



Parent Tot Swim (6mos-3years)

Have fun with your child while learning to enjoy the water in a safe and comfortable atmosphere. Parent involvement and safety are stressed. This class is offered to help children become comfortable in and around the water. Fee per pair.

Instructor: Staff

Location: Washington Park Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
210400.TA	6 months-3yrs	9/3-9/26	TuTh	3:45pm-4:15pm	\$79/\$99
210400.SA	6 months-3yrs	9/7-9/28	Sa	10:00am-10:30am	\$40/\$50
210400.SB	6 months-3yrs	9/7-9/28	Sa	11:10am-11:40am	\$40/\$50

Tiny Tots Swim (3years)

Instructor: Staff

Location: Washington Park Pool

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
210401.TA	Beg	3yrs	9/3-9/26	TuTh	4:55pm-5:25pm	\$79/\$99
210401.SA	Beg	3yrs	9/7-9/28	Sa	10:35am-11:05am	\$40/\$50
210401.SB	Beg	3yrs	9/7-9/28	Sa	11:10am-11:40am	\$40/\$50

Youth Group Swim Lessons - Beg (4-15years)

Beginning level classes (otters, seals, dolphins) range in skills from little or no experience to coordination of the front crawl. Water safety and pool rules will be discussed. Children will be grouped with those of similar ability. Bring swimsuit, towel, and sunblock.

Instructor: Staff

Location: Washington Park Pool

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
220411.TA	Beg	4-15yrs	9/3-9/26	TuTh	3:45pm-4:15pm	\$79/\$99
220411.TB	Beg	4-15yrs	9/3-9/26	TuTh	4:20pm-4:50pm	\$79/\$99
220411.TC	Beg	4-15yrs	9/3-9/26	TuTh	4:55pm-5:25pm	\$79/\$99
220411.TD	Beg	4-15yrs	9/3-9/26	TuTh	5:30pm-6:00pm	\$79/\$99
220411.SA	Beg	4-15yrs	9/7-9/28	Sa	10:00am-10:30am	\$40/\$50
220411.SB	Beg	4-15yrs	9/7-9/28	Sa	10:35am-11:05am	\$40/\$50
220411.SC	Beg	4-15yrs	9/7-9/28	Sa	11:45am-12:15pm	\$40/\$50

Youth Group Lessons - Level 3 (4-15years)

This level is designed to develop and improve coordination and stamina in the front crawl and back crawl. The body motion and kick for the butterfly stroke will also be introduced. Students should have passed Beginning Levels to enroll. Bring swimsuit, towel, and sunblock.

Instructor: Staff

Location: Washington Park Pool

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
220413.TA	3	4-15yrs	9/3-9/26	TuTh	4:20pm-4:50pm	\$79/\$99
220413.TB	3	4-15yrs	9/3-9/26	TuTh	5:30pm-6:00pm	\$79/\$99
220413.SA	3	4-15yrs	9/7-9/28	Sa	11:45am-12:15pm	\$40/\$50

Adult Swim Lessons (16 & older)

This class is open to all participants from first time swimmers to more advanced swimmers desiring skill and technique coaching.

Instructor: Staff

Location: Washington Park Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
240420.TA	16 & older	9/3-9/26	TuTh	6:00pm-6:30pm	\$112/\$140
240420.SA	16 & older	9/7-9/28	Sa	9:15am-9:45pm	\$42/\$52

Water Exercise (16 & older)

Splash into an exciting workout and enjoy the benefits of water exercise! This class is a great way to increase cardiovascular fitness, muscle strength, endurance, and flexibility. Relieve stress and have fun while making new friends. Open to all fitness levels. No swimming skills are necessary. Water walkers/joggers welcome. **Teens 13-15 may register with a parent or guardian.** You also have the option of purchasing a drop-in punch card on-site during any class date and time. Punch cards are \$90 for 12 workouts.

Instructor: Staff

Location: Washington Park Pool

Class #	Age	Dates	Day	Time	Fee (Res/NR)
240430.WB	16 & older	9/4-9/27	MWF	5:30pm-6:30pm	\$82/\$103
240430.WA	16 & older	9/7-9/28	Sa	8:00am-9:00am	\$29/\$35