00 – 3:30 p.m.	1/9 - 2/6	5037	2/13 - 3/12	6037

#### Tournament Training (7 – 10 years)

Student/teacher ratio is 6:1. Session is 5 weeks long.

Fees: 5 Classes \$141 resident, \$159 non-resident.

For highly motivated 10 and under students. Emphasis on preparing for yellow ball competition.

Students **must attend** a minimum of 2 classes a week.

This program is **invitation only**. For additional details please visit lifetimetenis.com

#### Junior Development Team (10 – 17 years)

Student/teacher ratio is 8:1 (Bronze/Silver) and 6:1 (Gold). Session is 5 weeks long.

Bronze/Silver Fees: \$145 resident, \$159 non-resident.

Gold Fees: \$193 resident, \$213 non-resident.

Matchplay\*\*\* Fees: \$49 resident, \$54 non-resident.

Level	Day	Time (2 Hrs)	Session	Code	Session	Code
Bronze	M	4:00 – 6:00 p.m.	1/4 - 2/1	5040	2/8 - 3/7	6040
Bronze	W	4:00 – 6:00 p.m.	1/6 - 2/3	5041	2/10 - 3/9	6041
Bronze	F	5:00 – 7:00 p.m.	1/8 - 2/5	5042	2/12 - 3/11	6042
Bronze	Sa	2:00 – 4:00 p.m.	1/9 - 2/6	5043	2/13 - 3/12	6043
Silver	W	6:00 – 8:00 p.m.	1/6 - 2/3	5044	2/10 - 3/9	6044
Silver	F	7:00 – 9:00 p.m.	1/8 - 2/5	5045	2/12 - 3/11	6045
Silver	Sa	4:00 – 6:00 p.m.	1/9 - 2/6	5046	2/13 - 3/12	6046
Gold	Tu	6:30 – 8:30 p.m.	1/5 - 2/2	5047	2/9 - 3/8	6047
Gold	Th	6:30 – 8:30 p.m.	1/7 - 2/4	5048	2/11 - 3/10	6048
Gold	Sa	4:00 – 6:00 p.m.	1/9 - 2/6	5049	2/13 - 3/12	6049
Match Play***	Su	4:00 – 5:30 p.m.	1/10 - 2/7	5050	2/14 - 3/13	6050

\*\*\*Must be a currently enrolled Junior Team Member to participate in Match Play.

#### Little Tennis / Little Rallyers Camp (4 – 6 years)

Student/teacher ratio is 4:1 for Little Tennis and Little Rallyers. Optional 1.5 or 3 hour camp. 3 hour morning camp option includes snack break, playground time and other fun motor skill building activities.

Day	Time (1.5 Hrs)	Session	Code	Resident	Non-Resident
M - Th	9:00 a.m. - 10:30 a.m.	2/15 - 2/19	41000	\$141	\$155
Day	Time (3 Hrs)	Session	Code	Resident	Non-Resident
M - Th	9:00 a.m. - 12:00pm	2/15 - 2/19	41001	\$228	\$251

#### Improvement / Match Play Camps (7 – 15 years)

Student/teacher ratio is 8:1 for Improvement and Match Play Camps.

Day	Time (3 Hrs)	Session	Code	Resident	Non-Resident
M - Th	9:00 a.m. - 12:00 p.m.	2/15 - 2/19	41002	\$182	\$206

New Convenient Early Bird Drop-off option 8:00 a.m. - 9:00 a.m. Only \$5 per day. Supervised indoor activities with educational games, tactics, and strategy under the guidance of a Lifetime Tennis instructor.  
\*Must be enrolled in Improvement/Match Play Camp\*

## Adult Tennis Classes

### Adult Tennis Lessons 6:1 Ratio (16+ years)

Student/teacher ratio is 6:1. Session is 5 weeks long. Fee: \$141 resident, \$156 non-resident

