

NEWS



Contact:
John Pilger
Adam Levermore-Rich
(408) 730-7535

FOR IMMEDIATE RELEASE
February 18, 2010
Release # 02 06 10

GALLUP-HEALTHWAYS REPORT CITES NATION'S WELL-BEING

San Jose/Sunnyvale/Santa Clara Rated Tops in Nation

SUNNYVALE, Calif. – Sunnyvale did it again!

The new Gallup-Healthways Well-Being index has been released, and once again Sunnyvale shares the top. This is the same poll that popular television physician Dr. Oz used last year to proclaim Sunnyvale the "Happiest City in America." Instead of being based on Congressional districts, like last year, this new survey is based on metropolitan statistical areas (MSAs). The top-rated area: San Jose/Sunnyvale/Santa Clara.

Only one other California MSA made the top 10; fifth-place San Francisco/Oakland/Fremont. Fifty-two of the largest metropolitan areas were included in the survey.

A number of sub-surveys were conducted as part of the process. These included "work environment," "Physical Health" and Healthy Behavior." Sunnyvale's population group took top honors in each of these sub-surveys.

The Gallup survey included telephone interviews with more than 353,000 American adults over the one-year period ending December 29, 2009. Complete survey results are available online by visiting *Gallup-Healthways.inSunnyvale.com*.

###