

NEWS



Contact:
John Pilger
Adam Levermore
(408) 730-7535

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Sunnyvale Announces “Preparing Your Child for Kindergarten” Parent Education Workshops

SUNNYVALE, Calif. – The City of Sunnyvale has announced two workshops designed to help parents and caregivers prepare young children between the ages of 3 and 5 years old for kindergarten.

Kindergarten means starting a new phase for children that will involve learning, developing friendships, confidence and independence. Parents and caregivers can learn how to help prepare children for this next phase of development. Sheryl Chan, Director of Child Development at South San Francisco Unified School District, will discuss the basic building blocks for kindergarten readiness and activities that can be done at home with children to prepare them for the transition into kindergarten. Participants will receive a free copy of the FIRST 5 Santa Clara County and the Partnership for School Readiness essential *Parent Handbook* that gives straightforward tips for families to get ready for school.

The workshops are open to all at no charge. Community members may attend either of the workshops.

The first workshop will be held Wednesday, May 5, 5:30 p.m. – 7 p.m. at the Washington Park Building, 840 W. Washington Ave. The second workshop will be held Wednesday, June 2, 11 a.m. – 12:30 p.m. at the Fairwood Elementary School Library, 1110 Fairwood Ave. Childcare will be provided at both locations.

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The workshops are part of a program of parenting workshops presented by Sunnyvale's Youth, Family and Child Care Resources program. Registration is recommended to ensure seating. To register, call Columbia Neighborhood Center at (408) 523-8150, or send an e-mail to *ChildCareResources@ci.sunnyvale.ca.us*. For more information, call (408) 523-8150, TDD (408) 730-7501.

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