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
Beg	M	6:30 – 8:00 p.m.	1/4 - 2/1	5051	2/8 - 3/7	6051
Beg	Tu	8:30 – 10:00 a.m.	1/5 - 2/2	5052	2/9 - 3/8	6052
Beg	W	6:30 – 8:00 p.m.	1/6 - 2/3	5053	2/10 - 3/9	6053
Beg	Sa	8:30 – 10:00 a.m.	1/9 - 2/6	5054	2/13 - 3/12	6054
Beg	Su	8:30 – 10:00 a.m.	1/10 - 2/7	5055	2/14 - 3/13	6055
Adv Beg	M	8:00 – 9:30 p.m.	1/4 - 2/1	5056	2/8 - 3/7	6056
Adv Beg	W	8:30 – 10:00 a.m.	1/6 - 2/3	5057	2/10 - 3/9	6057
Adv Beg	W	8:00 – 9:30 p.m.	1/6 - 2/3	5058	2/10 - 3/9	6058
Adv Beg	Sa	10:00 – 11:30 a.m.	1/9 - 2/6	5059	2/13 - 3/12	6059
Adv Beg	Su	10:00 – 11:30 a.m.	1/10 - 2/7	5060	2/14 - 3/13	6060
Int	M	8:00 – 9:30 p.m.	1/4 - 2/1	5061	2/8 - 3/7	6061
Int	W	8:00 – 9:30 p.m.	1/6 - 2/3	5062	2/10 - 3/9	6062
Int	Sa	11:30 a.m. – 1:00 p.m.	1/9 - 2/6	5063	2/13 - 3/12	6063
Int	Su	11:30 a.m. – 1:00 p.m.	1/10 - 2/7	5064	2/14 - 3/13	6064

### Adult Tennis Lessons 4:1 Ratio (16+ years)

Student/teacher ratio is 4:1. Session is 5 weeks long. Fee: \$118 resident, \$130 non-resident

Level	Day	Time (1Hr)	Session I	Code	Session II	Code
Beg	M	12:00 – 1:00 p.m.	1/4 - 2/1	5065	2/8 - 3/7	6065
Adv Beg	W	12:00 – 1:00 p.m.	1/6 - 2/3	5066	2/10 - 3/9	6066
Int	F	12:00 – 1:00 p.m.	1/8 - 2/5	5067	2/12 - 3/11	6067

## Adult Specialty Classes

### Adult Cardio Classes NEW (16+ years)

Student/teacher ratio is 6:1. Session is 5 weeks. Fee: \$71 resident, \$78 non-resident. All levels accepted.

Class	Day	Time (45 Min)	Session I	Code	Session II	Code
Cardio	W	8:00 – 8:45 p.m.	1/6 - 2/3	5068	2/10 - 3/9	6068
Cardio	Sa	8:30 – 9:15 a.m.	1/9 - 2/6	5069	2/13 - 3/12	6069

### Adult Stroke Specific Classes (16+ years)

Student/teacher ratio is 6:1. Session is 5 weeks. Fee: \$94 resident, \$104 non-resident.

Intermediate+ level required.

Class	Day	Time (1 Hr)	Session I	Code	Session II	Code
Serve/Return	Sa	2:00 – 3:00 p.m.	1/9 - 2/6	5070	2/13 - 3/12	6070
Net Game	Sa	3:00 – 4:00 p.m.	1/9 - 2/6	5071	2/13 - 3/12	6071
Topspin/Underspin	Sa	4:00 – 5:00 p.m.	1/9 - 2/6	5072	2/13 - 3/12	6072

### Adult Drill Classes (16+ years)

Student/teacher ratio is 6:1. Session is 5 weeks. Fee: \$94 resident, \$104 non-resident.

Intermediate+ level required.

Class	Day	Time (1 Hr)	Session I	Code	Session II	Code
Ladies' Adv Drill	Tu	7:00 – 8:00 p.m.	1/5 - 2/2	5073	2/9 - 3/8	6073
Men's Adv Drill	Tu	8:00 – 9:00 p.m.	1/5 - 2/2	5074	2/9 - 3/8	6074
Ladies' Adv Drill	F	7:00 – 8:00 p.m.	1/8 - 2/5	5075	2/12 - 3/11	6075
Men's Adv Drill	F	8:00 – 9:00 p.m.	1/8 - 2/5	5076	2/12 - 2/11	6076

### Academy – USTA (16+ years)

Student/teacher ratio is 6:1. Session is 5 weeks long. Fee: \$141 resident, \$156 non-resident.

