

# The CNC Connection

A publication of Columbia Neighborhood Center, City of Sunnyvale



## Sunset Movie Series

Free movies at Columbia Park, 739 Morse Ave. Bring a blanket or a chair and arrive around 7:45 p.m. Movie starts at sunset.

## YMCA Recreation Camp

Lakewood Elementary School, 750 Lakechime Drive.  
 Only for Fee Waiver families and **summer school students** entering grades 1 to 6.  
**Summer school students must bring proof of enrollment.**  
 Register at CNC. Cash or check payable to YMCA.

When	Cost per Week
June 17-21, 8 a.m.-6 p.m.	\$55
June 24-28, 8 a.m.-6 p.m.	\$55
July 1-3, 12:15-6 p.m.	\$36
July 8-12, 12:15-6 p.m.	\$47
July 15-19, 12:15-6 p.m.	\$47
July 22-26, 12:15-6 p.m.	\$47

## Girlstart – Free STEM Camp for Girls

Lakewood Elementary School, 750 Lakechime Drive.  
 July 22-26, 8:30 a.m.-4 p.m., for girls entering grades 4 to 6.  
 July 29-Aug. 2, 8:30 a.m.-4 p.m., for girls entering grades 4 to 6 and 7 to 8.  
 Students from select schools register today at CNC. Registration opens to all June 10.  
 Explore the world of STEM as a city planner or ship engineer.



For more information on CNC programs or to register, call 408-730-7800, visit [bit.ly/CampSplash2019](http://bit.ly/CampSplash2019) or stop by CNC, 785 Morse Ave., Monday through Friday, 8 a.m. to 5 p.m. All activities take place at CNC unless stated otherwise.

## Holiday Closures

CNC offices and programs will be closed Thursday, July 4, and Monday, Sept. 2.



## Subsidized Camps and Swim Lessons

Subsidized rate and \$234 scholarship available for approved families who qualify by income. Visit CNC, the Community Center or [bit.ly/FeeWaiverInfo](http://bit.ly/FeeWaiverInfo) to learn more. For more information, locations and prices for these camps, other camps and swimming lessons, pick up a copy of the Camp Sunnyvale Splash guide at CNC or visit [bit.ly/CampSplash2019](http://bit.ly/CampSplash2019).

Ages	Camp	Dates	Camp Sunnyvale Splash Page
6 months to 15 years	Swim Lessons	Varies	36-43
4-7	Minihawk Multi-Sport	July 29-Aug. 2	19
<b>Supervised Lunch available to connect Minihawk Multi-Sport with Music Camp to make camp a full day!</b>			
4-7	Music Camp	July 29-Aug. 2	14
5-10	Kidz Love Soccer	June 24-28	21
<b>Supervised Lunch available to connect Kidz Love Soccer with Fort Island Camp to make camp a full day!</b>			
6-10	Fort Island Camp	June 24-28	27
6-12	Skyhawks Flag Football	June 24-28 or July 29-Aug. 2	18
6-12	Skyhawks Soccer Camp	July 1-3	21
6-13	Doghouse Drop-In Camp	June 10-Aug. 2, M-F	11
6-13	Skyhawks Basketball	June 17-21 or July 22-26	17
7-13	Skyhawks Dodgeball	June 24-28	17
11-17	Teen Fitness Challenge	June 11-July 3, Tu-Th	Call CNC
13-17	Junior Lifeguard Training and Job Shadow	Varies	35
14-17	Leaders in Training	Training: June 10-14. Fieldwork: Varies.	34

## Volunteer Opportunities (Ages 13+)

Call CNC or visit [Sunnyvale.ca.gov](http://Sunnyvale.ca.gov) for more information and to learn how to become a volunteer. **Community Advisory Committee member**–Sunnyvale professional (works or lives in Sunnyvale).



## Recreation Swim Hours

See Camp Sunnyvale Splash page 36 for times.  
Youth \$3 residents, \$4 non-residents \$1 subsidized.  
Adult residents \$3 at Columbia Pool, \$4 Sunnyvale Middle Pool, \$5 non-residents.  
Washington Pool under construction. Subsidized prices valid at all pools for Fee Waiver families.



