



# 41 Developmental Assets

Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible.

CATEGORY	NAME AND DEFINITION OF DEVELOPMENTAL ASSETS	
External Assets	<b>Support</b> 1. <b>Family Support</b> - Family life provides high levels of love and support. 2. <b>Positive Family Communication</b> - Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents. 3. <b>Other Adult Relationships</b> - Young person receives support from three or more nonparent adults. 4. <b>Caring Neighborhood</b> - Young person experiences caring neighbors. 5. <b>Caring School Climate</b> - School provides a caring, encouraging environment. 6. <b>Parent Involvement in Schooling</b> - Parent(s) are actively involved in helping young person succeed in school.	
	<b>Empowerment</b> 7. <b>Community Values Youth</b> - Young person perceives that adults in the community value youth. 8. <b>Youth as Resources</b> - Young people are given useful roles in the community. 9. <b>Service to Others</b> - Young person serves in the community one hour or more per week. 10. <b>Safety</b> - Young person feels safe at home, school, and in the neighborhood.	
	<b>Boundaries and Expectations</b> 11. <b>Family Boundaries</b> - Family has clear rules and consequences and monitors the young person's whereabouts. 12. <b>School Boundaries</b> - School provides clear rules and consequences. 13. <b>Neighborhood Boundaries</b> - Neighbors take responsibility for monitoring young people's behavior. 14. <b>Adult Role Models</b> - Parent(s) and other adults model positive, responsible behavior. 15. <b>Positive Peer Influence</b> - Young person's best friends model responsible behavior.	
	<b>Constructive Use of Time</b> 16. <b>High Expectations</b> - Both parent(s) and teachers encourage the young person to do well. 17. <b>Creative Activities</b> - Young person spends three or more hours per week in lessons or practice in music, theater, or other arts. 18. <b>Youth Programs</b> - Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community. 19. <b>Religious Community</b> - Young person spends one or more hours per week in activities in a religious institution. 20. <b>Time at Home</b> - Young person is out with friends "with nothing special to do" two or fewer nights per week.	
	Internal Assets	<b>Commitment to Learning</b> 21. <b>Achievement Motivation</b> - Young person is motivated to do well in school. 22. <b>School Engagement</b> - Young person is actively engaged in learning. 23. <b>Homework</b> - Young person reports doing at least one hour of homework every school day. 24. <b>Bonding to School</b> - Young person cares about her or his school. 25. <b>Reading for Pleasure</b> - Young person reads for pleasure three or more hours per week.
		<b>Positive Values</b> 26. <b>Caring</b> - Young person places high value on helping other people. 27. <b>Equality and Social Justice</b> - Young person places high value on promoting equality and reducing hunger and poverty. 28. <b>Integrity</b> - Young person acts on convictions and stands up for her or his beliefs. 29. <b>Honesty</b> - Young person "tells the truth even when it is not easy." 30. <b>Responsibility</b> - Young person accepts and takes personal responsibility.
		<b>Social Competence</b> 31. <b>Restraint</b> - Young person believes it is important not to be sexually active or to use alcohol or other drugs. 32. <b>Planning and Decision Making</b> - Young person knows how to plan ahead and make choices. 33. <b>Interpersonal Competence</b> - Young person has empathy, sensitivity, and friendship skills. 34. <b>Cultural Competence</b> - Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds. 35. <b>Resistance Skills</b> - Young person can resist negative peer pressure and dangerous situations. 36. <b>Peaceful Conflict Resolution</b> - Young person seeks to resolve conflict nonviolently.
		<b>Positive Identity</b> 37. <b>Personal Power</b> - Young person feels he or she has control over "things that happen to me." 38. <b>Self-Esteem</b> - Young person reports having a high self-esteem. 39. <b>Sense of Purpose</b> - Young person reports that "my life has a purpose." 40. <b>Positive View of Personal Future</b> - Young person is optimistic about her or his personal future. 41. <b>Positive Cultural Identity*</b> - Young person feels comfortable with and proud of her/his identity, including but not limited to disabilities, ethnicity, faith/religion, family status, gender, language and sexual orientation.

\*Project Cornerstone established this asset through local community input.



## 2012 Monthly Developmental Asset Calendar

Month	Developmental Asset	Relevant Tie-ins
January	Adult Role Models (#14) Equality and Social Justice (#27) Restraint/Healthy Lifestyles (#31)	Mentoring Month MLK Birthday Month of new resolutions
February	Youth as Resources (#8) Cultural Competence (#34) Personal Power (#37)	Youth Leadership Month Black History Month
March	Creative Activities (#17) Achievement Motivation (#21) School/Learning Engagement (#22)	Recreation Registration Stay focused on school
April	Service to Others (#9) Responsibility (#30) Sense of Purpose (#39)	Volunteer Month
May	Youth Programs (#18) Self Esteem (#38) Positive View of Personal Future (#40)	Physical Fitness & Sports Month Graduations
June	Safety (#10) Bonding to School (#24) Resistance Skills (#35)	National Safety Month
July	Community Values Youth (#7) Integrity (#28) Honesty (#29)	Recreation & Parks Month
August	Caring Neighborhood (#4) Neighborhood boundaries (#13) Time at Home (#20)	National Night Out
September	Parent Involvement in Schooling (#6) Homework (#23) Planning and Decision Making (#32)	School Success Month
October	Positive Family Communication (#2) Positive Peer Influence (#15) Peaceful Conflict Resolution (#36)	Peace, Friendship and Goodwill Week Communicate with Your Kid Month
November	Reading for Pleasure (#25) Interpersonal Competence (#33) Positive Cultural Identity (#41)	Thanksgiving Family Stories Month
December	Family Support (#1) Other Adult Relationships (#3) Caring (#26)	Stress-Free Family Holiday Month Kwanzaa, Christmas, Hanukkah

