

# Orchard Café Lunch Menu



**ALL LUNCHESES INCLUDE COFFEE, TEA OR MILK**

**Dining Room opens at 11:30 AM  
Lunch served from 12:00-12:30 PM**

**For Lunch Reservation Call: (408) 730-7371**

Vegetarian Salads are available, if ordered by 9:00 am  
All menu items contain no more the 1000 mg. of sodium

**Price - \$5.50 Members / \$8.00 Non-Members & Guests  
5-Lunch Pass - \$27.50**

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|---|
|  |   | <b>1</b><br>Tandoori Chicken<br>Green Salad<br>Rice<br>Vegetables<br>Lemon Cake                  | <b>2</b><br>Sliced Ham<br>Soup du Jour<br>Mashed Potatoes<br>Vegetables<br>Peach Cobbler                   | <b>3</b><br>Italian Sausage Lasagna<br>Green Salad<br>Soup du Jour<br>Cookie                |
| <b>6</b><br>Rotini Bolognese<br>Soup du Jour<br>Vegetables<br>Garlic Bread<br>Cookie               | <b>7</b><br>Chicken Korma<br>Green Salad<br>Rice<br>Chef's Choice Dessert                           | <b>8</b><br>Lemon Herb Roasted<br>Chicken<br>Green Salad<br>Mashed Potatoes<br>Vegetables<br>Pie | <b>9</b><br>Baked Fish with<br>Lemon Butter Sauce<br>Green Salad<br>Rice<br>Brussels Sprouts<br>Pear Crisp | <b>10</b><br>Stuffed Manicotti<br>Soup du Jour<br>Vegetables<br>Chef's Choice Dessert       |
| <b>13</b><br>Chicken Tikka<br>Green Salad<br>Rice<br>Vegetables<br>Cupcake                         | <b>14</b><br>Spaghetti w/ Meatballs<br>Green Salad<br>Soup du Jour<br>Valentine's Day Cupcake<br>   | <b>15</b><br>Chicken & Dumplings<br>Stew<br>with Vegetables<br>Green Salad<br>Cake               | <b>16</b><br>Chicken Pasta with<br>Tomato Cream Sauce<br>& Vegetables<br>Green Salad<br>Cake               | <b>17</b><br>Spinach & Feta Strudel<br>Green Salad<br>Soup du Jour<br>Chef's Choice Dessert |
| <b>20</b><br><b>SENIOR CENTER<br/>CLOSED</b><br>In observance of<br>President's Day<br>Holiday<br> | <b>21</b><br>Coq au Vin<br>(French chicken stew<br>with red wine)<br>Green Salad<br>Cookie          | <b>22</b><br>Eggplant Parmesan<br>Green Salad<br>Pasta Marinara<br>Vegetables<br>Fruit Crisp     | <b>23</b><br>Tilapia w/ Spinach Cream<br>Soup du Jour<br>Basmati Rice<br>Vegetables<br>Carrot Cake         | <b>24</b><br>Meatball Sub<br>Green Salad<br>Soup du Jour<br>Chef's Choice Dessert           |
| <b>27</b><br>Chicken Bouillabaisse<br>Green Salad<br>Crusty Bread<br>Chocolate Cake                | <b>28</b><br>Seafood Chowder<br>Green Salad<br>Potatoes<br>Sourdough Bread<br>Chef's Choice Dessert | <b>29</b><br>Chicken Biryani<br>Soup du Jour<br>Rice<br>Vegetables<br>Cookie                     |  |   |