## Flick and Float

Come swim and watch *Coco* (PG) at Columbia Pool  
Saturday, July 13, 7:30-10 p.m.  
\$1 residents, \$4 non-residents

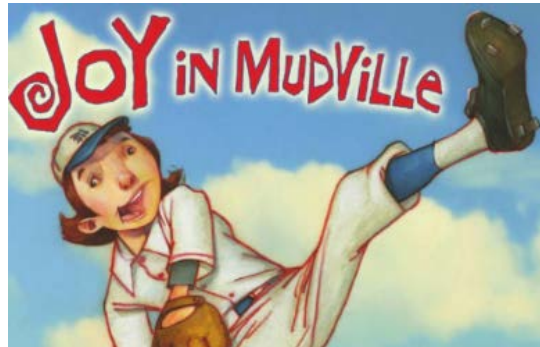
## Summer StoryWalk®

Take a stroll through Sunnyvale park trails and see classic story pages posted along the way. Thursdays, 4:30-6:30 p.m.

*Rufus Blasts Off*, June 13 at Las Palmas Park, 850 Russet Drive

*Joy in Mudville*, July 11 at Lakewood Park, 834 Lakechime Drive

*Bear Likes Jam*, Aug. 8 at Ortega Park, 636 Harrow Way



# Services at a Glance

All services on this page take place at 785 Morse Ave. unless otherwise noted.

## Fitness and Recreation

Cash only. No child care provided. Questions? Call 408-730-7800.

Program	When it happens	Fee for residents/ non-residents	Who is it for
Drop-In Fitness Room Bring water and a towel	Mornings: Tue, Thu 6-7:30 a.m. Wed, 6:30-8 a.m. Sat 8-9:30 a.m., 10:30 a.m.-12 p.m. Evenings: Mon, Thu, 6:30-8 p.m. Tue, Wed, 7:30-9 p.m.	\$1 (residents only)	Adults. High school youth with signed parental consent. Middle school youth with parent present.
Drop-In Gym for Youth Bring a ball	Basketball: Mon, 7-9 p.m. Fri, 7-10 p.m.	\$.50/\$1	Middle and high school students with student ID
Karate Visit a class to be placed on the wait list	Tue, 7-8 p.m. (all), 8-9 p.m. (advanced) Thu, 7-9 p.m. (intermediate/advanced) Sat, 8-9:30 a.m. (advanced), 10 a.m.-12 p.m. (all)	\$20 per month/ \$40 per month	Ages 8+ (parental accompaniment not required)
Salsa Dance Lessons Multipurpose Room	Mon (beginners), Fri (advanced), 7-8:30 p.m., through June 24	\$2/\$3	Adults
U-Jam Fitness (dance + cardio)	Mon, 6-7 p.m. Moves to Multi June to Aug.	\$2/\$3	Adults. High school youth with signed parental consent. Middle school youth with parent present.*
Yoga Bring a mat and towel	Tue, 6-6:50 p.m.	Free	*Same as above
Zumba (dance + cardio)	Wed, 7-8 p.m. Fri, 6-7 p.m. Moves to Multi June to Aug.	\$2/\$3	*Same as above

## Community Education

All Community Education programs are free. Questions? Call 408-730-7800 unless otherwise noted.

Program	When it happens	Who is it for
CNC Lending Library Honor-Backs	Mon-Fri, 8 a.m.-5 p.m.	Everyone. Library card not required.
English Conversation Class Columbia Middle School Library, 739 Morse Ave.	Next session starts in September. Tue, 7-9 p.m. Call Vision Literacy at 408-676-7323 for schedule and enrollment information.	Adults
Legal Clinic	1st Sat of the month, 10 a.m.-12 p.m. Call CNC to confirm.	Adults seeking legal counsel
Licensed Child Care Information	Mon-Fri, 8:30 a.m.-5 p.m.	Anyone seeking child care

## Health Services

Questions? Call 408-730-7800 unless otherwise noted.

Program	When it happens	Cost	Who is it for
Family Harvest	4th Wed of the month, except November and December, 3:20-4 p.m. with appointment	Free (apply at CNC)	Low-income families with children that want free groceries
Relationship Support Group for Women 408-501-7546	Mon, 6-8 p.m. San Miguel Family Resource Center, 777 San Miguel Ave., Room K3	Free	Women addressing domestic violence.
MayView Immunizations 408-746-0455	Fri, 9-11:30 a.m., 1:15-3:30 p.m. No appointment necessary.	Insurance + sliding scale	Everyone
MayView Medical and Health Services 408-746-0455	Mon-Fri, 8 a.m.-5 p.m.	Insurance + sliding scale	Everyone
Sunnyvale Community Services 408-738-4321, 725 Kifer Road	Mon-Fri, 9-11:30 a.m., 12:30-4 p.m. Drop-in Wed at CNC Room 9, 1-5 p.m.	Free	Low-income families and seniors who would like assistance with food, financial aid, and help connecting to public benefits.
Sunnyvale School District Health Services Dagmar Paul, RN MSN	Call 408-730-7809 for appointment during the school day.	Free	Health education/consultation for parents and students; assistance navigating the health care system