

# NEWS



**Contact:**  
John Pilger  
Adam Levermore  
(408) 730-7535

**FOR IMMEDIATE RELEASE**  
**October 18, 2010**  
**Release # 10 08 10**

## **SUNNYVALE ANNOUNCES FREE ARTS AND ENRICHMENT WORKSHOP FOR PARENTS, CAREGIVERS AND YOUNG CHILDREN**

SUNNYVALE, Calif. – The City of Sunnyvale in partnership with The Health Trust and SJB Child Development Centers, has announced “Arts & Enrichment” (A&E), a new interactive activity workshop for parents, caregivers and children ages 0-5. The workshop will begin Wednesday, November 3, at Fair Oaks Park Building, 540 N. Fair Oaks Ave., from 9:30 a.m. to 11:30 a.m.

This 8-week, hands-on workshop allows parents, caregivers and children to create arts and crafts projects together. Parents and caregivers will gain valuable information about early literacy, social skill development of children and strategies for successful parenting. A&E workshops encourage parents and caregivers to be their child's first teacher and advocate.

Children will learn basic skills that will assist them in being comfortable in a classroom setting and may be helpful when transitioning into kindergarten. Children will get practice in writing their names, use of art tools and improve their fine motor skills development as they create. The A&E activities teach children about making choices and taking responsibility while being in a safe environment. Children will also receive free healthy snacks as they learn about healthy eating habits.

*~ more ~*

The free workshop will be facilitated in English and Spanish. To register for a class or for more information, contact Youth, Family and Child Care Resources at (408) 523-8150, TDD (408) 730-7501, or e-mail [ChildCareResources@ci.sunnyvale.ca.us](mailto:ChildCareResources@ci.sunnyvale.ca.us) or visit [ChildCare.inSunnyvale.com](http://ChildCare.inSunnyvale.com).

# # #