Level	Day	Time (1.5 Hrs)	Session I	Code	Session II	Code
NTRP 2.5 – 3.0	Tu	6:30 – 8:00 p.m.	1/5 - 2/2	5077	2/9 - 3/8	6077
NTRP 2.5 – 3.0	Su	8:30 – 10:00 a.m.	1/10 - 2/7	5078	2/14 - 3/13	6078
NTRP 3.0+	Tu	9:00 – 10:30 a.m.	1/5 - 2/2	5079	2/9 - 3/8	6079
NTRP 3.0+	Th	9:00 – 10:30 a.m.	1/7 - 2/4	5080	2/11 - 3/10	6080
NTRP 3.5 – 4.0	Th	6:30 – 8:00 p.m.	1/7 - 2/4	5081	2/11 - 3/10	6081
NTRP 3.5 – 4.0	Su	10:00 – 11:30 a.m.	1/10 - 2/7	5082	2/14 - 3/13	6082
NTRP 4.0+	W	6:30 – 8:00 p.m.	1/6 - 2/3	5083	2/10 - 3/9	6083

### Adult Matchplay NEW (16+ years)

Session is 5 weeks. Fee: \$75 resident, \$79 non-resident.

Class	Day	Time (45 Min)	Session I	Code	Session II	Code
NTRP 3.5+	M	8:30 – 10:00 p.m.	1/4 - 2/1	5090	2/8 - 3/7	6090
NTRP 2.5 - 3.0	F	8:30 – 10:30 a.m.	1/8 - 2/5	5091	2/12 - 3/11	6091

## Adult Camps

### Adult Camps (16+ years)

Student/teacher ratio is 6:1. Fee for 2-hour camp is \$35 resident, \$39 non-resident.

Level	Day	Time (2 Hrs)	Session I	Code	Session II	Code
Beg/Adv Beg	Sa	4:00 – 6:00 p.m.	1/9	5200	2/13	6200
Beg/Adv Beg	Sa	4:00 – 6:00 p.m.	1/23	5202	2/27	6202
Beg/Adv Beg	Sa	4:00 – 6:00 p.m.	2/6	5204	3/12	6204
Int	Sa	4:00 – 6:00 p.m.	1/16	5201	2/20	6201
Int	Sa	4:00 – 6:00 p.m.	1/30	5203	3/5	6203

## Other Sunnyvale Tennis Youth Class Locations

### Ponderosa Park (9 – 16 years)

Student/teacher ratio is 8:1. Fee for 5-week class is \$151 resident, \$165 non-resident.

Classes meet twice a week at Ponderosa Park.

Level	Day	Time (1 Hr)	Session I	Code	Session II	Code
Beg	MW	3:30 – 4:30 p.m.	1/4 - 2/3	5084	2/7 - 3/9	6084
Adv Beg	MW	4:30 – 5:30 p.m.	1/4 - 2/3	5085	2/7 - 3/9	6085

### Ortega Park (4 – 10 years)

Student/teacher ratio is 4:1 (Little Tennis) and 8:1 (Youth Classes). Classes meet at Ortega Park.

Little Tennis Fees: \$87 resident, \$95 non-resident. Youth Classes Fees: \$106 resident, \$117 non-resident.

Level	Age	Day	Time	Session I	Code	Session II	Code
Little Tennis	4 – 6	Sa	8:15 – 9:00 a.m.	1/9 - 2/6	5086	2/13 - 3/12	6086
Beg	7 – 10	Sa	9:00 – 10:30 a.m.	1/9 - 2/6	5087	2/13 - 3/12	6087
Int	7 – 10	Sa	10:30 – 12:00 p.m.	1/9 - 2/6	5088	2/13 - 3/12	6088
Adv Beg	7 – 10	Sa	12:00 – 1:30 p.m.	1/9 - 2/6	5089	2/13 - 3/12	6089

## Class Policies

1. Pre-Registration is required for all tennis classes.
2. NO class registration or payments accepted via phone. Please register online at [lifetimetennis.com](http://lifetimetennis.com) or in person.
3. Class refunds are only given if requested no later than 10 working days prior to the first class meeting. Refund requests received 5 working days prior to the start of a class or program will be assessed a \$5 administrative fee, per class/program. NO REFUNDS or credits will be issued for requests received less than 5 days prior to the start of the class/program.
4. Class make-ups are not allowed for non-attendance.
5. Joining classes that students aren't registered for to make up for miss class is not allowed.
6. No refunds for non-attendance.
7. Full refunds/credits will be granted for classes cancelled by Lifetime Tennis
8. Rain make-ups will be posted online at [www.lifetimetennis.com](http://www.lifetimetennis.com) under Sunnyvale
9. Lifetime Tennis will prorate classes if registration occurs after the start of the session and availability exists